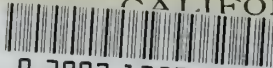


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The American Red Cross

Pacific Division Activities

ARIZONA - CALIFORNIA - NEVADA



Vol. III

AUGUST 1, 1920

No. 3

Russian War Waifs Returning Home

SOMEWHERE on the Pacific Ocean the American Red Cross ship "Yomei Maru," is steaming toward San Francisco with a precious cargo of 800 Russian boys and girls. The ship is expected to arrive here about August 5, and is in charge of Major Riley H. Allen.

The little children who have been wanderers for the past two years are returning to their homes in Petrograd, by way of the Panama Canal.

Two years ago, when the war was at its height, the children were sent from their homes in Siberia. Fathers and mothers looked at their already underfed children, considered the future possibilities, gathered them in groups of twenty, fifty and a hundred, with nurses and teachers, and sent them away to the peaceful, rich acres of Siberia to stay for a "few months until the trouble had blown over."

These "few months" became historic. The children—they ranged in age from 3 to 17 years—wandered off over the steppes of Siberia, and Czech and Bolshevik armies met and cut them off from home. Hungry and in rags they were still wandering toward the Ural mountains, 2,000 miles from home, when the Omsk government came into being. In desperation the instructors and nurses appealed to this power for aid, and the Omsk regime passed



nos. 1 and 2 of vol. 3 listed as nos. 27 and 28 of vol. 2 and bound with that volume.



Upper.

Five orphaned brothers and sisters who fled from Omsk to Vladivostok, a distance of four thousand miles.

Lower.

Group of little patients at Red Cross Civilian Hospital in Vladivostok.

the appeal along to "the Greatest Mother in the World," who gathered them in groups and established colonies in western Siberia.

As the battle line swayed, and town after town was captured by the Bolsheviks, the American Red Cross moved the children to Vladivostok, four thousand miles away.

Here this group of Russian boys and girls lived a model life under the care of the Red Cross. The colony had a dental clinic, a hospital and primary school classes. And the older children received the advantages of higher education afforded by Vladivostok.

In this group of several hundred people are children who possess rare talents. Some sing, several paint, and one is the daughter of a celebrated Russian dancer. Others fitted themselves as aides to the Red Cross nurses in the hospital, while yet others took charge of the colony sewing room, where all the children's clothing was made.

With these children are some hangers-on, who joined the colony during its journey across Siberia. One is a little child of 12 years who appeared one day with two tiny brothers. They had trudged all the way from the Black Sea, and the child had forgotten the names both of her parents and her home town.

The Red Cross personnel who will accompany the children on their

(Continued on page 6.)

HOME SERVICE SECTION

RED CROSS INFORMATION SERVICE TO AID WORK IN COMMUNITIES

Communities need to realize what Home Service workers of Red Cross Chapters have to offer in the way of information on questions of interest to the general public.

If you want to know:

How to help an ex-service man to claim medical care or compensation from the Government;

What agencies will help the distressed of your town or country side;

How to use to the full of health, educational and recreational opportunities in your town or city;

Get in touch with the Home Service Section of your town's Red Cross Chapter. If the Chapter Home Service worker has not the information available she can procure it from the Pacific Division Headquarters which in turn has National Red Cross Headquarters to call upon when necessary.

Why not use your Red Cross Chapter service to the full capacity?

WAR RISK INSURANCE RE-STATEMENT

1. Regulations regarding lapsed or cancelled insurance prior to July 1, 1920:

a. Re-instatement may be made by payment of two monthly premiums, without medical examination on statement of applicant that he is in as good health as at the date of discharge if his insurance has lapsed prior to July 1, 1920, and when application for re-instatement is made within eighteen months of discharge and prior to January 1, 1921.

b. Re-instatement may be made where insurance lapsed prior to July 1, 1920, regardless of how long applicant has been discharged, on payment of two monthly premiums, if application states that man is in good health and application for re-instatement is accompanied by report of a full medical examination by a reputable physician to substantiate the man's statement. This regulation holds good until July 1, 1921.

2. Regulations regarding insurance lapsed or cancelled on or after July 1, 1920:

a. Re-instatement may be made within three calendar months, including the calendar month for which the unpaid premium was due, provided that the applicant is in

HOME SERVICE WORKERS SHOULD USE CIVILIAN RELIEF DEPARTMENT

The workers in Home Service Sections where Home Service extension activities are being carried on are not using the Civilian Relief Department of the Pacific Division as fully as they might.

We have experienced social workers in this Department ready to help and advise you in your social service work.

Write to us about your community and family problems as freely as you write us about the ex-service men's needs.

There is a right and wrong way to do everything.

Social Service work done in the right way means:

1. Immediate relief in emergency, pending investigation.

2. Thorough investigation of needs and resources—visiting and corresponding with references and past employers, etc.

3. Working out a constructive plan.

4. Co-operating with health and employment agencies, schools and so on, in working out the plan to make applicants for assistance self-supporting, self-respecting citizens.

Social Service done in the wrong way means:

1. Neglecting immediate needs.

2. Giving relief without finding out what causes the need or how or by whom it may best be relieved.

3. Neglecting to make a plan for rehabilitation, giving the money or supplies in a hit and miss way, with no vision of what might be done to make the handicapped family or individual happy and normal.

4. Failing to provide for medical examination and care, neglecting to intelligently use the interest of the neighbors, school teachers and employers.

good health and so states in his written application.

b. Re-instatement may be made after three months, including the calendar month for which the premium was due, and within eighteen months, provided that the applicant is in good health and so states in his application for re-instatement, and further provided that such application is substantiated by a report of a full medical examination by a reputable physician.

SIX EDUCATIONAL FILMS READY FOR CIRCULATION AMONG CHAPTERS

Six new Red Cross educational films have been received at Pacific Division Headquarters, and are ready for circulation among the chapters.

"Every Woman's Problem" features Red Cross instruction in Home Hygiene and Care of the Sick. It is of such simple universal appeal, and of such educational value that every wife and mother will be interested in seeing it as an introduction to the course upon which it is based.

"Italy's Sons of the Sea" tells the story of the Italian orphans of the late war, and how they, through the generosity of the American children, learn the trade of their ocean-loving ancestors.

"Venice" shows the interesting and picturesque places around that historic city, including the market place, the Doges' Palace, the Bridge of Sighs and St. Mark's Facade. Vessels in the captured Austrian fleet and numerous other fascinating views are shown.

"An Equal Chance" features the public health nurse at work in a community, and how she became the ministering angel during the "flu" epidemic.

"Red Cross Bulletin" is a film of educational paragraphs on the Red Cross Service.

"Speeding the Spoken Word" deals with the telephone.

These films are rented to Red Cross Chapters and non-theater exhibitors at the nominal charge of \$1 per reel per day of showing.

SIBERIAN COMMISSION RETURNS TO THE U. S.

The Siberian Commission of the American Red Cross arrived in San Francisco Sunday, July 11, from Vladivostok, on the transport "Madawaska."

The personnel was divided into two classes: One, Herbert Quick, special Red Cross Commissioner to Siberia, who is returning to America on account of ill health; Dr. Pleasant A. Taylor, physician; Miss Elizabeth Zavarzina, nurse, and Boris A. S. Aronow, Secretary.

The second group, in charge of Major A. C. Lyon, consisted of the following: Wilson Haywood, Richard B. Williams, H. N. Bonzo, Joseph H. Becker, Herald B. Miskelly, H. N. Gross, Henry R. Wasaliewski, Warran Schofield, Harry J. Donalley and Dr. Joseph N. Medill.

WASHINGTON EXPRESSES VIEWS ON SALVAGE AND SHOP

The following article on Salvage and Shop is the expression of the Red Cross Bulletin at Washington, D. C.:

"Who said that romance went out of Red Cross work with the passing of the war? Peace hath its romance, even in the work-a-day field, the same as war. Writers for the magazines are finding plenty these days to strike the popular interest and give a romantic touch in describing the operations of many lines of industry and business. By the same token anyone with a speck of imagination may find something of the romantic in the also very practical idea of turning to account the nation's waste materials—salvaging them and transforming utter waste into articles of usefulness—that is marked by hundreds of millions of money valuation, when carried to the logical conclusion.

"In a circular letter drawing attention to what has already been accomplished in Divisions where the plan has been put into operation, the General Manager of the American Red Cross names four phases of the activity which commend it for extension throughout the country. It is educational on the side of thrift and conservation; it makes available, at reasonable prices and in a self-respecting way, many comforts and small luxuries and refinements which people in straitened circumstances ordinarily could not have; it provides a congenial and appropriate outlet for volunteer service, and it provides a steady and substantial income with which the Chapters can finance their professional service.

"Without entering into any extended comment on the need, or timeliness or future benefits of conservation, on the general aspects of which it is assumed practically everyone is agreed, the salvage and shop idea is worth the while on the conservation side alone. But it has the other phases which excite a larger general interest and make their appeal as well to those who find pleasure in Service. The mutual helpfulness of the enterprise as a whole is truly impressive when one stops to think about it. The country is helped through the conservation aforesaid, individuals are helped in the supplying of many wants and in their pocketbooks and the Red Cross

Results of Fresno's Recent "Search and Find" Salvage and Shop Drive



Reading from left to right: Mrs. W. J. McNulty, Secretary, Fresno A. R. C.; Arthur Groff, who had charge of the trucks; George Sharp, Chairman of the drive, and Mrs. W. B. Isaacs, Chairman Salvage and Shop

is helped most splendidly from a financial standpoint.

"And the financial help to the Red Cross means what? Simply a still more far-reaching Red Cross Service. It means the extension of health activities, of Home Service and of all the work that is designed, in accordance with the Red Cross peace program, to make life safer and more worth living. Here certainly is a strong link to be added to the Red Cross chain. Here is another reason for making Red Cross membership all-embracing. Saving and serving, the work moves in a constant happy cycle for the benefit of everybody affiliated with the organization—for the people as a whole."

TIRES FOR SALVAGE AND SHOP AT BERKELEY

Through the "Totem Tire Pole" provided for discarded automobile tires by the Lions' Club of Berkeley, the Chapter has been enriched eighty tires in ten days. Automobile owners are invited to "ring the totem pole" with discarded tubes and casings, and as the pole is in a conspicuous place on Shattuck avenue, it is bringing in big returns for the Salvage Department.

MISS BOOTH RETURNS FROM WASHINGTON

Miss Kathleen Booth, Director of Salvage & Shop of the Pacific Division, has returned to San Francisco after a successful visit to National Headquarters, Washington, where she was invited to draw up plans for the nationalization of Salvage and Shop. On account of its social, economic and financial phases, this Pacific Division activity has been discussed with interest wherever Miss Booth has spoken and plans are under way to inaugurate this Red Cross activity in many Divisions. Besides her conferences in Washington, Miss Booth visited personally the Potomac, Pennsylvania-Delaware, Atlantic, New England, Central, Southwestern, Central and Mountain Divisions and spoke at several of the leading Chapters in each.

The fact that Salvage and Shop has been carried on so successfully in this Division for over three years and that it is finally nationalized, is, in a great measure, due to Miss Booth's enthusiasm and indefatigable energy in furthering and encouraging this very important phase of Red Cross work.



The American Red Cross ARIZONA-CALIFORNIA-NEVADA

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EVE SCHOLER BANGS, Editor

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RED CROSS CALLS ON PUBLIC TO RENEW MEMBERSHIP

Preliminary arrangements for the Fourth Roll Call are under way at National Headquarters and at the various Division offices. At conferences held in Washington during the month of July, detailed plans were outlined.

The Fourth Roll Call of the American Red Cross, will be held next November, opening on the 11th, Armistice Day, and closing on the 25th, Thanksgiving Day.

The formal announcement of the dates for the annual nation-wide enrollment of members was made by Chairman Livingston Farrand, acting for the Executive Committee, and in connection with the announcement he made known the decision of the leaders of the organiza-

tion to have each anniversary of the closing of the World War, henceforth, the occasion for renewing popular allegiance to the Red Cross through dollar annual memberships.

The present membership of the American Red Cross secured principally in the Third Roll Call is 10,000,000 and Division Managers state that returns are still coming in. This is 20 times the pre-war membership of the society and does not include 14,000,000 members of the Junior Red Cross.

General Manager Frederick C. Munroe, in a letter to Division Managers on the Fourth Roll Call, dwells on the importance of impressing upon all the fact that the Red Cross is a permanent national institution, in which the members band together for the accomplishment of certain practical, common sense things that will bring better conditions of health and living to all the people and that will enable them to hand down to their children a better assurance of happy and useful lives.

Speaking of the Roll Call, Mr. Munroe says:

"There is no greater cause in the world today than that of the American Red Cross. The Roll Call this year will be a test of our ability to impress the importance of this cause on the American people. The Roll Call may be made at least as great a success as last year if we attack the work with complete belief. It may be made an even greater success if we approach it confidently and energetically. We hear too much of how tired people are of campaigns and drives. They cannot afford to be tired of such an appeal as our Red Cross embodies. It is their cause and it requires only our intelligent direction to make that fact so apparent that they cannot escape it. We must make Chapter leaders see that it is both their duty and their interest to work hard and early in order that they may impress upon their communities the vital importance of a successful Roll Call.

"We must not, then, approach our task with an implied apology for launching another campaign. It is not a campaign. It is the American Red Cross calling upon its members for their annual renewal of allegiance, in order that their interests and the interests of the people as a whole may be better served."

The French Red Cross has not remained idle since the war, but has directed its activities largely to child welfare.

PARTICIPATION OF RED CROSS OFFICIALS IN POLITICAL CAMPAIGNS

The following letter has recently been issued from National Headquarters. This ruling had been previously issued in 1918:

In view of the already widespread activities in behalf of the many candidates in connection with the coming general election, it seems advisable to invite your attention again to the fact that the American Red Cross—embracing in its membership, as it does, adherents of every faith and party—is, and must always be maintained as an organization of purely non-partisan and non-political character. The necessity for keeping before the public at all times the non-political character of our organization demands the earnest thought and co-operation of all Red Cross officials and members.

Where Red Cross officials are actually candidates for office, the danger of misunderstanding in the public mind is always present, and we have recommended that in such cases it would be probably best for these officials to resign from their Red Cross offices. Where Red Cross officials are actively sponsoring the candidacy of others, the utmost care should be taken to avoid mentioning their Red Cross connections, and where a misunderstanding as to the status of our organization is likely to result, resignation from their official Red Cross positions would be in order. The matter is one to be determined largely by common sense and usually by the individual himself—the test being whether the activities engaged in will tend in any way to identify the Red Cross actually, or in the public mind with partisan politics.

F. C. MUNROE,
General Manager.

R. C. HOSPITAL CARES FOR PATIENTS AT CONVENTION

A First Aid Hospital was opened at the Exposition Memorial Auditorium building in San Francisco during the session of the Democratic National Convention. One hundred and ninety-seven patients were cared for by the San Francisco Chapter of the American Red Cross.

The hospital opened Monday morning, June 28, and closed July 6. Four beds were installed, and frequently all were occupied at one time. Three Red Cross Nurses and three nurse's aides were on duty during the session, and six doctors were on call at all times. One doctor was in constant attendance.

HEALTH CENTER FILLS LONG FELT WANT IN COMMUNITY

The following is the first of a series of articles that will appear in Pacific Division Activities on Public Health Centers.

"Public Health is the foundation upon which rests the prosperity of a nation."
—Disraeli.

Health service has been definitely decided upon by the American Red Cross as being one of its principal peace time activities. The following health service program has been adopted:

- (a) To stimulate and maintain interest in public health work.
- (b) To support and, if need be, supplement the work of governmental agencies.
- (c) To disseminate useful knowledge concerning health through demonstrations, exhibits, education and otherwise.

The opinion of leading health experts in the United States is that the health center is the medium through which this program can be most satisfactorily carried on. The establishment of Red Cross health centers, then, is one of the primary concerns of the Red Cross. The Red Cross' health center is just what its name implies, a voluntary local health agency, established, maintained, and operated by the Red Cross Chapter or branch. It does not attempt to treat or cure disease, hence it is not a hospital; it does not give out any drugs, hence it is not a dispensary; it is not solely or primarily interested in the diagnosis of disease, hence the Red Cross health center is not a clinic or a collection of clinics. It is a separate and distinct health promotion agency. Its primary function is to teach well people how to keep well. It gives out information on how people should prevent disease, how they should protect themselves and others against disease, and when they should avail themselves of medical advice and treatment.

The Red Cross health center promotes a healthy environment and a healthy body, basic material for a healthy mind and a healthy spirit. The Red Cross health center is a simple institution, teaching simple things in simple language and by simple methods. It believes that people naturally want to be well, strong and happy, and that they want their children to be hale and

FIRST AID BOXES FURNISHED CHAPTERS BY SUPPLY BUREAU

The Pacific Division Bureau of Supplies can furnish Chapters with First Aid materials in the form of boxes and cabinets which are suitable for almost every emergency. These boxes are placed on the market at a very reasonable price, selling for a small percentage above the absolute cost.

In cases where Chapters feel as though they cannot afford to buy the boxes from the Bureau of Supplies, impromptu boxes may be made out of tobacco containers, following the example of one prominent Chapter in the Division that is planning to place 34 First Aid boxes in the rural schools in its community. These boxes will contain bandages, gauze, scissors, safety pins, iodine and aromatic spirits of ammonia in sufficient quantity to care for the treatment of any minor injury. The supplies will be placed in one pound tobacco tins, which could be enameled by the Junior Red Cross and would make an ornamental part of any rural school equipment as well as being useful when necessary. Chapters making their own boxes are asked to send in a list of its contents to the Bureau of Supplies to ascertain whether or not the material is up to standard.

A new catalogue of First Aid supplies has just been received at Division Headquarters and will be mailed at once to the various chapters.

Chapters will aid the work of the Red Cross by procuring and placing First Aid materials in public places.

VISITORS AT PACIFIC DIVISION OFFICES

Emmet White, Manager of the Insular Division of the American Red Cross, stopped at Division Headquarters one day last week, on his way to the Philippine Islands.

Other visitors at Pacific Division Headquarters during the past two weeks were: Miss Josephine Creelman of St. Paul, who will take charge of Berkeley Dispensary at Berkeley, Calif.; Mrs. Ida Sanderson Chain, Eureka; Mrs. Chas. Von Hoffman, Sacramento; Mrs. May Goldman, Los Angeles; Mrs. Emma K. Little, Berkeley; Mrs. Hancock Banning, Director, Los Angeles Chapter; Mrs. John Metcalf, San Francisco Chapter; Mrs. Herrill, Gainesville, Texas; Mrs. Irving Wright, San Francisco; Mr. and Mrs. James N. Rule, Washington, D. C.; Mrs. Edward W. Darst, Berkeley, and the following public health nurses: Miss Adelaide Brown, Miss Sophia Balch, Miss Marie Kent, Miss Margaret Lindsay and Miss Blanch Collette.

PUBLIC HEALTH NURSE AND HER HELP IN SCHOOLS

II

The progress which a child makes in school depends upon his physical condition as well as his mental. Often defects of eye, ear or throat may be so serious as to retard him in his studies and to class him as a backward child.

The solution of this problem of the health of school children depends in a large measure upon the work of the school nurse.

She supplements the school physician, assisting him in the physical inspection of school children, carrying his advice into the homes and explaining to the parents what the trouble is and how it can be remedied. Under the supervision of the school doctor she carries out routine treatment of minor ailments and looks after those who have been excluded from school for purposes of treatment, and to insure an immediate return when well, so that no time may be lost from their studies.

She inquires into absences in order to learn the nature of the illness to give nursing care and to be able to report to the proper authorities if absences are caused by contagious disease.

She is invaluable in teaching children to form healthful habits—to take plenty of exercise in the open air, to eat slowly and chew thoroughly, to brush the teeth regularly, to keep the body clean and to get enough sleep in well-ventilated rooms.

She instructs in health laws; organizes and develops health leagues, and teaches girls in the higher grades the proper care and feeding of babies and the simple rules of hygiene.

She watches the ventilation, heating, lighting and other conditions around the school buildings and reports insanitary conditions to the Superintendent of Schools.

When the schools are closed she uses the summer vacation in doing infant welfare work or some other kind of community health supervision.

There is a known shortage in the United States today of several thousand public health nurses and one of the important phases of the health promotion program of the American Red Cross is to arouse the interest of qualified young women in taking the training necessary to fit them for this vital and absorbing calling.

JUNIORS TO ENROLL AS SCHOOLS OPEN FOR FALL TERM

When the schools open next month, the call will go forth for the annual enrollment of membership in the Junior Red Cross. The Junior organization is now offering the schools a program of service for the training of pupils in citizenship. It is through this plan of Junior membership that the American Red Cross tenders the resources of its organization to all the schools of the United States.

Each school will constitute a unit in the Junior Red Cross. When the school expresses a desire to participate, every pupil who takes the service pledge will sign the membership roll and receive his Junior badge. The new plan of Junior membership, therefore, is not primarily upon a financial but a service basis. The school membership fee is limited to subscription to the Junior Red Cross News, the official magazine of the Junior Red Cross. The method of raising, as well as the amount of, the Junior Red Cross Fund to meet all Junior activities, both at home and abroad, is left to the judgment of the Red Cross Chapter School Committee and the schools within its territory.

All of its classroom activities are so designed and presented that they become a part of, and not an addition to, the regular work of the schools.

Civic Training Through Service is the corner-stone of the Junior Red Cross program. The graded series of courses that is outlined is designed to aid in acquainting girls and boys with their present citizenship.

The Junior Red Cross News, the Juniors' own magazine, brings into the school each month crisp close-up stories and pictures of the activities of children the world round. Much of the material in the News may be woven into the regular work of the classroom.

In production work, specifications as well as the channel for distribution, will be supplied to such schools as may desire a live program in the making of garments, toys, playground equipment and furniture.

Red Cross courses in Home Hygiene and Care of the Sick, First Aid and Dietetics may be established in all Auxiliaries.

The National Children's Fund makes possible the relief and education of destitute girls and boys in foreign lands, particularly those of

TULARE SECOND CHAPTER TO SEND FRUIT SHIPMENT

Tulare Chapter is the second Red Cross Chapter in the Pacific Division to make a wholesale shipment of fruit and other delicacies to the wounded men at Letterman General Hospital, San Francisco, California. Recently one ton was shipped from Tulare as the combined gift of Red Cross organizations in Visalia, Porterville and Strathmore, all in Tulare County. Housewives of Tulare and Strathmore sent a personal message of good cheer to the men in the hospital through the collection of three hundred pounds of choice, home-preserved fruit. The shipment was received by the Red Cross Field Director at Letterman Hospital and distributed among the men in the wards.

CHAPTERS RESPOND TO DISASTER RELIEF PLAN

The Pacific Division plan for giving publicity to the Red Cross Disaster Relief by sending chapters in the three states wall cards to be placed in conspicuous places in the cities, has met with hearty response. Chapters have written to Headquarters asking for additional placards and posters to help give the widest possible publicity so the public may know that the American Red Cross is prepared to help any community that finds itself in need of Red Cross Service.

The following chapters have recently written for more posters: San Diego, Douglas, Ariz., Pasadena, Sonora, Plumas County, San Pedro, Marin County, Monterey - Pacific Grove, Yolo County, Newcastle and Fresno.

Word has been received at the Pacific Division Headquarters of the American Red Cross from National Headquarters, calling attention to the Junior Red Cross program for the production of children's garments. This program is dependent for its widest success upon Divisional and Chapter co-operation with the Junior Red Cross.

The children of the Junior Red Cross will be able to produce in much larger quantities if the Chapter volunteers assistance in the purchase of materials and in packing and shipping the completed garments.

the war-devastated countries of Europe.

See that your school is enrolled in the Junior Red Cross.

PUBLIC HEALTH REPORTS JUSTIFY RED CROSS PEACE PROGRAM

Public health nurses now on duty in the Pacific Division send in detailed reports to the Division Department of Nursing which in themselves are evident justification of this phase of the American Red Cross peace program.

From Orange County, Miss Hobson writes:

"You would have been amused to see me riding about the country with a Mexican in his Ford. After I had explained to him my interest in his people, he promptly became inoculated with a desire to help, and on my suggestion, we went to all the homes of the Mexican people and invited them to a meeting that evening, so I could better explain my plans. In every instance the response to the invitation was: 'Sí, sí, señorita; muchas gracias.'"

In San Joaquin County, the two Red Cross nurses established there are holding instruction classes in farm centers, four each. They meet at the home of one of the pupils, lacking a regular class room and find the plan works satisfactorily. It is a practical demonstration in many instances, as the students are taught how to improvise and use many makeshifts in handling a patient.

In Tracy, a Red Cross Branch town, the public health nurse arranged an attractive display at the Land and Auto Show and gave health talks during the days.

A public health nurse working in Northern California recently engaged the services of two large automobiles and took ten children and their mothers to a sanitarium about thirty miles distant, and there had their tonsils and adenoids removed. This was done through the co-operation of the Red Cross with the hospital offering special rates.

(Continued from page 1.)

journey home are: Riley H. Allen, Honolulu; Dr. William T. Barger, Cleveland; Burle D. Bramhall, Seattle; Mrs. Hannah Campbell, Santa Cruz, Calif.; Dr. Herbert M. Coulter, South Pasadena, Calif.; Dr. Hal W. Davison, Atlanta; Mrs. Davison (nee Natalie Bekemisheva); Frank A. Delgado, Jacksonville, Fla.; Dr. Harry O. Eversole, Los Angeles; Florence Farmer, Ancaster, Ontario, Canada; Helen Domerschihoff, New York; Walter Price Ambrose, Baltimore; Dr. Charles H. Gano, Pittsburgh; Clarence F. Rowland, Buffalo; Miss Stacy M. Snow, Seattle, and Ward D. Walker, Manila.

PUBLIC HEALTH CENTERS

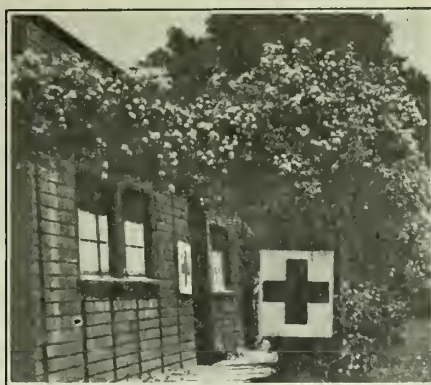
(Continued from page 5)

hearty. It believes, therefore, that as people have learned to appreciate the value of doctors, drug stores and hospitals, so they will learn to appreciate the value of health centers and all that they stand for. It is ultimately planned that from the health center in a community will radiate all of the health propaganda of that community.

Health is a commodity that can be bought and sold. The health center, therefore, is a health business that has much to learn from modern business. The health center, like the modern merchant, carefully selects its business—health center—location. It chooses people who believe in the business, who have a vital interest in its success, and who have the kind of personality that will please customers. It scours the markets for the quality of goods—literature—in which it has the fullest confidence and which it can fully recommend to its customers. It advertises its goods by every legitimate means that are effective—newspaper stories, announcements in churches and schools, pamphlets, window cards, mile posts, health films, talks and lectures. It displays its goods—health exhibits and demonstrations—to the best advantage, always keeping its window trimmed in the most pleasing and attractive manner, and having more elaborate displays in the health center roof, which are changed from time to time, and at county fairs and other public gatherings.

There are so many opportunities for health service in the community, so much to be learned by everybody, young and old, in regard to disease prevention, so much information available along these lines merely for the asking, so many attractive ways in which the community may be interested in its own health, so much organization work to be done, that the health center under intelligent and resourceful management is bound to fill a long felt want in the community.

The health center, therefore, will seek to co-ordinate the various activities in the public health field. This is its opportunity to become a potent influence in the community. It can become so only by undertaking health work at the start in its most elementary forms, by using the simplest means and methods that will interest the people of the community, and by performing the most



Palo Alto Red Cross Chapter Building

obvious tasks that are so often overlooked by reason of their being so obvious. What follows, therefore, in the discussion of health center activities is offered merely for suggestion and stimulation and is not to be considered as an exhaustive discussion on all possible health center activities.

It should also be kept in mind that local conditions vary to such a degree that it would be impracticable to outline a hard and fast program of activities arranged in orderly development that would meet the particular conditions and needs of every community. It is desirable, however, that a number of definite activities be clearly outlined to Chapter officials and others, in order that they may understand how by such activities the health needs of their particular community may be met, at least along educational lines, and what results may be expected therefrom.

CONFERENCE MEETINGS TO BE HELD NEXT MONTH

Announcement has been made at Pacific Division Headquarters of a Regional conference meeting to be held in San Francisco for Northern California and Nevada Chapters, and one to be held in Los Angeles for Southern California and Arizona Chapters, during the month of September.

Plans for the coming Roll Call, Nursing Program, Junior Red Cross, Salvage and Shop, Health Centers and developments in the matter of Home Service Extension will be discussed by the Manager, the workers of the Chapters and the several Department Directors. It is planned to have a National officer here from Washington headquarters, who will go over many phases of the Red Cross Peace Time Program.

In the next issue of this bulletin, the exact date of the conference will be announced.

PALO ALTO CHAPTER HELPS FAMILIES TO BE NEAR EX-SERVICE MEN

The picturesque surroundings and pleasant atmosphere of the Palo Alto Red Cross Chapter headquarters were fully appreciated by Colonel Filmer, manager of the Pacific Division, and the Director of Civilian Relief, who were called lately to Palo Alto for conference with chapter executives. This very active chapter is going ahead with the peace time program, including welfare work for the community in the form of Home Service Extension. Helping the families who have moved to Palo Alto to be near the ex-service men under hospital care at Palo Alto constitutes one of the biggest services this chapter has to meet.

Following the chapter's usual progressive policy, Miss Mary C. Green, the chapter's executive secretary, was sent to attend the California Conference of Social Agencies recently held at Riverside.

HOMER FOLKS' WAR BOOK GIVES TIMELY REVIEW

"The Human Costs of the War" is the title of a timely book written by Homer Folks and just published by Harper & Bros. Mr. Folks, who was chief of the Department of Civilian Relief of the American Red Cross organization in France during the war, has produced this work with the purpose of helping the average American, not simply the student, to a better understanding of what happened to the peoples of Europe. His opportunities for performing this task have been exceptional, not only in connection with his activities in relief work while the conflict was raging, but more especially in connection with the mission which made a survey, under his direction, of the suffering in many countries, immediately after the signing of the armistice.

The author has fulfilled his purpose in "The Human Costs of the War," not by depicting the obvious destruction with which we have previously been made familiar, but by going deeper, estimating the net results of the war upon human welfare and analyzing the conditions which demand relief of heroic proportions in order that Europe may be made to function again in such manner as to insure the permanent peace and safety of the rest of the world.

Russian Brides Arrive in San Francisco In Charge of Captain L. C. Marsh

On Sunday morning, July 11, two hundred Russian brides and their American soldier husbands arrived in San Francisco on the U. S. A. T. "Madawaska," in charge of Captain L. C. Marsh of the American Red Cross. Upon their arrival in San Francisco they were taken to the Terminal Hotel. Here they were given attention by the Red Cross, which helped solve the housing problem, found suitable employment for the women, and took charge of loans to the soldiers and their wives.



Capt. L. C. Marsh

Before leaving Siberia, the Red Cross supplied each couple with a kit, consisting of blankets, sheets, pillow cases, sweaters and enough material to make an overcoat and dress for the bride. The Red Cross also made it possible for the Y. W. C. A. to open up barracks for brides awaiting transportation.

Very cordial support was given Captain Marsh by the Philippine Chapter of the Red Cross, upon the arrival of the Russian brides. A house or dormitory was conducted in Manila where a great many women were housed. Miss Moody, formerly of the Siberian Commission, was in charge and was ministering angel not only to the women of the house, but also to the Russian brides generally. The Red Cross also made a number of advances here to married men to help them get away on the transport. Layettes were furnished by the chapter to some of the women who were expectant mothers.

Captain Marsh was of valuable assistance to the Russian girls on the trip to San Francisco. He held classes, and gave lectures on America and American ideals, and warned the women about discussing politics and particularly Bolshevism.

The Russian brides, according to Captain Marsh, were a very superior type of woman. A Mrs. Strothers, one of the passengers, and the wife of the First Sergeant of the Provisional Company of married men, is a graduate nurse and took charge of the improvised sick room for the

women on board the transport. Mrs. Luster, who served two years on the Russian front as a nurse, and has several wounds as the result of "breaking ammunition," was another very ready worker in caring for the sick. Mrs. Holland offered assistance to Captain Marsh in acting as an interpreter.

At all times during the voyage, the deck allowed to the married men and their Russian wives, presented a picturesque spectacle. Most any type of caress could be seen. The women had bought some American clothes in Manila, but for the most part wore typically Russian costumes. Lines of clothes waved gaily in the breeze at all times, presenting a very domestic atmosphere to passing ships.

In answering the question why these Russian women had such an appeal to the American men, Captain Marsh said: "I should say that for the most part it was because the Russian woman is typically feminine. The American woman is resourceful, self-reliant and quite independent, but this makes her somewhat masculine, and possibly the price she pays for this independence is the loss of what we are pleased to call certain feminine traits. It may be that a woman could not be both.

"Anyway, the Russian woman, while she has a certain physical resourcefulness, and knows nothing of fear, is pre-eminently a woman and has none of the reasonableness or the lack of caprice that we expect in the American woman. Not having the independence of the American woman, maybe she is more attentive to her husband, for when a man goes to see his sweetheart, he is carefully seated in a chair, given tea and made to realize every minute that he is loved and adored, and every comfort is provided for without his asking. Many men, perhaps, have married because they feel sorry for their very unfortunate conditions. This is so typical of the doughboy's heart."

Gradually the hotel where the Russian brides have been living since their arrival in the city, is being emptied. The men are taking their wives to their homes and getting established in San Francisco.

Captain Marsh has left for his home in Philadelphia.

RED CROSS USEFULNESS DEMONSTRATED AT COUNTY FAIRS

Repeated communications have been received at Headquarters from small communities throughout the Division, inquiring how the Red Cross chapter can best demonstrate its usefulness at County Fairs and other exhibitions.

There are any number of different ways the Red Cross can be of assistance at public gatherings; probably the best are Rest Rooms, Exhibits and Moving Pictures.

The Red Cross rest room should be made as attractive and comfortable as possible, a place where the tired visitor can relax and refresh herself. Children could be cared for here; parcels and baggage could be left, and information obtained.

A physician or nurse in charge of a practical first aid station to give emergency treatment is a good way of demonstrating the Red Cross idea of service.

Red Cross films at Fairs should be an attractive offering to the public. They can be shown in connection with Rest Rooms, or in a specially erected tent. Red Cross films are always popular, and it is desirable to have them shown where they will be seen by the greatest number of people.

RECOGNITION GIVEN RES- CUE TEAM BY RED CROSS

The American Red Cross, appreciating the good work and efficiency displayed by the Grass Valley Empire and Pennsylvania mine rescue and first aid teams in recent meets held at Berkeley and Stanford, presented the Empire team with a bronze medal of the Red Cross, and letters of commendation were given the Pennsylvania team by Dr. G. H. Richardson, director of the Bureau of First Aid. The presentation took place at an open meeting of the Mine Workers' Protective League recently held at Grass Valley.

Senator Thomas Ingram, representing the Red Cross, presented the medal to the Empire team. It is bronze, circular in form, inscribed with the words, "Neutrality and Humanity," and on the reverse side, "First Aid." The medal is suitably engraved with scenes of humanitarian work.

Dr. Richardson promised the Pennsylvania team that the certificates of the Red Cross would be given to each member as soon as they arrived from Washington.



The American Red Cross

Pacific Division Activities

ARIZONA - CALIFORNIA - NEVADA



Vol. III

AUGUST 15, 1920

No. 4

Pacific Division Roll Call November 14-22

THE week of November 14 to 22 has been designated by Colonel George Filmer, Manager of the Pacific Division, as Fourth Red Cross Roll Call Week.

Somewhere in the United States the Fourth Red Cross Roll Call will be in progress every day during the period between Armistice Day, November 11, and Thanksgiving Day, November 25. The week chosen for the Pacific Division Roll Call has been selected to open with Red Cross Sunday and end one week later.

Appoint Roll Call Director

ALL Red Cross Chapters in the Division are urged to make their plans to secure Red Cross memberships during that week. Notice has been sent to Chapter Chairmen asking that a Roll Call Director be appointed for each Chapter and that the name of the appointee be sent in to the Division Manager's office at once.

In the initial announcement from National Headquarters in Washington, the Pacific Division Manager was asked to emphasize the fact that the Fourth Red Cross Roll Call is a call upon the complete list of present Red Cross members to renew their affiliation with the local Chapter and to add to the membership, names of any others in the community who have for any reason not paid their dues within the last year. This renewal of Red Cross membership is an annually recurring event, and is the big opportunity offered to American citizens to place their mark of approval on the American Red Cross program.

History of Organization

WHAT the American Red Cross did during the war in fulfillment of its charter pledges to the Army and Navy, as well as to civilians; what it is doing now to complete its war obligations, and what local Chapters are doing in their communities constitute the history

WHY EVERY PERSON SHOULD ENROLL IN RED CROSS

The American Red Cross, by its Congressional charter, is officially designated:

To furnish volunteer aid to the sick and wounded of armies in time of war in accordance with the Treaty of Geneva; . . .

To act in matters of voluntary relief and in accord with the military and naval authorities as a medium of communication between the American people and their Army and Navy; . . .

To continue and carry on a system of national and international relief in time of peace and to apply the same in mitigating the sufferings caused by pestilence, famine, fire, floods and other great national calamities and to devise and carry on measures for preventing the same.—*Act of Congress, Jan. 5, 1905.*

FOURTH RED CROSS ROLL CALL

November 14-22, 1920

of the organization. It is upon the face of this information that Red Cross Chapters will go before the public asking its support through membership contributions.

The Fourth Red Cross Roll Call is not a drive, nor a campaign. Red Cross Chapters are specifically instructed to make it clear that it is a "Roll Call." This means that men and women who have supported the Red Cross idea with memberships in the past are being called upon to re-register themselves as part of the mammoth volunteer organization that stands before the whole world, unique—the American Red Cross.

Division of Membership

IN substance, the monetary consideration in the Fourth Red Cross Roll Call resolves itself into the making of a treasury fund for local administration. The Division of the dollar membership dues remains the same as in other years, 50 per cent to the local Chapters and 50 per cent to National Headquarters. The two memberships, Con-

tributing (\$5.00) and Sustaining (\$10.00), are divided as follows, respectively: \$3.00 to the Chapter, \$2.00 to National Headquarters.

It is the wish of the Pacific Division Manager that Roll Call organization be perfected in all Chapters as speedily as possible, in order that the work of the Fourth Red Cross Roll Call Week be well defined and the preliminary steps taken before the regional conferences which have been announced for September 13 and 14 in San Francisco and September 20 and 21 in Los Angeles.

It is the belief of the Division Manager that Red Cross workers who have participated in past campaigns, particularly ones who were active during the war and who may have had a period of rest since the signing of the armistice, will be interested to bring together again in the Chapter membership list every person in the community who has ever been identified with the American Red Cross.

That the identity of the American Red Cross may be a unit of American citizenry working together for the good of the individual, the home, the community, the State and the nation, is the ambitious plan which will give impetus to local Chapter Roll Call plans.

100 Per Cent Should Enroll

IF each Chapter gets a record membership of every man and every woman who knows the American Red Cross and who loves it for what it has done and for the high standard of its present and future program, it means that the American Red Cross will enroll 100 per cent of the population in the Pacific Division, California, Nevada and Arizona.

Detailed plans of organization in Chapters will be sent out from the Division Manager in the form of a series of letters, the first of which follows:

(Continued on Page 3, Col. 1.)



The American Red Cross ARIZONA-CALIFORNIA-NEVADA

A bulletin published semi-monthly on the first and fifteenth, by the Pacific Division, American Red Cross, Cor. Hyde and McAllister Streets, San Francisco, California
EVE SCHOLER BANGS, Editor

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National Export Agent Department of Transportation W. H. MORROW

ANENT PACKING CASES

"One of the finest traditions of the Red Cross and one that we are all anxious to preserve, is its record for doing things in a high-grade and fundamentally economical way." Thus speaks the General Manager of the American Red Cross, in a letter to Division Managers relative to the use of standard cases for the packing of layettes and clothing made by Chapters for shipment to foreign countries where relief work is in progress. Apparently it has been hard to get some of the Chapters to see the necessity for observing specific rules and regulations in this matter.

There is a right and a wrong way of doing everything; and when it is something done on a large scale by a multiplicity of individual units, the right way is that prescribed by the

central organization. System, standardization, uniformity, co-operation and co-ordination—all these things make for quickness of action, economy of administration and operation and the fullest degree of successful results. Failure to observe instructions, whether from misunderstanding or any other cause, upsets the system planned in advance by those who have expert knowledge of all conditions entering into the matter.

Details pertaining to the particular matter here referred to have been communicated to Chapters through the respective Division Managers; and for the purposes of this editorial it is unnecessary to quote *in extenso* from the General Manager's letter of more recent date on the subject. Rather, it is the aim of this comment to point a general moral respecting the value of doing all things in the right way. Do not let any of the Red Cross traditions lose any of their force, whether they be those relating to the higher realm of Service or to the mere details of operation.

PROTECT RED CROSS NAME

The protection of the name and emblem of the Red Cross from commercial use requires constant vigilance, according to F. C. Munroe, general manager of the American Red Cross. A recent misuse which has come to attention is the reproduction of a testimonial letter written to a manufacturer by an assistant director of the Bureau of Supplies in a division concerning a product which the Red Cross purchased from the manufacturer. The testimonial was written on Red Cross stationery and was reproduced by the manufacturer as an advertisement of his product. From now on the Red Cross must decline to give official indorsement to any product which it may have occasion to purchase and use. If letters of recommendation or indorsement are to be written, they should be on private letterheads, and sent in an individual and non-official capacity.

A complete digest of all the disaster preparedness plans adopted by Red Cross Divisions throughout the country has been issued at National Headquarters of the American Red Cross. The summary of preparedness measures which have proved effective has been made for the use and guidance of Red Cross Chapters in making further plans to combat misery incident to disasters which may befall their communities.

PAMPHLET ON LOCAL SERVICE ISSUED AT WASHINGTON

A pamphlet containing information on the local service of Red Cross Chapters has been prepared at Red Cross National Headquarters at the request of the American Legion. The pamphlets will be distributed by the Legion to each of its ten thousand local posts, in order that they may understand just what the Chapters are undertaking in peace time at home and may see how the Legion can work with the Chapter to bring about the better Americanism for which both organizations stand.

The pamphlet deals only with those forms of service which local Chapters are offering to communities, and does not attempt to cover the many important activities with which the Red Cross is concerned. The eight forms of Red Cross service are listed in the pamphlet, and include: Nursing Service, Health Centers, Health Education, Home Service, Information Service, Junior Red Cross, Disaster Preparedness and Production and Emergency Service. In addition are statements as to why every American community needs some form of Red Cross Service.

Relentless warfare on tuberculosis, which is reaping almost unhindered toll among the undernourished population of Europe, is advocated by the Medical Advisory Board of the League of Red Cross Societies, whose first annual meeting at Geneva has just ended, according to recent cable advices to the American Red Cross.

Increase in dispensary facilities, establishment of open-air schools for children and special education among the medical profession and the general public regarding tuberculosis are urged. Anti-tuberculosis demonstrations in countries where the disease is prevalent will be created.

In formulating the policy of the League of Red Cross Societies regarding international health improvement and disease prevention, intensive study has been given essential phases of the work by the world's leading medical scientists assembled at Geneva. Besides recommending definite action in the war on tuberculosis, the Medical Board studied plans to combat epidemics, venereal diseases and malaria and suggested measures for the improvement of child health.

CHAPTER ROLL CALL DUTY

(Continued from page 1)

"November 14 to 22 has been selected for the Fourth Red Cross Roll Call in the Pacific Division. This means that all Chapters are urged, as far as possible, to solicit Red Cross memberships during that week.

"To insure the best results from your efforts in the Roll Call it is advisable to appoint a Roll Call Director in each Chapter, with whom contact can be made from Division Headquarters in all matters pertaining to Roll Call organization.

"Send the name of your Fourth Red Cross Roll Call Director to the office of the Division Manager now.

"The preliminary step will be to give consideration to the selection of your Roll Call Director, that he may be both an executive and a Red Crosser.

"Pacific Division of the American Red Cross is noted throughout the entire organization for its willingness to work and for the results it obtains.

"The Fourth Red Cross Roll Call in California, Nevada and Arizona is our job.

"We know it.

"We can prove it.

"Your Chapter's work is needed.

"Send in the name of your Fourth Red Cross Roll Call Director."

A. R. C. ENROLLMENT

With over 10,000,000 adult members, the American Red Cross has more than three times the enrollment of all the rest of the world together. Japan is second with 1,900,000 members. According to the latest available figures, Argentina has 4,000 members; Brazil, 6,600; China, 26,000; Denmark, 25,000; France, 250,000; Holland, 18,000; Italy, 300,000; New Zealand, 10,000; Norway, 9,000; Poland, 30,000; Portugal, 5,500; Roumania, 14,000; Serbia, 2,850; Spain, 63,000; Sweden, 65,000; Switzerland, 42,500; Uruguay, 300. Current figures for England, Canada and Australia, which have important organizations, are not available.

RED CROSS AIDS SOLDIERS

A total of 47,391 soldiers' and sailors' allotment checks that had failed to reach the proper allottees were successfully delivered through the efforts of the American Red Cross in the year ending January 31st. Home Service workers are still working on 15,317 other cases in which assistance was asked.

RED CROSS WILL HELP
DONORS RECLAIM "DEAD
LETTER" GIFTS TO A. E. F.

Red Cross Chapters throughout the country have been asked to aid in locating the owners of a large amount of unclaimed miscellaneous mail matter which had been sent to France for members of A. E. F., but which had been returned for various reasons, and has piled up in the office of the Adjutant-General at Washington, D. C. Jewelry, clothing, fountain pens, safety razors, pipes, riding boots, belts, money, in fact nearly everything which could be sent through the mails, is contained in this collection.

All previous efforts to return portions of this mail to senders or to addresses have proved unsuccessful, and it is hoped that persons who have reason to believe that their property may be among these articles will communicate with the Adjutant-General of the Army at Washington, giving details by which identification of property may be made, that it may be returned to them.

CHAPTER WORKERS TO
MEET SEPTEMBER 13 AND
14 IN SAN FRANCISCO

Two Regional Conferences will be held in California next month, one in San Francisco for the Northern California and Nevada Chapters, Monday and Tuesday, September 13 and 14, the other in Los Angeles for the Southern California group of Chapters (this means Bakersfield and all Chapters south, also Chapters in Arizona), Monday and Tuesday, September 20 and 21, 1920.

The conference in San Francisco will be held at Division Headquarters at the Red Cross Building, corner Hyde and McAllister Streets. It is planned to have a model educational Health Center room equipped. Dr. E. A. Peterson, Director of the Department of Health Service of the American Red Cross, National Headquarters, will talk on Health Centers, and will answer any questions pertaining to Public Health Centers and Health Nursing.

The program at the Los Angeles conference will be the same as the one in San Francisco. No formal speeches will be made at either meeting, and Chapter workers are requested to come prepared to ask questions and join in all discussions concerning Roll Call, Nursing, Home Service, Junior, Salvage and Shop, Health Centers and other subjects.

OFFICIAL A. R. C. BULLETIN

Serial No. 32, issued July 29, 1920. (Department of Civilian Relief Bulletin No. 113).

Subject: Training for Social Service

The University of California is opening next semester, August 17, 1920, a Community Workers' Training Course of a year's duration for the purpose of educating graduate students for the field of social service.

The course is open to others, exceptional people with some experience in social work who wish to further fit themselves for their work. Many of our fine Home Service workers are of this type and we think our Chapters would want to bring this opportunity to their attention. Some Chapters may wish to offer their workers an educational scholarship to enable them to enter this course and this would be a legitimate expenditure of Red Cross Home Service funds. There are also a limited number of scholarships offered under certain circumstances by National Red Cross Headquarters.

The course is to be practical in its details, including a good part of the time spent in field work with the various social agencies. In order that this very important part of the work shall be provided for adequately, the Red Cross, as its contribution to the training of social service workers for our part of the West, has undertaken to carry this expense of the Supervisor of Field Work, Dr. Frances Greene, chosen by the University as the person best fitted to oversee the work of the students with existing welfare agencies. These agencies are the laboratories in which the students are to gain their experience and put the theory they have learned into practice.

It is becoming more and more evident that the handicapped and disadvantaged of our country must be protected and welfare programs undertaken everywhere, in rural as well as urban communities, and to this end our universities are recognizing their responsibility for training the workers who must be helped to gain the vision, courage and skill to undertake the great task.

The American Red Cross stands ready now as always to bear its share of the burden, so we call upon our Chapters to consider if there are those among you who should be trained to share in this work.

Write the Civilian Relief Department, Pacific Division Red Cross, for details of this training course.

San Francisco's Greeting to Children En



Russian children, their instructors and nurses, and members of the Red Cross personnel, taken in San Francisco, and aboard the "Yomei Maru," the boat carrying the boys and girls from Vladivostok to Petrograd. (Picture reading from left to right, upper row: Group of women teachers with the children. (These educators have been with them since they left their homes in Petrograd in May, 1918.) Wilhelm Vsevolod, Russian youngster; nine educators in the colony, all from

Petrograd; Mrs. Virginia Manzoon, principal of the R. C. school in Pasadena, Dr. Harry O. Eversole, Los Angeles, Baltimore; Ward D. Walker, Honolulu; Delgado, Jacksonville, Fla.; Mrs. Hannah I.

Youngsters On Way Home After Fifteen Months on Russian Island

With an everlasting love for America, California and San Francisco engendered deep in their hearts, 780 Russian children, recent visitors in San Francisco, are now bound by way of the Panama Canal for Petrograd—and home. These boys and girls are accompanied by nurses and instructors from Petrograd, and Red Cross personnel from the Children's Colony, established and maintained by the American Red Cross on Russian Island, Vladivostok, for the past fifteen months.

The "Yomei Maru," the Red Cross boat carrying the children home, ar-

rived in San Francisco on the morning of August 2, and left at dawn three days later. One more stop will be made before they arrive in Petrograd, and that will be in New York.

Responsibility for the care and protection of the children during their brief stay in San Francisco was placed upon the Pacific Division of the American Red Cross by National Headquarters. Hearty support was given Colonel George Filmer, Manager of the Pacific Division of the Red Cross, by the United States Army and the San Francisco city government.

Members of the Red Cross greeted the children upon their arrival in San Francisco. During their stay in the city, the Department of the

Junior Red Cross assumed responsibility of the children's entertainment, recreation, transportation and protection when away from the United States Army Reservation. Articles purchased and donated to the children were taken care of by the Junior Red Cross under the direction of Mrs. H. A. Kluegel.

Barracks at Fort Scott were turned over to the Red Cross by the commanding officer as a rest place for the children. The hospitality was given Colonel Filmer by the United States Army, and under the direction of the Army the wanderers were served their first meal in San Francisco. The barracks were suitably equipped with field ranges, mess kits and cots.

The Russian visitors were given

nders Love For America in Their Hearts



schools in the Children's Colony on Russian
to right, row kneeling, Dr. Herbert M. Coulter,
arence F. Rowland, Buffalo; Walter Price Am-
row, Major Riley H. Allen, Seattle; Frank L.
bell, Santa Cruz, Florence Farmer, N. Y.; Dr.

Hal W. Davison and Mrs. Davison, Atlanta, Ga.; Dr. Wm. T. Barger, Cleveland; Helen Domers-
chikoff, N. Y., and Burl D. Bramhall, Seattle. Lower row: Ekaterine Martinova and Ivan Boor-
dacoff; Russian kiddies getting their first glimpse of America, Anastasia Zopeva and Olga Ivanova,
Russian dancers; children in Civic Center listening to Mayor James Rolph's address of welcome,
and one of the youngest of the children's group with her mother.

their first official welcome Tuesday afternoon by Mayor James Rolph, Jr. in the Civic Center. A special platform was erected for the ceremony, and the little foreigners were given the same sort of welcome as has been the honor of distinguished visitors in San Francisco. In welcoming the children, Mayor Rolph said:

"To you, children of Russia, now in San Francisco on your round-the-world voyage to reach home, the people of this city by the Golden Gate open their arms in a sincere and cordial welcome.

"War has brought to you direct personal tragedy. It has separated you from your loving parents, whom you are now going to rejoin, and were it not for the kindly ministrations of the American Red Cross your lot would indeed be hard.

"While you are with us, we would have

you investigate thoroughly our free American institutions and their working, that you may be familiar with the safeguards we throw about the children of this country, and the opportunities we give them. As a part of the coming generation of Russia, this knowledge you acquire here is certain to bear fruit in your country.

"Our best wishes, children of Russia, for a safe trip home. And may the future hold in store for you unalloyed happiness as a recompense for the suffering through which you have gone."

Similar greetings were received by the children from the three Governors in the Pacific Division, including Governor William D. Stephens, California, who said:

"Engagements here prevent acceptance of your very kind invitation to speak to the Russian children. Please convey to all the visiting children Cali-

Junior Red Cross Helps Care For Russ Children During Stay Here

fornia's interest in them, and best wishes for their future."

Governor Emmet D. Boyle, of Nevada, sent the following message:

"Please extend the greetings of Nevada's school children to the young visitors from Russia who are in the city. As they pass through the United States homeward bound, they will see on every hand what a program of free education and a sane and liberal system of self-government has done for America, a land no more blessed with natural resources than their own. Here they will find friends who wish them well as Americans have always wished that kindly fortune might attend the Rus-

(Continued on Page 7, Col. 1.)

CHAPTERS PLAN RED CROSS EXHIBITS AT FAIRS AND SHOWS

Pacific Division Headquarters of the American Red Cross is ready at any time to assist Chapters in arranging exhibits at State and county fairs or other public demonstrations. For example:

The Director of First Aid has a limited supply of first aid boxes and first aid posters which can be loaned for exhibition purposes; the Supply Department will provide Red Cross flags; the Publicity Department will be glad to make available Red Cross motion pictures. The Division will send a set of photographs illustrating various phases of Red Cross service; the Health Service will supply Health posters; the Division will endeavor to have a Field Secretary present to assist in giving any information desired.

It is strongly recommended that every Chapter planning a public exhibition should arrange for a Red Cross rest room. It requires but little equipment, and may be established at a minimum expense. A rest room might include, in addition to tables and chairs, ice water and paper drinking cups.

Many Chapters in the Division have already taken advantage of the opportunities offered by the Red Cross, and have given valuable service to the public.

At a recent "round-up" held in Reno, the Reno Chapter of the Red Cross established quarters at the track and rendered first aid immediately upon injury to the contestants.

Plans are now being made by the San Diego Red Cross Chapter for a Red Cross rest room to be opened at the San Diego Farm Bureau Fair. The rest room will provide necessary aid and assistance that a crowd needs at a big public gathering.

Plans are being made by the Colusa Chapter for Red Cross quarters to be opened at the Arbuckle Almond Fair.

A Red Cross Salvage and Shop exhibition will be one of the features of the Sonoma County Fair. Miss Kathleen Booth, Director of this Department from the Pacific Division, will speak along Salvage and Shop lines. Red Cross films will be shown under the direction of the Santa Rosa Chapter.

At the Farm Products Show to be held in Hayward this month, Dr. Powell, head of the Alameda County Health Center, will speak on Health subjects, and Miss Flora Bradford, Field Representative from Pacific

MODERN VERSION OF THE "SKELETON IN CLOSET"

Every one is said to have a "skeleton in his closet," so every family has many articles of discarded clothing in its closet that could well be put to use. The San Diego Chapter Salvage and Shop has issued an appeal to clear the clothes closet of all unused garments. As the funds from Salvage and Shop are used for Home Service work, and as there are as many as 450 calls a month to the San Diego Chapter for help, entailing an expenditure of \$1,500, the families who keep their closets cleared from the skeleton of old clothes are helping with a great and useful work.

WASHINGTON OFFICIAL VISITS BERKELEY SHOP

Miss Neva Deardorff, Assistant to the General Manager at National Headquarters, was a recent visitor at the Bureau of Salvage and Shop. She accompanied Miss Booth, Director of Salvage and Shop of the Pacific Division, on a visit to Berkeley to see this activity as carried on in the Berkeley Chapter and was more than delighted. Miss Deardorff expressed herself as not having really had an idea of what the work of Salvage and Shop meant in carrying on Chapter activities. When she returns to Washington, she will call a special meeting to give her unqualified approval to this activity.

Other visitors at Pacific Division recently were the following public health nurses: Miss Ruth Bennett, Stockton; Miss Marion Gray, Vallejo; Miss Howard, Miss Frances Switzer, Miss Winifred Merrehew, Miss Flegal, Paso Robles; Mrs. Graham, Montana Division; Miss Nora O'Sullivan, San Rafael, and Miss Dorothy Ledyard, Marysville; Mrs. Harriet Fielding, Secretary of the Santa Monica Chapter; Mr. Louis Nathan, San Francisco; Miss Cleora Craig, Secretary Madera County Chapter; Dr. Francis Greene, University of California; Miss Helen V. Bary, Washington, D. C.; Mrs. W. B. Lyons and daughter, Bakersfield. Colonel H. R. Fardwell, National Headquarters; Miss Alice MacClellan, New York City; Mrs. Hancock Banning, Los Angeles; Anastasia Nittler, Oakland; Miss Helen Marvine, San Francisco.

Division, will give a brief talk. The showing of Red Cross films will be made a special part of the Red Cross exhibition.

YUBA-SUTTER SALVAGE SHOP HELPS PRETTY GIRL TO MARRY

The Yuba-Sutter Salvage Shop has done a remarkable business in the short time since its reorganization, and much of its popularity is due to the fact that goods purchased at the Shop have been the means of a pretty girl winning a husband.

Not long ago an attractive young girl from a distant city came into the Red Cross Shop at Marysville, and in her conversation with Mrs. Pearl Smith revealed the fact that she was looking for some pretty clothing to enhance her charms that she might attract the eyes of a man she liked, but who preferred other girls better dressed than she. Mrs. Smith was able to fit her out with a pretty dress and other dainty clothing at prices commensurate with the customer's limited purse. As a sequel, Mrs. Smith, a few weeks later, received a grateful letter from the girl saying that she had married the man of her choice, who could not resist her charms when he saw her so daintily gowned in the pretty dress she had purchased at the Red Cross Shop, and the happy girl declared that the credit was due to the Yuba-Sutter Salvage Shop that she was able to win such a good husband.

AFTER BIG FIRE RED CROSS AIDS HOMELESS

How the Miami Red Cross organization in Arizona helped 135 families, who were burned out in a recent fire at Grover Canyon, Arizona, is told in a report received by the Civilian Relief Department of the Pacific Division of the American Red Cross.

Four hundred and fifty individuals from one hundred and thirty-five families were left without homes, and one hundred and eleven houses were destroyed.

The Red Cross Chapter at Miami immediately established a relief center, and within two hours had supplies and workers mobilized to help in every way possible to alleviate the sufferings of the people. The sick were cared for, food and clothing supplied, and temporary living places were provided where necessary.

Through the courtesy of the Regent Theater in San Mateo, the Red Cross has placed a bulletin board on the outside of the show house, carrying pictures of lost soldiers, and other information that might be of interest to soldiers or their families.

RUSS KIDDIES ENTERTAIN

(Continued from Page 1.)

sian people and who, as the citizens of the first of the great republics, pray in their wisdom, born of a century and a half of happy experience with true liberty, that Russian children, young and old, may soon set out together on that path which we have traveled to that peace, happiness and prosperity which we devoutly wish them."

Governor Thomas E. Campbell, of Arizona, said:

"Kindly extend to eight hundred Russian children my greetings in behalf of the State of Arizona of this land of liberty, and express the hope that through the benefactions of the American Red Cross they will come into the full benefits of American citizenship and enjoy all of the priceless privileges thereof."

Among the crowded impressions which the 780 Russian boys and girls have had stamped upon their eager brains by the biggest experience that has ever befallen any group of children of similar numbers at any time in the world's history, is their romp in the Civic Auditorium, Tuesday, and their play in Golden Gate Park on Wednesday. The entire lower floor at the Auditorium was given over to the children Tuesday night, who played, sang and danced until a late hour. San Francisco public who followed the Russian children each day they were in San Francisco, packed the galleries, looking down upon the quaint throng of little ones, and were held in the grip of an emotion that tightened the throat and moistened the eyes.

Before leaving San Francisco, the group of Russian teachers with the children sent a letter of thanks to the Pacific Division of the American Red Cross and the people of San Francisco for the welcome shown them.

Three nurses of the Pacific Division of the American Red Cross volunteered their services in relieving the nurses with the Russian children during their stay in San Francisco. They were Miss Agnes Johnson, Miss Edith Christopherson, and Mrs. Matilda Horne.

The Red Cross Shop of the Santa Monica Bay Cities Chapter recently had a large number of costumes donated them by a Los Angeles department store. They were immediately bought by a motion picture company, netting the shop \$250.

WILL YOU CONTRIBUTE A GLASS OF JELLY FOR BOYS AT LETTERMAN?

No appeal has ever fallen unheeded upon the ears of the Chapters in the Pacific Division, above all when it is one concerning the comfort of "our boys."

The Department of Military Relief, which aims to give the touch of home for the patients at Letterman Hospital, is asking Chapters to contribute jellies to the almost depleted stock.

If every Red Cross member could see with what joy a glass of jelly is greeted by a bed-ridden patient, Letterman Hospital would be supplied for months to come. Will not each Chapter visualize the picture and act accordingly?

RED CROSS FLOAT WINS PRIZE AT SANTA MARIA

A float representing "What the Red Cross is doing for the Peace Program" was the prize winner in a recent parade held in Santa Maria.

"The Greatest Mother of Them All" was portrayed by a nurse from the community, Mrs. Lowden, supported by Mrs. Tenniswood, another nurse, typifying the wonderful body of women who served at home and abroad during the war. The directors of the Red Cross were represented by Dr. Lucas, president during war times and the period of reconstruction. The Junior Red Cross was represented by little children, who glory in the opportunity of being of service and who must carry the Red Cross banner of the future. The Boy Scouts took their stand with the Red Cross by representing service, not only for boyhood, but all mankind.

HAVE YOU SEEN HIM?

David J. Landgrin, discharged soldier, is wandering about the country, presumably in the Western part, mentally unbalanced. He escaped June 27, 1920, from the State Hospital for the Insane, Massillon, Ohio.

He weighs 150 pounds; height, 5½ feet; age, 31; dark brown hair and eyes; white, even teeth, neat appearance and apparently calm and pleasant while talking, but grows suspicious and acts strangely when speaking of his mother.

Landgrin enlisted June 25, 1918; discharged June 15, 1919, Camp Sherman, serial number 4127787.

Wire any news of his whereabouts to the State Hospital for the Insane at Massillon, Ohio, or Lake Division, American Red Cross, Cleveland, Ohio.

SALVAGE SHOP INCOME WILL HELP ASSURE NURSE'S SALARY

What will a Public Health Nurse mean in your Chapter? She will mean better informed mothers, healthier children, better living conditions; summed up in two words, she will mean community happiness. Every Chapter in the Pacific Division is anxious for this.

But at times that dreadful bug-bear, "finance," creeps in and some one will say, "Yes, we want a Public Health Nurse, but our Chapter cannot afford to pay her." This is where Salvage and Shop will help, for, with the establishment of Salvage and a Red Cross Shop, a steady income will come into your Chapter monthly. It is not necessary to begin on a large scale. Start in a small way, and let the work grow to meet the demand. Or, if you feel that a Red Cross Shop is not practical in your community, start making some of the little reconstructed garments—the rompers, dresses, gertrudes, etc. If you cannot sell them locally, send them to the Bureau of Salvage and Shop, and they will be sold for you on a 50 per cent basis.

Salvage and Shop and Public Health go hand in hand. The income from Salvage and Shop assures the nurse's salary. The things sold in the Red Cross Shop and the garments which can be made by the women, go far towards helping her work from a social service standpoint.

Many Chapters have already taken advantage of the co-operation of these sister activities. Won't you consider establishing them in your Chapter?

NURSING COURSE SAVES LAD FROM WATERY GRAVE

A course in Red Cross Home Nursing enabled Mrs. H. W. Hetrick, of Stockton, to save little Wilbur Johnson, of Turlock, from drowning in the Merced River recently.

Wilbur was unconscious for some time after he was brought ashore, but was revived by the efforts of Mrs. Hetrick, who says her success in bringing the little lad back to life was due to her course in Red Cross Home Nursing taken during the war. It was her first actual demonstration in resuscitation, though she had used her knowledge at once following the influenza epidemic.

PUBLIC HEALTH NURSE ACTS AS INFANT WELFARE ADVISOR

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She points out to the mother the kind of things she can't do without endangering the life of the baby and herself, and encourages medical attention. She promotes intelligent motherhood and maternal nursing, by teaching the mother the value of proper diet, hygiene and exercise.

She urges that the baby's birth be officially reported to the proper authorities, so that later on in life he may be able to prove his age and citizenship, his right to go to school, his right to work, his right to vote, and for other reasons which affect him as a citizen of the United States.

She shows the inexperienced mother how to give her first baby a bath, how to protect the child's eyes from infection, when to feed her baby and where and how it should sleep. She tells her how to make the little clothes which will be most comfortable, healthful and the least trouble to the mother.

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She visits regularly the babies in the community, watching their progress, ready with advice and nursing care when they fall ill with croup, colds, bronchitis, pneumonia or contagious diseases; and is present with her advice during the trying times of teething and weaning.

The interests of the older children are hers also, for she gives the mother information concerning the proper food, clothing and habits, and urges that she attend a milk station or child clinic where her child's physical development may have proper supervision.

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But by far the most important part of her work lies in teaching the



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The Japanese babies of Garden Grove were recently given a thorough physical examination at the Public Health Center. A similar opportunity will be given to the Mexican mothers of the community soon. The purposes of these Baby Health Conferences are many. The welfare of the baby is first and foremost in consideration; the help that may incidentally come to the mother is scarcely of secondary importance; but aside from these there is created a furtherance of acquaintance between the Public Health Nurse and those whom she is to serve which is indispensable to good service.

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The advantage of such centralized health information service can be readily appreciated when it is realized that there are in existence in this country, besides the official health departments, approximately one hundred voluntary agencies each engaged in some specialized phase of health work. The ordinary citizen does not have the time, the inclination, nor the means at his disposal to determine readily for himself what and where is the proper organization, institution or department to which he should turn when confronted with a serious or perplexing health problem. Instead of floundering about as heretofore, or what is worse, instead of leaving serious condition unattended, now he simply telephones the Red Cross Health Center and promptly receive the desired authoritative information or is referred to the proper agent for such information.

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SEPTEMBER 1, 1920

No. 5

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Chapter responsibility in the matter of re-enrolling the full quota of present membership and increasing it to one hundred per cent of the adult population of the community rests upon the Chapter Chairman and his appointed Roll Call Director and assistants.

Response to the first letter in the series sent out by George Filmer, Manager of the Pacific Division, is coming from many Chapters, some of whom have also named the publicity chairman. Prompt action in the matter is necessary for all Chapters that the Roll Call organization be perfected before the dates of the regional conferences.

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10:15-11 A. M. Salvage and Shop—Miss Kathleen Booth, Director, presiding.

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Do not overlook the fact that publicity means many things besides newspaper publicity—speakers, parades, window advertising, pageants, in fact anything that will develop in your town to put the fact that the Fourth Red Cross Roll Call is in progress before the public.

Send the name of your Fourth Red Cross Roll Call Publicity Chairman to the office of the Division Manager now.

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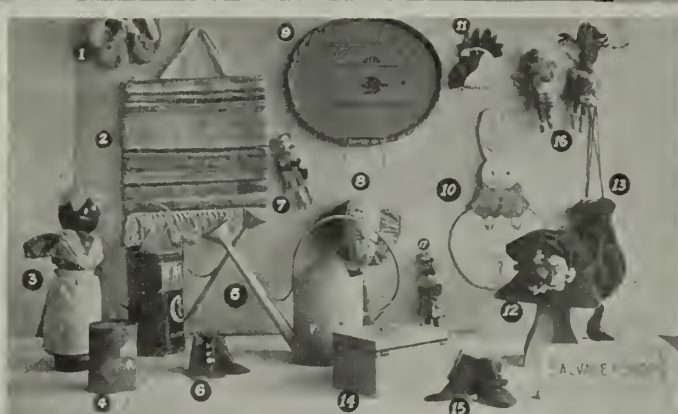
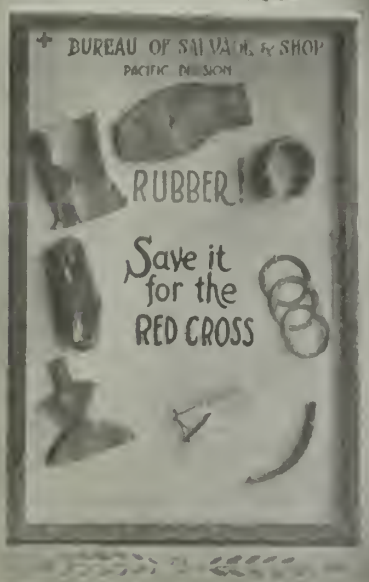
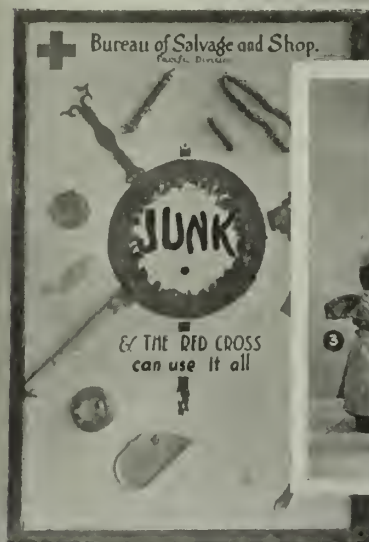
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DIVISION ENRICHED NEARLY HALF MILLION DOLLARS IN YEAR BY SALVAGE

An account of the activities of Salvage and Shop Department, Pacific Division, American Red Cross, is like an interesting tale, in which the unusual and prosaic turns without rhyme or reason into the unexpected and leads to an unknown and undreamed of land of accomplishment.

That the work of Salvage and Shop is a success in peace as well as in war times is demonstrated by the fact that the financial returns in the Pacific Division for the fiscal year 1919-20 have amounted to nearly half a million dollars, the exact sum being \$240,000. This money has enabled many Chapters to establish classes in Home Nursing, to employ a Public Health Nurse, to start and maintain a Health Center, and

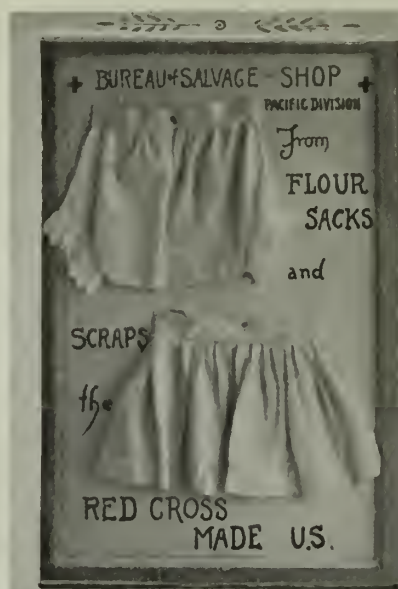


The above illustration shows scraps of cloth and discarded tins that have been made useful through the Salvage and Shop Department of the Pacific Division of the American Red Cross: 1. Child's crochet slippers, made from strips of old stockings. 2. Bag woven out of rags. 3. Door stop made from a bottle filled with sand. 4. Coffee can covered with cretonne and made into a candy box. 5. Waterling cans made from old coffee cans. 6. Booties from felt pennants. 7. Dolls from scraps. 8. Bag on wire frames and covered with scraps. 9. Tray from matting samples. 10. Bunny bag from pieces of old table oil-cloth. 11. Egg cozy from pieces of red and white pennants. 12. Child's hat from scraps of velvet and trimmed with salvaged flowers. 13. Bag from a man's tall silk hat. 14. Lunch box from a tobacco can which has been painted and decorated with salvaged paint. 15. Booties from old scraps.

The side illustrations are typical Salvage and Shop posters.

to extend their Home Service. Since February, 1918, the receipts of Salvage and Shop in the Pacific Division have reached approximately \$1,666,000.

There are five predominating aims in Salvage and Shop: conservation of waste material; lessons of thrift and economy taught the American



RED CROSS SALVAGE SHOP CAN HELP FINANCE HOME SERVICE

We all remember when we were young, the time we were taken to see the prestidigitator, and the thrill of the moment when he said, "Ladies and gentlemen, please examine this hat. You see it is empty, but watch and behold." With abated breath we watched him draw from the hat, rabbits, birds, bowls of goldfish, countless yards of ribbon which were mysteriously turned into flags. The grown-ups said that the conjurer was clever, but we believed firmly in the supernatural. There is still magic in the twentieth century, for right now through the entire Pacific Division, things next to magic are happening. The junk of the community is being put into the Red Cross and transformed into many ways of mercy.

In the Merced Chapter there is a live and growing Salvage and Shop Department. The people of the community send in their old clothes, hats, shoes, pictures, junk, papers and magazines and what not. These are changed into money which is used in carrying on progressive extension of Home Service work. It is used for buying milk for undernourished children, to bring happiness into many homes which would otherwise be devoid of it, and to make better, healthier children.

In the Santa Maria Valley Chapter, Home Service work is carried on through Salvage and Shop. Useless things of the community are responsible for medicine for sick children, supplies of all kinds, and a general betterment of conditions. In numerous other Chapters this Salvage and Shop money used in extension of Home Service means milk and food, and happiness in general in the community.

A little work and sacrifice on the part of each Chapter will make the Home Service work possible through Salvage and Shop. The waste material of the city, through the hands of the Red Cross, will become something useful and beautiful. It is well worth trying.

Sonora, Calaveras County, and Amador County Chapters are planning to have paper drives during the coming months. Sonora Chapter is about to have a Public Health Nurse and plans to open a Red Cross Shop to help finance the work. Calaveras County and Amador County Chapters will take up the work of making reconstructed garments.

HOME SERVICE WORKERS SHOULD ATTEND MEETING

"We want Home Service Workers to come to the Regional Conferences in San Francisco, September 13 and 14, and Los Angeles, September 20 and 21, prepared to talk over problems concerning questions of loans, transportation, co-operation with other agencies, disabled ex-service men and other subjects.

"We should give one another the benefit of past experiences and plan together for the future.

"Write to Pacific Division Headquarters if you have any suggestions to make for the program on conference days."

Grace Graham,
Director of Civilian Relief.

HOME SERVICE EXTENSION STARTED IN CHAPTER AT SANTA CRUZ

The live Chapter at Santa Cruz is the latest one to be interested in the possibilities presented by Home Service extension. The welfare of this community is very close to the heart of the Red Cross and in order to best judge just what the county's problems are, a community study was made by Miss Ada E. Porter, one of the Pacific Division Field Representatives, with fine co-operation from the county officials, citizens and Red Cross workers.

The exact social service program to be undertaken by the Red Cross of Santa Cruz will be determined upon at the next general meeting.

The Pacific Division has granted permission for Home Service extension work to be undertaken by the Santa Cruz Chapter.

ROLL CALL

(Continued from page 1)

plies, Workers' Badges, Enrollment Blanks, 8-page Information Leaflets, etc.

Details of the Roll Call will be discussed at the Regional Conferences to be held in San Francisco, September 13 and 14, and Los Angeles, September 20 and 21.

Your Chapter representation should include yourself, a member of your Roll Call Committee, preferably the Roll Call Director, and, if possible, both Roll Call Director and Publicity Chairman, and such other committee heads as you can send from Nursing, Home Service, Salvage and Shop, Military Relief and Junior Red Cross.

Bring your questions on the Fourth Red Cross Roll Call to the Regional Conference with you. Be sure to get them out in the open. Our Division Department heads want to discuss your local work with you.

BOYS IN HOSPITALS NEED CLOTHING; WHAT WILL YOUR CHAPTER GIVE?

If you were without funds and were sick or disabled, and in a United States Public Health Service Hospital, and appealed to the Red Cross for a suit of clothes, it would be rather hard lines to be told that none was available. Just this thing will happen to the men who have given their health, their limbs, their eyesight to make the world safe for us if the Red Cross does not come to their aid.

The Bureau of Salvage and Shop has sent out an appeal for clothing for the men in the United States Public Health Service Hospitals in the Pacific Division. There are five such hospitals and many of the patients are in straitened circumstances, owing to their compensations being delayed. In the hospital at Palo Alto alone there are at present 450 patients, over 100 of whom are receiving no compensation. Of course, they will eventually be paid, but in the meantime they are in want and are appealing to the Red Cross for help.

Some Chapters contribute one good suit of clothes a month. Others prefer to send to the Bureau of Salvage and Shop a monthly check for \$15 or \$20. With this we are able to buy in San Francisco suits, overalls, etc., which are sent to the hospitals. We have just learned that the supply at Palo Alto hospital is quite depleted, and as our clothing fund is not inexhaustible, we are again asking for co-operation and help.

The suits should be sent direct to Red Cross Director of Home Service, United States Public Health Service Hospital, Palo Alto, Calif. All checks should be made out and sent to the Bureau of Salvage and Shop, Pacific Division, American Red Cross.

May we count on your Chapter for help? These men are most self-respecting and must be given clean, whole garments.

SALVAGE AND SHOP

(Continued from page 2)

people; direct assistance given to the local poor, who can keep their self-respect buying for a nominal sum at a Red Cross Shop the things ordinarily given to them; the outlet for pent-up energy which will be given to thousands of people who desire to do something for the Red Cross and the steady income for each Red Cross Chapter engaged in the work.



The American Red Cross ARIZONA-CALIFORNIA-NEVADA

A bulletin published semi-monthly on the first and fifteenth, by the Pacific Division, American Red Cross,
Cor. Hyde and McAllister Streets, San Francisco, California
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DISCONTINUE PUBLICATION OF RED CROSS MAGAZINE

Rising costs of publication, particularly the famine price of white paper, have resulted in the decision of the Executive Committee of the American Red Cross to discontinue publication of the Red Cross Magazine. These have reached a point, said the announcement from National Headquarters today, where further publication would involve either considerable increase in the subscription price or a subsidy from the general funds of the Society, which deems either course inexpedient. Accordingly the October number will be the last.

"The Red Cross is now developing an extensive peace-time program

and in addition must carry on the responsibilities assumed during the war to the limit of its resources available for that purpose," said the announcement. "Had the Red Cross Magazine been the only means of communication with the public and its workers, it would have been necessary to continue the magazine, even at a loss. Through the medium of its other publications, however, such as the National Headquarters and Division bulletins, Junior Red Cross News, pamphlets on special subjects and with the co-operation of the press and through the Red Cross motion picture service, a machine for distributing information has been developed, so that even with the elimination of the magazine this work will continue."

COSSACKS LIKE AMERICA

Three thousand Don Cossacks have asked the American Red Cross to find room for them in America. The request was transmitted by Dr. Goldoploff, Surgeon-General of the Russian Volunteer Army. These men are of the property-owning class, and if they could reach America would become small manufacturers and merchants. They hope to be among the first immigrants to the United States as soon as the American immigration conditions permit.

THE 1921 BUTTON

The Red Cross Button for the Fourth Roll Call is a lithographed metal button similar to the one used last year, the figures 1921 being substituted for 1920. It is hoped that the button will be generally worn during the coming Roll Call, for there is no factor of the enrollment of members more helpful than the universal display of the Red Cross emblem. Chapters and Chapter workers are urged to see that every member enrolled at the coming Roll Call is provided with and wears the 1921 Red Cross Button.

CZECH RED CROSS GROWS

Marked success has attended the membership campaign of the Czechoslovak Red Cross. Before the present campaign, the membership stood at 417,000. To this number has been added 170,000, divided as follows among the various States: Bohemia, 120,000; Moravia, 25,000, and Slovakia, 25,000. The society has 237 chapters.

Official A. R. C. Bulletin

Serial No. 33, issued August 7, 1920.
(Department of Accounts Bulletin No. 18.)

Subject: Payment by Chapters of Membership Quotas

Instructions have been received at Pacific Division from National Headquarters that in certain cases Divisions have authorized Chapters to remit from Chapter funds an amount sufficient to cover National Headquarters' portion of membership dues, where for some reason the Chapter decided that it would be impractical or inadvisable to hold a membership roll call.

Such procedure is not in accordance with the provisions of the By-Laws of the American National Red Cross, which, under Section 21, Memberships, reads as follows: "Individual membership in the Red Cross shall consist of seven classes. Contributions to the relief funds of the Red Cross cannot be credited as membership dues, but such dues must be paid for the specific purpose of obtaining membership."

Under Paragraph (a), Annual Members, of this same section, the provision is made that "any citizen or resident of the United States or its dependencies may become a member of the American National Red Cross upon application to the Central Committee or a Chapter and the payment of one dollar to the Treasurer of the Chapter in whose jurisdiction the applicant resides, or to the National Treasurer, and may continue such membership by the annual payment of the same amount."

These provisions are specific in stating that membership dues must be paid by the individual for the purpose of obtaining membership.

Division Accountants will, therefore, see that this provision of the By-Laws is carried out and will advise the members of the Division Staff as well as all Chapters and branches coming under the jurisdiction of his Division that under no circumstances will funds be taken from the Chapter or branch treasury and reported as membership dues unless such funds were taken into the treasury for this specific purpose.

Note: In certain instances where the War Chest idea is used for the collection of funds and where the contributors have been advised that one dollar of the amount so contributed will be in payment of Red Cross membership dues, this provision will be considered as having been met, inasmuch as this was one of the considerations upon which the contribution was made.

JUNIOR RED CROSS DEPARTMENT

NEW PROGRAM OUTLINED FOR CIVIC TRAINING THROUGH SERVICE

By Mrs. Harry A. Kluegel, Director of
Department Junior Red Cross

Enrollment and re-enrollment of schools in the Junior Red Cross will commence with the opening of the fall term, and it is hoped that the present message of the Red Cross will have reached every schoolroom in the Pacific Division, even the most remote, by the date set for the close of the Senior Roll Call, November 22.



In launching the new program of Civic Training through Service, the Junior Red Cross comes to the schools with an outline of activities and class room helps intended to add life, inspiration and reality to the work of the school and also to give opportunity for the boys and girls of today, the men and women of tomorrow, to experience the joy and delight and, to some extent, the responsibility of their present privileges and obligations as citizens.

Call of Service

The call is the call of Service; first, in the interest of the child next door, those every-day situations here at home that handicap and mar; and, second, for the relief of conditions that are blighting the lives of the helpless and homeless in distant lands.

In these great humanitarian projects, every school should be enlisted. There is no individual membership fee to exclude any one; the obligation of the child is far greater—it is the obligation of service.

The membership fee for the school is nominal—subscription to the Junior Red Cross News, one for each room in the school system. Further than this, the financial obligation of the school as a group is measured only by its feeling of responsibility and its ability to share in the Junior Red Cross Fund, which is used in the alleviation of conditions affecting child-life at home and abroad.

Chapter School Committee

In order that the Red Cross activities in the schools may be always

JUNIOR RED CROSS LOCAL SERVICE PROGRAM

To Pacific Division Educators:

The suggestions for a Junior Red Cross Peace Program in community problems affecting children, as outlined in the Pacific Division Junior Red Cross Peace Program Bulletin, November 15, 1919, have been extensively developed throughout California, Arizona and Nevada.

This program provides civic training through service to the CHILD COMMUNITY. In addition to service for the betterment of children, it provides for education in social service. The active participation of the child himself, either in raising the necessary funds for financing the projects or in the actual carrying out of the service, has made this work of value, we are told, to the school and the community.

An extensive report on the program actually developed has been prepared by the Pacific Division Junior Red Cross and will be ready for distribution shortly.

The extent to which this program of activities in providing civic training through service to the Child Community is developed, depends upon the social consciousness of the teachers in the community. The community problems of child betterment, as outlined in the Pacific Division Peace Program of 1919-1920, are still the projects for us to develop in 1920-1921. The American Red Cross, through the Junior Red Cross, invites the educators and teachers to make use of the machinery of the Junior Red Cross, in assisting to re-establish, as an American characteristic, the ideal of service. The new social order brings to humanity colossal responsibilities, which will eventually be assumed by those young citizens who are now in our secondary and elementary schools. In our educational program we are all working with a common purpose—to develop efficiency, responsibility, universal service and solidarity in our American civilization.

Through a knowledge of the whole-hearted support granted to the Junior Red Cross by the public, private and parochial schools of California, Arizona and Nevada, during the period of the war, we are convinced that the Red Cross efforts in this crisis of peace will be immeasurably furthered by the enthusiastic co-operation of the progressive Western educators.

With the hearty appreciation of the great services rendered by school men and women in California, Arizona and Nevada in directing the activities of their Junior Red Cross members in the Junior Red Cross program, and the earnest desire for the continued co-operation and friendships thus established,

Faithfully yours,
Mrs. H. A. Kluegel, Director,
Pacific Division Junior Red Cross.

JUNIORS GIVING SPECIAL EMPHASIS TO FOREIGN FIELD PROGRAM

under the direct supervision and control of the school authorities and in harmony with them, and thus be most effective in the life of the schools, the Junior Red Cross Chapter School Committee, which is the channel of communication between the American Red Cross and the schools, should always be composed of the responsible heads of schools or their deputies, in the territory of the Chapter.

The Chapter School Committee is nominated by the city or county superintendent of schools for appointment by the Senior Red Cross chairman. The superintendent of the city and county schools, or his deputy, should be the chairman of the Chapter School Committee and becomes at once, by virtue of this appointment, a member of the Executive Committee of the Chapter.

Program

The entire program of activities of the Junior Red Cross will not be applicable to all schools, in all sections. Principals and teachers at their own discretion may use such parts of this program as, in their estimation, are suited to local conditions and are in accord with the administration of the school.

Special emphasis again this year, as in 1919-1920, is to be given to the foreign program of service for children in devastated areas, and to the community program which has been extensively developed in the Pacific Division of the Junior Red Cross. Further, the Department of Junior Red Cross aims to put at the disposal of the teachers a program of suggestive activities which have definite vitalizing classroom value and which can be used as a part of, and not in addition to, the regular work of the schools. These activities are at present developed under the following five heads:

1. The use of the Junior Red Cross News. (See A. R. C. 609, page 9.)
2. Plan for Interschool Correspondence. (See A. R. C. 609, page 10.)
3. Use of outlines of Civic Training through Service. (See A. R. C. 609, page 11.)
4. Certificate course in Home Hygiene and Care of the Sick, Dietetics

SCHOOLS ARE INVITED TO HELP MAKE CLOTHES FOR NEEDY

(Continued from page 5, column 3)

and First Aid. (The Junior Red Cross is responsible for the adoption of the above courses in the schools and all direct contact with the schools and school personnel concerning these courses.) (See A. R. C. 609, page 12.)

It is hoped these courses may be incorporated in the curriculum of the High School. The pupils taking advantage of this instruction receive their certificates from the American Red Cross.

Red Cross classes were held in the following schools in 1919-1920:

Dietetics: California—Alameda, Bakersfield, Delano, Holtville, Oakland, Ontario, Paso Robles, Riverside, San Francisco, San Jose, Sonoma. Arizona—Miami.

First Aid: California—Benicia, Grass Valley, Orland, Santa Cruz, Vacaville, Westwood, Pasadena, Santa Monica. Nevada—Sparks, Yerington.

Home Hygiene and Care of the Sick: California—Alameda, Berkeley, Benicia, Claremont, Douglas, Fresno, Grass Valley, Lassen, Los Angeles, Modesto, Modoc, Madera, Monterey-Pacific Grove, McCloud, Oakland, Pasadena, Paso Robles, Riverside, San Francisco, Sacramento, San Jose, Santa Cruz, San Diego, San Luis Obispo. Arizona—Apache-Navajo, Central Arizona, Greenlee. Nevada—McGill.

5. Productive Activities in connection with Manual Training and Sewing. (See A. R. C. 609, page 11.)

Domestic Science

Schools are invited to take part in the Junior Red Cross plan for the production of garments for destitute children during the school year of 1920-21. In almost every American community there are children who, through abnormal conditions in the home, have insufficient clothing, while from overseas come reports of the appalling want which prevails in Europe and the Near East.

The outline of Junior Red Cross Plan for Production of Children's Garments has been made to meet the average requirements of school courses. (Sent to city and county superintendents of schools and Chapter Chairmen.) Where it fails to meet local need, it may be changed at the option of school authorities. The essentials are that the materials used should be durable, the sewing firm, the finished garments plain enough to be serviceable yet attractive enough to win the interest of the

school girls who do the sewing and to bring pleasure to the children who will wear them. The knitting of children's sweaters and stockings will also be undertaken.

With regard to the purchase of materials, two courses are open. The school may wish to finance the work by some form of combined effort such as a bazaar, an entertainment, or the sale of salvage; or it may be able to secure the co-operation of the local Red Cross Chapter, the school agreeing to make into garments the materials provided by the Chapter.

Garments to be used in the local community will, of course, be distributed according to the judgment of the Chapter School Committee.

It is possible that schools employing no instructor in sewing, but wishing to take part in the Junior Red Cross production of garments, may be able to secure the help of a committee experienced in this work from the local Red Cross Chapter.

Junior Red Cross boys will be asked to make the following:

Toys—a prime necessity in the reconstruction of the bodies and minds of countless numbers of children in European countries—children who have forgotten how to play, even how to smile.

Simple playground equipment, which can be easily and cheaply produced for your school or community playground by boys handy with a few simple tools.

Furniture for your local hospital or for the various preventoria in your Community House.

Fred M. Hunter, Superintendent of Schools and Chairman of the Chapter School Committee of the Junior Red Cross Auxiliary in Oakland, California, was elected President of the National Education Association at the recent convention held in Salt Lake City. This recognition of Mr. Hunter's pre-eminence as an educational leader is well merited, and Oakland is to be congratulated upon having so capable a director for its schools.

FILMS CREATE INTEREST RED CROSS CLASSES BEGUN

The showing of two Red Cross films, "Every Woman's Problem" and "America Junior," at a San Francisco school, created such intense interest and enthusiasm, that immediate requests were made by mothers' clubs of the city for classes in Home Hygiene and Care of the Sick.

NATIONAL DIRECTOR IS ENTHUSIASTIC OVER JUNIOR WORK

National Director James N. Rule, who with Mrs. Rule has been visiting the Western Divisions, is enthusiastic over the program the Junior Red Cross has developed in the Pacific Division, and especially with the social service projects actually developed as the responsibility of the Junior Red Cross members.

Mr. Rule was delighted with the co-operation received from the leading educators of the universities, normal schools and school systems. He found them keen to co-operate in putting forward the citizenship program of the Junior Red Cross.

Quoting from a letter received from Mr. Rule:

"We are looking for big things nationally out of the Pacific Division program this next year."

JUNIOR RED CROSS TO FINANCE FOREIGN PROJECTS

The Junior Red Cross of the Pacific Division has received the following list of Foreign projects to be financed by contributions from the Junior Red Cross auxiliaries of the Pacific Division. The National Children's Fund of the Junior Red Cross provides a medium for receiving and administering contributions for relief and education of unfortunate children overseas. Any one, or all, of the following projects may be selected by the schools for their contribution to the National Children's Fund:

1. Albania, Tirana
.....For food and clothing
2. Balkan Scholarships—
4 Constantinople College.
2 American School for Girls, Beirut (about \$500 each per year).
3. Belgium.....School Canteens
4. Poland...General Child Welfare
.....Work
5. Italy.....Farm School, Citta di Castello and Orphanage
.....Florence
6. France.....21 Apprenticeships
.....at \$50 each
7. Montenegro.....Orphanage,
.....Podgoritza
8. Roumania....Industrial School
9. Serbia....Orphanage, Belgrade

The contributions to the National Children's Fund necessary to finance these projects are to be raised by January, 1921. The projects will be further developed in ensuing issues of the Pacific Division Activities, in order that teachers may acquaint the pupils with the knowledge necessary to a choice of projects to be undertaken. In addition, information concerning the projects will be sent upon request to the Pacific Division Junior Red Cross.

TUBERCULAR SYMPTOMS EASILY RECOGNIZED BY NURSE

IV.

The work of the Public Health Nurse in dealing with the tuberculosis problem is in a great measure educational.

She sees quickly the symptoms of tuberculosis and urges suspected cases and those who have been exposed to the disease to come to the clinics for examination and treatment. She gives nursing care to the patient who is confined to his bed while arrangements are being made for his removal to a hospital or sanatorium.

If for various reasons he cannot be sent to a sanatorium, she secures as far as possible conditions in his own home for effective isolation and treatment. She suggests methods of keeping the patient in the open air and helps to provide some sleeping arrangement which will be practicable for this purpose. She keeps him under hygienic conditions, nurses and gives him and other members of the family advice as to the proper kind of food and amount of rest, fresh air and sunshine.

She prevents the spread of the disease to other members of the family, emphasizing the necessary measures to be taken to protect their health, and urging examination of those who have been exposed to tuberculosis. She points out the way to avoid conditions, such as undernourished bodies, lack of ventilation, insanitary housing, which may lower the power of the body to resist the disease.

She shows the family how to take care of the sick without endangering its own health, and visits it frequently to help in regulating the patient's diet and his hours of sleep and rest. She keeps up the courage and determination of the patient in keeping to the routine which will result in time in his recovery.

She urges upon local health authorities the establishment of tuberculosis clinics and dispensaries under the charge of a well-trained physician, assists these doctors at the clinics and carries on a campaign of education in the community for open air schools, adequate playgrounds and better methods of fighting the disease.

There is a known shortage in the United States today of several thousand Public Health Nurses and one of the important phases of the health promotion program of the American Red Cross is to arouse the interest of qualified young women in taking necessary training.

NEWS OF NURSES

San Joaquin County Chapter. Miss Ruth Bennett, Public Health Nurse, visited 25 schools in five months, examining 1,133 children; made 58 follow-up visits.

Santa Rosa Chapter. The work in this community has increased to such an extent that two additional Public Health Nurses have been engaged; one to take up the work in Sonoma and the other in Sebastopol, commencing August 1. Home Hygiene classes have been started in Fulton.

Coalinga Chapter. Mrs. A. C. Girard, Public Health Nurse, held a conference at Westside Oilfields, examining 29 children, 10 of them infants, and the others, children of the pre-school age.

Yolo County. Well Baby Conferences were held under the supervision of Dr. Ethel M. Waters, Director of the State Bureau of Child Hygiene. One conference was in Davis in the office of Doctors Bates, Goffi and Pulsifer. These doctors gave their services and hearty cooperation to the work in hand. The other conference was conducted in the Red Cross rooms in the Court House, Woodland, which was attractively decorated with posters from the Bureau of Child Hygiene. The posters were on pre-natal care, child and infant care.

Vacaville Chapter. Miss Ella Anderson, Public Health Nurse, and Mrs. Fowler, Red Cross worker, chaperoned 14 girls, members of the Camp Fire Organization, on a camping trip to the Redwood Basin, Santa Cruz Mountains, remaining away two weeks.

Benicia Chapter. Miss Marian G. Gray has been appointed Public Health Nurse in Benicia to succeed Miss Selma Lindblad, who resigned last semester. Miss Gray will give half time to the Vallejo schools.

Santa Rosa Chapter. The Public Health Center here has established a psychological clinic. Two doctors from the State Home at Eldridge come to Santa Rosa on the last Friday in each month from two to five in the afternoon. Dr. Butler, superintendent of the Sonoma State Home, usually gives the physical examination, and Dr. Ordahl, the psychologist, gives the mental. Five patients can be handled in one afternoon. There is no age limit, but those examined are usually children from the ungraded class at school or children who come under Mr. Plover's care in his capacity as probation officer.

HEALTH CENTER CLEARING HOUSE OF LITERATURE FOR PUBLIC

IV

The Red Cross Health Center advertises its special commodity—health. It stimulates constant demand for this indispensable article. It does this in many ways, one of which is by free distribution of health literature. It has studied the problem of how to distribute such health literature with a minimum of waste and a maximum of result in making each pamphlet and leaflet actually count for better health in the community. It considers that the printed page alone, without personal guidance and inspiration, seldom produces this desired result. Hundreds of health pamphlets have been published by health departments, bureaus and organizations, but while these printed messages usually are most excellent in their treatment, they seldom attain their greatest practical usefulness simply because the proper messengers are lacking.

The Red Cross Health Center serves as a practical medium through which the carefully selected health literature is distributed. Its peculiar advantage lies in this, however, that, in addition to the literature, it provides through the Health Center workers the personal guidance and inspiration needed to make this health literature really effective. It acts as a clearing house of health literature for the public and private health agencies of the country, and does not publish any health literature of its own.

INTERNATIONAL WORKER TO SPEAK IN DIVISION

Dr. E. A. Peterson, Director of Health Service of the American Red Cross from Washington, D. C., will be one of the principal speakers at the Red Cross Regional Conference in Los Angeles and San Francisco this month. He will also address the American Public Health Association that will meet in San Francisco, September 13 to 17.

Dr. Peterson is internationally well known as a health worker. In 1918, he was a member of the staff of American Red Cross Commission for Tuberculosis in Italy, and as head of the section of school hygiene he organized and promoted in Italy a national association for school hygiene.

Before going abroad in the Red Cross service, Dr. Peterson was for several years Director of Medical Inspection and Physical Education of the Cleveland Board of Education.

Nation-Wide Plan Being Outlined For Recruiting of Student Nurses

In every section of the country today the utmost anxiety is prevalent concerning the undermanned condition of hospitals and increasing shortage of graduate nurses, due to the fact that young women are for various reasons turning their attention to other fields of endeavor.

The profession of nursing is one which is vital to the life of the country and one which offers to young women at the present time great opportunity for service and advancement along many lines.

A plan pointing to the solution of this problem is being developed by the three national nursing associations, the American Nurses' Association, the National League of Nursing Education and the National Organization for Public Health Nursing, together with the American Red Cross. This plan includes an early campaign of publicity and the organization in each community of a permanent Student Nurse Recruiting Committee to be composed of representatives of various groups, Red Cross Chapters, governing and auxiliary boards of hospitals, hospital and training school superintendents, physicians, the chamber of commerce, boards of education, women's clubs, the press and the local medical and nursing organizations.

Intensive Publicity Given

The committees will secure from the State Board of Examiners, lists of accredited training schools within their territory, and from these schools they will also secure the necessary information for young women wishing to consider training as nurses, and also the statistics concerning the acute needs of the present situation. The entire question will be presented to young women in high schools and colleges, Y. W. C. A.'s, clubs and societies of various kinds. Clergymen will present the subject to their congregations and the motion picture houses will co-operate in a very real way. Superintendents of training schools and alumnae associations will also bring the opportunities of the profession to the young women of their communities. Attractive posters will be used broadcast and newspapers will contribute space for propaganda purposes. The Student Nurse Recruiting Committees will solicit the co-operation of all welfare agencies, and the recruiting will go on indefinitely.

Intensive publicity, however, will go forward this fall at county fairs, teachers' institutes, Chautauquas and vacation camps and other assemblages.

A pamphlet entitled, "A Challenge to the Young Women of America," and containing questions and answers pertinent to this subject, has been prepared by the Department of Nursing of the American Red Cross, and will be extensively used.

Miss Clara D. Noyes, Director of the Red Cross Department of Nursing and President of the American Nurses' Association, says of the recruiting campaign:

"The primary purpose of this movement is to recruit students for schools of nursing. At the same time, it is believed that an unusual opportunity will be created for presenting the question of proper standards of nurse education and community responsibility in this direction, to the attention of the entire country."

Dr. Farrand, Chairman of the Executive Committee of the American Red Cross, in a letter to the American Medical Association, says:

"The Nursing Association and the Red Cross cannot do this alone. In order to secure the fullest measure of accomplishment, the active co-operation of individual physicians, medical associations and other national organizations, utilizing the services of nurses, hospital and training school superintendents and boards of trustees, will be required."

Urges Division Co-operation

Frederick C. Munroe, General Manager of the American Red Cross, in outlining the plan to Division Managers, urges their co-operation in the following terms:

"The Red Cross is deeply concerned in this situation and has the traditional duty to help in every way possible to meet it. Not only is this true, but if the Red Cross is to succeed in the Public Health field, it must have a constant and ever-increasing supply of well-trained nurses to carry on its nursing activities. The nurse training school is the only source from which qualified nurses may be obtained. We must, therefore, stimulate recruiting for these schools."

Detailed information will be sent to the Chapters in the very near future concerning this entire matter.

CRITICAL SHORTAGE OF GRADUATE NURSES IN COUNTRY

The country is facing a critical shortage of graduate nurses for all types of work, particularly Public Health. The increasing demand of modern medicine, the continuing needs of the late war and epidemics of disease consequent upon the war are taxing the nursing resources of the nation to the limit. In one nursing bureau alone, there were recently 500 more requests for nurses to fill positions in institutional and public health fields than there were nurses available. This condition will probably grow worse instead of better; existing hospitals are filled beyond their normal capacity, new ones are being built, and additional community nursing centers are being developed.

The Red Cross is deeply concerned in this situation, and has the traditional duty to help in every way possible to meet it. Not only is this true, but if the Red Cross is to succeed in the Public Health field it must have a constant and ever-increasing supply of well-trained nurses to carry on its nursing activities. The nurse training school is the only source from which qualified nurses may be obtained. We must, therefore, stimulate recruiting for these schools. Yet the extraordinary conditions now prevailing are a serious handicap. Commercial and industrial life, by offering great and immediate rewards, is drawing heavily upon the young womanhood of the country.

F. C. Munroe, General Manager
American Red Cross.

NEW RED CROSS FILM AT DIVISION HEADQUARTERS

The new Red Cross food-film, "Mrs. Brown versus the H. C. of L.," has just been received at Division Headquarters, and is now ready for distribution.

This film shows how Mrs. Brown became so discouraged by her grocery bills that she felt that even her vegetables had become animated and had joined the general high price conspiracy against her. Although she was wearing last winter's coat rather than economize on food, the market bills grew larger, while her little daughter Betty seemed daily to become more thin and undernourished. Mrs. Brown began her first concerted attack against the H. C. of L. by enrolling in the Red Cross class in home dietetics and food selection.

Aside from the valuable principles of nutrition brought out in this film, the transformed market bill alone will delight any audience, especially householders.



The American Red Cross

Pacific Division Activities

ARIZONA - CALIFORNIA - NEVADA



Vol. III

SEPTEMBER 15, 1920

No. 6

Pacific Division Expects 100% Membership

WHEN Red Cross Chapter workers discuss the coming Fourth Red Cross Roll Call, the conferences raise the question, "What will the answer be?"

Confidence in the Chapter organization, in the record of community helpfulness with which the American Red Cross is credited and in the appreciation of Red Cross service by other organizations inspires Red Cross people everywhere to look forward to a 100 per cent membership.

In order to realize the expectation, it is necessary for Chapter workers themselves to be well organized for the actual work of soliciting memberships during Roll Call week, November 14-22. Interest in all Red Cross work throughout the Pacific Division is prompting outside organizations to offer every possible help during Roll Call week.

One of the additional aids for the success of the Roll Call will be found in use of Red Cross motion pictures. A full library of educational films is established at Pacific Division Headquarters and rental can be secured by Chapters, motion picture theaters, schools and clubs everywhere in the three States, California, Nevada and Arizona. Application may be made to the Department of Publicity and Speakers at Pacific Division Headquarters, where full information of the rental plan will be given.

Roll Call letters numbers 4 and 5 in the series being sent out from the office of the Division Manager follow:

American Legion to Work Letter No. 5

Team work in your Chapter organization for the Fourth Red Cross Roll Call will be strengthened by the services of the American Legion. All Posts in the Pacific Division are being notified to put working committees into the field during the week of November 14-22 to advertise the Fourth Red Cross Roll Call and solicit membership for the American Red Cross.

What the Red Cross did for the

THE RED CROSS OF PEACE HELPS UNFORTUNATES; AIDS NEEDY

I am the Red Cross of Peace; the outgrowth of war's travail; a re-awakening to the interests of a nation. Consecrated to the needs of humanity and inspired by the love of man for his fellow, I go forth to help the unfortunate, to make strong the weak, to teach the gospel of clean living and well being.

I give aid to the needy and help them lift themselves up out of adversity. I welcome into my house those who are heavy laden, and give them rest. I lave the wounds to men's souls.

I am a refuge from fire, and flood, and pestilence; a sheet anchor against the tempest of calamity. The love of little children is mine, that they may grow to the full fruit of manhood and womanhood. My interest is in the welfare of the community. I ease the way of the cripple. I am compassionate to the aged. My exultation is in the strength of mankind. I teach. I lead. I serve.

I am the Greatest Mother, brooding over the sons and daughters of men, that they may go forward, strong and well and happy, to the upbuilding of the Nation.

I am the Red Cross of Peace.

service man and his family during the war and since the signing of the armistice is an unforgettable memory that makes a loyal son to the Greatest Mother out of every man who bore arms for the United States.

Chapter Chairmen and Roll Call Directors are now assured of assistance in the Roll Call from churches, lodges, fraternal societies and the great body of the American Legion.

Get your own Chapter people organized into committees.

Communicate with all the Red Cross branch chairmen in your Chapter jurisdiction and have committees ready to work in the smaller communities.

All America wants to belong to the American Red Cross, to be a part of the greatest volunteer organization the

world has ever known. Make it easy to join. Plan your program now for soliciting memberships.

Report your Roll Call appointments promptly to the office of the Division Manager. Remember what team work can do. Do your part.

Outside Support Hearty Letter No. 4

Please tell your Chapter workers, your Director for the Fourth Red Cross Roll Call, and your Roll Call Publicity Chairman that your Division Manager is receiving the heartiest support of the heads of all outside organizations in the preliminary plans for Roll Call week, November 14 to 22.

This interest will be felt in your local community through the subordinate societies, to whom the State heads are sending official letters asking them to get behind the Chapter plan in conducting the Roll Call.

You and the Director of the Fourth Red Cross Roll Call in your Chapter are urged to communicate with local organizations before October 15, to secure the names of the committee members appointed, assure the different organized groups of your appreciation of what they are willing to do for the Roll Call, and, when opportunity presents itself, call upon them for definite assistance during the Roll Call week.

Have you appointed your Director for the Fourth Red Cross Roll Call? If not, do it now.

Have you named your Publicity Chairman for the Fourth Red Cross Roll Call? If not, do that now.

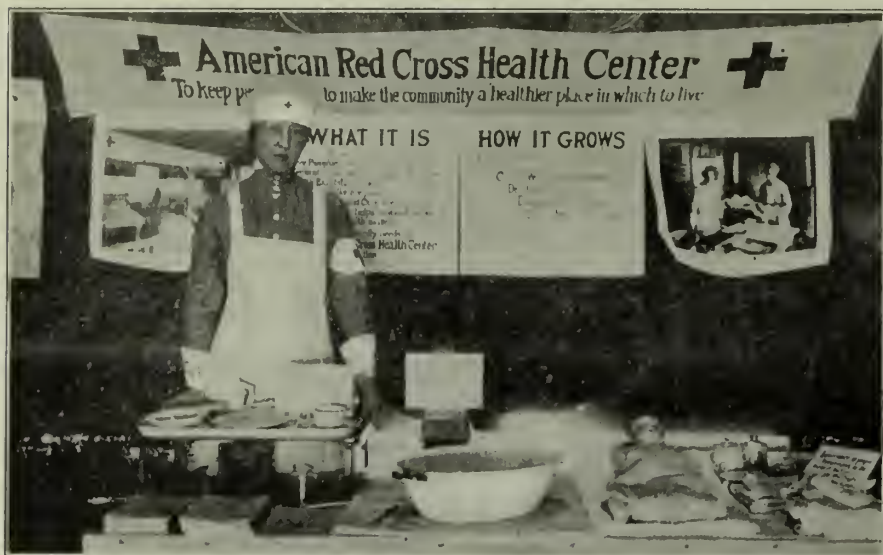
Have you completed your plans for your Chapter representation at one of the Regional Conferences?

San Francisco Conference, September 13-14.

Los Angeles Conference, September 20-21.

Please give your whole-hearted attention to these details. We work together for a unanimous membership in the American Red Cross.

Roll Call results will depend upon present action.



Miss Anastasia Miller, instructor of Home Hygiene, Sacramento Chapter, taken in Red Cross Tent at California State Fair

PERMANENT A. R. C. EXHIBIT CREATES INTEREST AT CALIFORNIA FAIR

A permanent Red Cross exhibit assembled at Pacific Division Headquarters was given its first presentation at the California State Fair in Sacramento, September 4-12. It was set up in a spacious tent and attracted interested comment from Fair visitors generally. In connection with the exhibit a Red Cross motion picture program was given twice daily.

Red Cross first aid boxes were in prominent evidence from the opening of the Fair, as the first first aid rendered on the Fair grounds came from the automobile kit. This automobile kit, already popular with the Automobile Association of Southern California, was displayed in the big automobile tent in addition to the regular display in the Red Cross tent.

On the Red Cross program for the week were included special talks by Miss Kate M. Davis, Field Representative, Department of Nursing, Miss Kathleen Booth, Director of Salvage and Shop, Miss Flora Bradford, representing the Department of Speakers and Miss Alma Eastin, Nevada State Representative, Department of Junior Red Cross.

Miss Enid Allen and Miss Elizabeth Porter, Field Representatives from Division Headquarters, spent a part of the week in charge of the Red Cross tent. Sacramento Chapter gave assistance in preliminary plans for the exhibit, and was represented in the working personnel by Miss Anastasia Miller, Red Cross Instructing Nurse, Mrs. Martha Adams, School Nurse, Mrs. Brennan, Miss Aurora E. Giamugnani and Miss Ayre.

Any Chapter in whose jurisdiction a fair or other big gathering is to be held can secure the exhibit in whole or in part upon application to the Department of Publicity and Speakers at Division Headquarters. If necessary a Division representative can be sent with the exhibit to help install it and remain during the period of the Fair.

RED CROSS SPONSORING LIFE-SAVING CONTEST

San Francisco Chapter of the American Red Cross is sponsoring a Life-Saving Contest at Sutro Baths, at 8 P. M., September 17. Members of the local Life-Saving Corps will compete with Chapter members from bay cities. Medals will be furnished the winners.

RED CROSS HEALTH CENTER ATTRACTIVE FEATURE AT CONFERENCE

A Red Cross Health Center was an attractive feature at the Regional conference held in Pacific Division Headquarters, San Francisco, September 13 and 14. It will be taken to Los Angeles this week, and used at the conference in the Southern city, Monday and Tuesday, September 20-21.

Materials for conducting baby welfare conferences, for instructions in dental hygiene, for classes in home hygiene and care of the sick, scales and measures used for combating malnutrition, and health posters and literature were used in making up the Health Center.

The main topic of discussion during the conference was the encouraging of Health Centers in communities. Dr. E. A. Peterson, Director of Health Service of the American Red Cross from Washington, D. C., internationally known as a health worker, gave a very comprehensive talk on establishing, maintaining and equipping Health Centers.

Other prominent speakers at the luncheons Monday and Tuesday at the Whitcomb Hotel, were Fred Bebergall, Department Adjutant, American Legion of the State of California, who spoke on the relation between the American Red Cross and the American Legion; Dr. Ray Lyman Wilbur, President of Stanford University, whose subject was "Junior Red Cross," and Nicholas Riccardi, of the Federal Board of Vocational Training, who spoke on the "Re-education of Disabled Ex-service Men."

The program in Los Angeles will be similar to the San Francisco one.



Interior of Red Cross Tent at California State Fair, Sacramento

RED CROSS FIRST AID BOX HELPS SAVE LIFE OF PILOT AT FAIR

That having a Red Cross exhibit at county and State fairs is a distinct advantage was very clearly demonstrated at Santa Rosa, when a series of accidents occurred at the Sonoma County Fair, the last week in August.

At the time Ferguson, the trick aviator, was killed, the life of his pilot was probably saved by the use of Red Cross first aid boxes, which were on exhibit in the Red Cross booth of the Pacific Division. Miss Sacray, the public health nurse, realizing the danger before it was apparent to other people, seized one of the first aid boxes and rushed to the scene of the accident. It was her clear-headedness that helped as much as anything in saving the pilot's life.

Immediately after this accident, Miss Kathleen Booth, Director of Salvage and Shop, Pacific Division, placed the following sign in front of the Red Cross tent: "First aid boxes were used in yesterday's accident. Let's have them in all Red Cross Chapters."

The first aid boxes were again put to use the next day, when a racing automobile crashed into a tree, killing both occupants of the car, and a child and several spectators were very severely injured. Numerous cases of fainting, bruised hands and one every severe case of dog bite were attended to in the Red Cross booth. As there was no emergency hospital on the grounds, all injured persons were turned over to the Red Cross booth for assistance and first aid.

Such accidents and disastrous occurrences conclusively prove that Red Cross exhibits with first aid equipment are real necessities at State and county fairs.

MERCED RED CROSS SHOP ENRICHED BY BEQUEST

Mrs. Violet Huff, a widow who died recently at Atwater, Merced County, left all her clothing and jewelry to the Salvage and Shop Department of the Merced Chapter, American Red Cross.

Her feeling towards the Red Cross amounted almost to reverence. She was so fearful that her belongings might fail to do some of the good which she herself was accustomed to do that she took this means of being sure that some one might be happier because of her.



Truck load of papers collected by Berkeley Red Cross Salvage and Shop during a recent paper drive

SAN DIEGO RED CROSS SHOP IS DIFFERENT

What a reporter thinks of the Red Cross Shop in San Diego is told in the following clipping, by the "Man About Town" on the San Diego Sun:

"It is my custom," said the Man About Town, "to wander about the city in search of the places that are a little different. The other day I found the Red Cross Shop, and I will say that it is not only different, but decidedly worth while. There articles are donated and sold, the proceeds used for home service work.

"In one corner of the Shop, I found several women engaged in making garments for children out of clothing that could no longer be worn by a grown-up. I asked one of the women if there was a ready sale for what the Shop had to offer, and she told me that the demand was twenty times greater than the supply.

"She also told me about a case that was called to the attention of the home service office of the Chapter a few days ago. Some one telephoned the Red Cross that the wife of a naval man who was on duty in Alaska was very ill and without funds. Immediately a Red Cross worker was sent out to see the woman and within an hour she was in a hospital having the needed nursing and medical attention. Everything that would add to her comfort was done and she is now on the road to recovery.

"Do you wonder that I say that the Red Cross Shop is different and worth while? It seems to me that using old clothes to help save a life is about the best possible use they can be put to."

Miss Martha B. Strong, a trained psychiatric worker, has joined the staff of the Bureau of Home Service in Public Health Service Hospitals at American Red Cross Headquarters, to help in the work of rehabilitating World War veterans suffering from mental and nervous diseases.

CHAPTERS HELP SUPPORT HEALTH CENTERS BY SAVING PAPER

Many Chapters in the Pacific Division are systematically collecting papers, as a means of bringing in an income to the Chapter treasury.

In June the Berkeley Chapter made \$2,392.06 through its paper drive. This money was given to the Junior Red Cross to finance their dental clinic. The Chapter is to have another drive this month for the benefit of the Boy Scouts, in appreciation of the splendid work done by this organization for the Red Cross. The Palo Alto Chapter has a periodical paper drive, and helps in this way to support the Red Cross Health Center. Fresno Chapter, in its "Search and Find" week, collected over 60,000 papers and magazines, and Modesto Chapter is planning a drive in the near future.

During a paper drive, the people of the town are asked to place the paper and magazines which they have saved on the front steps, or best of all, to deliver it at the collection center, if possible. The Salvage and Shop truck and donated automobiles make the collection on the appointed day. The only thing asked is that the paper be tied in firm, neat bundles by those donating it.

The amount of money brought into the Red Cross by the sale of paper is amazing, and the result is well worth the effort in putting over a drive.

Chapters should get in line and urge the saving of papers and magazines.

An important meeting was held recently at the "Palais Fédéral," Berne, Switzerland, as the result of an idea put forward by the League of Red Cross Societies, concerning the creation in Switzerland of a School of International Hygiene and Public Health.

SALVAGE SHOP IN MERCED VISITED BY SHOW PEOPLE

Old garments of any style or color are always welcomed by the Salvage and Shop Department of the Red Cross. They can always be disposed of. In the Pacific Division, theatrical people especially have been eager to haunt the Red Cross shops for unusual costumes. The shop at Merced was recently visited by a stock company, and old-fashioned cutaway and swallow-tailed coats, weird hats, old-fashioned dresses, umbrellas twenty years old, funny waists, and old party slippers were purchased for character work.



The American Red Cross ARIZONA-CALIFORNIA-NEVADA

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EVE SCHOLER BANGS, Editor

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SAVING PAPER WILL HELP RED CROSS AND AID THRIFT CAMPAIGN

None of us would think of setting fire to a great tree in a forest, even were we so barbarously inclined. Yet each day, most people thoughtlessly destroy the product of a tree that could as easily be saved, sold and used again, and that product is paper.

When we burn paper, we are literally burning money. Waste paper can be used again as a substitute for wood pulp in making all kinds of books, bond, ledger and writing paper; the best grade magazines can be utilized again in the same manner, while newspapers are exported to other countries, notably China, where they are used for wrapping paper and in pulp form

made into soles for sandals in place of the more expensive leather.

Through the thoughtless waste of paper in this country, we are facing a great paper shortage. Many country newspapers are being forced out of publication, and unless conditions improve, the big dailies must cut down in size, our magazines will dwindle, and we will be obliged to carry our parcels unwrapped.

By saving paper and giving it to the Red Cross to sell, we are thus doing good in manifold ways. We are aiding in a most necessary conservation, setting an example of thrift, and indirectly providing funds for the diverse activities of the Red Cross, which are as important as economic and social factors in every community.

Save all paper, and by so doing we are saving both lives and trees.

OF THE STUFF OF MARTYRS IS LITTLE JIMMY OHY

Jimmy Ohy, a ten-year-old Japanese, of Seattle, Wash., was deeply interested by the work of the American Red Cross for wounded soldiers. So impressed was he that he felt it his solemn duty to aid the cause. Getting money was difficult, but Jimmy found a way. Telling no one of his plan, he took the pennies that usually went for his school luncheon and dropped them in a box. When the box was filled, he turned it over to his teacher with instructions that it was to go to the American Red Cross. When questioned, he admitted he had gone without luncheon for a month.

FRENCH TOWN PRESENTS TABLET

Grateful residents of Chalons-sur-Marne, France, have presented to Mrs. Katherine Llewelyn, of Pomona, Calif., an illustrated tablet in recognition of the services she rendered as head of the American Red Cross Bureau of Refugees in that town during the war. The tablet is made from the earth of Chalons, Mons, one of the historic hills from which the French drove the Germans after a prolonged struggle.

FORMS OF SERVICE IN WEST INDIAN BRANCH

The West Indian Branch of the Canal Zone Chapter is doing a most remarkable piece of Home Service work. This branch works among the colored population on the Zone and is caring for the widows and children of former Canal employees.

THIRTY-EIGHT RED CROSS FILMS CIRCULATING IN DIVISION

Does your organization, your Red Cross Chapter, your church or school patronize the Red Cross motion picture bureau of the Pacific Division?

The American Red Cross maintains an expert staff of camera men who are constantly taking pictures in all parts of the world.

These are not altogether propaganda pictures. Many of them have little connection with the Red Cross, but all are live, human and intensely interesting portrayals of economic conditions in Asia, Europe and America. They are as fascinating as the most delightful travel movies. They contain the up-to-the-minute information of the news pictorial. Some are photo-plays brimming over with plot interest. A number are for juvenile audiences.

Eighteen educational and twenty propaganda Red Cross films are in circulation in the Pacific Division. The educational pictures are released to exhibitors at the nominal charge of one dollar per reel per day of showing. The propaganda pictures are loaned free of charge. Express charges are paid by the exhibitors in both cases.

The following are a few of the newest films in circulation:

"Modern Concrete Road Construction," a dramatic picturization of engineering triumph in American road building;

"Along the Riviera," containing magnificent views of the world's most beautiful playground, fringed by the rocky foothills of the Alps;

"Vocational Training for Blind Soldiers," showing how blinded American war veterans have learned to telegraph, make furniture and raise poultry for profit;

"Every Woman's Problem," a film showing the scope of Red Cross instruction in home hygiene and care of the sick;

"Speeding the Spoken Word," an industrial film on the subject of the telephone;

"Red Cross Bulletin," a film of educational paragraphs on Red Cross service;

"Dawn in Lonesome Hollow," a vivid drama of Kentucky's mountains and her great mountain college, Berea.

Booking dates can be secured upon application to the Department of Publicity, Pacific Division of the American Red Cross, Hyde and McAllister Streets, San Francisco.

JUNIOR RED CROSS DEPARTMENT

SCHOOLS URGED TO HELP PRODUCE GARMENTS FOR CHILDREN

Director of Junior Red Cross of the Pacific Division has sent the following circular letter to all city and county superintendents of schools, and chairmen of Chapter school committees in the Pacific Division, asking the schools to take part in the Junior Red Cross program for the production of children's garments:

Will your schools not take part in the Junior Red Cross plan for the production of garments for destitute children during the school year of 1920-21? In almost every American community there are children who, through abnormal conditions in the home, have insufficient clothing, while from overseas come reports of the appalling want which prevails in Europe and the Near East.

The attached outline of Junior Red Cross Plan for Production of Children's Garments has been made to meet the average requirements of school courses. Where it fails to meet local need, it may be changed at the option of school authorities. The essentials are that the materials used should be durable, the sewing firm, the finished garments plain enough to be serviceable, yet attractive enough to win the interest of the school girls who do the sewing and to bring pleasure to the children who will wear them.

Black and very dark colors are to be avoided because of their injurious effect upon the eyes of the girls doing the sewing. Heavy, stiff materials will not be used because work upon them is too difficult to be done by children. American instead of foreign patterns are to be used, in order to fit the requirements of American courses of study and to give our school girls such practice as will prepare them to make garments for use at home. The knitting of children's sweaters and stockings will also be undertaken.

With regard to the purchase of ma-

terials, two courses are open. The school may wish to finance the work by some form of combined effort such as a bazaar, an entertainment, or the sale of salvage; or it may be able to secure the co-operation of the local Red Cross Chapter, the school agreeing to make into garments the materials provided by the Chapter. The plan of the Junior Red Cross for garment production is being put before Red Cross Chapters throughout the country and their assistance invited. Where this help can be given, the problem is easily solved. Chairmen

HOT LUNCHES ARE SERVED TO SCHOOL CHILDREN IN DIVISION

The possibility of providing hot lunches in the schools as a Junior Red Cross project, is being constantly brought to the attention of the Department of Junior Red Cross, Pacific Division. In the rural schools where the child has a long way to go, the noonday meal if hot would be more nourishing and palatable, than the cold, often times frozen contents of the tin dinner pail. This is also true in city schools. (In Oakland, many children were found retarded in development, two years, from malnutrition.)

In many schools where hot lunches for undernourished children are served, a chart has been kept of the increased efficiency in school work, lifeless, listless pupils gaining in weight, as well as mentality.

Hot lunches are not forced on any pupil; it is generally found all are ready for the steaming, nutritious dish of soup

when noon comes.

Success lies in having everything well planned. Schools in California, Arizona and Nevada have made a great success of hot lunches for undernourished children.

Chapter school chairmen who wish an outline of detailed plans for serving hot lunches in schools, can communicate with Junior Red Cross Department, Pacific Division, or may find valuable suggestions in the following journals: The January number of the Arizona "Teacher and Home Journal," with the article on "Hot Lunch in a Rural School," by Mary Alice Coulson; the "Metropolis School Hot Lunch Plan" in the Nevada Educational Bulletin, January, 1920, and "How to Conduct a Nutrition Class," issued by United Health Organization, 156 Fifth Avenue, New York.

Eleven vacation colonies are being operated by the American Junior Red Cross for French war orphans.



Hot lunch served to Monrovia school children

of Chapter School Committees are asked to confer with Chairmen of the Chapters in their various communities, that a plan of co-operation if possible be worked out.

Garments to be used in the local community will, of course, be distributed according to the judgment of Chapter School Committee. Those for foreign distribution will be sent from New York in two shipments, one early in February, 1921, the other in the following June. Finished garments should be turned over promptly to the local Chapter for packing.

Schools wishing to designate the country to which their work is to be sent, should attach securely to each packing case a card bearing a statement such as the following: "Garments in this case are intended for children in ____." The Junior Red Cross office in Paris will, however, reserve the privilege of setting aside such instructions where necessary to secure distribution on the basis of relative need in the various countries.

JUNIOR RED CROSS AIDS CRIPPLED CHILDREN IN PRAGUE

In appreciation of the aid given them by the American Junior Red Cross, the crippled children attending the Bakule School at Prague, the capital of Czecho-Slovakia, have sent a box of toys to the children of America. The box has been received by the Department of Junior Red Cross at National Headquarters.

While the Junior Red Cross is extending aid to the children of all the war-devastated countries of Europe, largely through educational channels, there is no one project perhaps, which presents a greater appeal than that of the Bakule School. This institution was organized for the training of crippled and deficient children, and it has met with remarkable success. The original twelve crippled youths who first received training under Dr. Bakule are still with the school, but in the capacity of instructors. They have become not only self-supporting, but they are contributing largely toward the support of the school and are teaching between 200 to 300 children taken in, off the streets of Prague.

The pupils of the Bakule school that have presented the children of America with the toys, send a marvelous sample of their handiwork. It consists of jointed animals and a scenic background presented in most realistic manner, Kipling's story of how the elephant got his trunk. The toys are so wonderfully made and beautifully finished it is difficult to believe that deformed and crippled boys designed and made them.

NEW EUROPEAN DIRECTOR ASSUMES J. R. C. WORK

Robert P. Lane, former Assistant Director of the Department of Publicity of the American Red Cross, has been appointed European Director for the Junior Red Cross. He is now in Paris, and has taken up his new duties, relieving Dr. C. H. Garwood, who has returned to the United States.

Inasmuch as the Junior Red Cross is the school children's branch of the American Red Cross, its work in Europe is largely along educational lines. Director Lane is fostering the interchange of correspondence between the school children of Europe and America, this being regarded as an essential link in the chain of international comity and understanding, with which Junior Red Cross hopes to bind together the children of the world.

TRAINING FOR CITIZENSHIP IN SCHOOLS URGED BY EDUCATORS

The following is an excerpt from a resolution adopted by the National Education Association at its convention held recently in Salt Lake City:

"We maintain that education for the responsibilities of citizenship is an increasingly pressing obligation on the schools at this critical period of national and world affairs and to that end education for citizenship must fill a large place in school programs, from the kindergarten to the graduate courses of the universities, and this education must provide for practice along with instruction, so that there may be training in habits, ideals, and attitude of service for the commonwealth of community and nation.

"We acknowledge the valuable services which a number of organizations for the development of civic ideals and habits in the children have rendered to the public schools, and we urge that the widest possible use be made by all schools of the ways and means afforded by such organizations for the building of better citizenship."

The Junior Red Cross is active in Saskatchewan, Canada, establishing Societies throughout the Province, to enlist the sympathies and active assistance of boys and girls in providing medical and surgical care for crippled children whose parents are too poor to obtain proper relief for them.

In China a clean-up campaign, the first of its kind, has been established. The Junior Red Cross has joined forces with the Y. M. C. A. and is now training 500 Chinese boys for health work in certain blocks of the city. Each boy is to have a number of alleys under his jurisdiction for whose sanitary condition he will be responsible. The Junior Red Cross is also organizing a campaign against blindness among Chinese children.

At a recent meeting of the Bristol Rotary Club, Robert E. Bush, Australian Red Cross Delegate in England, said of the Juniors:

"The Red Cross Societies of the British Empire will have to inaugurate a definite membership scheme to carry on the peace-time program and also start Junior Red Cross Societies, which latter would be of a very great educational value to the youth of the Empire."

BABY CLINICS ESTABLISHED IN BERKELEY THROUGH HELP OF JUNIORS

At a recent meeting of the Junior Red Cross in Berkeley, it was decided to use some of the funds on hand for the Infant Welfare Clinics, so much desired by the Bureau of Health Development of the Berkeley schools.

Two clinics have been equipped with scales, linen and other necessary articles, paid for by the Junior Red Cross, and to be replaced when necessary.

These clinics are held each Friday afternoon at the Hawthorne and Jefferson Schools. Many mothers are already bringing their little ones to be weighed and measured, and asking advice from doctor or nurse concerning proper food, clothing and other care necessary to keep the baby well. No treatment is given at these clinics, to which all mothers of the community are invited, but in case of any defect found, the mother is advised to consult her family physician or specialist, and if necessary, she is assisted in securing this attention. Nurses visit the homes of these babies to assist the mothers in carrying out the doctor's suggestions regarding food, etc.

These clinics are already proving to be of tremendous value, not alone for the babies of the communities, but to the many "little mothers" found there, who must be depended upon to care for the smaller children of the family, while their parents are at work.

Miss Florence Boddy, Superintendent of Public Health Nursing, in the Berkeley schools, is very appreciative of the co-operation and interest given by the Junior Red Cross in the work of "keeping the babies well."

PALO ALTO JUNIORS HAVE BABY CLINIC

Homer School at Palo Alto comprises only children in the first four grades. When they saw the older children active in Junior Red Cross work, they too wished to do something, but a dental clinic suggested pain only, so a baby clinic was offered. The upkeep of this clinic has been assumed entirely by the school.

It has now become a part of the Health Center. Every Saturday morning the city nurse and physician give their time to mothers who bring their children to the Community House.

The room at the disposal of the baby clinic was inadequate in several ways, so the Juniors appropriated funds for its equipment, giving money for carpentry and floor fittings. The Senior Red Cross contributed scales, linen and other necessities.

PEOPLE KEPT INTERESTED IN HEALTH CENTERS BY EXHIBITS

V.

In the preceding articles of this series the Health Center has been described as it is being developed by the American Red Cross. It has been shown that such a health-promoting agency can be organized and conducted by lay people and that its varied program of health activities can be carried on in one good-sized room.

The Red Cross Health Center makes use of the Health exhibit. It recognizes that in the Health exhibit is represented a method of interesting people in their own health. The Red Cross Health Center, therefore, makes continued use of its window space for display purposes; it places over its literature tables a permanent exhibit of guide posters with illustrations and striking phraseology that arouses interest in the health literature; and it sets aside a part of the Health Center room for temporary health exhibits.

The Health Service Department at National Headquarters has prepared, for temporary exhibit purposes, a list of a hundred suggested topics on infant welfare, school hygiene, milk, foods, control of disease, tuberculosis, venereal disease, cancer, diseases of adult life, personal hygiene, safety first and first aid, sanitation, insects and disease, the public health nurse, and others. Interesting wall panels and charts on these subjects are prepared, borrowed or bought. Just one idea is presented on each panel by an appropriate illustration and in a few simple, telling words. Health measures are presented in their sane and most pleasing aspects. Emphasis is placed on "do" in preference to "don't."

The Red Cross Health Center keeps public interest alive in these health exhibits by giving as many people as possible something to do. Local artistic talent is called upon to assist in making the panels. Requests for magazines containing attractive pictures for posters and window cards are made through newspapers, women's clubs and schools. The local health officer, doctors, nurses and dietitians are consulted for authoritative statements and are asked to give lectures. Men and women are asked to serve as "health aides" on various committees. Red Cross Juniors are asked to serve as "health pages" and to give health playlets.

NURSING ACTIVITIES

Salinas Chapter: Miss Mary M. Breen, Red Cross Public Health Nurse, has been appointed truant officer of the Salinas County Chapter.

A child welfare conference was held here August 28-31, inclusive, under the auspices of the Civic Club. Miss Breen assisted in examining 65 children. Health literature was distributed, and valuable information on the care of the child was given mothers.

Santa Ana Chapter: Miss Grace V. Hobson, Public Health Nurse at Garden Grove, held a health conference for Japanese babies, July 28. Local Japanese men acted as interpreters. Fourteen babies were examined, and a talk on general care of babies was given through an interpreter.

The Japanese Mothers' Club meets regularly at the Health Center for instruction purposes.

San Joaquin County Chapter: Mrs. Nina Sparks, Public Health Nurse at Stockton, is doing work among families who are unable to employ a dentist.

The Red Cross, during the months of July and August, paid the school dentist for extra time, so that a number of mothers and children not of school age could have their teeth attended to. The number of patients cared for was 172.

This clinic work will continue until all the work is completed. A number of dental plates is being made and others are being repaired. Mrs. Sparks sent 30 children to the city clinic for examination.

Jerome Chapter: Miss Celia M. Brown, Red Cross Public Health Nurse, made 325 visits to patients during the month of July. The number of patients treated under two years of age was 185; infants treated with gastro-intestinal diseases, 41; and well babies under observation, 128.

Whittier Chapter: The Congregational Church at Whittier is being used as a Red Cross Health Center. Three hundred dollars will be spent in the next two weeks in remodeling and cleaning. It is planned to have a room for demonstrating the Home Hygiene class work, a Baby Welfare Station and offices for the Public Health Nurse and Red Cross Secretary.

PUBLIC HEALTH NURSE IS ADVISOR TO SICK AND WELL

V.

The public health nurse looks after the health of workers in factories, stores, mines and mills. She is a nurse for the sick and well,—a friend of the employer and worker alike.

She opens the first aid room when work begins in the morning, and keeps it open all day. Here she gives prompt first aid to small injuries which, if left to the worker's judgment, may have no care at all; suggests simple home remedies which have been authorized by the doctor for those slightly indisposed, and gets medical attention for patients with serious injuries and illnesses in time to prevent infections and possibly prolonged disabilities. She urges the injured to return to the first aid room for daily dressings, and tries to seek such people in their work rooms for re-dressings. She makes the workers understand the advantages of the early care of wounds and urges them to use the first aid room at all times.

She assists the company doctor both in his examinations of patients and while he is dressing serious wounds; and, if possible, accompanies these patients to their homes where she insures proper care, nurses the sick or injured employees and prevents the spread of contagion, if the disease is contagious. She looks after the rest of the family during the time in which there is a sick patient. A more speedy return to health and work is thus guaranteed him, as financial and family worries often cause a slow recovery.

With the consent of the employer and the company doctor, she may carry on continual instruction in personal hygiene for the employees, often providing an expert dentist, an oculist, the company doctor or other specialists to talk at the noon hour about the care of the teeth, eyes, ears, or body. She teaches Americans and foreigners alike the facts about typhoid fever and other contagious diseases, and by what means they are spread.

She holds classes in prenatal care and baby welfare, organizes "Little Mothers' Leagues" for the families of workers, and shows the need of child welfare work and school nursing to both the employer and employee.

She is the confidential consultant for employees and their families in all matters that have to do with their health.

There is a known shortage in the United States today of several thousand public health nurses.

CZECH NURSES WILL STUDY NURSING METHODS IN AMERICA

As a part of the program of the American Red Cross and the Czecho-Slovak government to establish the nursing profession in Czecho-Slovakia on a sound basis, two Czech nurses are on their way to the United States today to begin an intensive study of American nursing methods. They are Mlle. Bayena Brezenova and Mlle. Frantiska Rusicova, the former a graduate of the Vienna School of Nursing and the latter a graduate of the Czecho-Slovak State School of Nursing.

When the American Red Cross undertook, with the co-operation of the Czech government, the establishment of a Training School for Nurses at Prague, it was with the understanding that two American nurses should be sent to Czecho-Slovakia to organize the school along American lines, while two Czech nurses be sent to this country to become familiar with American nursing methods.

In the selection of the Czech nurses to be sent to the United States for study, a careful study of the field was made. Great difficulty was experienced in finding women who could speak English, and both nominees are taking intensive courses in the language. After completing training courses in American hospitals and thoroughly familiarizing themselves with the principles and methods of the profession in a country where it has reached its highest standards, these women will return to Czecho-Slovakia to continue the school which was started by the American Red Cross.

Mlle. Brezenova and Mlle. Rusicova will study at the Massachusetts General Hospital Training School for Nurses, in Boston.

HAYWARD RED CROSS SEWS FOR CHILDREN

Hayward branch of the American Red Cross will devote a half day each month to sewing for the children at the Arroyo Sanitarium, county institution for tubercular patients at Livermore, according to Mrs. I. B. Parsons, president of the Hayward organization.

It was decided by the Hayward branch to sew for the children following a report at a meeting last week by Mrs. Parsons, who stated that many of the Arroyo kiddies were in need of more garments.



Miss Ledyard, one of two Red Cross nurses in America to take course in public health nursing in London

Official A. R. C. Bulletin

Serial No. 34, issued Sept. 2, 1920. (Department of Civilian Relief Bulletin No. 114.)

Subject: New Rulings of the Federal Board for Vocational Education

Under new rulings issued by the Federal Board for Vocational Education, all disabled ex-service men whose disabilities handicap them for their usual occupations are eligible for retraining by the Federal Board under pay while in training.

Handicap classifications are eliminated and men who have formerly been rated as those with "minor vocational handicap" may ask for a reconsideration by the Federal Board.

We urge our Chapters to bring this new regulation to the attention of the disabled men who have heretofore not been considered eligible for re-education.

Serial No. 35, issued August 16, 1920. (General Bulletin No. 85.)

Subject: Use of Obsolete Red Cross Seal on Stationery

Word has been received from General Manager F. C. Munroe at National Headquarters that certain Chapters are still using the Old Red Cross Seal, which contains the words "Neutrality" and "Humanity."

This seal is no longer authorized for use, and such Chapters as are still using it should be advised to this effect and requested to discontinue the use of this particular seal.

MISS DOROTHY LEDYARD, RED CROSS NURSE, TO STUDY IN LONDON

Miss Dorothy M. Ledyard, 1333 Bonita Avenue, Berkeley, Calif., who has been selected as one of two Red Cross nurses in America to take a course in public health nursing at Kings College, London, left San Francisco, September 10, for New York. This arrangement is being made by the League of Red Cross Societies, which is providing scholarships for 20 nurses from 10 countries. Five other countries will send two nurses, each through scholarships offered by their own Red Cross.

During the war, Miss Ledyard served 18 months in France and Germany. She was sent to Germany to do special work for the United States Government, getting statistics concerning food, health and sanitary conditions. She visited a thousand German families in company with German District Nurses.

Since January of this year, Miss Ledyard has served as public Health Nurse at Marysville for the Yuba-Sutter Chapter of the American Red Cross. She is a graduate from Mills College. After a course at the Children's Hospital, San Francisco, she was chief surgical nurse and assistant superintendent of nurses at that hospital.

NEW SWIMMING METHODS INSTITUTED IN Y. M. C. A.

The Schaefer method of artificial respiration and resuscitation, that has been adopted by the American Red Cross in its First Aid Bureau, and the various carriers used in transporting injured people, have been instituted in the San Francisco Y. M. C. A. athletic activities. Plans are being made whereby this instruction will become general throughout the Division wherever athletics are employed.

SHOP APPRECIATED BY SALVATION ARMY MAN

A very interesting bit of co-operation was displayed a short time ago, when the door-bell rang at a private home, and a man dressed in a Salvation Army uniform asked if there were any newspapers, magazines or clothing to be given away.

When told that there was nothing to be donated at the time, and that when an accumulation was gotten together it was to be contributed to the Red Cross, in a most pleasant manner the man said: "That is all right; you are helping a most deserving cause."



The American Red Cross

Pacific Division Activities

ARIZONA - CALIFORNIA - NEVADA



Vol. III

OCTOBER 1, 1920

No. 7

Five Hundred A. R. C. Workers in Session

MANAGER FILMER PRESIDES MEETS ALL CHAPTER GROUPS

More than 500 persons interested in the work of the American Red Cross attended sessions of the two regional conferences held in the Pacific Division, September 13 and 14 in San Francisco and September 20 and 21 in Los Angeles. The conference was held at Pacific Division Headquarters, San Francisco, and in the Friday Morning Club House, Los Angeles. Special exhibits of the Health Center, Salvage and Shop and the Junior Red Cross were featured and details of the work of every department of Red Cross work were discussed by Division Directors on the regular programs and gone into from Chapter angles in the round table conference held on the second day of each meeting.

George Filmer, Manager of the Pacific Division, presided at all sessions, introduced the speakers at both the luncheons and on the platform and held conferences with practically every Chapter group represented at the two meetings.

In his opening address, he emphasized the desire of the Pacific Division management to establish as close a relationship as possible between Division Headquarters and Chapter organizations for their mutual benefit and for the glory of their common standard—the American Red Cross. He reiterated his personal and official invitation to all Chapter workers to make Division Headquarters their headquarters whenever in San Francisco.

Manager's Welcome

He said in part:

"It is with a great deal of pleasure that I welcome you here today. I feel that conferences of this nature are a very necessary part of our work. We want our Chapters to become thoroughly conversant with the working of the Division; we



George Filmer, Manager Pacific Division
American Red Cross

want you to see our problems; to learn how we function; to become better acquainted with us. On our part, we desire to know you better—to have you tell us your troubles, and in what manner we can assist you in solving them. We want you to feel that the Division is your organization, that we are ready and anxious to help you by every means in our power.

"It is only by this interchange of ideas and co-operation that the great Peace Program of the American Red Cross can be carried to a successful conclusion.

"The scope and character of that program is growing day by day. Parts of it that seemed obscure have become crystallized; parts that seemed visionary have become a reality. The work is going forward very fast. The Chapters in the Division are playing a large part in the development of the program. You are to be congratulated on the work you have done and are doing. It is a splendid work, and on behalf of National Headquarters and of the Pacific Division, I want to thank you

THREE FEDERAL BODIES HAVE SPEAKERS ON PROGRAM

for the part you have played in giving the program the success it has attained.

"We want you to feel at home here; to ask questions and to aid us by the benefit of your advice.

"I am not going into any details of the work, but am going to leave that to the heads of the departments to discuss with you. In closing, however, please remember that the Division is behind you in your work, and is willing and anxious to assist you in carrying on that work in every possible way."

Federal Work Discussed

In addition to the discussion of Red Cross Service in the community by the Red Cross people themselves, particularly illuminating talks were given by district representatives on the operation of three great Governmental bodies—the Bureau of War Risk Insurance, the Federal Board for Vocational Training and the United States Public Health Service—and the aid given them by the American Red Cross.

Further outstanding features on the program were contributed by John W. Cooper, Superintendent of Piedmont schools, who discussed the work of the Junior Red Cross and the school's need for it, and special sessions for nurses, in which speakers from the best known professional circles in California appeared.

Luncheon Speakers

A luncheon talk was given at both conferences by Nicholas Ricciardi, district director of the Federal Board for Vocational Training. Others speaking at the San Francisco luncheons were Fred Bebergall, department adjutant, American Legion of California; Ray Lyman Wilbur, president Stanford University; Hon. W. W. Morrow, Judge of the United

(Continued on page 2, Col. 1)

Associate Manager, Former Head, Member Advisory Council Speak

(Continued from page 1)

States Circuit Court of Appeals; Dr. William Palmer Lucas, professor of pediatrics, University of California. At the Los Angeles conference, Dr. E. A. Peterson was the luncheon speaker on the first day.

Motion pictures from the film library at Pacific Division Headquarters were shown at both conferences to inform Chapter representatives not already familiar with the new educational series, just what kind of pictures the American Red Cross is offering theaters, schools, churches and lodges.

Tribute from Associate Manager

Thomas Mellersh, associate manager and treasurer of the Pacific Division, in addressing the conference, took occasion to comment upon the enthusiasm of Red Cross work which is keeping George Filmer, Division Manager, a volunteer worker, as he was during the war. Mellersh is also one of the volunteer officers at Division Headquarters.

"We all know him, and have contact with him each day, and we can appreciate him as no one else can," said the associate manager.

"We know where his large heart is and what he does and thinks of the Red Cross! If every one could see him as we see him, then every one would love him as we love him! His ambition is to have you bring all of your Chapter problems to him, so that he can take them up and help you to get rid of those things that bother you, and give you advisory counsel wherein he can.

"If all Chapters can get together and work as one person, as they did for the second war fund, when we were 90 per cent over, then when the time comes in November to get the quota for the Pacific Division, we shall go over the top so high that instead of getting that amount, we will double it."

Former Manager Speaks

John B. Miller, of Los Angeles, former manager of the Pacific Division of the American Red Cross, was a visitor at Division Headquarters during the Regional Conference. He addressed the session briefly and complimented Manager George Filmer on his success in carrying on Red Cross work in the Pacific Division. He further said:

"To my mind, the greatest thing that this country got out of the war was the Red Cross, and it is a tre-

mendous gratification to me to come up to San Francisco and find the Red Cross spirit still alive. The fact that you have so many Chapters represented at this conference is because your heart is in the Red Cross."

Colonel Fredericks Enthusiastic

Colonel R. N. Fredericks, member of the Division Red Cross Advisory Council from Prescott, Arizona, and well known among Red Cross workers in the Division through his war-time service, was a visitor during the conference. In speaking briefly to the meeting, he said:

"You know it is an old saying, 'Once a San Franciscan, always a San Franciscan,' and this applies equally to you and myself. I left San Francisco forty-two years ago for what was then the Territory of Arizona, accompanied by my better half, who with me braved the dangers of the frontier. We were permitted in our humble way to assist in the upbuilding of a commonwealth which in due course of time will be second only to California on the Pacific Coast.

"Through Colonel Filmer, I was persuaded to accept the Red Cross Field Directorship at Whipple Barracks during the war. I was always interested in Red Cross work, though at home with us the men had permitted the women to do the work, but we backed them up in a financial way and otherwise. When I accepted the Field Directorship of the Barracks, I found there was a great deal to do. We were then working under the jurisdiction of the American Relief work, and at that time it was a part and parcel of the War Department. Last February, however, it was turned over to the Public Health Service, and now remains there.

"It is a good work, I like it, and I am grateful for the opportunity to do my small mite in the work of the great Red Cross."

MISS KETT JOINS STAFF

PUBLIC HEALTH BUREAU

Miss Charlotte Kett, formerly Red Cross Field Representative of the Pacific Division, has been appointed Assistant Director of the Department of Health Service, effective August 1, 1920.

MRS. MACAULAY, RED CROSS ENTHUSIAST, ATTENDS CONFERENCE



Mrs. Mary L. Macaulay, an active Red Cross worker of the Reno, Nevada, Chapter, attended the Red Cross Regional conference in San Francisco. Mrs. Macaulay has the honor of being

secretary of the Reno Chapter of the Red Cross, and is secretary of Home Service and Home Extension work.

She has done splendid co-operative work with the Legion, the Y. M. C. A. and the Public Health Association.

During the month of August, Mrs. Macaulay handled eight cases in Home Service Extension and thirty cases for ex-service men and their dependents.

The Red Cross Chapter at Reno is planning to have a community center. A lot next to the city hall has been given by the city, and if present plans are formulated, the center will be built there.

RED CROSS EXHIBIT AT FAIRS IS GOOD PUBLICITY

If there is to be a fair or other celebration in your Chapter jurisdiction, you will find it good publicity to use a Red Cross exhibit or demonstration. Among the fairs this month where Red Cross Chapters have arranged this publicity feature are: Madera County, Riverside, Bakersfield, Prescott, Arizona. In November the Butte County Chapter will put on an exhibit in Oroville and the Arizona State Fair in Phoenix, November 15-20, will have the Division exhibit.

The Division exhibit has been used at the California State Fair in Sacramento and at the Arbuckle Almond Fair. Special sectional exhibits have been used at: Salinas, Hayward, Stockton, Santa Rosa, Tulare, Ferndale, Hanford, Alturas, Weed, San Diego, McArthur, Anderson and Fresno.

If Chapters want help or advice in arranging an exhibit, write to the Department of Publicity and Speakers for information about the Division exhibit and a plan to show films during the entertainment week.

National Director Explains Health Plans

DR. E. A. PETERSON, Director of Health Service, of the American Red Cross, National Headquarters in Washington, spoke before both conferences on the health center plan that is being fostered by the Red Cross in communities all over the United States.

"The health center plan has been conceived by the American Red Cross," said Dr. Peterson, "as the next great step in health work. It furnished the greatest field for social, civic and economic betterment and the significance of the health center as a project is that it will bring folks the knowledge that organizations have.

"Health is a positive thing, that keeps you on the track twenty-four hours a day, the thing that raises the standard, and gives us power to keep going.

"In that field of health there is a tremendous piece of work. We are just beginning to realize it. The scientist has known it for a long time. He has known that between the folks who know, the scientists and specialists, and the folks who do not especially study health, who think that they have got plenty of it to get by with—and that is what most of us think—and live fifty per cent efficient—between these folks up here, the folks who know, and the folks who do not know, there is a tremendous gap.

Increase Average Life.

"A great scientist said the other day, if we would put into practice the scientific facts which were known at that time, that in one generation we could increase the average length of life fourteen years. That means a great deal to a country such as ours, if that can be done. Nobody disbelieves that statement at the present time. The thought is that you might even increase it more than that. But to think of being able to increase the average length of life fourteen years in one generation is a huge possibility.

"I do not know what a person is worth for a year—the idea is that it is worth a tremendous amount of money, if we were ever to be able to picture it in money—a tremendous amount—if we were able to overcome that kind of a deficiency. If we are going to do this thing, if we are going to bridge the gap and get the facts, the things they ought to know, to those who do not know them—I do not know what it means in happiness, but I do know that a



DR. PETERSON DEFINES
A. R. C. HEALTH CENTER

"The American Red Cross Health Center is this sort of a thing. It is a room with an information desk, answering all questions on health. It brings together for the community's use all of the pamphlets of the great national agencies on human health; it has exhibits on the wall; it has instruction classes, demonstration classes; it has a loan closet; and it has a growth clinic. That is a health center. If it is not that, it is not a Red Cross Health Center—it is not a Health Center based upon the philosophy which the American Red Cross has accepted as the philosophy of the Health Center."—Dr. E. A. Peterson, Director of Health Service, American Red Cross, Washington, D. C.

tremendous amount of maladjustment is due to sickness of folks.

"Just the other day an investigation was made in Cleveland by the Associated Charities to determine the cause of the social mix-ups into which they were called, and it was found that over 75 per cent of those bad adjustments were due to illness of one kind or another. From just that phase of it alone we can get some idea of the things to be done. We know that so many hundred thousand are dying from tuberculosis, a thing that can be cured, a thing that can be stamped out. We know that scores of thousands of people are dying from such things as typhoid, a filthy disease which can be done away with. Those things stare us in the face. They are so old, and have come to us in the same form so many times that we really do not see them any more.

Nothing Like Red Cross

"And that is a thing we ought to face with reference to our individual communities. Each one of us, could we inspire the folks of our community, be it ten thousand, fifteen thousand, or twenty-five thousand, to do

these things that we know about, could make a tremendous contribution to human life and human happiness.

"The American Red Cross has grown up during its years of life, especially during the war service—into a special kind of organization, a huge organization. There is nothing like it in the world. The American Red Cross with its 12,000,000 senior members and 12,000,000 to 14,000,000 Juniors, has more members than the five biggest other national organizations in the world. It is grouped into definite groups, some 25,000 Chapters and branches, with officers, with traditions of work. And that is a very important thing.

After-War Plans

"The American Red Cross, after the war, feeling a tremendous demand for some kind of service, decided that one of its great efforts was going to be in the field of public health. Then it became necessary to determine a way in which the Red Cross could operate as a great national organization. The enthusiasm of everybody doing the same thing at the same time carries a movement a hundred times as fast as you could carry it forward here and there at different times. The American Red Cross has felt with the whole country the strength of the Health Center as a means of doing a great job in health work.

"The health center idea aims to bring to the community all the health knowledge which is in the hands of all the experts. It attempts to put that health knowledge in such terms as folks will understand, and to bring that knowledge to the community with the personal touch of the folks in that community, and make it vital. That is the big job of the American Red Cross Health Center.

Health Center Develops

"It also wants to make available for the community the answers to all health questions. The Health Center is going to furnish an avenue through which the National Tuberculosis Association, the Child Welfare Association, the Social Hygiene Association, and the Heart Disease Association can work together.

"The Health Center is going to bring to folks the knowledge which the experts have with reference to health; it will answer all health ques-

Commitment Services for Miss Jane Delano Held in Washington Cemetery

Commitment services for Miss Jane A. Delano, Director General of the American Red Cross Department of Nursing, who died in France, April 15, 1919, were held in Arlington National Cemetery, September 18. Her body was brought home on the United States Army



transport "Sherman," September 11, and was escorted to Washington, September 15, and placed in Arlington Cemetery under military guards.

Miss Delano's many friends in the Army, Navy and other branches of the Government, Red Cross officials from National Headquarters and from the Potomac and Fourteenth Divisions of the Red Cross, as well as many Washington nurses, witnessed the military service at the grave.

Miss Delano was an outstanding

figure in the history of the American Red Cross, who became especially prominent during the war, in which 20,000 out of the 36,000 mobilized graduate nurses saw service. A pioneer advocate of preparedness, Miss Delano's last service to the Red Cross before going overseas was the further development of Public Health Nursing and class instruction for women.

RED CROSS ASKED TO FIND DISCHARGED SOLDIER

Daniel James Griffiths, discharged soldier, with an excellent record, has been missing from his home at Kincaid, Kansas, for the past year. His son, H. S. Griffiths, of Palo Alto, has asked the American Red Cross to help locate him.

He is 56 years old, five feet six inches tall, and weighs 130 pounds. He has dark brown hair, streaked with gray; blue eyes, sunken and watery, and has a deep indenture in

VETERANS OF NINETY-FIRST DIVISION ENTERTAINED BY RED CROSS

Twenty thousand veterans of the Ninety-first Division have been forcibly reminded that "The Greatest Mother" is still their friend in need.

When the boys flocked from all sections of the Pacific Coast to San Francisco to celebrate the second anniversary of the Argonne battle, September 26, they found San Francisco and Oakland Red Cross Chapters ready to receive them and promote their comfort. A registration bureau and first aid Red Cross tent had been erected at Idora Park, Oakland, and during the course of the day, thousands of ex-service men registered. Several injuries were well cared for by First Aid. Cigarettes and candy were distributed by the Oakland Chapter, under the efficient direction of Mrs. G. W. Morrison, captain of the canteen service, assisted by a corps of lieutenants.

In San Francisco, in a spacious storeroom on the ground floor of the Palace Hotel, a registration and housing bureau had been established and twenty-five former canteen workers in charge of Mrs. Prentiss Cobb Hale assisted in serving the veterans. The place was comfortably furnished with couches, chairs and tables and lavishly decorated with Red Cross emblems, and there was an abundance of cigarettes and chewing gum for the visitors and automobiles for those who desired to go on sightseeing trips.

Among the delightful features at the Red Cross tent at Idora Park were the song and dance numbers given by little thirteen-year-old Rachel Van Valen, known as "the soldiers' sweetheart." Rachel is the daughter of Mr. and Mrs. W. R. Van Valen. Mr. Van Valen was field director of the Northwestern Division of the American Red Cross, and was at Camp Lewis during the period the boys were in training at that place.

the middle of his chin. He has powder marks under left eye; talks with English accent. At the time of his disappearance he wore a U. S. Army lieutenant uniform.

News of his whereabouts should be sent to Pacific Division Headquarters of the American Red Cross, San Francisco.

Junior Red Cross a Stimulus Says Educator



John W. Cooper, city superintendent of the Piedmont schools and member of the California State Advisory Committee, in his talk on "Civic in the Schools," presented the modern educational idea and qualified the work of the Junior Red Cross in the schools as furnishing educational stimulus in its presentation of "real live problems."

He referred to the bulletin on civic training issued by the Federal Bureau of Education, saying that Arthur W. Dunn, the Junior Red Cross member of the bureau, has summed up the ideal of service for boys and girls in the portion prepared by him, and recommending it to Red Cross workers as the basis for their contact with school departments.

"I would suggest," said Superintendent Cooper, "that you get in touch with your school authorities and try to get them to see that you have something here that will provide the right kind of stimulus to make boys and girls realize that they are members of certain groups and what they owe one another."

How Children Think

"I think it was John Hull who said, 'My right is your duty to me and your right is my duty toward you.' We turn it around and talk about rights and rights, whereas you ought to talk about my rights because your rights are an embodiment or an expression of my duties toward you. I have no other rights than are expressed by your duties toward me."

"How are you going to express better to boys and girls than by having them realize, in the situation in any problem, their duties toward some one else and have them think how they can best discharge those duties?"

"The chief function and chief good of the Junior Red Cross in schools is not the question of getting things down in shape in the domestic science work, and certain things done in the geography class, but it is providing situations for the children which will make children realize their membership in groups, and their responsibility to groups, and teach them to think about prob-

lems which are the kind of problems that actually arise in life, the same sort of problems which you face; and the main problem is to get the situation in the hands of the children of the right ages, not to put too complicated a problem to children too young."

"In education we have to consider constantly what kind of reaction we are going to get from the children. We submit certain things to them, but they will not all react in the same way. There are many cases of bad discipline, due simply to the fact that the personality of the teacher produces unfavorable reaction in certain child minds."

What Junior Red Cross Offers

"What can the Red Cross or the Junior Red Cross particularly offer to these children? What kind of stimulation can you provide? Can you provide a better stimulation than is ordinarily found in the geography textbook, the history textbook, the civic textbook, any textbook?"

"It ought to be possible for you to provide a better stimulation than is provided by them, for the reason that the ordinary geography textbook is a condensed text of highly organized knowledge. It is interesting for me or for you, but it is built exactly in the wrong way for the child. The child has not reached the place where he thinks things out in a clear way. He is building up piece by piece, and after he has reached adulthood, then perhaps he will put his information into scientific form; he will organize it along scientific lines, which we may call history, and so on."

"Now how are you going to get him acquainted with this complex organization, this material, civic, state, national, and even international world? The only way, or rather the best way, is having him face the situation."

The speaker made a pointed illustration in reviewing an experience in teaching an eighth grade group, how the city of Oakland governs itself, and on through the State and national government. He advised the educator who presented the proposition, to take a concrete example for study, suggesting the pertinent question before the public today, the peace treaty.

Red Cross Opportunity

"Now as education swings to that sort of thing," said Cooper, "and

away from these academic things, and tackles real problems which exist, that is the opportunity for the Red Cross."

"Here," you can say, 'here are starving children in Armenia'—not because the teacher says, 'Open your geography to page 506, and study Armenia tomorrow'; but, 'Now you have a situation in Armenia today, and what are you going to do for them? Where is it? How did these children happen to get in this condition? What can we do, and how long will it take us to get aid to them?' That is a real live problem."

"The Red Cross can come in, and through its organization can furnish with that real live problem, all the educational advantages that a lesson in history would have. It hangs this situation to some real problem at the time, and I believe that the stimulation that would be aroused in the mind of a child would be better than the old stimulation."

"You see that is real training and thinking, not training and memorizing, but training, thinking of a problem with which one is confronted."

"Now that is the thing that the Junior Red Cross can do, and bring about the right kind of stimulation in the minds of children, and produce a good result, because it will help them think about the children in Armenia, and after a while they will come to realize that perhaps they have some kind of responsibility besides simply the fact that they belong to the same general race; just as they get the idea that they have certain obligations to people in the United States, because they owe allegiance to the same flag, and to California because they happen to live within certain imaginary boundaries, marked off by a surveyor."

Illustrations of Service

"I have experimented with work of this kind in more immediate situations; for instance, baby hospitals. Committees of girls from the fifth and sixth grade classes have visited hospitals where babies are cared for, and have realized the necessity of giving babies better clothing than they have had, or in cases of very poor families, of sending the children home with proper clothing as an example to their mothers of what they need, in a way better than when they were brought into the

JUNIOR ENROLLMENT PLAN PRESENTED BY DIRECTOR

Miss Mary Concannon, acting director, Department of Junior Red Cross, presided at the Junior Red Cross section in both conferences. She discussed the activities of the Junior Red Cross and the present Junior enrollment plan and suggested a Junior Red Cross nursing scholarship plan, saying in part:

"Do you know that the Juniors do their share in Salvage, too? Just a short time ago, in one community, the Juniors felt the need of a general survey of the teeth of the children there, so they went out on a paper-drive and collected enough money for the survey. It was found that 700 children in the district needed dental work on 2,200 cavities.

"In another place, the Juniors through a paper-drive raised enough money to underwrite the salary of a dentist for a whole year.

"Juniors also give First Aid service—you know Dr. Richardson spoke about the First Aid boxes placed along the highway in Southern California—do you know that it was the Juniors that built the outside boxes?

"We have co-operated as far as possible in the great work of nursing. We hope to put in every high school in the Pacific Division the Red Cross courses and I would like some high school in the Division to say to the senior class taking the Red Cross courses that for the graduate having the highest standing in these courses there awaits a scholarship in nursing which will finance her first year in a training school for nurses.

"This scholarship would be provided by the Junior Red Cross Chapter School Committee to give the student having the desire for service, opportunity to start upon a career which will give her back to her community as a Public Health nurse."

Of the present membership plan, she said:

"We have no membership fee this year; just two things are required: That the children sign the membership roll for service and that each class room pay 45 cents to subscribe for the Junior Red Cross News, the official Junior magazine, through which children will be kept in touch with what is being done by Juniors both at home and in the foreign field.

"When children sign themselves for service to become Junior Red

REASON CHILDREN LIKE J. R. C. PLAN

(Continued from page 5, Col. 3)

hospital. Those girls take a keen interest, and sew, not for the sake of simply learning a stitch, not for the sake of learning to make something for themselves—the individual, selfish, self-interest feeling in us which is ordinarily appealed to—but for the simple reason that they want to do something for somebody else—a lesson in responsibility.

"Boys will do the same thing. They will plan entertainment. They will raise money, if they can see the purpose in it, if they can see what it is for."

Mr. Cooper, in illustrating how school children were given a sense of responsibility by going into the homes of students who had left school in the first half of their first year, and ascertaining the cause of their not continuing their course. Before they got through with their investigation, they had a list of nearly all the problems that confronted that high school in its school organization, and that community in the way of poverty and sickness and various other problems.

"It made it possible for them to approach and study problems as problems; not simply long lists of statistics of how many people have had headache this year and so forth, but actual problems which they faced as young citizens. It took into consideration the fact that every person born or naturalized in the United States is a citizen of the country; that means when he is one day old or one hour old, he is a citizen of the United States. He does not have to wait until he is 21 years of age to become a citizen."

Cross members, it is either for the community at home or for foreign help through contribution to the Children's National Fund.

"Last year in the United States 11,000,000 Juniors enrolled, but that is not enough; this year we should have 100 per cent of the children. We have Junior Red Cross in Italy, in Poland and in Spain. In Shanghai, the Juniors have made an appropriation to fight blindness amongst children. This is only a beginning. Junior Red Cross is going to encircle the world and make for the harmony which is a part of the American Red Cross service."

MARYSVILLE BOYS QUALIFY AS RED CROSS LIFE SAVERS

Three Marysville boys have passed expert examinations and are now members of the American Red Cross Life-Saving Corps. They are Louis Carson, Will Bluett and John Scott.

The examinations were given by Dr. G. H. Richardson, Director of the Bureau of First Aid, Pacific Division, American Red Cross, at the close of the Marysville "Learn to Swim" week.

These boys are now given permission to wear a special badge at all times, and a distinctive emblem on their bathing suits. Five other boys passed examinations as members of the auxiliary corps, and when they become old enough, will be eligible to qualify for the Men's Life-Saving Corps.

These young men, by reason of their training, become a valuable asset to the community, and will be available to accompany picnic groups and other parties up and down the river.

BELGIAN CHILDREN OWE LIVES TO JUNIOR RED CROSS

Hundreds of Belgian children owe their lives to the Junior Red Cross School Colony at Roulers and to the chain of 40 school lunch rooms that were operated all last winter and a portion of the past summer as a part of the work of the Juniors in Europe. Nearly 6,000 children were fed daily for many months.

CHILDREN ARE WILLING TO SEW FOR NEEDY

In response to the questionnaire sent to auxiliaries in the Division from the Department of Junior Red Cross, relative to schools' co-operation in the Junior Red Cross plan for production of children's garments for the school year 1920-1921, Berkeley and Lompoc have already assured the department of Junior Red Cross of their support.

Berkeley promises to make 194 garments during the fall school term. One-half will be sent overseas. They will include dresses, bloomers, aprons, undershirts, petticoats and night-gowns. Lompoc will make 48 garments, including smocks, undershirts and night-gowns. They will all be sent to foreign children.

Civilian Relief Work Shows Splendid Spirit

MISS GRACE GRAHAM, director of the Department of Civilian Relief, who opened the conference Tuesday morning, September 14, spoke of the splendid spirit shown by the Home Service workers who had stayed at their posts in order to see through to a finish the American Red Cross obligation of meeting the needs of the returned ex-service men and their dependents.

In her section, Miss Graham brought out the several phases of Red Cross Service under her department through talks by the surgeon in charge of United States Public Health Service in this district, the Pacific Division worker in charge of hospitals under the jurisdiction of the U. S. Public Health Service, and district directors with the War Risk Insurance Bureau and the Federal Board for Vocational Training and the Red Cross liaison worker with the latter board.

Each of the speakers pointed out the way in which the American Red Cross aids the particular work of his organization with ex-service men and indicated how Chapter workers can carry on the national program, as it cannot be handled without their interest and personal attention.

162 Chapters Active

"The Pacific Division," said Miss Graham, "can call attention to the fact that 162 Chapters out of the 166 Chapters originally organized in the Pacific Division still have Home Service workers standing ready to serve the men who fought for us.

"June, 1920, had been set by many Chapters as the date for closing the Home Service Section activities, but in places where there continued to be work to do, there has been no diminution of effort or interest and this is almost entirely due to the devotion of those who had carried the burden of the task during the war period.

"The outstanding problems that remain to be solved are the best adjustment back to normal life of the disabled ex-service man, especially the tubercular sufferer, who because of the nature of his disease is prone to be so restless; and the man mentally unstable or not of a high mental grade. The latter type of man has found his whole previous life disrupted and it is hard to help him to re-establish himself.

"The experiences we are undergoing in the jurisdiction of the

Chapters in the Pacific Division are being felt to a like degree elsewhere, though tubercular men are apt to drift to California and Arizona and become here a more definite problem, at least as to numbers, than is felt elsewhere."

Rehabilitation Far Reaching

Miss Graham, introduced Mrs. Hazel Havermale Bruce, liaison officer with the Federal Board of Vocational Training and Rehabilitation, who said in part:

"Rehabilitation is not only for the vocational side, but it aims to make the men over mentally, and even spiritually, as well as morally. A man is looked over very carefully by the men at the Federal Board, his physical disability is rated by the medical side of the board, and he is given to understand that that disability is his, not to possess, but to overcome.

"Any man coming to the Federal Board for any kind of training, whether he be a single man or not, should have contact with the home service section before coming, because in many cases he comes to the Board with problems which cannot be met by the liaison officer without knowledge of what the man's social stratum had been before he came. Perhaps of all the problems that come up before us, the greatest is the problem of a man's spiritual regeneration—that is, the man is given a new point of view more than a new vocation."

Surgeon Long Reviews Work

Surgeon J. D. Long, of the United States Public Health Service, spoke about the men, from a medical standpoint. "The Public Health Service," said Surgeon Long, "is charged with the medical and surgical relief of discharged service men. The Red Cross was on the field long before we were, because we had not yet been detached from our other duties in time to get at this work, while you people were really laying the foundation for it.

"Since the opening of our office in San Francisco in July, 1919, we have handled over 15,000 discharged service men out of a total soldier population in California, Arizona and Nevada of 152,000 in round numbers, so we have probably handled ten per cent of our soldier population. We have handled something over 10,000 medical and surgical cases. We have been in contact with over 2,500 tu-

berculosis cases and over 700 mental cases.

"Our biggest problems now are the necessity for impressing upon the man that it is decidedly and distinctly to his advantage to enter the hospital at the earliest moment; that the papers and claims and so on shall be routed through the district supervisor's office, in order that the financial side may be handled as quickly as possible; and third, to keep in contact with new men who are coming in from Eastern and other parts of the United States, so that they will be able to follow out the same course that our own men in the district now know pretty well."

Red Cross Hospital Work

Miss Hilda Steinhart, Supervisor of Hospital Service, Pacific Division Department Civilian Relief, spoke of her work in the hospitals in San Francisco, Palo Alto and Arrowhead Springs. She gave interesting instances of individual work and in brief outlined it as follows:

"Our service in these hospitals is to fill out compensation claims for the men, and to see that their claims are adjusted as far as possible," said Miss Steinhart.

"In the social service work we give loans and deal with war risk beneficiaries. In the recreational work we arrange movies at least twice a week, and other entertainments."

Miss Steinhart told of the hospital at Arrowhead Springs, the Mendocino State Hospital, and the ones at Whipple Barracks and Tucson, in Arizona, and of the co-operation needed from nearby Chapters, especially in recreational work.

War Risk Insurance

William C. McWade, of the War Risk Insurance Bureau, discussed the subject of claims, allotments and compensation. He said there were about 2,000,000 men out of the service who could reinstate their insurance without medical examination before December 31, 1920.

He urged Chapters to clear up their files of pending claims, by listing names, addresses, allotment or compensation number, and send the report through the Pacific Division, Civilian Relief Department, for adjustment.

"In filing a claim for compensation," McWade said, "forms 526, 539 and 545 should be filled out. At-



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DIVISION MAGAZINE

REPORTS CONFERENCES

Excerpts from talks given before the general sessions of the two Pacific Division conferences, in San Francisco, September 13 and 14, and in Los Angeles, September 20 and 21, will be given in this number of the Pacific Division Activities and the succeeding one, October 15.

General Roll Call Instructions

Give Latitude in Chapter Plans

Every Chapter in the Pacific Division of the American Red Cross is now thoroughly advised of the general plan for conducting the Fourth Red Cross Roll Call and the widest latitude is suggested in the detailed organization in the 162 Chapters.

To recapitulate, the general instructions are:

Appoint Roll Call Director.
Roll Call.

Appoint Publicity Director.

Send names to Division Headquarters.

Plan Red Cross Sunday Service—confer with local ministerial union, heads of all churches and religious orders.

Communicate with all local Lodges, the American Legion, societies and churches for auxiliary committees to work in Roll Call week.

Place Red Cross motion pictures in local theaters, schools, clubs and churches. (Write Division Department of Publicity and Speakers for film releases and speakers.)

Arrange Red Cross exhibit at local and district fairs and public meetings.

Roll Call supplies are going forward to Chapters now. Check up what you receive and notify the Division Headquarters if you want more, stating plainly what is desired.

California W. O. W. to Help

In a letter sent to all Camps of the Woodmen of the World in California and Nevada, the plan for giving co-operation to Red Cross Chapters by outside organizations is set forth by the Head Consul as follows:

"The Greatest Mother in the World, our American Red Cross, is about to inaugurate the Fourth Red Cross Annual Roll Call.

"We must never forget the work of the American Red Cross. Important as was its work in war time, it is equally important in times of peace.

"I feel that all of our subordinate Camps will desire to join in this campaign for memberships during the period, November 14-22, and as Head Consul, I am glad to give what assistance I can.

"The success of this Roll Call must depend upon having a large number of workers for the Red Cross. One of the best methods of obtaining these workers will be to have committees in all fraternal organizations, so I am asking that a committee of three be appointed in your Camp to perform such duties as may be required by the local

Chapter of the Red Cross or by the Pacific Division. These duties will be light and will consist principally in dispensing literature and keeping the campaign before your members.

"Feeling assured that you will appreciate the necessity of joining with the Red Cross in this work and that the names of your committee will be promptly forwarded to the local Red Cross Chapters in your community, I am,

Sincerely and fraternally,

J. J. Boak, Head Consul, Woodmen of the World in California."

All Pledge Support

Excerpts from letters from other organizations carry the same wholehearted support for the Red Cross Roll Call, some of which are given herewith:

"We must never forget the work of the American Red Cross. It is probably true that every Mason in California is now a member of the Red Cross, but I urge you to stimulate your members to immediately renew their memberships during the period of November 14-22.

"I urge this as a renewal of our loyalty to 'The Greatest Mother in the World'—an organization that represents the spirit of what our boys 'over there' fought for; an organization whose work of relief is just as necessary now as it was before the armistice was signed. The minimum quota for the Masonic Fraternity is the limit of the membership.

"I am asking that you as Master of your Lodge will at once take proper steps to enlist your entire membership in this most worthy and patriotic service. I commend you in advance for prompt action so that you may point with proper pride to the fact that your membership will become members to the last man."—Charles Albert Adams, Grand Master, Grand Lodge F. & A. M. of California.

"I am instructed to inform you that your plan for a renewal of membership has the fullest indorsement of the Independent Order of B'nai B'rith and will have its hearty co-operation within the jurisdiction of the District Grand Lodge, No. 4. Our district president, L. M. Mendelsohn, will send out circulars of announcement."—I. J. Ascheim, Secretary.

Nursing Department Reviews its Problems

DURING the conference in San Francisco, a session was held for Public Health nurses and instructors in Home Hygiene and Care of the Sick. Many nurses attending the American Public Health Association Convention and the Tuberculosis State and Southwestern Conference were particularly interested in the Red Cross session for Public Health nurses.

A similar session for nurses was held at the Los Angeles conference.

Subjects on the program at the San Francisco conference were:

"Rural Child Welfare," by Dr. Ethel M. Watters, Director, Bureau Child Hygiene, California State Board of Health;

"The Rural Public Health Nurse and Venereal Disease Control," by Mrs. Elizabeth McManus, Director, Bureau Social Hygiene, California State Board of Health.

"How to Secure the Best Co-operation with the Health Officer, and the County Doctor," by Dr. Allen Gillihan, District Health Officer, California State Board of Health;

"How Can the Rural Public Health Nurse Meet the Urgent Need of Medical Social Service in Connection with State Institutions?" by Mrs. Cornelia M. Stanwood, Secretary, State Board of Charities and Corrections;

"The Importance of Records and Office Management," by Miss May Wallace, of the University of California. The paper was discussed by Miss Agnes Talcott.

Other subjects discussed in open forum were: "How Shall the County Nurse Decide What Service to Undertake First?" and "What Steps a Rural Nurse Should Take in Introducing Herself and Her Work to a New Community."

Subjects at the Los Angeles conference were:

"Methods of Teaching," Miss Kate Douglas, Assistant Inspector of Schools of Nursing, Bureau of Registration;

"Application of Teaching Methods," Miss Edith Super, superintendent of training schools, Good Samaritan Hospital;

"Children's Defects and Orthopedic Nursing," Dr. H. W. Chapelle, Orthopedist at the Children's Hospital, Los Angeles;

"Bathing and Dressing Infants," Miss Henry, Supervisor of Maternity Ward, St. Vincent's Hospital, Los Angeles.

STUDENT NURSE CAMPAIGN WELL PRESENTED BY MISS WHITE

Miss Lillian L. White, Director of the Department of Nursing, assigned her section of the program in the San Francisco conference to the heads of the bureaus in her department, Miss Mary L. Cole, Public Health Nursing, and Miss Iona Baldwin, Instruction; and two outside speakers, Miss Anna C. Jammé, Director of the Bureau of Registration of Nurses, State Board of Health, and Miss Elizabeth Bridge, University of California.

Miss White discussed the scarcity of nurses and its remedy, saying:

"One of the reasons of the present scarcity of Public Health nurses is that we have not enough nurses of any kind, so that it has come about that the American Nurses' Association and the Public Health Nurses' Association and the League of Nursing Education are going to put over a campaign for student nurses, and they ask the co-operation of the American Red Cross."

Miss Jammé Speaks

Miss White called upon Miss Jammé to speak on present nursing conditions.

"The average length of time in the average training school is three years," said Miss Jammé, "and girls seem to hesitate to go into preparation requiring so much time, and consequently we have not had so many applicants for our nursing schools as formerly. Now we are trying to make the education of the nurse more attractive by giving her sounder training, by giving conditions in her training school that will attract women who want a good education, and give her intelligent management and control.

"We are trying to have our schools put in a preliminary school; that is, have a girl come in and go into class work for a while, and then go on duty an hour, then gradually increase to four, to six, and eight. That is what every good school should do.

"The plan that has been formed in order to bring to the public mind a fuller knowledge of nurses' education, has been formulated by the three national nursing associations, the American Nurses' Association, the National League of Nursing Education and the National Organization for Public Health Nursing, with the assistance of the Red Cross, to

put literature into the hands of various groups, showing what nursing education is.

"The idea is to form a central committee and work out from that central committee.

"The duties of this committee should be to secure from the State Board of Nurse Examiners, lists of accredited training schools within their territory, and to secure from local schools, information about the need of nurses. A speaker should be secured to address the young women of the schools and other organizations, and arrange various methods of publicity to stimulate interest in nursing."

School Lunch Topic

Miss Elizabeth Bridge, who assisted Dr. Agnes Fay Morgan, associate professor of household science, Department of Home Economics, University of California, during the war, spoke on dietetics.

In discussing school lunches, Miss Bridge said: "The average school teacher has just about all she can do to handle her own classes, without having to handle the school lunch besides. I think that the teachers in the schools, and the Home Economics departments of all the schools, would be only too glad to have the co-operation of the Red Cross, to have helpers, to have the Red Cross pay for some women in the community, who would come into the school after the noonday lunch, and take care of the dishes, etc., so that work would not fall upon the teacher.

"We speak of the Red Cross as the 'Greatest Mother.' What better service can she give than to properly feed her family and thereby give us better, stronger, happier people?"

Class Work Valuable

Miss Iona Baldwin, director of the Bureau of Instruction, discussed the organization of Home Hygiene and Care of the Sick classes.

"Seventy-seven Chapters, representing 223 cities and towns, have started classes in hygiene this past year," Miss Baldwin said. "Fifty per cent of children are below par, and fifteen million of them handicapped, and by this teaching of prevention we can give mothers to understand that many of these fifteen million can join the ranks of the normal child by having corrective work attended to early in life.

MISS COLE RECOMMENDS CHAPTER SCHOLARSHIPS

(Continued from page 9, Col. 3)

"In this department, we are sending our Red Cross Nurses into various communities to help the women of all nationalities and all ages to know a little more, not only how to care for their own sick in their own families, but to a large extent how to prevent illness. We want to teach the women who do not know how, the many ways in which they can prevent their families from being ill and the many ways in which they can overcome handicaps when taken in time."

Miss Mary L. Cole, Director of the Bureau of Public Health Nursing, in her talk before the general sessions, recommended that Red Cross Chapters give scholarships for special training in Public Health work. She explained what the shortage of Public Health nurses in the United States means to communities that are ready to incorporate Public Health programs in their general welfare work, and emphasized the necessity for a strong organization representative of the whole community.

"Eleven nurses have been given scholarships by Chapters in the Pacific Division. Thirty Chapters are now waiting for Public Health nurses, so you see there is still a very good piece of work for Chapters to do to increase this very limited supply of nurses. You still have opportunity to give a scholarship to a nurse to obtain special training.

"The Red Cross is deeply concerned in the nursing situation today and if it is to succeed in the Public Health field, it must have an increasing and constant supply of well-trained nurses to carry on its work. The average hospital curriculum does not fit nurses for the Public Health field, therefore training or experience is most essential. Since Public Health nursing is a public responsibility, the closest co-operation with all Public Health officials is urged. The whole program of Red Cross nursing service needs your assistance. We have not enough nurses to take care of the sick anywhere, and as our service means building for the future strength of the nation, we must have unified service by our Red Cross Chapters.

"Our first field will be for those communities which have not now and may not have for a long time any nursing service."

STATE OFFICIALS SPEAK TO DELEGATES DURING LUNCHEON HOUR

Speakers who addressed the delegates to the Red Cross conference during the luncheon hour, at the Whitcomb Hotel in San Francisco, were Nicholas Ricciardi, of the Federal Board of Vocational Training, who also spoke in Los Angeles; Fred Bebergall, adjutant of the American Legion of the State of California; Dr. William Palmer Lucas, professor of pediatrics at the University of California; Dr. Ray Lyman Wilbur, president of Leland Stanford University; and Hon. William W. Morrow, Judge of the U. S. Circuit Court of Appeals, member of the National Board of Incorporators and of the Pacific Division Advisory Council.

Nicholas Ricciardi spoke on the re-education of disabled ex-service men.

"The work of the Federal Board," he stated, "is to make assets of liabilities. It is done through training on the job, or training in institutions, part time in one and part time in the other."



He estimated that it takes about \$2,000 to return a disabled man to suitable employment; that the man will have a working period of twenty-five years, and will undoubtedly earn one thousand dollars a year.

"Economists," said Mr. Ricciardi, "tell us that a worker contributes four times his earning capacity to the community, or four thousand dollars a year, a net productivity of \$100,000 on an initial investment of \$2,000. Whether vocational rehabilitation is to be made a failure or a success in the community rests fundamentally with the community to determine, and they ought to help in making our disabled men again efficient producers."

Ricciardi thanked the Pacific Division of the Red Cross for the cordial co-operation accorded the Federal Board at all times. "We have called on the Red Cross frequently," said Ricciardi, "and I do not know what we would have done in the trying days of a year ago, especially if we had not had the cordial response that we did get from the Red Cross."

(Continued on page 11, Col. 1)

DIRECTOR OUTLINES PUBLICITY AVENUES

Mrs. Eve Scholer Bangs, director of Publicity and Speakers, in outlining the channels of publicity before the conferences, said:

"When you go home, remember that publicity is the Red Cross Chapter means of telling the community what is being done with Red Cross dollars. You can do this in three ways: By newspaper stories, motion picture program, speakers and exhibits.

"Newspaper Stories

"Give copy of the minutes of your Board of Directors' meetings to all your local papers. The reporter will find material for stories. Your local newspaper people will find good stories in individual instances of work you are doing for the community—your Home Service, your nursing, your Junior Red Cross.

"Motion Picture Program

"Get the whole program of Red Cross educational films into your local motion picture theaters and into your schools where motion pictures are used. More than half your community belongs to your Red Cross Chapter or is interested in the work of the American Red Cross. They will like the pictures. Your motion picture theater manager will use them if you let him know that they will increase his box office receipts.

"Talk to your churches where motion pictures are shown. The Red Cross pictures are good for Sunday night audiences.

"Speakers and Fairs

"Whenever there is a public meeting in your Chapter community, have a Red Cross speaker on the program. Get some one locally, if possible. If not, call upon the Department of Publicity and Speakers at Division Headquarters and arrangements will be made to secure a speaker for you."

COMPENSATION CLAIMS

(Continued from page 7, Col. 3)

tached to these three forms is the medical examination of the man by the Public Health Service physician. The report must show, if he is a married man, a marriage certificate; if he has children, birth certificates and an affidavit declaring that he is living with his wife, and has never been divorced.

"We pay out about \$5,000,000 a month in compensation claims. Each day there are more than 60,000 claims out on the file."

AMERICAN LEGION HEAD PLEDGES SUPPORT FOR ROLL CALL

(Continued from page 10, col. 2)

Fred Bebergall spoke on the relation between the American Red Cross and the American Legion.

"You may be assured," said Bebergall, "that the American Legion is going to be with the Pacific Division in the Fourth Red Cross Roll Call.

"I have proposed to the various Legion Posts in the Pacific Division to become interested in the work of the Red Cross, not only as it affects the ex-service men, the disabled men, but as it affects the community as a whole, the poor, the needy and the sick and so on. And in many of the cities they are taking on this activity.

"We are already preparing circulars; in fact, they are being signed, and will go out to every Post. We are going to see that our committeemen visit each Post, and in their visits urge upon the public their activities in the Red Cross drive."

Dr. William Palmer Lucas

Dr. Lucas emphasized the value of the work being done by the Junior Red Cross Department, especially with regard to its foreign program, saying:

"An important part of the Junior Red Cross program is to keep up the interest in European children, who are probably suffering today in a great many instances, far more than they suffered during the war. Central Europe and her children have been suffering more than they did during the war period, and the feeling that there is a country which is interested in the children, in the future of those nations, is one of those interlocking, international parts of the Junior Red Cross program."

Dr. Lucas urged the Red Cross to keep its eye on the problems in Europe, "because," he said, "unless you have a far-reaching look, you will lose your vision, and you are not going to be the thing that the Red Cross stood for, and that was—for the highest principles of humanity."

Dr. Ray Lyman Wilbur

"The Red Cross," Dr. Wilbur said, "has gone through a wonderful experience, and is now taking on renewed life with a new program, and is going somewhere, and has an unusual opportunity before it."

He urged the Red Cross to get an attractive program in the commun-

PUBLIC HEALTH NURSE SEEN BY FIELD WORKER

Miss Flora Bradford, special field representative, departments of Nursing and Publicity and Speakers, talked before the Public Health Nurses' conference on "The Public Health Nurse as I See Her from the Standpoint of a Field Worker, or the Problem of Success and Failure."

She declared the size of a Public Health nurse's job is as big or as little as she chooses to make it by the size and complexion of her spirit of service and the atmosphere of her life, paying high tribute to the calling.

"There is a great need," said Miss Bradford, "for high ideals which will permeate all of life, and not merely one side of it. Minds are trained to work not only in professional grooves, but along social and organizational lines as well.

"The first-class Public Health Nurse as I see her is an optimist, imbued with the attitude of success. She sees her work in its relationship to all of life; she is a woman of organization sense and training, a woman who thinks before she speaks, and of real leadership type. I have a high regard for a first-class second, who is honestly doing her best. We cannot all be perfect, even though we can all strive toward perfection.

"Public Health nurses should not expect a uniformity of opinion in this world. Such a condition would not make for growth; even if it were possible, such a condition would be unhealthy."

ity, "something that will interest the people, develop an interest in the children and carry forward the general type of thing that you have done in time of war. This depends upon the power of publicity."

Dr. Wilbur in closing appealed to Red Cross workers "to use all the wisdom that you can, to get all the advice that you can from your officers, to get a specific program, know where you are going and go as far as you can."

Hon. William W. Morrow

Hon. Morrow paid high tribute to Manager George Filmer, saying:

"I selected Colonel Filmer as manager, because I knew he had a lot of humanity in his soul, and was interested in the work, and he was a young man who would go on and develop the work, and let old persons, like myself, take a back seat and watch the young men work."

USE OF TREASURY FUNDS AS MEMBERSHIPS NOT ALLOWED

One of the important rulings on the method of securing Red Cross membership fees specifically instructs all Chapters that membership dues must be paid by the individual for the purpose of obtaining membership. Chapters are not permitted to take funds from the Chapter or branch treasury and report them as membership dues unless such funds were taken into the treasury for this specific purpose.

Such procedure is not in accordance with the provisions of the by-laws of the American National Red Cross, which, under Section 21, Memberships, reads as follows:

"Individual membership in the Red Cross shall consist of seven classes. Contributions to the relief funds of the Red Cross cannot be credited as membership dues, but such dues must be paid for the specific purpose of obtaining membership."

Under paragraph (a), Annual Members, of this same section, the provision is made that:

"Any citizen of the United States or its dependencies may become a member of the American National Red Cross upon application to the Central Committee or a Chapter and the payment of one dollar to the treasurer of the Chapter in whose jurisdiction the applicant resides or to the national treasurer, and may continue such membership by the annual payment of the same amount."

MISS SETRIGHT URGES CHAPTERS TO KEEP UP BRANCHES

Miss Margaret Setright, director of the Department of Accounting, urged Chapters to keep their branch organizations in good order, and see that reports are submitted to the Accounting Department promptly. These are to include Junior Red Cross reports.

"In the statistical report from National Headquarters," said Miss Setright in closing, "the Pacific Division holds the record for the highest number of paid-up memberships per population among the fourteen divisions, and of all this amount only about \$100 still remains uncollected of the memberships renewed or initiated during the last Red Cross Roll Call."

PACIFIC DIVISION SALVAGE NETS HALF MILLION DOLLARS IN YEAR

Salvage and Shop, the bureau upon whose work depends the extension of Red Cross service in many Chapters in the Pacific Division, was given demonstrations before both conferences in a well-rounded program. Miss Kathleen Booth, Director of the Bureau, who was recently called to National Headquarters at Washington, D. C., to explain how the Pacific Division had earned over half a million dollars in one year, through the operation of Salvage and Shop, told Chapter workers how glad other Divisions are to hear about Chapters in the Pacific Division.

In speaking of the work of her department in the Pacific Division, Miss Booth said: "Salvage and Shop in many Chapters is bridging over some of the big financial problems of the Chapter. The public health nurse, health centers, extension of home service, first aid and other Red Cross activities are being financed by this method, and we feel that the time is not far distant when every Chapter in the United States, as well as the Division, is going to turn to Salvage and Shop.

"The Salvage and Shop Bureau started in the Pacific Division by the saving of tin-foil. So great has this activity become that the Pacific Division is making practically \$500,000 yearly from the collection and sale of waste material. The net receipts from this department last year in the Pacific Division amounted to approximately \$75,000. There are several Chapters in this Division which are doing exceptionally well. Berkeley Chapter made \$1,500 in August through its Salvage and Shop."

Other Salvage and Shop speakers included Mrs. Joe Mills, chairman of Salvage and Shop, Berkeley, who spoke on the benefits which are derived from the shop, and told how through these funds, milk and hot lunches are given to the day nursery, how a nurse is maintained at the Berkeley Dispensary, and how Home Service work of the Chapter is carried on.

Mrs. S. H. Greeley of Chicago, spoke on the Reconstruction of Garments or the Salvage and Shop Clothes Line, at both the San Francisco and Los Angeles conferences.

"You can take an old garment, like an old pair of trousers, which is all wool, and make a baby's band from one end and a cap from the middle and a jacket from the other end," said Mrs. Greeley, demonstrating how this

SUBSCRIBERS CAN GET REFUND ON MAGAZINE

All subscribers to the Red Cross Magazine whose subscriptions are unexpired can secure a refund for the unused portion upon application to the Red Cross Magazine in New York. A blank to be forwarded will appear in the October issue of the Magazine.

No detail of this procedure need be handled by Chapters except to refer subscribers to the announcement in the Magazine.

EAGER TO HELP A. R. C.

(Continued from page 8, col. 3)

"I am mighty glad of this opportunity for our great order to do something for this great institution, the American Red Cross."—K. C. Keene, Grand Master, Independent Order of Odd Fellows in California.

"Individually and as an order, we are heartily in accord with your work and wish you every success in all your great undertakings."—Bertha A. Briggs, Grand President, Native Daughters of the Golden West.

"This is undoubtedly a very worthy cause and I will be pleased to send the Parlors in the State a letter asking the co-operation in the coming Fourth Red Cross Roll Call. I am pleased to have the privilege of doing this to increase the membership of an organization which has done so much for humanity.

"Should the opportunity present itself when I can do anything further to advance the grand principles of the Red Cross, kindly command me."—James F. Hoey, Grand President, Native Sons of the Golden West.

could be done by cutting paper patterns.

She urged people not to throw away clothing, faded or old, saying that it can easily be reconstructed and used.

Mrs. W. B. Isaacs, chairman of Fresno Chapter Salvage and Shop, told of the good derived from the shop, not only from a financial, but from a social service standpoint. The Fresno Chapter is making \$1,000 net a month from Salvage and Shop. This money is used to alleviate suffering in Fresno County, to give milk to the undernourished babies and to help support the Health Center, and all Red Cross activities.

REPORT ON JUNIOR DENTAL SURVEY AT PALO ALTO

As an incentive for other Red Cross Chapters in the Pacific Division to establish dental clinics in communities, a dental survey of the school children was made at the request of the Junior Red Cross at Palo Alto.

Seven hundred children were examined. Thirty-three children were not examined because of various objections.

Of the 378 boys and 322 girls examined, 91 per cent had carious teeth; 2,225 cavities were found in permanent teeth, which averages 3.17 per cent per person; and 820 cavities were found in deciduous teeth, which averages 1.17 per cent per person, or a total of 4.35 per cent cavities per person.

On the basis of marking "1" as excellent, "2" as good, "3" as fair, "4" as poor, 2.66 per cent cases were found "clean."

Four hundred and three cases, or 57 per cent of all examined, required dental prophylaxis; 22 of these cases had a heavy deposit of calculus both on the upper molars and on the lower anterior teeth.

A few cases of gingivitis and pyorrhea were found among the Orientals.

A number of cases indicated that specific tests should be made to determine whether the absence of two or more permanent tooth germs or the appearance of certain teeth was the result of hereditary disease.

The extraction of 29 permanent first molars was advised because the roots were so badly abscessed that they could not possibly be saved, while 20 cases, also of permanent first molars, were judged to permit of root canal treatment; 38 more cases required the aid of X-ray for full diagnosis.

Several deciduous teeth indicated that treatment was necessary to retain them in the arch so that the space might be reserved for the permanent teeth to come.

Many broken anteriors, and rice or peg-shaped laterals called for porcelain jacket crowns.

Six hundred and seven deciduous teeth were too far gone to be saved, and it was advised to extract these and replace orthodontic appliances in order to keep the spaces open for the permanent teeth.

One hundred and forty-three cases, or 20 per cent of all examined, required orthodontia. Chief causes seemed to be early loss of deciduous teeth, mouth breathing, adenoids, and catarrhal conditions.

Finally, 3,045 fillings are necessary to save further decay, together with 634 extractions and attention to 143 cases needing orthodontia appliances.

WORK OF MILITARY RELIEF DEPARTMENT OUTLINED BY DIRECTORS

In discussing the work of the Department of Military Relief, J. J. McBride, director, outlined the Red Cross service to the Army and Navy, and Dr. G. H. Richardson, director of the Bureau of First Aid, in the Military Relief Department, reviewed First Aid work at both San Francisco and Los Angeles conferences.

"The duty of the Department of Military Relief of the American Red Cross," said Mr. McBride, "is to serve the men in the Army and the Navy. It bears a similar relation to the men still serving with the land and naval forces to that which the Department of Civilian Relief bears to the ex-service men. Both the Army and Navy have recognized the value of the Red Cross in acting as the connecting link between the men in service and their families, in that both of these departments have formally requested the Red Cross to continue to render the men in the peace-time forces the same service that was rendered during the war.

"The work of the Red Cross in camps and naval stations is divided into two classes: home service, including assistance in settling all kinds of personal problems, and the work in the hospitals confined to the sick and wounded.

"The Home Service gives the man the opportunity to straighten his difficulties, including the questions of allotments and allowances, insurance, back-pay difficulties, etc.

"At the present time, the arrangement of the men in the Pacific Division requires the operation of two convalescent houses, one at Letterman General Hospital at the Presidio in San Francisco, and one at the U. S. Naval Hospital at Mare Island. These houses are fitted with easy chairs, a piano and phonograph, pool tables, games, stationery, reading matter and writing tables.

"One of the duties of the Red Cross man in camp is that he or some member of his staff make a daily visit to every bed patient. The Field Director arranges for entertainment such as automobile rides, picnics, etc.

"In the Pacific Division there were, at the end of last month, approximately 25,000 soldiers and sailors. The number of camps and stations numbers over thirty, and practically every branch of the Army and Navy is represented.

"Nine Field Directors, with a

HAVE YOU A MANDOLIN, MELOPHONE, BANJO, MUSIC STAND?

Convalescent soldiers in United States Public Health Service Hospitals in the Pacific Division are arranging their own orchestras, but a shortage of instruments prevents complete organizations. A mandolin, a banjo, melophone, six music stands and any other instruments are wanted. Donors are asked to send the instruments to Miss Hilda Steinhart, Supervisor of Hospital Service of the Department of Civilian Relief, Pacific Division Headquarters, San Francisco, Hyde and McAllister Streets, and she in turn will distribute them to the patients in hospitals. Donations will be sent to boys in hospitals at Palo Alto, Arrow Head Springs, Whipple Barracks and Tucson.

corps of assistants and stenographers numbering seventeen, carry on the work among these men.

"One of the most pleasant features of the work is the spirit of co-operation and appreciation shown by the Army and Navy toward the Red Cross work. Officers and men do all they can to facilitate the work, and the hope is continually expressed that now with the return of peace the men in the Army and Navy will not be forgotten."

Dr. Richardson

In reviewing the work of the Bureau of First Aid, Dr. Richardson said:

"Our idea of First Aid is to save people from getting injured, and to give them proper emergency treatment when they are hurt. There are 70,000 deaths from accidents in this country during the year, 10 per cent of all deaths due to accidents, 10,000 drownings, and 20,000 asphyxiations. This simply proves that somehow, some time, somewhere, we are to be brought in touch with this great question of first aid to the injured."

Dr. Richardson spoke of the patronage automobile boxes, that have been placed along the highways in Southern California, are receiving. Chapters that have donated First Aid boxes are Pasadena, Alhambra, San Gabriel, Monrovia, Pomona, Claremont, Uplands and Cucamonga.

"First Aid classes," said Dr. Richardson, "can be authorized in the schools, and the children, at the end of their course, receive a First Aid certificate. Go ahead and organize classes, both in First Aid and Care of the Sick."

MISS CLOCK ORIGINATES FIRST AID BOX FOR RURAL SCHOOLS

Miss Julia D. Clock, Public Health nurse of the Grass Valley Red Cross Chapter, who attended the conference in San Francisco, has been given the credit of assembling a very practical and complete First Aid box for use in rural schools of her district.

In speaking of the boxes, Miss Clock said: "When the idea first came to me, I knew the container must be something clean, mouse-proof, and not too large. The one-pound tobacco can seemed the very thing. Publicity was given this idea in the local paper, and in a short time all sorts of tobacco tins came in. These tins were painted a light brown, and a Red Cross added.

"The boxes contain a yard of gauze, an ounce of cotton, a small pair of scissors, safety pins, a small quantity of adhesive plaster rolled on a quarter of a wooden tongue depressor, a finger bandage, a two-inch roller bandage, 1/2 ounce of iodine, 1/2 ounce of aromatic ammonia (in rubber-stoppered bottle), 1/2 dram of oil of cloves, 1/2 dram of potassium permanganate (for snake bite), and a bunch of small swabs, made of tooth picks, rolled with cotton (to be used for applying iodine, or for removing a foreign body from the eye).

"As the box is opened, the first thing one sees, is the list of the contents, pasted on the inside of the cover, and the Red Cross textbook for First Aid, so there can be no chance for a mistake in the use of the contents, even in the hands of an inexperienced person.

"These little outfits are not pretentious, but they have been much admired, and seem to be large enough for all practical purposes.

The using of First Aid kits in schools was especially stressed by Dr. Richardson, who said: "Schools that cannot afford our kits, that cost \$10.50 apiece, can easily make them out of tobacco tins, enamel them, put on a Red Cross, and fill them up with the proper contents. Many schools have made their own, and the result is very satisfactory."

Mrs. Pearl T. Smith, secretary of the Yuba-Sutter Chapter at Marysville, was called upon by Dr. Richardson to tell of the success of water First Aid classes organized in Marysville last summer.

INTERESTING WORK DONE BY HOME SERVICE WORK- ERS IN HOSPITALS

Chapters in the Pacific Division will be interested to know in detail of work of the Red Cross Home Service workers in the United States Public Health Service Hospitals of the Pacific Division, the hospitals that care for disabled ex-service men.

The following quotations from the California hospital workers' reports will show how much patience and loving service are involved in this work and with what enthusiasm the Red Cross workers perform their tasks:

"In our May report we told of the case of G., who, addicted to the use of drugs, was finally committed to a State hospital on the charge of insanity. We spoke of still keeping in touch with him by letter, and of trying to impress him with the thought that we were friends waiting to help him upon his release from the State hospital.

"G. was released during this last month, his discharge stating that he is not insane. The second day after his release he came to see us. The boy was very bitter over his commitment, but he was, however, materially helped with regard to the drug habit. He looked much better physically, but by no means well, and was very nervous. We talked with him at length, doing what we could to counteract his bitterness of mind. During the interview we learned that he had been told by the doctors at the State hospital that he possibly had tuberculosis, and was advised to go to the United States Public Health Service Hospital for examination in that respect. He did not want to go back to the United States hospital; he wanted no more hospitals. But he had told us that he had expectorated blood, did not know whether from his lungs or his stomach. He took the attitude that if he had tuberculosis, there was no use in bothering; that would be the end. We talked further. He finally consented to go to the District Supervisor's office.

"We personally put him in touch with the District Supervisor, with the result that the very next day he was sent to a United States Public Health Service Hospital for the care of tubercular patients.

"G. was interested in training; to accomplish the result, we put him in touch with the Red Cross representative at the Federal Board, which is in the same building with

Red Cross War Service Fits

Chapters for Peace Time Job

(Continued from page 3)

tions and will furnish a basis upon which all the organizations in the community and country can get together.

"The care of school children, how mothers should care for their babies, and how they should care for themselves before the baby is born—teaching on all these things can be done through the Health Center organization. The Health Center is a room with an information desk, answering all questions on health. It brings together all of the books of the great national agencies on human health; it has health exhibits on the walls; it has demonstration classes, a loan closet and a growth clinic."

Call to Great Service

In closing, Dr. Peterson said: "The American Red Cross did a great service during the war, and because it did this job well, it is being called to another great service. It is fitted to do that job as no other organization in the world is fitted to do that job. If the American Red Cross does not do it, it will not be

the United States Public Health Service. She added her influence to ours and helped to see him through. We have recently had a letter from him, from which we quote: 'I got very discouraged at times, and the only thing that keeps me plugging away is that so many are trying to do for me, that it would be selfish on my part not to try, too.'

"We feel that if this boy had not had a friend to guide him at the time that he came to us, the result would have been very serious. His lung condition is apparently bad, and he is now where he will receive proper medical treatment for that trouble, and at the same time be given time to regain his mental balance. He could not possibly have adjusted himself to ordinary life at the time, and his compensation has not been adjusted, so that he had no funds with which to finance himself during a period of readjustment. We have taken up the matter of his compensation, and hope that when he leaves his present hospital he will have some money to fall back on.

"We feel that he is now getting the same encouragement, for both officially and personally we enlisted the interest of the Red Cross at the hospital where he is now."

done—there is nobody else. It can be slowly done, but it will not be done on a national scale unless the American Red Cross does it. The American Red Cross is ideally situated, ideally organized to do that, because of its local groups; it has its traditions of work in the health field, and it has the leadership, under a banner which means all of those things.

"The Health Center is that project, and it is the next step in health work. It is a thing which every Chapter and every branch can do. It is not a thing that requires the expert to put across; it requires expert guidance, but you can get all of that through your Division office, and the Chapters or branches can do those things at home.

"It is a thing which does not require a survey. It is a thing so absolutely fundamental and universally needed, that the only kind of a survey needed is, 'Have you a Health Center in your community?' 'No.' 'Then you need one.' The Health Center fits the American Red Cross; it is the next great step in health work, and I think it is big enough to challenge such an organization as the American Red Cross, which made the greatest demonstration of strength which has ever been made by any private organization."

Dr. Peterson was appointed Director of Health Service, December 1, 1919. At different times, he has been lecturer on medical inspection, physical education and recreation at the University of Wisconsin, Ohio State University and Cleveland School of Education.

In the fall of 1918, he was a member of the staff of the American Red Cross Commission for Tuberculosis in Italy, and as head of the section of school hygiene he organized and promoted in Italy a national association for school hygiene.

Before going abroad in the Red Cross Service, Dr. Peterson was for several years director of medical inspection and physical education of the Cleveland Board of Education. In that position he personally directed a large staff of school doctors and school nurses in the medical inspection of approximately 100,000 school children, and his office became a clearing house for numerous activities relating to welfare work in the schools.

Delegates' Registry Shows Excellent Attendance Mark

Delegates from 101 Chapter cities in the Pacific Division registered at the two conferences in San Francisco and Los Angeles, with fine representation of entire territory. The registry does not cover the complete attendance, which is estimated above the 500 mark for the two meetings.

Among the visitors from the Pacific Division attending the Regional Conference for Northern California and Nevada, in San Francisco, September 13th and 14th, were:

Alameda—Ada A. Smith, R. N., Mary L. Kent, Caroline Pratt.
Angels Camp—Mrs. Lilla Bisbee.
Auburn—Mrs. Earl Lukens.
Bakersfield—Mrs. W. B. Lyons, Miss Ruth Lyons.
Berkeley—Miriam Webb, Rowena R. Mills, Mrs. Henry Buford, Mrs. F. H. Glass (U. C.), Alice Richardson (U. C.), Sarah Hart (U. C.), Lois B. Smith (U. C.), Gladys McCaspin (U. C.), Pitam Singh (U. C.), Gertrude S. Freese (U. C.), Mary B. Murdock (U. C.), Mrs. S. H. Greeley, Miss J. Greeley, Mrs. L. B. McLenegan, Ida Ciegler.
Bisbee, Arizona—R. B. Durfee.
Brentwood—Mr. Geo. H. Shafer, Mrs. C. Murphy.
Carmel—G. H. Beardsley, Mrs. G. H. Beardsley.
Cloverdale—Major W. M. Billings.
Coalinga—Fred B. Trotter, R. W. Dallas.
Corcoran—Mrs. J. E. Martin.
Fowler—Mrs. Ray R. Giffen.
Fresno—Mrs. Priscilla Mitchell, R. N., Blanche E. Post, R. N., I. M. Aiken, Mrs. W. B. Isaacs, Mrs. W. J. McNulty, V. D. Stephenson, Annie R. Hewitt.
Goldfield, Nevada—Mrs. Iva F. Murdock.
Grass Valley—Julia D. Clock, R. N.
Hanford—Mrs. Chas. E. Watkinson.
Hayward—Elizabeth G. Parsons.
Kingsburg—Mrs. W. A. Paulson.
Los Angeles—Agnes G. Talcott, Edna L. Hedenberg, Nina M. Carr, R. N.
Los Banos—Helen M. Arburna.
Los Gatos—Emily L. Cohen, Herbert E. Smith.
Madera—Craig Cunningham, Mrs. D. H. Ransom, R. N., W. S. Orvis, Cleora B. Craig.
Martinez—Mrs. Alice G. Whitbeck.
Marysville—Mrs. Pearl T. Smith.
McGill, Nevada—J. D. Watson, H. Boyd Smith.
Menlo Park—Mrs. John F. Merrill.
Merced—Mrs. John Stebbins, Mrs. Carolyn S. Law, Mrs. H. P. Spencer, Mrs. Terry W. Ward, Terry W. Ward, H. P. Spencer.
Modesto—George T. McCabe.
Napa—Mrs. F. W. Bush, Mrs. Ivey Wentworth.
Oakland—Ethel G. Kosht, R. N., Esther V. Tucker, Mrs. Wm. T. Blackburn, Mary E. Regan, Kathleen Kelly, Wm. John Cooper, A. F. Lomba, Anna M. Laird, Annie F. Brown, D. A. Chapman.
Pacific Grove—Addie C. Pell.
Palo Alto—Mary C. Green, Miss Emma B. Blair, Sophie H. Marshall, Lydia P. Mitchell.
Pasadena—Mrs. Jeanette F. Peterson, R. N., Jane Pollock, R. N.
Redding—Mrs. J. W. Hare.
Redwood City—Mrs. A. Kincaid.
Reedley—Lucy Whitney, M. D.
Reno, Nevada—Mary L. Macaulay, Mrs. L. S. Curtis, Mrs. M. O. Davis.
Richmond—Nora Ashfield, L. H. Ospina.
Riverside—Mrs. A. N. Wheelock.
Roseville—Mrs. T. H. Mee, Rev. T. H. Mee.
Sacramento—Anastasia Miller, R. N., Fannie V. Pyburn, R. N., Mrs. Wm. E. Briggs, Aurora E. Glammugani, Mrs. C. von Hoffmann, Mrs. A. Coolat, Mrs. Robert Devlin.

Salinas—Mrs. G. E. Lacey, Mrs. Jesse B. Iverson, Mrs. Arthur Walter.
San Bernardino—Molly H. Orr, Mabel R. Haines.
San Francisco—F. P. Grau, R. N., Rhoda Mills, Miss Anna W. Beaver, Miss J. Benson, Julia Hinkle, Catherine Tiedemann, Jeanette Newman, Wm. C. McWade, Mrs. Thurlow McMullin, Egie May Ashman, Grace Fassett, Ruth Scott, Mabel Galli, Grace Newbauer, Reeth Pichart, J. Greenwood, M. L. MacLean, Ida C. de Vries.
San Mateo—H. S. Nye.
San Rafael—Melanie Lancel, Nora B. O'Sullivan, R. N., Margaret Foster, Martha T. Korbcl.
Santa Cruz—Mrs. Bessie Pittroff, R. N., Miss Finkeldey.
Santa Maria—W. T. Lucas, Mrs. J. H. Winters, E. E. Kidd.
Santa Rosa—Clara L. King.
Sebastopol—Helen J. Dahl.
Stockton—Mrs. W. C. Neumiller, M. V. Carlson, R. N., Minerva Goodman, Mr. F. J. Conzelman, Mina Sparks, R. N.
Tucson, Arizona—S. H. W. Fenner.
Watsonville—Alice J. Liles, Rozzie Manning.
Woodland—Mr. Leander Turney, Mrs. Leander Turney.
Yerington, Nevada—Mrs. G. E. Leavitt.
Yreka—Mrs. E. H. Laurenceson, E. H. Laurenceson.

Among the visitors from other Divisions were:

Baltimore, Md.—S. H. Maynard.
Emporia, Kansas—Mrs. F. O. Stone.
Kenosha, Wisconsin—Millicent B. Northway.
Lewistown, Montana—Rue H. Baxter.
Minneapolis, Minn.—A. J. Chesley.
Omaha, Nebraska—Mrs. Frank Bandle.
Passaic, N. J.—Frances B. Doane.
Nurses attending the Public Health Conference in San Francisco were:
Alameda—Marie Kent, Ada Smith.
Bakersfield—Ruth P. Williams, Mrs. Pauline O'Meara.
Berkeley—Helen Bloodgood, Alma Hansen Shaffer, Ida Ceigler, Thelma Driggs, Isabelle Gallagher, Mary P. Hindman.
Benicia—Marion Gray.
Dinuba—Anna M. Adams.
Eureka—Damaris Beeman.
Fresno—Ethel D. Watts, Mrs. Priscilla Mitchell.
Grass Valley—Julia Clock.
Hanford—Ida R. Birkemeier.
Hayward—Olive C. Schafer.
Hollister—Eleanor Nolan.
Lindsay—Mary B. Williams.
Livermore—Reba Dobson.
Los Angeles—Ethel M. Sears, Edna L. Hedenberg, Sidney M. Maguire, Isabelle H. Piris, Bertha E. Kalte, Miriam Webb, Alma Karlsson.
Los Banos—Elizabeth De Ferrarl.
Oakland—Catharine S. Bastin, Adelaide Brown, Ethel G. Kosht, Sophia Balch.
Niles—Ada Jensen.
Madera—Mrs. D. H. Ransom.
Porterville—Sarah Fitzhugh, Ruth Nash.
Palo Alto—Carolyn Robertl.
Pomona—Dorothy Smith.
Salinas—E. Gertrude Wadland, Mary M. Breen.
Sacramento—Anastasia Miller, Ida M. Theile, Fannie V. Pyburn.
San Francisco—Mollie E. Johnson, Selina Muse, Julia Hinkle, Catherine Tiedemann, Agnes Bryant, Tinauin Maria, Mary K. Clary, Esther Tucker, Anna Weum, Edna Shiprser, Martha Johnson, Margaret McNery, Rue H. Baxter, Eva Witter, Blanche Collette.
San Jose—Lennie Norman.

Santa Cruz—Mrs. Louis Pittroff.
Santa Rosa—Myrtle Sacry.
Stockton—Mabel Hersom.
San Rafael—Mary E. Farey.
San Leandro—Sarah H. Maynard.
Sebastopol—Helen J. Dahl.
Sonoma—Henrietta Koch.
Tulare—Grace Parker.
Watsonville—Alice Liles.
Woodland—Rozzie Manning.
Ukiah—Nellie W. Turner.

Attending the Regional Conference for Southern California and Arizona in Los Angeles, September 20th and 21st, were:

Alhambra—Mrs. H. E. Rose, Bessie R. Wicken.
Bakersfield—James Egan.
Berkeley—Mrs. Greeley, Mrs. Jos. S. Mills, Rowena R. Mills.
Garden Grove—Mrs. C. C. Violet, Grace V. Hobson, R. N.
Glendale—Mrs. B. D. Chester, Mrs. H. E. Bartlett, Mrs. Arthur C. Brown, Mrs. E. W. Hayward, Mrs. L. E. Dow.
Hollywood—Capt. T. W. Sheffield.
Huntington Park—Mrs. Mary A. Wilson.
Long Beach—Mrs. W. S. Llewellyn, Mrs. Gertrude Bentley, Mrs. Raymond H. Green, Blaque Wilson, Florence Ames, Mrs. J. A. Tanner.
Los Angeles—A. L. Palloon, Mrs. A. M. Valentine, Signa E. Lindquist, R. N., Mrs. Ethel M. Sears, E. T. Van Eman, R. N., Kathryn Chance, R. N., Walter F. Leeds, Marion C. Hall, R. N., Mrs. Galetta Van Valkenberg, Miss Chrissie McLeomore, Mrs. John F. Giles, Mrs. James A. Simpson, Mrs. Olive M. McConnell, Henrietta M. Muir, Elizabeth MacGaffey, Kate Leonard, Florence Henderson, Elizabeth Synhorst, Mrs. Benjamin Goldman, Mary A. Robb, R. N., Richard Reed, Amanda G. Rosenquist, Dr. G. A. Fielding, Mary Cooke, R. N.
Maricopa—Mrs. V. D. Black.
Miami, Arizona—Mrs. Mary B. Whalen.
Needles—J. P. Finan.
Oceanside—H. Grace Franklin.
Ontario—J. D. Meriwether.
Oxnard—Anna C. Korts.
Pasadena—Miss A. C. Stryke, Miss Mary Whitney, Mrs. H. B. Kellogg, Mrs. Hartley C. Packard, Jane H. Pollock, R. N., Marian E. Pollock, R. N., Miss Ethel Fisher, Mrs. I. J. Sturgis, Maud M. Devereaux, Mrs. E. E. Nicklis, Edwin A. Walden.
Phoenix, Arizona—Luella M. Erion, R. N.
Pomona—Sarah M. Eager.
Riverside—Mrs. W. H. Ellis, Florence J. Foster, R. N., Grace V. Plum, A. H. Halsted.
San Bernardino—Mrs. J. W. Barton.
San Diego—Ernest Riall, Mrs. T. Coe Little.
San Francisco—Colonel George Filmer, Mrs. Nancy R. Gaines, Bernice A. Clarke, Charlotte F. Kett, Miss Kathleen Booth, Miss M. B. Setright, Dr. G. H. Richardson, J. J. McBride, Olive A. Rauch, Chas. B. Stone, Grace Graham, L. L. White, R. N., Mary L. Cole, Miss I. Baldwin, Eve Scholer Bangs.
San Pedro—Mrs. M. F. Decker, Mrs. P. C. Wagstaff, Mrs. C. J. Adair.
Santa Ana—Anna Rohde.
Santa Monica—May McVeety, Mrs. Harriet C. Fielding, Miss R. M. Hill, Anna Hink, Miss Joey Denton, Horace W. Beek, Grace W. Fraser, Florence Anderson.
Santa Paula—Miss Ada B. Cummings.
Taft—Mrs. H. H. McClintock.
Van Nuys—Marie J. De Armond.
Ventura—Mrs. James Mack.
Whittier—Mary E. Grippen.
Winslow, Arizona—Mrs. A. R. Goldman.

Visitors from other Divisions were:

Boston, Mass.—Leona A. Bent, Bessie M. Barlow.
Minneapolis, Minn.—Dorothy Greenwalt.
Port Huron, Mich.—Sarah Robertson, R. N.
Washington, D. C.—Dr. E. A. Peterson.

Echoes From Red Cross Conferences

In the Miami Chapter of the Red Cross, according to Mrs. Mary B. Whalen, secretary of Home Service work, who attended the Los Angeles conference, work among the Mexicans is the big task. Lately 100 families were burned out, losing all their worldly possessions. In two hours the Red Cross had organized relief, arranged for shelter and medical care and for almost two weeks had given the families friendly oversight until they were permanently housed and back to normal conditions.

H. Boyd Smith, secretary of McGill Chapter of the Red Cross, was in San Francisco during conference week and attended both sessions of the regional conference.

He is proud of the interest taken in Red Cross work by McGill Chapter people, saying they are keenly alive to all phases of the peace-time program of the Red Cross, and can actually sense problems that are not definitely presented. He said: "The attitude of men doing Home Service work has been responsive and generous, and the chairman, J. D. Watson, has always felt that Home Service is the most important of the Chapter activities."

Dr. Peterson's picture, appearing in this issue, was photographed by Smith.

J. P. Finan, Chapter chairman at Needles, in speaking of home service work at the round table conference at Los Angeles:

"Apart from the work with the ex-service men who come wandering or riding the brake beams into Needles, there are also many travelers who reach this railroad division town, sick or without funds. Living is very high. Meals average \$1.00 each, and rooms \$3.00 a night. It costs a great deal to even temporarily care for such cases."

Mr. Finan made an appeal to other home service sections and agencies to promptly answer his telegrams asking for investigation in the towns where these people claim to be residents.

A real understanding of the necessity of helping people reach the place where they belong, but of refusing to pass them on without being sure that they have relatives or some resources there, was indicated in his talk.

WORKERS FROM DISTANCE FIND CONFERENCE INTERESTING



Mrs. Ira F. Murdock, secretary of the Red Cross Chapter at Goldfield, Nevada, was a visitor at Pacific Division Headquarters during conference week.

Mrs. Murdock was very enthusiastic over the meetings, and plans to reorganize the Chapter's work, so the Red Cross will stand for something vital in the community. She is planning to have the Red Cross workers in her Chapter sew garments for refugees.

Mrs. Lilla Bisbee, chairman of Calaveras County Chapter of the American Red Cross at Angels Camp, who attended the conference in San Francisco, has held her wartime interest in Red Cross work, and through her personal efforts has done much to arouse people to community improvement, even though the town is now suffering from a temporary closing of the gold mines.

The Red Cross in Angels Camp is planning to enter the field of social service in the community at large under Home Service Extension.



During the Home Service round table conference in Los Angeles, the spirit of the Ontario Chapter was shown in the attitude of J. D. Meriwether, Home Service secretary. He stated that the problem in Ontario, which is a training center for the men under Federal Board for Vocational Education training, is with these men, and especially their families, who move to Ontario in order to be near their men. Ontario feels that these ex-service men are an important part of the community and everything is being done to make living for them as pleasant and as profitable as possible and to make "the boys" feel that Ontario welcomes them and considers them her own.

As an outcome of the Public Health nurses and instructors' meeting held in Los Angeles, arrangements have been completed for ten nurses, working under the Los Angeles County Health Department, to teach Home Hygiene and Care of the Sick in their various districts.

Los Angeles Chapter recently appointed a committee to look into the activities of the Home Service Section, as on the face of things it was difficult to understand just why there continued to be necessity for the employment of so many workers and the expenditure of so much money in helping the ex-service men almost two years after the armistice was declared. The survey conclusively showed that there is still much need for service on the part of the Chapter and though certain groups seem now to be legitimately the responsibility of existing community welfare agencies, and contact is to be carefully made for the men in these groups with these agencies, there still remains much for the Los Angeles Home Service Section to do in helping the disabled men and certain others to make the necessary adjustment back to normal life.

A large part of the work will be of the clearing house and informational type, and emphasis is to be put on the fact that the Red Cross cares to help the ex-service man to solve his problems, and if the Red Cross cannot actually give him the care he needs, it will put him in touch with the agency that can.

Splendid co-operation of the Riverside Chapter with that city's American Legion Post was reported at the Los Angeles conference. Men wandering, drift into Riverside, and it is often most difficult to determine whether the man is playing fair in asking Red Cross aid.

The Legion appointed three of its finest men to serve as a credentials committee. These men know what the boys went through, how to be kind and yet not to be imposed upon, and when they say a man is all right, and should be helped, the Chapter feels it is safe in giving every consideration to the men's request.



The American Red Cross

Pacific Division Activities

ARIZONA - CALIFORNIA - NEVADA



Vol. III

OCTOBER 15, 1920

No. 8

Division Chapters Ready For Roll Call

SPLENDID CO-OPERATION EXPECTED FROM CHAPTERS



STILL the GREATEST
MOTHER in the WORLD

Reports at Division Headquarters on the preliminary plans for the coming Fourth Red Cross Roll Call indicate that nearly every Chapter in the Pacific Division is fully prepared for the active work of enrolling Chapter members during the week of November 14-22. One hundred per cent is the goal and in this as in every other Red Cross work undertaken in the three Division States, California, Nevada and Arizona, Chapters are alive to the responsibility of such an ambition.

Splendid co-operation from outside organizations indicate that there will be no dearth of workers anywhere, but it is the Chapter method of bringing them together that will test the strength of the American Red Cross in the Pacific Division.

The Division Manager offers every possible help that Division departments and the Roll Call organization can give to Chapters and asks that Chapter Roll Call Directors SEND IN THE QUESTIONNAIRES ON ROLL CALL SUPPLIES AT ONCE.

In the next few days the Roll Call Director in each Chapter in the Division is expected to check up plans for conducting the Fourth Red Cross Roll Call in its jurisdiction and be sure that he is ready to:

Make full use of every available Red Cross Chapter worker.

Call upon all organized bodies in the Chapter territory for names of their committees. Arrange for receiving reports from outside committees during Roll Call week.

ARMY, NAVY, WISH SUCCESS TO PACIFIC DIVISION ROLL CALL

"I am always glad of an opportunity to say a good word for our American Red Cross.

"I feel that the work the American Red Cross did for our forces at home and abroad and the work it is now doing can never be fully appreciated by our people. It was and is on too grand a scale to be grasped by the individual.

"I feel that there is no more worthy organization appealing to the people than our American Red Cross.

"Sincerely yours,

"(Signed) H. LIGGETT,
"Lieutenant General, U. S. Army."

"I sincerely hope that your Fourth Red Cross Roll Call, which is to be held in California, Nevada, and Arizona during the week of November 14-22, will be a great success, especially as the Navy has long desired the co-operation of an organization like the Red Cross.

"My Aide for Morale, who is vitally connected with the work of all welfare agencies in this District, reports the closest co-operation with the Pacific Division of the American Red Cross, and states that at all times this organization has placed itself at the services of this District and has given all that might be desired in the way of assistance.

"The work of the American Red Cross has been and is appreciated by the Navy Department and officers and men of the United States Navy. This is shown most clearly by a circular letter issued from the Navy Department to all admirals of fleets, commandants of stations, commanding officers and others concerned, inviting the attention of these officers to what the Red Cross can do for the enlisted personnel of the Navy, and calling their attention to the fact that where possible the Home Service and other branches of the Red Cross are to be used to the fullest extent.

"Very truly yours,

"J. L. JAYNE,

"Rear Admiral, U. S. N.,
"Commandant 12th Naval Dist."

CHAPTER DIRECTORS URGED TO CHECK UP ROLL CALL PLANS

Follow up pledges of support from the American Legion, churches, lodges, labor unions and foreign language groups asking for special announcement of the Fourth Red Cross Roll Call in sessions held during the national Roll Call period, November 11-25.

Place speakers on community programs, in theaters and churches before and during Roll Call week.

Secure engagements for the new illustrated lecture, "The Gospel of Service," which is being circulated free of cost to Chapters. One copy of the lecture was mailed each Chapter.

Promote RED CROSS SUNDAY plans through local churches and ministerial organizations. A suggested program is in the hands of ministers and Chapters.

Push Roll Call publicity. Discuss the underwritten advertising plan with local merchants and newspapers.

Offer the electrotype, "Still the Greatest Mother," to hotels and theaters for menus and programs and to advertisers for insets in their store ads.

Ask your local movie men to use the slides being sent them by Division Headquarters to announce the Roll Call.

Use the Roll Call pageant, "The Red Cross of Peace," wherever possible. Copies have gone to Chapters.

Get your local motion picture theater managers to write to the Division Department of Publicity for bookings on Red Cross pictures.

Plan to show the Roll Call picture, "The Spirit of Service," at least once. When ordering, give the definite date or dates for showing and the name of the theater to which shipment shall be made. THIS IS IMPORTANT. Order early, as the supply is limited.

Helpful Suggestions for Roll Call Workers

SUGGESTIONS that will aid Chapters in furthering their plans for the Fourth Red Cross Roll Call and publicity have been sent to all chairmen in the Pacific Division from Headquarters from Manager George Filmer's office, and the Department of Publicity and Speakers.

Chairmen of the Chapters are urged to read the following letters and bulletins covering the subjects of Three Minute Talks in Motion Picture Theaters, Slides and Lectures, Roll Call Slides, The Red Cross Pageant, instructions to handle copies of Underwritten Advertising, and How Foreigners Should Be Encouraged to Work for the Roll Call.

Serial No. 36, issued October 1, 1920. (Department of Publicity and Speakers, Bulletin No. 49.)
Subject: Three Minute Talk in Motion Picture Theaters.

A special feature which you can use in your Chapter during the period of the Fourth Red Cross Roll Call is a three minute talk in motion picture theaters. It has been tried out successfully by our field speaker, Miss Flora L. Bradford, R. N., and is recommended to you for your consideration.

You would want to put the lines into the hands of a local speaker and arrange to have the talk given in all of your theaters during the week.

This department will furnish the set of slides free of cost upon request. Place your order at once if you decide upon this feature.

The material on the slides includes: Foringer poster, "Still the Greatest Mother," floating American flag in colors; Roll Call Announcement: "Remember the Fourth Red Cross Roll Call, November 14-22. Join in Your Local Chapter."

The talk which you are asked to use is attached hereto.

STILL THE GREATEST MOTHER (Flora L. Bradford, R. N.)

Once again the Greatest Mother in the World is marshaling her children for another year of service.

Once again a flaming Cross recalls the lurid days of war, when the heart of this great people overflowed with love upon a stricken world.

Gone for us those days that searched the souls of men and blanched the faces

know not of, because we have wrought as goodly workmen?

The young man with his joys, the sick, the aged, the needy, and the broken-spirited,—all these have come with their problems and their woes. Shall they be turned away?

No! Great America shall be greater still; and through this transcendent Cause linked up with human life, shall we all most nobly serve and find our own life's best expression.

"O beautiful for patriot dream
That sees beyond the years
Thine alabaster cities gleam
Undimmed by human tears!
America! America!
God shed His grace on thee,
And crown thy good with brotherhood
From sea to shining sea!"

Serial No. 37, issued October 1, 1920. (Department of Publicity and Speakers, Bulletin No. 50.)

Subject: 1920 Slides and Lecture

I am enclosing herewith the Red Cross lecture for 1920, "The Gospel of Service," to be used wherever possible as a special Roll Call publicity feature. The lecture, which is divided into two sections, is accompanied by 120 slides. It can be used either in whole or in two parts, each a complete lecture.

It is suggested that the lecture be accompanied by a musical prelude of community singing or other patriotic features. The words should be read by some one accustomed to public speaking. It forms an ideal program for church, school or club use.

There is no charge on the slides or the lecture. In ordering these slides, indicate if you want one or both sections.

Why not make it a Red Cross Sunday feature, giving it to one church for morning service and another for the evening? I suggest in this case that you use one section only.

Place your order early. The supply is limited.

(Continued on page 6)

Foreigners Should Be Encouraged to Work For Fourth Red Cross Roll Call

You may have been approached by members of some foreign group in your community asking how they can help in the coming Fourth Red Cross Roll Call. I hope you have and that you responded to the call enthusiastically. When it comes it is partly as a volunteer expression of interest in the American Red Cross and partly as the result of a well worked out plan at National Headquarters.

In brief it is this: That all foreign-speaking people—there are 16,000,000 people in the United States of foreign birth—be permitted and encouraged to work for the Fourth Red Cross Roll Call in their own groups, establishing a point of contest if desired in getting memberships.

Whoever is placed at the head of the local foreign group, society or religious organization will report to the Chapter Roll Call Director, turning over his list of members and a corresponding amount of money to be credited to the Chapter rolls.

Full credit is to be given to each foreign group as a contribution from the particular nationality represented: The Portuguese society would report a hundred members for the Chapter and would receive publicity locally and through its own national society for having done that work for the American Red Cross.

Will you proceed at once to make a contact with heads of foreign societies and groups in your Chapter jurisdiction, aiding them in their plans if they wish it and adding the enthusiasm of the Chapter organization for whatever plan they may have already developed?

There are 60,000 local units of the national organizations. Contact has been established with the national heads of the following groups: Czecho-Slovak, Danish, Finnish, German, Hungarian, Italian, Jewish, Serbo-Croatian, Slovenes, Lithuanian, Norwegian, Polish, Russian, Swedish, Ukrainian, through which every local is to be lined up.

The local units will call upon the Chapter for supplies, buttons and receipts. Giving them out as called for is the only specific service the Chapter is called upon to render in the national plan which has been thoroughly worked out by the Foreign Language Information Service Bureau in New York. (Please refer to the future issue of Pacific Division Activities for October 15 for a complete story of the organization of this new and interesting Red Cross service.)

You will receive an announcement of the plan for showing Red Cross films with foreign captions within a few days. Please be ready to help in securing showing dates in local theaters that appeal to foreign groups.

of our women. In forgetfulness of self we served life's truest ends. Are we less great today than we were then?

The ghastly aftermath of war that stabs at little children,—shall we heed it not? Must this clarion call fall upon deaf ears while they cry for bread that we can give, and the light of hope which we can bring?

Upon our own shores, this great new generation,—shall it rise to heights we

RED CROSS FILMS WILL INCREASE MEMBERSHIP IN ROLL CALL

"Let the movie man help you get your Red Cross membership in the coming Roll Call" is good advice.

Think it over.

In a new picture, the "Spirit of Service," produced by the American Red Cross Bureau of Pictures, the story of how the Red Cross operates is splendidly told. Every community will want to see it. Your members are interested. This picture can be secured free of rental charges from Pacific Division, Department of Publicity. Place your order early—the supply is limited.

Experts who have seen this picture pronounce it one of the most beautiful single reel features ever screened. It is an exquisite allegory depicting the "Spirit of Service" at work in the world's affairs among stricken humanity today.

Unusual effects in photography have been achieved. Interiors were made at one of the best studios in the country, while exteriors were taken amid scenes of enchanting beauty and classic architecture at one of New York's most palatial estates.

The picture was produced under the able direction of Tefft Johnson, assisted by Arline Fredick as "Service" and Logan Paul as "Wisdom." In the selection of the all-star cast, special attention was given to type as well as histrionic ability. Owing to the generosity of these artists and others who contributed their services, the Red Cross was able to produce this picture at a nominal expense.

The story opens with the symbolical figures of War, Pestilence, and Famine, which have been born into the world as a result of war. From this state of the world's chaos appears the "Spirit of Service," who is eager to relieve the distress of the world, but is at a loss to know which agency for good is most in need of her efforts. She calls to her aid her handmaidens, Faith, Hope, and Love, who advise her to seek counsel of Wisdom. Looking through Wisdom's telescope all parts of the world are brought within her vision. She sees the work of relief accomplished by the American Red Cross and in that organization finds her opportunity for Service.

The picture is sure to have a powerful influence in adding to the membership of the American Red Cross.

Other Red Cross pictures which

theater managers will be glad to run from the American Red Cross series include:

The Mother Queen of Roumania.
The Land Without Mirth.
Before the Doctor Comes.
In Florence Nightingale's Footsteps.
Every Woman's Problem.
An Equal Chance.
Mrs. Brown vs. H. C. of L.
Come Clean.
Making the Desert Bloom.
Modern Concrete Road Construction.
Story of the Orange.
Speeding the Spoken Word.
Italy's Sons of the Sea.
Father Knickerbocker's Children.
Heroes All.
Vocational Training for Blind Soldiers.
Red Cross Bulletin.
Dawn in Lonesome Hollow.
Along the Riviera.
Amid Archangel Snows.
Glimpses of the Balkans.
Venice.

DIVISION WORKERS SPEAK BEFORE EDUCATORS

At the annual convention of the City and County Superintendents of Schools in California, held October 4-8 at the Mission Inn, Riverside, Miss Flora L. Bradford, R. N., addressed the audience of educators. She spoke for the continuance of the spirit of service which the American Red Cross awakened during the war and which is now being turned to a program of community betterment.

Following her talk, she held conferences with a number of superintendents, going into details of Red Cross operation as it more directly concerns the educator and his civic responsibilities.

Two pictures in the Red Cross educational series were shown to familiarize school people with the kind of motion pictures that can be obtained for school use from the Pacific Division Department of Publicity and Speakers. They were "Italy's Sons of the Sea" and "Come Clean."

Miss Mary Concannon, Acting Director of the Department of Junior Red Cross, conducted a special Junior session of the Bay Section, California Teachers' Association. The meeting was held in Oakland during the week beginning October 18.

Two hours were allotted the Juniors on the second day of the session. The meeting was held in the Oakland Technical High School.

HOME SERVICE WORKERS WILL AID FOREIGNERS IN COMMUNITIES

Home Service workers in communities where there are growing foreign groups, will be interested to know that the State Commission of Immigration and Housing, in its bulletin of September, 1920, drew attention to the fact that immigration is starting again, and has soared in recent weeks beyond the pre-war level. The need for redoubled effort in the way of plans for Americanization is emphasized, and the following appeal made to all good Americans:

"After five years' interruption, immigration is starting again. Europe's peoples are now entering the United States in large numbers. They will help America in many ways. But these foreigners must be Americanized. There is National danger if they are not.

"Will you help?"

1. Don't snub foreign people—make friends with them.
2. Don't laugh at their questions about American life—answer them.
3. Don't profit by their ignorance of American law—help remove it.
4. Don't distrust the foreign-born—make them trust you.
5. Don't mimic their "broken" English—help them correct it.
6. Don't drive the immigrant into financial failure—success makes for citizenship.
7. Don't underrate his intelligence—he had brains enough to come here.
8. Don't call him offensive nicknames—how would you like that yourself?
9. Don't "Americanize" by fear and threats—"Americanize" by the square deal.
10. Don't make the immigrant hate America—make him love America. By so doing you will strengthen America.

The following program was presented:

"Junior Red Cross Program—Its Moral Force," Professor Charles F. Rugh.

"Americanization and the Junior Red Cross," Mrs. Beatrice Williams.

"Reflex Influence of Junior Red Cross on Student Bodies," Herbert Lee.

"Girls' Production for Junior Red Cross," Miss Bertha Prentiss.

"Junior Red Cross in Civic Education," William John Cooper.

"Junior Red Cross in Oakland Schools," Mrs. Sue L. Fratis.

Films showing Junior Red Cross activities concluded the program.



The American Red Cross ARIZONA-CALIFORNIA-NEVADA

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Transportation....WM. H. MORROW, Director and
.....National Export Agent

LABOR ORGANIZATIONS IN CALIFORNIA WILL AID ROLL CALL

"For its magnificent work in the World War, the Red Cross deserves every commendation and support. The succoring of humanity is the sole thought of the Red Cross in every crisis. The Roll Call for its support should find no absentees."—Samuel Gompers.

Labor organizations in California are ready to work for the Fourth Red Cross Roll Call, according to reports received at Division Headquarters. A strong resolution endorsing Red Cross work in Chapters and pledging a 100 per cent membership of union labor in the American Red Cross was adopted at the 21st annual convention of the California State Federation of Labor at Fresno, October 6th.

Miss Flora L. Bradford, R. N., special representative from the Speakers' Bureau at Division Headquarters, addressed the convention, giving a resume of what the Red Cross has done in California and what it proposes to do, particularly with reference to needy motherhood and childhood.

MISS BOOTH APPOINTED NATIONAL ADVISER

Miss Kathleen Booth, Director of Salvage and Shop, Pacific Division, has been appointed special adviser to National Headquarters, on Salvage and Shop. The appointment was made by F. C. Munroe, General Manager of the American Red Cross, following Miss Booth's conference at National Headquarters in Washington, D. C.

Five or six women in the United States will be chosen to promote Auxiliary Service throughout the country and Miss Booth will represent Salvage and Shop on the Advisory Council.

She has just returned from a conference of the Mountain Division, held in Denver, Colorado. Miss Booth reports that Chapters of this Division are all enthusiastic on the subject of Salvage and Shop, and feel that this activity is going to solve some of their financial problems.

In speaking of her appointment, Miss Booth said: "It is gratifying to know that the work is spreading outside the Pacific Division, and a great pleasure to the Division office to feel that it is the splendid co-operation of our Red Cross Chapters in the Pacific Division that has made this work possible."

FEDERATION OF LABOR PLEDGES FULL SUPPORT

The following resolution was adopted by the California State Federation of Labor, at a recent meeting held in Fresno:

Whereas, the work of the American Red Cross is well known throughout California as a binding tie in community welfare wherever need is felt and no other organization is prepared to meet it; and

Whereas, The ideals of brotherly helpfulness sustained by organized labor are expressed in the work of the Red Cross carried on in California in its contact with the ex-service man and his family, needy motherhood and childhood through its Chapters, be it

Resolved, That the California State Federation of Labor recommend 100 per cent enrollment in the American Red Cross; that this body give its support to the Fourth Red Cross Roll Call; and

That local organizations be instructed by delegates representing them at this convention of the action of this annual convention and be asked to co-operate with Red Cross Chapters to secure a unanimous enrollment in the American Red Cross during Roll Call week, November 14-22.

UNIFORMS TO BE WORN DURING ROLL CALL

Chapters will doubtless find it desirable to permit and encourage the wearing of uniforms and insignia during the Roll Call, in accordance with the following authorization recently received from the General Manager:

"I wish to advise you that, for the period of the coming Roll Call, November 11th to 25th, inclusive, all former and present Red Cross personnel will be given special permission to wear their regulation uniforms while engaged in the work of the Roll Call, provided they secure the uniform permit and wear the regulation Roll Call workers' badge.

"It is to be clearly understood that this permission is granted for the period of the Roll Call only, and that after November 25th the usual regulations in connection with the wearing of the uniforms will obtain.

"This ruling applies to all Nurses, Home and Foreign Service workers, including the Field Service Directors and their associates, Canteen and Motor Corps workers, Chapter workers of all kinds, and in fact to every one who has been authorized to wear a Red Cross uniform.

SAN LEANDRO SCHOOL HAS A CAFETERIA AND DENTAL CLINIC

More than 900 school children in San Leandro are examined twice each year by the city and school public health nurse, Mrs. Helen Bromhall.

She inspects the class rooms, makes appointments for the children with the dentist, looks up absent children who are reported sick and keeps accurate records of her findings. The follow-up work in the Portuguese homes is very valuable to the school and the community. A small car to be used by the nurse in her work has been given by the local Red Cross Chapter. The Juniors have guaranteed the upkeep of the machine for one year, the money to be raised by paper drives and a Christmas Shop.

With the financial and active aid of the Junior Red Cross, from 80 to 100 pupils and teachers are served hot lunches daily. The higher grades prepare the luncheons, a class each day vying with one another in niceness of preparation and serving of the foods. The girls who wash the dishes eat at 11:45, and are credited 25 cents per hour toward their lunches for their work.

The School Board pays \$8 per month—the usual amount for groceries—otherwise the cafeteria is self-supporting.

The following is one of their menus: Creamed chipped beef on toast, 5c; bananas with chocolate, 5c; cup of cocoa, 5c; glass milk, 3c; and bread and butter, 1c.

The hospital room in the school has a dental clinic. Equipment costing \$1,500, was paid for by the Junior Red Cross, which likewise pays \$30 a month for dental work. The dentist works three hours every school morning, confining his work to prophylactic and small fillings. Appointments are made by the school nurse.

The county supervisors have become interested in the Juniors' movement, and will pay the dentist's salary of \$100 a month.

JUNIORS IN DIVISION LEAD IN MEMBERSHIP

From figures on Junior Red Cross membership throughout the fourteen Divisions, recently compiled at Washington, Pacific Division stands first in comparative rank for three successive years. It is the only Division that has held the same place during that length of time.

In view of the fact that two of the States of the Pacific Division—Nevada and Arizona—are known as the "States of Magnificent Distances," with schools far apart, it is a great satisfaction to have ranked first.



Mrs. Helen Bromhall, public health nurse, examining school children in San Leandro schools

RURAL SCHOOLS SHOULD HAVE MAIL BOXES

Has your country school a mail box on its rural route? It is important that each have a box, for it is the means of setting up a line of communication direct to the rural school.

Let it be one of the first activities of the rural school on becoming a Junior Red Cross Auxiliary to see that it is supplied with a rural mail box, located on the rural route. The Chapter School Committee will give information as to where official mail boxes may be secured, also prices of same, and will authorize this expenditure from the Junior Red Cross Fund. Only by having mail boxes can prompt and certain delivery of literature direct to the schools be assured.

CAFETERIA IN LINDSAY SCHOOL SERVES 120 TO 140 DAILY

Aided by Junior Red Cross funds, hot school lunches have been inaugurated at Lindsay, California. The Parent-Teacher Association sponsored and established the school lunch as an experiment, the Juniors furnishing the equipment. The cafeteria has lived up to all expectations, having served at cost since its establishment on an average from 120 to 140 children daily.

Not only does the cafeteria enable the children to have a hot meal at noonday, but it relieves the parents of the necessity

of putting up lunches for the children. The cold lunch has been discarded by all interested in health welfare, and the lack of proper nourishment has been found to be the cause of retarded mental as well as physical development.

Following the establishment of this first school cafeteria in Lindsay, the Board of Education contemplates establishing two others.

SEND NAME OF MAGAZINE TO DIVISION

All schools issuing publications, bulletins and magazines

will receive from National Headquarters the "Junior Clip Sheet" if they will send the names and addresses of the publications to the Department of Publicity and Speakers at Division Headquarters, Hyde and McAllister Streets, San Francisco.

This "clip sheet" is valuable, as it stimulates the interest of the Juniors by keeping them advised of work being done in their name, at home and abroad. As an illustration, the Spokane (Wash.) "Spokesman Review" runs a Junior Department in its semi-weekly, which is made up almost entirely of stories and other matter clipped from the "Junior Clip Sheet."

The National Director of the Department of Publicity requests co-operation with schools to extend the use of the clip sheet, especially in relation to the publications.

CHAPTERS SHOULD MAKE USE OF ROLL CALL SLIDES

(Continued from page 2)

This lecture is the third of a series designed to present each year a consecutive, illustrated history of the work of the American Red Cross.

Never at any time, since April, 1917, has it carried a more important and intimate message to the American people.

The tremendous problems that confront the nation along economic, social and financial lines are evidences of how far-reaching a philosophy is necessary to effect anything like a suitable readjustment of our American life.

The American Red Cross must find a place for itself in that readjustment.

It is the purpose of this lecture to tell of this endeavor and to place before the people a definite reason why the American Red Cross is continuing its organization and its work.

Lecture in Two Sections

For two reasons the lecture has been divided into two sections:

First, because of the amount of material necessary to tell the story of what the Red Cross has done and what it is setting out to do.

Second, because there is a natural dividing line between the war work which is being completed and the peace-time program which is being begun.

It is also probable that different places may prefer one section of the work to the other and may be far more interested, for example, in our peace-time work at home than in the finishing of our war work abroad.

Section 1. Finishing with Yesterday

This section covers the closing up of relief work in Europe and the gradual ending of war work with the Army and Navy.

Section 2. Building for Tomorrow

This section deals with the Public Health, Disaster Relief and the work of the Junior Red Cross.

The two sections are published in the same pamphlet in order that Chapters that are so inclined may give the lecture in its entirety.

For this same reason the slides are numbered consecutively to the end.

The arrangement is such, however, that where it may be so desired, either section can be given separately, constituting in itself a complete lecture. The slides have

INSTRUCTIONS TO HANDLE COPY UNDERWRITTEN ADVERTISING

Letter No. 7

We are sending, under separate cover, copies of material for underwritten advertising and instructions for handling it locally. Please put the best efforts of your publicity plans into immediate action.

Paid advertising is one of the most effective means for getting information before the public and is sure to be an important feature in the Chapter preparation for the **FOURTH RED CROSS ROLL CALL**.

You can afford to make this a strong feature. Friends of the Red Cross have already contributed several thousand dollars for advertising in the "Saturday Evening Post" and other media as a national background for the local newspaper advertising, posters, motion pictures and other methods of advertising by Chapters.

The material going forward includes:

1. Instructions for handling underwritten newspaper advertising (additional copies can be had upon request).

2. Underwritten proof books (additional copies can be had upon request).

3. Proof sheet **FOURTH RED CROSS ROLL CALL** posters. These column cuts are designed for general newspaper use and as "insets" in newspaper advertising.

As usual you place your orders for this mat or cut service directly with the Western Newspaper Union and receive the service without cost to the Chapter. Be sure to order by number as instructed.

Your attention is called to one other feature which you can likely use on theatre programs, menu cards and as inserts in store advertising in newspapers—an electrotpe of Poster No. 1, "Still the Greatest Mother in the World," size 1x1 $\frac{3}{8}$.

This feature order direct from the Department of Publicity and Speakers at Pacific Division Headquarters. The mat and cut service from the Western Newspaper Union.

Your attention is also called to the fact that you can secure little red crosses, mounted for advertising purposes, upon application to the Division Department of Publicity. No cost to Chapters is attached to any of this service.

These slides will be sent by November 1.

You can help by asking your local theater people to run them.

"In appreciation of the willingness with which the motion picture theaters have aided the American Red Cross in the past, and recognizing the value of that help, the Pacific Division asks you to make what use you can of slides announcing the coming **FOURTH RED CROSS ROLL CALL**.

"These slides will be mailed you from Pacific Division Headquarters free of any expense. Will you ask your operator to use one or both at some time during each show?"

Serial No. 40, issued October 14, 1920.
(Department of Publicity and Speakers, Bulletin No. 52.)

Subject: Red Cross Pageant

The copy of the Fourth Roll Call Pageant, "The Red Cross of Peace," enclosed herewith, is intended for your use before or during the Roll Call if you can arrange it. Please hold the copy for future use if you are not able to develop the idea immediately.

"The Red Cross of Peace" can be produced with either small or large personnel. In virtually every community, regardless of its size, there is ample histrionic and musical talent for its effective production.

The cost will be very small, as the costumes and properties are extremely simple, inexpensive and of such character as may be obtained in any community.

Please advise towns outside your headquarters city of this pageant and give small communities an opportunity to develop it.

I may add that the intrinsic merit of the pageant as presented in Cincinnati after only two or three rehearsals was great enough to evoke generous and unsolicited praise from the newspapers.

This pageant is intended to present the Peace Program of the American Red Cross. This aim must be ever uppermost in the thought of the director, so that each participant may feel the importance of presenting this idea to the audience in such a way that every person in the community will respond to the Fourth Red Cross Roll Call.

It is the hope that this pageant will be of some service in the great forward work of the Red Cross.

been arranged to conform to either arrangement.

Serial No. 38, issued October 13, 1920.
(Department of Publicity and Speakers, Bulletin No. 51.)

Subject: Roll Call Slides

The following letter has been sent to all motion picture theaters in the Pacific Division.

Excerpts from Speeches Made at Red Cross Conference in Los Angeles

GEORGE FILMER, Manager of the Pacific Division of the American Red Cross, presided at the two-day Red Cross conference meetings and luncheons, held in the Friday Morning Club House in Los Angeles, September 20 and 21.

In addition to the talks given by Division Directors, feature discussions were led by Major George Anderson Fielding of the United States Public Health Service; Miss Kate Douglas, assistant inspector of schools of nursing, California State Board of Health; Mrs. Benjamin Goldman, of the Civilian Relief Department of the Los Angeles Chapter; Mrs. Hancock Banning, director of the Salvage and Shop Department of Los Angeles; Miss Crissy McLemore, of Los Angeles Home Service Section; and Charles B. Stone, associate director of the Red Cross Fourth Roll Call.

Major Fielding Speaks

Major George Anderson Fielding, Surgeon, U. S. Public Health Service, in speaking of the Bureau's work and its connection with the disabled man, declared that it would be very hard without the assistance of the Red Cross. He quoted statistics to support his statement that the work of this government service would be a continuing one.

"We endeavor to treat all disabled men, or rather those who are sick in any way," said Major Fielding, "who have an honorable discharge on or after April 6, 1917. A large percentage of the beneficiaries are the discharged soldiers and sailors, marines and army nurses, male and female. The work is divided throughout the country into districts, each district usually comprising three or four States, and being supervised by a supervisor, located at one of the large cities. The work in our section of the country is directed through San Francisco, and this district comprises California, Nevada and Arizona. All of our work goes through San Francisco before going on to Washington." Major Fielding urged Red Cross representatives and the American Legion not to send correspondence to Washington until it had gone through the supervisor's office at San Francisco.

Arrow Head Ideal Location

"If Congress sees fit," said Major Fielding, "to buy the property at Arrow Head Springs, we hope to make it into one of the largest general sanatoriums in the world. It is most

ideally located at a satisfactory altitude, and we plan to arrange for a tubercular colony, a neuro-psychiatric colony, as well as one to care for general medical and surgical cases."

In speaking of the work that had been accomplished in Los Angeles during the past year, Major Fielding said that the War Risk Insurance during the past year handled over 15,000 cases, and of this number, 11,988 were War Risk Insurance patients whose cases have been completed, in the sense of either being cured or having recovered and left the district, or who are now in hospitals awaiting convalescence and recovery.

Hospital Mortality Low

"There are now over 2,000 tuberculosis patients in this district," he further stated. "Between 800 and 900 are now in the hospital, the balance being at home in camps or in the mountains. Four hundred and fifty-five general medical and surgical cases are in the hospital at the present time. We are now in contact with 420 neuro-psychiatric cases. Of these, 333 are in the hospitals. Our hospital mortality has averaged in the neighborhood of three per cent. This we believe to be a low rate, considering the many advanced cases of tuberculosis, as well as medical and surgical cases transferred to us from army hospitals. Our surgical problems will soon have passed. With regard to the mental cases, admissions and discharges are about equal. As soon as we take in one we are ready to discharge another.

"The care of the tuberculosis cases will eventually prove to be one of the largest problems presenting itself to our service. I firmly believe within the next year or eighteen months, that the 2,000 cases which we are right now handling, will have increased to probably 5,000. Los Angeles being the playground of the world, and California and Arizona, the Mecca for health seekers, it is very easy to see how all these cases are going to migrate to the southwest. The Public Health Service wants to get in touch with tubercular cases at the earliest possible date, so we can give them help.

Urges Prompt Application

"As the interval of time lengthens between discharge of service men, and date of applying to us for compensation, it is more and more difficult to

place these men in the compensation category. For instance, we will say five years from now a man will apply to us for compensation. We will endeavor to trace this disability to military service.

"If a man has made a complete recovery the next point is to place him in vocational training. The man is permitted to choose any occupation for which he thinks he is best fitted, and which the vocational officers think he is best adapted to take up. So the Public Health Service will continue to look after these men for any and all conditions which can be traced to military service."

Securing Student Nurses

Miss Douglas presented a definite campaign to encourage more young women to enter training schools for nursing.

"To meet the requirements for nursing service in the future," said Miss Douglas, "nursing education must undergo a considerable transformation. It is only within recent years that training schools have become anything more than convenient excuses for the enrollment of young women for exploitation in the service of hospitals. Training schools have been established by hospitals merely as a means of securing nursing service at a low cost.

"There is at least a tendency for the development of two classes of nurses just as there are two classes of physicians. As we have practitioners of medicine on the one hand and specialists and teachers on the other, so in nursing we have a class more particular rendering the usual bedside service, heretofore expected of the nurse, and a second group taking up special lines, including nursing education.

"For the first class, a preliminary education before beginning the nurse's training, equivalent to high school education obviously, is all that is necessary. Before a young woman enters the training school for practical instruction, she should be given a considerable period of theoretical education. In this way, her class work will not interfere with her practical duties, and she will more quickly gain a theoretical knowledge of the subjects required in her education.

"Our hospitals which control the greatest educational system in the country, have no education viewpoint. The student is not taken into the school because of what she is going to get from the school, but that she may contribute to the hospital what that hospital needs.

Definite Campaign Outlined For Recruiting Student Nurses

(Continued from page 7, column 3)

"Under the present plan, there will be a student nurse recruiting committee made up of members of various groups from the Red Cross Chapter, governing boards at hospitals, perhaps, hospital nurses, school superintendents, women's clubs, Chamber of Commerce members, and any other public spirited group that exists in the locality where the Red Cross is aiding in forming the plan for the recruiting of students. The special duties will be to secure a list of the graduate schools from the State Board of Examiners; to get in communication with the various grade schools which are on the list, and find from them how far they are looking into this student nurse problem, in order to get data. The committee will secure prominent speakers, to address groups and societies; ask the press to give a certain space, and moving picture houses to give publicity through use of slides and motion pictures.

"A pamphlet called 'The Challenge to the Young Women of Today,' will be sent out, in which will be a great many questions that any young person thinking of entering the school would ask. It will outline to some extent the opportunities that are open to the student nurse. If there are any organizations of people who are interested in this, such as teachers' associations, religious associations and other groups of that sort, their cooperation should be secured if possible."

Activities of Los Angeles Chapter

Mrs. Benjamin Goldman, who has been connected with Red Cross work since 1917, in speaking of the activities of the Los Angeles Chapter, said:

"According to our financial report, during the month of August, an expenditure of over \$11,000 was shown.

"We have three types of cases," she said, "connected with our department of Civilian Relief—first, the boy approved for Federal vocational training in school. His check doesn't come, and he is going to school and must live, or an emergency might arise where we would make loans, for instance, to buy a suit of clothes, or there may be sickness in the family, or the boy has taken up a little homestead. We feel we must give them financial aid.

"The second type, where compen-

sation has been granted, but not received, we feel that we must as well give them financial aid.

"Third, the families of the men in the service—that does not cover a great number of cases, and yet it is our obligation.

"We have frequently been called on by the Public Health Department for private nurses on serious cases. This department has no special fund, and there have been some of these cases."

Aids Convalescents

Here Mrs. Goldman spoke of the assistance the Chapter had given the boys in the Crocker Hospital in Los Angeles, by building a recreational room at the hospital, furnishing it completely for the boys, and supplying them with all the cigarettes they want.

Shop and Finance

Mrs. Hancock Banning spoke on the financial success of the Los Angeles Salvage and Shop, which she referred to as the "Mother Salvage Shop."

"During the war," said Mrs. Banning, "the Los Angeles Salvage and Shop made more than \$200,000. Now people are beginning to realize more than ever before that the Red Cross Shop belongs to the old and young, the rich and poor, the sick and well, and we are now receiving patronage from men and women from all walks of life."

Mrs. Banning cited several interesting instances of destitute people who had been satisfactorily served by the Red Cross Shop.

"One day," Mrs. Banning said, "an old minister and his wife, both poorly dressed, came into our place, looking for some garments to wear. We fitted them both out with fine clothes, a Prince Albert suit for the man and an overcoat for his wife. Some days later they came again, bringing two beautiful brass candlesticks, that they prized very highly, and gave them to the Red Cross in appreciation of the service given them."

On another occasion, a Greek peddler gave the Red Cross his cart and horse, and other unusual donations such as a heavy iron dog, to be used as a lawn ornament, are always being received at Chapter Headquarters.

Policy of Home Service Section

Miss Crissy McLemore, executive secretary of the Home Service Section of the Los Angeles Chapter,

spoke on the policy adopted by its Home Service Section.

"The members of the staff of the Home Service Section in Los Angeles appreciate the desirability of utilizing to the maximum extent such agencies as the Los Angeles Tubercular Association, which is located in the immediate vicinity of the Red Cross headquarters, because of the splendid co-operation that has been established and continued throughout the duration of our existence as a Home Service Section in Los Angeles.

"We also have a very definite understanding with the local Outdoor Relief Agency, the County Outdoor Relief Department of Charities, providing for ones who are not definitely eligible for the benefits of the Home Service Section.

"Maternity cases have special consideration through the Maternity Cottage and Homeopathic Hospital where the patients can be cared for at a very nominal cost under proper supervision; also the Public Health Department, such as the City Maternity Service, operating under the City Health Department and the Los Angeles County Hospital, being recognized as available means of caring for cases needing their consideration."

Roll Call Plans

Charles B. Stone, Associate Director of the Red Cross Fourth Roll Call at Pacific Division Headquarters, in speaking before Red Cross representatives at the Los Angeles conference, said: "Washington looks upon the Pacific Division as the banner Division. We want to be the banner Division in the matter of this Roll Call. To be so it is a matter of getting our whole quota of 650,000.

"We have mailed letters to the separate fraternal organizations," said Mr. Stone, "which have immediately responded by offering to help in every possible way. The Masonic Order will send out a letter under the seal of its Grand Master, and that goes to every Masonic Order in the whole Division. The same has been done with the Odd Fellows, Native Sons, Elks, Eagles, Foresters, Red Men, and other organizations.

"All church organizations have come forward. Bishop Adna W. Leonard, of the Methodist Church and Bishop William Ford Nichols, of the Episcopal Church, have sent letters to churches of their diocese and Roll Call notices will be displayed in all Catholic Church reading matter.

Serves

the fighting man in army, navy, camp and hospital — remembers the ex-service man.

Your Red Cross Membership makes it possible

The American Red Cross Pacific Division Activities

Protects

the home in time of disaster; saves babies; teaches mothers; serves the community.

Your Red Cross Membership makes it possible

Vol. III

NOVEMBER 1, 1920

No. 9



Fourth Red Cross Roll Call

November 14-22, 1920



STILL *the* GREATEST
MOTHER *in the* WORLD

Foreign Language Service Newest Branch of Red Cross Organization

One of the newest branches of the Red Cross organization, and a most important one, is the Bureau of Foreign Language Information Service. Started by the United States Committee on Public Information in March, 1918, the organization did great service among the foreign language speaking groups in telling them about the war and in Liberty Loan work. The Bureau, with most of the original trained personnel, is now attached to National Headquarters under the Department of Civilian Relief. There is a large foreign population in Washington and many of the problems of immigration are directly handled from that department. Offices are still maintained in New York City.

In the United States there are 17,000,000 foreign-born people. Of these, 6,000,000 cannot read, write or speak the English language. Another 7,000,000 can more easily and effectively be reached through the medium of their native tongue. This 10 per cent of the population of the country, then, is in very close touch with Red Cross affairs through this Bureau.

Encouraged in previous years to come to this country, these people, who form a large part of the skilled and unskilled labor classes, have received a welcome in many cases at great variance with what they were led to expect. Because of their difficulties in making themselves understood, they have often been accorded the "rough side of the deal." Legal matters, income and other taxes, emigration laws, and various other points beyond the ken of even native Americans, have oftentimes combined to give the alien a very unfavorable impression of this country.

Gives Advice and Counsel

To this Bureau he may turn for advice, and be certain that he is obtaining correct, neutral and impartial counsel at no cost to himself. A section of the Bureau is devoted to each nationality, with a manager in charge who speaks and writes the foreign language as well as English. The sections are the Czecho-Slovakian, Hungarian, German, Italian, Jewish, Yugoslav (Serbian, Croatian, Slovenian), Lithuanian, Polish, Russian, Finnish, Dutch, Danish, Norwegian, Swedish and Ukrainian.

The Bureau averages 4,000 cases of personal service a month; but its

more important work is from the standpoint of publicity, placing correct information regarding Red Cross and Government activities in the 850 foreign language papers throughout the nation.

These papers are supplied with stories in their own language, ready for them to print. Details of the work of the Red Cross in their country are given them. Gifts to hospitals, orphanages and institutions in large and small towns never heard of in America, are very real to these 17,000,000 people. The stories are given great display in the foreign language press, far more than they get in American papers. And some of the most powerful papers in the country are printed in a foreign language. Italian, Polish, Hungarian, Jewish and other nationalities have daily papers with circulations running over the 100,000 mark. These papers give much better news about their old country than the English papers could possibly give, and on that account wield a greater influence among their clientele, future American citizens, than American news sheets.

To Help in Roll Call

This powerful force is ready to be harnessed for the Fourth Roll Call. In previous campaigns for funds and members, the generosity of the foreign-born has been strongly demonstrated. In the big Red Cross drive held during the war, literally thousands of these people gave three days' pay to the fund. In the last Liberty Loan, the Russians alone, in New York City only, subscribed over \$20,000,000. These large groups, guided through the Bureau which understands them, speaks their language, and is trusted by them, offer a wonderfully fertile field for membership. They can be counted on for strong response.

The actual details of enrolling the foreign-speaking groups will be arranged through the Bureau co-operating with the various local Chapters, according to the present plans. The foreign language organizations will obtain their supplies of buttons, badges, etc., from the Chapter offices and proceed with the enrollment of members through their foreign language clubs, fraternal organizations, unions, etc., numbering over 67,000. Hearty and cordial assistance from each Chapter in dealing with these foreign born is vitally necessary to win their friendship.

RED CROSS NOT CHARITY SAYS SAN FRANCISCO JUDGE

The American Red Cross is not a charitable institution, when it comes to a question of legacies, was the recent ruling of Superior Judge Thomas F. Graham, of San Francisco, when he ordered \$1,000 from the estate of Mrs. Elizabeth Hinkel paid to the Red Cross.

Mrs. Hinkel died last year. Her will bequeathed the San Francisco Chapter of the Red Cross \$1,000. Executors of the estate insisted the Red Cross is a charitable institution and therefore inhibited from benefiting from a will made less than thirty days before the death of the testator.

Attorney F. H. Boland, representing the Red Cross, argued that that organization is not a charitable institution within the meaning of the California statutes.

"I quite agree with Mr. Boland," said Judge Graham, after he had overruled an objection to the matter being heard by himself because he is a director of the local Red Cross. "I am sorry that the bequest is not \$20,000 instead of \$1,000."

Their Old World customs are little understood. Very often they arouse derision, just as our customs would in their native country. But in the war, these people, naturalized or not, speaking English or not, demonstrated their patriotism toward the land of their adoption, as strongly as native-born Americans, both in fighting and in work behind the lines.

Trust Red Cross Sign

Through the Bureau of Foreign Language Information an immense amount of Americanization work is made possible. The newcomers are reached through people already Americans, who understand their problems, speak their language, are familiar with their difficulties and know how to meet them through the right kind of counsel, and experiences of the emigrant can be made to square with the ideals of real America; legal troubles can be minimized and the people steered along the right lines. A basis of trust and confidence is quickly established, because of the Red Cross sign and the non-political character of the organization, which has no axe to grind, but stands for service only.

This is a brief outline of the newest member of the Red Cross family. With close co-operation between the Chapters, Divisions and this Bureau, a strong tie can be made with nearly 20 per cent of our population, who otherwise may be overlooked because of lack of information concerning them.

How Communities Will Know of Roll Call

HOW to tell everybody in the community that the Red Cross Chapter is conducting its Fourth Red Cross Roll Call is the question that confronts all Red Cross members. Some of the ways in which it can be done are suggested Roll Call Directors in the series of Roll Call letters sent out by the Division Manager, the last three appearing herewith.

One of the specific appeals is being made through the aid of libraries which are being asked to make use of a book insert, "A Bit of Yank," in all books circulated during November.

Chapter Roll Call committees can aid the librarians in helping them distribute the slips to the several branch libraries in the city and county. If there is attendant cost of mailing, this can be handled by the Roll Call committee should the librarian call upon the Chapter.

At the same time a group of Red Cross Roll Call posters is being sent to libraries designed for display in reading rooms. The Chapter committee may be able to aid in this distribution also.

The public library has always been a great help to the American Red Cross in its Chapter work in the Pacific Division, and the heartiest co-operation with local librarians in their efforts to serve is urged by the Division management.

This is an opportunity that will mean much to the Roll Call plans.

Outside Committees (Letter No. 8)

Are you in touch with the committees in your local lodges, churches and American Legion Posts appointed at the suggestion of the State and department heads for co-operation with Red Cross Chapters in their Fourth Red Cross Roll Call plan? These committees have been named to work each in his own organization for a 100 per cent en-

rollment in the American Red Cross and they will hold themselves responsible for that membership.

It is essential to make that contact.

It will mean a larger membership in your Chapter.

It will mean more money in your local treasury to carry on the work in your own community.

Present that thought to your assisting organizations. It is the one

attend to this at once. IT IS IMPORTANT. What is done in each Chapter territory adds to the grand total of your Red Cross Chapter membership.

In many of the communities detailed plans for Roll Call publicity would be welcomed, such as the use of the "Three Minute Talk," the illustrated lecture ("The Gospel of Service"), the pageant ("The Red Cross of Peace").

Be sure you have advised all of your Chapter towns of these things.

Read all of your Fourth Red Cross Roll Call instruction letters carefully. Preserve the documents attached to the communications, as many of them can not be duplicated. Be prepared to distribute the copy you have to the best advantage.

Work on your Red Cross Sunday suggestion. Enlist the interest of

local ministers in every one of your Chapter towns to give one service period to the support of the American Red Cross, on November 14.

Boy Scouts (Letter No. 10)

If you have Boy Scout organizations in your Chapter jurisdiction, you can get valuable assistance from the Boy Scouts during Roll Call week.

National officers of the Boy Scouts of America pledged the co-operation of the organization to the American Red Cross following an address delivered by Dr. Thomas E. Green at the annual convention in New York a month ago.

State Boy Scout executives have followed this action with further pledge of local co-operation and all that remains in Red Cross Chapter communities is for you to get in touch with Scout Masters in your local Boy Scout troops.

The services of the boys may be utilized for clerical duty, such as



**THE AMERICAN
RED CROSS**



**STILL the Greatest Mother—the
Red Cross is helping him to be
glad : Your membership supports
the Red Cross.**

Join Your Local Chapter Now!

**FOURTH RED CROSS ROLL CALL
NOVEMBER 11-25**

that means most to each one of your own home town folks.

Get on your toes for the final steps in your Roll Call preparations.

Your enthusiasm is infectious. What you do will reflect itself in the deeds of the other fellow.

We stand behind you here at Division Headquarters. If there is anything you want that we can do, it is yours for the asking.

**SEND IN YOUR SUPPLIES
QUESTIONNAIRE AT ONCE IF
YOU HAVE NOT ALREADY
DONE SO.**

Branch Organizations (Letter No. 9)

Do not overlook your branch and auxiliary organization in your plans for the coming Fourth Red Cross Roll Call. These groups represent territory in your Chapter organization. They should have organized working committees for Roll Call week, November 14-22.

If supplies and instructions for conducting the Roll Call have not been placed in their hands, please



The American Red Cross ARIZONA-CALIFORNIA-NEVADA

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Red Cross Dollars Work

The result of the Fourth Red Cross Roll Call in dollars will govern the extent of Red Cross work that can be carried on in your community during the coming year. "How much do I want done?" is the question that every citizen can ask himself when he is approached for a Red Cross membership during Roll Call week.

Red Cross Chapters keep the following proportion of each membership paid in:

\$.50 out of each \$1.00 membership
\$4.00 out of each \$5.00 membership
\$8.00 out of each \$10.00 membership

This amount enables the Chapters to carry on their local programs.

The Red Cross membership dollars mean:

Public Health Nurses
Health Centers
Classes in Dietetics
Classes in Home Care for the Sick
Instruction in First Aid
Home Service for Service and ex-Service Men
Work with the Crippled and Disabled
Recreation Leaders
Community Welfare Leaders
Care for the Unfortunate

The amount turned over to headquarters by the Chapters makes possible the National Organization of the American Red Cross. It allows that organization—your Red Cross—to do its work in times of disaster and other crises at home and abroad.

The success of the work of the American Red Cross, both in your community and throughout the world, depends entirely upon the number of people interested in helping it succeed.

Your Red Cross membership during the annual Roll Call tells your interest. Join in your local Chapter. Help the Chapter to enroll others.

FOUR DIVISION MEN NATIONALLY HONORED

Four men from Pacific Division, American Red Cross, have been appointed on a committee of nationally prominent men and women, which is to serve during the Fourth Red Cross Roll Call, November

RED CROSS ANNOUNCES CHRISTMAS SEAL POLICY

In response to inquiries concerning the policy of the American Red Cross in its relation to the sale of Christmas seals by the National Tuberculosis Association, George Filmer, Manager of the Pacific Division of the American Red Cross, has submitted the following decision from Red Cross national headquarters:

"It has been decided that the Christmas seals placed on sale by the National Tuberculosis Association this year shall not bear the emblem of the Red Cross. This decision was reached, not because of any lack of interest on the part of the American Red Cross in the work of the National Tuberculosis Association, but because of the inevitable confusion that would continue in the public mind under the former arrangement permitting the use of the emblem.

"For the purposes of the Fourth Red Cross Roll Call and the Christmas Stamp sale, the relationship of the two organizations is as follows:

"1. There is no official connection between the campaign of the National Tuberculosis Association and the American Red Cross.

"2. There is to be no use of the Red Cross emblem by the National Tuberculosis Association.

"3. The title, 'American Red Cross,' is not to be used on the Tuberculosis Association stamp.

"The foregoing is not to be construed as meaning that the American Red Cross is not vitally interested in the success of the National Tuberculosis Association. The American Red Cross approves of the tuberculosis campaign and trusts that its members will assist in making it a success."

11-25, according to information received at Pacific Division Headquarters from Washington. These representatives are William H. Crocker, San Francisco; Herbert Hoover, Palo Alto; John Barnes Miller, Los Angeles, and Keith Spalding, Pasadena.

Headed by Henry P. Davison, who was chairman of the War Council of the Red Cross, practically all of the members of the committee are men and women who have been active in Red Cross affairs during the World War and since the peace-time program of the organization was promulgated.

STATE BOARD OF CHARITIES APPROVES WORK OF HOME SERVICE

How the California State Board of Charities and Corrections approves the work of the Home Service Section of the Merced County Chapter of the Red Cross, in its co-operation with Supervisors in working out a County Welfare Plan, is told in the following letter from the Board of Charities and Corrections to Miss Grace Graham, Director of the Department of Civilian Relief, Pacific Division of the American Red Cross:

"We have been impressed very favorably by a piece of community social service work done in Merced County, toward which the Home Service Section of the local Red Cross has contributed very much. After a study of the county relief conditions there, our Board suggested to the Merced Board of Supervisors an improved administration of this part of the county work by means of a modern County Welfare Department under which a trained worker should be employed to do constructive case work with the county dependent families.

"This plan is in operation in many of the larger counties and is recognized as the means of saving many persons from becoming indigent. The Merced Supervisors, having the county interests at heart, adopted this suggestion and passed an ordinance creating such a Welfare Department, composed of five citizens and two supervisors, with authority to employ a suitable secretary.

Selects A. R. C. Secretary

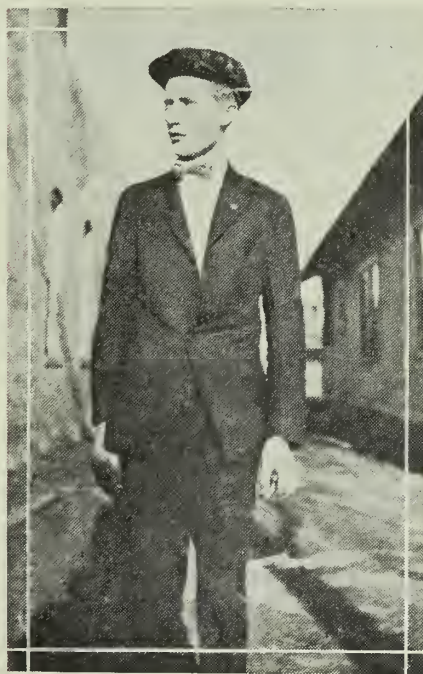
"The person selected for this work was the Home Service Secretary of the Red Cross in Merced. She seemed the logical person on account of her training and experience and the fact that she was already doing some relief work in the community.

"Merced County is not a very large or populous community and for several months the matter of finance held back the consummation of the County Welfare plan. It was finally arranged by this means: The Board of Supervisors appropriated a sum toward the salary of the secretary, office expenses and transportation. As it was insufficient, the Red Cross Chapter decided to donate the use of its Home Service office with equipment and also a certain sum toward the secretary's salary with the understanding that she would continue to handle the Chapter work; the Anti-Tuberculo-

ALFRED KULPER, FORMER SERVICE MAN, MISSING

Alfred Kulper, ex-service man, has been missing from his home in Twin Falls, Idaho, since February, 1920, and has not been heard of since. He is five feet ten inches in height, very slender and slightly stooped, has blue eyes, fair complexion and light hair.

Any word of his whereabouts should be sent to Mrs. E. J. Murray, 311 Third Avenue E., Twin Falls, Idaho.



Alfred Kulper, missing from home

sis Society purchased a machine, which will be used jointly by the County Welfare Secretary and the tuberculosis nurse, whose office will be in the same building.

Concentrates Work

"Thus, instead of the community endeavoring to support three distinct offices for which there is not enough volume of work to justify the expense at the present time, Merced is enabled by the public spirit of the citizens to concentrate the work for public health, county welfare and Red Cross activities in one well-equipped and well-maintained office.

"The State Board of Charities feels that much of the credit for the happy solution of this community problem is due to the Red Cross, and especially to the local Home Service Committee and its worker, Mrs. Florence Stebbins, secretary of the Home Service Section of Merced

CONCERNING DISCHARGE FROM U. S. P. H. S. HOSPITALS

Medical officers in charge of United States Public Health Service hospitals are authorized to discharge patients and issue transportation to them when their treatment is completed. Hospital care is "completed" when the patient has so sufficiently recovered that he is no longer in need of hospital care. It is not anticipated that patients will be continued in hospital until fit for their former occupation.

If a patient needing further hospital care, but whose recovery is despaired of, requests discharge from the hospital in order to spend his last days at home, a statement in writing must be secured by the medical officer from responsible relatives or friends fully informed as to his condition. They must express their willingness and ability to care for him without expense to the Government, except such dispensary relief as may be available in the vicinity of his home.

In cases of tuberculosis or other communicable disease, discharge is authorized only when investigation of home conditions shows that other members of the family, especially young children, will not be exposed to infection.

If a patient who has attained the maximum benefit to be expected from hospital treatment, although still in need of hospital care or its equivalent, requests discharge from hospital, the procedure described in paragraph two is followed.

Chapter, for coming to the assistance of the county supervisors with an offer of office room and equipment and co-operation of its worker. Three members of the Home Service Committee were appointed on the County Welfare Department so that complete understanding is assured. With the moral and financial support of a progressive board of supervisors, the co-operation of Red Cross and other private philanthropies and the assistance of the Public Health nurse, we feel that the Merced Welfare Department is going to be a force for good in the county.

Mrs. Stebbins is making a concerted effort to find and bring to specialists for treatment all the crippled and physically handicapped children in the jurisdiction of the Merced Chapter, and her success in interesting the surgeons and physicians in San Francisco and elsewhere in these cases is remarkable.

Primitive Health Center Operates in Desert



Mrs. J. B. Kiernan, in charge of the primitive health center in Beatty, Nevada. The above picture, reading from left to right shows the garden in the desert, the first of its kind ever grown in Beatty; a papoose in care of Mrs. Kiernan, and inhabitants of the town reclining on her front porch

A primitive health center is operating successfully in the very heart of a desert in Nevada and is surrounded by all the romantic attractions of strangeness that the desert possesses in its barren mountains and plains. It is being made a place of joy and comfort to its 200 inhabitants, by Mrs. J. B. Kiernan, according to Miss Florence Wilson, general field representative from Pacific Division Headquarters.

The health center is in the little town of Beatty, which is located 75 miles from the nearest town. Three times a week, trains pass to the north, and alternate days to the south. There are no churches here, no clubs, no lodges, no amusements except an occasional movie show. As is often the case in small towns, there is no doctor.

Some time ago, the Cinebar Mines in Nevada brought Mr. and Mrs. Kiernan to Beatty, and Mrs. Kiernan, with the experience of a nurse's training, saw immediately a piece of work, full of life and interest for her.

She plays the part of a doctor when accidents happen on the highway or in the mines, and seriously injured people are brought to her door. Extra beds are to be found in her home, and her own spending money is turned into rolls of white cloth and colored medicine, and patients are often cared for under her own roof.

Most of the time Mrs. Kiernan is the friendly neighbor one needs every day. The sanitary conditions of some of the small mining groups are disastrous to good health, but the miners are willing to follow her suggestions, for they know she has successfully cured Jim's wife of sore

throat, sewed up the Swede's leg, and, best of all, given them some good recipes for their canned beans.

Fifteen children in the little school house listen to her teachings open eyed, for since she has come, a tiny garden, something before unknown to them, has appeared very, very slowly from the desert soil, where they eat their lunch and play. They love Mrs. Kiernan and are interested in this wise person, who likes toothbrushes so much, and who brought by magic a St. Joseph plant 300 miles from Los Angeles, to bloom and bless their little school house with its loveliness at Easter-time.

The Indians, too, watch her and speak of her as the "lady who rustles in white, starched dresses and cares for our papooses."

The Kiernan's house in this little mining town of Beatty looks like a double store; on one side is Mr. Kiernan's interesting mining exhibit; on the other side is Mrs. Kiernan's room, where all come for advice and help. The stranger passing through the desert is always attracted by the Red Cross in the window and finds friendliness and entertainment here, the kind that lives forever in the memory and is always recalled with a glow of pleasure.

Nursing Activities

Yolo County: A live Public Health Center is a feature of Red Cross work in Yolo County Chapter, Woodland, California. The center is in charge of Miss Rozzie Manning, Public Health nurse. Three rooms, comfortably and completely fitted up in the county court

house, make the health center one of the most attractive ones in the Division. One room is used for a rest room, where mothers come with their children, to spend an hour or so, and here they rest and read. Rooms where classes in Home Hygiene and Care of the Sick are taught, and a Well Babies Conference room, complete the center.

Well Babies Conferences are held each Wednesday afternoon. Miss Manning weighs and measures the babies, and holds conferences with the mothers and helps them to understand the doctor's advice in regard to clothing, feedings and simple treatments. Literature on pre-natal, infant and child care is distributed to mothers.

School nursing is an important branch of the public health work. The Public Health nurse has examined over a thousand school children in the county. Many of the physical defects found among the children are corrected.

Junior Red Cross in Yolo County is financing the corrections for the children whose parents are not able to do it for them.

Globe, Arizona: Miss Emma Lambert, Red Cross Public Health nurse, recently held a "baby conference week." Physicians were in charge each afternoon between the hours of one to three. More than 83 babies were examined. The booths were well equipped for demonstrating "the care of the baby," "milk modification" and a "well-balanced lunch and proper diet for children."

The health center equipment was loaned by ladies of the community, merchants, hospitals and the superintendent of schools.

CHILDREN'S PLAYGROUND IN POLAND GIFT OF JUNIOR RED CROSS

Czestochowa, one of the most famous of Poland's historic cities, the home of the shrine of Jasnagora and a Mecca for thousands of Polish pilgrims, is the first city in Poland to possess a children's playground. This is the gift of the American Junior Red Cross, and its inauguration was the occasion of great rejoicing. Ten thousand children participated in the festivities. The entire city park of Czestochowa has been turned over to the Junior Red Cross, with tennis courts, grounds for baseball, basketball, croquet and Polish outdoor sports. A special space has been cleared for a hockey field, the city authorities sparing no trouble to make the "Junior Red Cross Playground" a success. During the war the Manual Training Departments of schools in America were busy making bedside tables, canes, crutches and artificial limbs. Now they turn their skill to making playground equipment.

The training in citizenship that the young people receive at the hands of the Junior Red Cross bids fair to make the difference between the world of yesterday and the world of tomorrow. To quote John H. Finley, Chancellor, New York State Commission of Education: "We cannot expect that this world will be made much better, except through its children, and not our own children only."

The Junior Red Cross is built on the basis of a great national membership, and to make the work effective, definite projects have been inaugurated that will be apparent in the community, projects that the people can see and recognize as their own work demanding their support in labor and money.

In the new Baltic republics there are 150,000 orphans, the larger part of whom will be unable to attend school this winter for lack of shoes and clothing. Poland has 500,000 orphans, most of whom know no homes except camps for destitute refugees.

In Austria-Hungary and Czechoslovakia are 1,000,000 war orphans. Five thousand of these have recently been found wandering like animals in the Ruthenian Mountains. In Roumania there are 200,000 orphans. In Jugo-Slavia there are at least 600,000 orphans, and of these a large proportion must care for themselves during the coming winter. Some are living in devastated villages from which the adults have fled.

Official A. R. C. Bulletin

Serial No. 41, issued October 18, 1920.
(General Bulletin No. 86.)

Miss Mary Concannon, Acting Director of the Department of Junior Red Cross, has sent a letter to all city and county superintendents of schools in the Pacific Division relative to the use of Red Cross motion pictures on school programs. Chapters can assist this plan by getting in contact with local Chapter school committees and urging consideration for these Red Cross pictures. The letter follows:

"In the newly organized publicity plan of the American Red Cross, the motion picture program has been extended to cover a particularly delightful series of educational films. They include industrial subjects, agricultural features and scenic pictures, both at home and abroad. All of the pictures are vised by the National Bureau of Pictures of the American Red Cross and bear this high stamp of approval for both material and artistry.

"Can we interest you in making a permanent contact with the Pacific Division of the American Red Cross to place these pictures in your county schools as the entertainment feature on programs arranged by the schools themselves? I can assure you that the Pacific Division Department of Publicity and Speakers is giving its best attention to working out this contact with school departments throughout our three States, and if we can once establish this service, I feel sure it will give you a feeling of security in announcing motion picture programs for your schools.

"If you are interested, will you take up the details with Mrs. Eve Scholer Bangs, Director, Department of Publicity and Speakers, and lay before her your plan for using motion pictures? She can explain the procedure, probable cost to your schools, and can very likely suggest a consistent program for your coming school year.

"With best interest of your school program at heart, I hope that the Red Cross service idea may extend itself to meet your need in this particular."

The situation in Russia can only be guessed at, but information shows that within Soviet Russia there are three or four million orphans, whose situation can be imagined. The foreign situation is a deep concern.

LIVERMORE JUNIORS HELP CHILDREN IN ARROYO SANITARIUM

Livermore schools were the first Junior Red Cross Auxiliary to send in subscriptions to the "Junior Red Cross News" for this year's enrollment. Practically every student signed the "I serve" roll in the grammar, St. Michael's Parochial and the high schools. Plans are being perfected to enroll all the rural schools of the valley.

So anxious are they to begin activities, that the Junior Red Cross Committee of Livermore High School visited the Arroyo Sanitarium for Tuberculosis to ascertain what help Juniors could render. They found seven boys suffering from tuberculosis.

The Red Cross committee had a meeting and decided to apportion certain children to each of the major rooms, so that none should be overlooked. Money will be raised to buy materials to be made into garments by the girls in the Home Economics department.

The following assignments to the major rooms were made:

Joe, aged two, with his leg in a cast; John, his brother, aged four, with his arm in a cast; Muriel, a very shy, pretty little girl, aged two, who has neither friends nor family; Annie, aged six, who is so timid she hides under the bed clothes, to the Freshman room.

Katie, aged six; Caroline, nine, and Richard, aged two, who has his hip in a cast, to the Sophomore room.

Charles, aged twelve; Irene, aged ten, who is in a plaster cast, to the Juniors.

Three girls, ranging in ages from fourteen to sixteen, who are compelled to remain in bed, and one boy of eleven, to the Senior room.

One little girl and a boy who has his chin bandaged were assigned to the special room.

HOW SCHOOLS ENROLL IN JUNIOR RED CROSS

Two enrollment blank forms have been sent to teachers in schools in the Pacific Division to be filled out for enrollment in the Junior Red Cross. They are in the American Red Cross pamphlet No. 609, which carried the application blank on the back cover page with instructions to teachers to fill out and send to the Chapter School Committee; and in the November issue of the Junior Red Cross News, with similar instructions.

Red Cross Sunday is November 14th

RED CROSS Sunday is near. Its celebration in the Pacific Division will open the Fourth Red Cross Roll Call week. Plans are being made by churches everywhere and Chapter Roll Call Directors are urged to communicate with church leaders at once and offer their help to make Red Cross Sunday a success.

It is suggested that the Red Cross illustrated lecture, "The Gospel of Service," be used wherever possible. Copies of the lecture are in the hands of Chapter secretaries and the slides for either one or both sections of the lecture can be ordered free of cost from the Division Department of Publicity in San Francisco, California.

In churches that have projection machines and where motion picture programs are used Sunday nights, the three-minute talk, "Still the Greatest Mother," with the accompanying set of colored slides, would be a good announcement feature. Order these slides from Division headquarters. A copy of the talk is in the hands of the Chapter secretary.

This three-minute talk can also be used in theaters on Sunday programs. Ask the movie man—he is a good friend of the American Red Cross.

A Roll Call announcement slide to be used before and during Roll Call week is being sent to all motion picture theaters in the Division. Ask your theater manager to use it as generously as possible. He will.

Let the Roll Call publicity director plan newspaper stories on the local celebration of Red Cross Sunday in co-operation with your church people. Ask your editors to give it as big a display as possible.

BOY SCOUTS WILL HELP

(Continued from page 3)

preparing circular letters, delivering membership blanks or other work. Their assistance may be further enlisted for putting up posters, distributing Roll Call material or any other reasonable and appropriate service.

Any proper work may be assigned the Boy Scouts WITH THE EXCEPTION OF ACTUALLY SOLICITING MEMBERSHIPS IN WHICH THEY WOULD BE REQUIRED TO HANDLE MONEY.

The initiative in this matter must



CALIFORNIA'S GOVERNOR MAKES STRONG APPEAL RED CROSS SUNDAY

I have been asked to direct attention to the observance of November 14 as RED CROSS SUNDAY. The purpose is to stimulate on this day interest in and support of the remarkable organization that goes into all parts of the world with the hand of mercy and helpfulness.

The Red Cross is one of the splendid achievements of the American people. I join in the appeal to all citizens to rally in a demonstration of a zeal that has come upon us anew, since the great war, to maintain and promote this most worthy organization.

WM. D. STEPHENS.

come from Red Cross Chapters. The procedure will be for Chapter officers to get into touch at the earliest feasible moment with the Scout executives and advise them as to the things the Chapter would like to have the Boy Scouts do in the Roll Call in each locality.

We can only expect them to do what they are asked to do and not to proffer their services further than the National Scout organization has already done.

A. R. C. EXHIBIT SHOWS WHERE MEMBERSHIP DOLLAR GOES

What is the American Red Cross doing? Where does my dollar go and what good does it accomplish? These questions and others of the kind are being answered to those who attend county fairs throughout the country during the summer and fall.

Through a series of county and State fair exhibits arranged by Division Headquarters and Chapters, the entire peace program or those parts of it being stressed in a particular locality are being comprehensively presented for the edification of those who want an answer to the foregoing questions.

A county fair exhibit manual prepared at National Headquarters and sent to each of the 3,700 Chapters throughout the country gives suggestions as to methods of graphically demonstrating what the American Red Cross is doing in peace time. Through its publicity and financial reports, the American Red Cross has accurately presented an account of its work and its plans for the future, but to those who have not fully grasped the scope of its efforts the fair exhibits should bring home the full story.

First Aid, Junior Red Cross displays, Salvage and Shop, Health Center and Nursing posters, and free showings of Red Cross films have been the basis of these exhibits. In every case, practical service in caring for small injuries, which inevitably occur where crowds gather, has been given through the use of Red Cross First Aid.

Cities having Red Cross exhibits at their fairs include: Salinas, Hayward, Stockton, Santa Rosa, Sacramento, Tulare, Ferndale, Arbuckle, Hanford, Alturas, Weed, San Diego, McArthur, Anderson, Fresno, Madera, Visalia, Riverside and Bakersfield, San Rafael and Prescott, Arizona. During November the State Fair will be held in Phoenix, Arizona.

The Pullman Company arranged with the New York County Chapter of the Red Cross to give the course of training in First Aid and Home Hygiene to some hundreds of maids reporting to its New York terminal.

Serves

the fighting man in army, navy, camp and hospital—remembers the ex-service man.

Your Red Cross Membership makes it possible

Protects

the home in time of disaster; saves babies; teaches mothers; serves the community.

Your Red Cross Membership makes it possible

The American Red Cross Pacific Division Activities

Vol. III

DECEMBER 1, 1920

No. 11

CHAPTER SPIRIT PRESAGES SUCCESSFUL ROLL CALL SAYS MANAGER

"Chapter work during the Fourth Red Cross Roll Call has shown the finest spirit of appreciation of the need to bring Red Cross membership up to its highest possible point in the Pacific Division," said Division Manager George Filmer in discussing the annual enrollment in California, Nevada and Arizona.

"What has been done by Chapters, by outside organizations, by the press, the pulpit and prominent business concerns throughout the three States in the Division presages a successful outcome of the Roll Call when final reports are made," he said.

"We believe that Red Cross Chapters will continue to enroll members in the American Red Cross until the entire territory is covered. It is the wish of the Division and National Headquarters to place before the American people in the most convincing way possible the story of the Red Cross, its accomplishments and its plans and to urge their support through membership for the benefit the organization gives to communities.

"The Roll Call period was extended through the month of November on account of the inclement weather, which proved a handicap to Chapter committees everywhere in the Division. I urge all Chapters to make a thorough canvass of their territory and give full opportunity to all adult citizens to take out a Red Cross membership," continued the Division Manager.

"Reports on the results of the Roll Call should be sent to the Division office in San Francisco, December 1."

Any teacher in the Pacific Division, who is interested in receiving the Division magazine, the "American Red Cross, Pacific Division Activities," may send her name to the Department of Publicity and Speakers, at Division Headquarters.

Navy Boys and Convalescents Aid Fourth Red Cross Call



Gobs getting their 1921 Red Cross membership button, on the parade ground at Yerba Buena Island.

"The American Red Cross helped me, and now I'll help the Red Cross," was the repeated sentiment expressed by the gobs at the United States Naval Training Station at Yerba Buena Island, San Francisco, when Fourth Red Cross Roll Call workers appeared on the island. This phrase was repeated in a different form by men in the United States Public Health Service Hospital at Arrowhead Springs, who said: "We are solidly and enthusiastically with the American Red Cross."

During the Fourth Red Cross Roll Call, the San Francisco Red Cross Chapter sent workers to Yerba Buena and the boys were given an opportunity to join the Red Cross. That the Red Cross stood ace high with the gobs was evidenced by their eagerness to place their names on the Red Cross Roll Call. Not only did a one year's subscription meet some of the boys' wishes, but subscriptions were bought for their buddies and their mothers.

That ex-service men in United States Public Health Service hospitals in the Pacific Division also appreciate the American Red Cross is shown by the following letter from the patient body of Arrowhead Hospital, signed by Robert Collier:

"It is the general voice of the patients of this Government hospital that prompts us in writing this letter to you. We feel that there could be no more opportune a time than now to indorse the present drive which is on to increase the Red Cross membership.

"To ex-service men who have suffered and sacrificed during the late World's War, the deepest and fullest significance of the wonderful work enacted by the Red Cross can be fully appreciated. Not only did the work of the Red Cross meet with the hearty approval and approbation of the men who served overseas, but you did not stop with this; you have carried on with the problem of rehabilitating and inspiring

(Continued on page 2, col. 2)

CHRISTMAS SALES WILL BENEFIT THE RED CROSS WORK

Have you realized how close Christmas is upon us? Have you thought of how your Chapter treasury can be benefited by having a Christmas sale in your Red Cross Shop? Even if you have not a Salvage and Shop department in your Chapter, a Christmas sale of articles made from odds and ends might be held.

Ojai Chapter had such a sale last year and made \$346.83. Salvage and Shop did not end there, for the Red Cross Shop was continued. The people had received the inspiration from this Christmas sale.

Santa Maria Valley is preparing to hold its third annual Christmas sale. Last year \$135.78 was made in this way. This year a club of girls is making coat hangers, and another club is making children's dresses.

An old lady in the hills is using oak balls to make dolls' heads. They are painted and dressed in scraps, making most attractive dolls. One which was sent to the Bureau of Salvage and Shop has her pickaninny, made from a smaller oak ball, with her.

Chapters that have never had a Christmas sale and need any suggestions may write to the Bureau of Salvage and Shop, from which information gathered from other Chapters' experiences will be gladly forwarded.

In speaking of the Christmas sale to a Chapter worker, Miss Kathleen Booth, Director of Salvage and Shop, said:

"Even though you have never undertaken Salvage and Shop, or have ceased that activity after having attempted it, or if you are still conducting it successfully, a Christmas sale will help you. The inner feeling of happiness you will derive from the time you may put into the sale will more than compensate you for your efforts. It is the help given to others less fortunate than ourselves and of having done a good deed well which really counts."

At the request of the Haitian government, the American Red Cross through its Insular and Foreign Division has sent three nurses to Port-Au-Prince, where they will conduct a nurses' training school for native women in connection with the municipal hospital.

BERKELEY SALVAGE SHOP FINDS NEW BABY FOR DISTRACTED FATHER

That the demands upon the Red Cross Salvage and Shop are unusual and diverse was demonstrated recently at the Shop in Berkeley.

In the middle of a busy morning, Mrs. J. S. Mills, manager of the shop, was approached by an excited Italian, who declared he wanted a baby, and wanted it in a hurry. His five months old girl had just died, he explained, and his wife was inconsolable. He feared she would not live, unless a baby could immediately take the place of the lost one.

That "the Red Cross never fails" was again proven by the manager of the shop. Phones and messengers were busy for the remainder of the morning, and at noon a dark-eyed Italian baby had found a new and devoted father and mother.

SERVICE MEN AT MANILA WANT READING MATERIAL

More than 25,000 soldiers and sailors at Manila are anxious to receive reading material of any sort from the United States, according to word received at Pacific Division Headquarters of the American Red Cross from the Red Cross field director of the Philippine Department.

Chapters wishing to help the boys are asked to send magazines to the Department of Military Relief, Pacific Division American Red Cross, San Francisco, Calif.

RED CROSS IS BELOVED

(Continued from page 1, col. 3)

those service men who are in need of such worthy assistance.

"The patients of this Government hospital here at Arrowhead Springs desire at this time to express themselves and wish to heartily indorse the present drive of the Red Cross and to express their sincere appreciation for the wonderful work done by this organization among the returned soldiers.

"We desire to especially indorse the genuine and sincere interest that Mrs. Katharine Llewellyn, the Red Cross representative here, has taken in the affairs of all men, and also the wonderful work of the San Bernardino Chapter.

"In closing, please accept our kindest regards and it is the general wish of the patient body here that you continue to 'carry on' with the assurance that we, as ex-soldiers, are solidly and enthusiastically with you, to a man, in any way that you may deem fit to use us."

SAN DIEGO CHAPTER HOLDS MEETING TO DISCUSS SALVAGE PLANS

The possibility of starting a Salvage and Shop bureau in the San Diego Chapter of the Red Cross was discussed at a recent meeting in San Diego. The chairmen of different branches were present, and Miss Kathleen Booth, Director of Salvage and Shop of the Pacific Division, told of the advantages of a shop in a community. Mrs. J. S. Mills, chairman of the Berkeley Salvage and Shop, gave a detailed account of the work as it is carried on in the bay city, and helped put over the idea that the Red Cross Salvage and Shop is not only a necessity from a financial standpoint, but that its Social Service side is one of the big things in the work.

A very fitting plea for the establishment of Salvage and Shop was the outline of Home Service work in the San Diego Chapter, and its call for funds. Wood Wooster, chairman of Home Service, stated that approximately \$2,000 a month is expended on Home Service there, and 475 cases handled each month.

Miss Margaret B. Setright, Director of the Department of Accounting, Pacific Division, spoke on her side of Red Cross work, and Miss Bernice Clarke, Field Representative for the Fourth Red Cross Roll Call, talked of the necessity for making the Roll Call a success, and from the enthusiasm with which the mention of the Roll Call was met, a big success from the San Diego Chapter is expected.

BERKELEY SHOP TAKES A. R. C. MEMBERSHIPS

During the first three days of the Fourth Red Cross Roll Call in Berkeley, California, more memberships were taken in the Red Cross shop than any other way.

The Red Cross shops were a big factor during the Roll Call. Practically every shop had a table where memberships could be taken. This was a marked success; for, in many instances, people were approached who could not have been reached otherwise.

Fresno Red Cross Shop followed its yearly custom of getting memberships, and the campaign was started and memberships pledged even before November 11.

The success of the plan of having the Red Cross shops co-operate with the Roll Call is unquestionable.

Official A. R. C. Bulletin

Serial No. 42, issued November 2, 1920.
(Department of Publicity and Speakers,
Bulletin No. 44.)

Subject: Foreign Caption Films

Have you any foreign groups in your Chapter jurisdiction?

Have you communicated with their leaders about working for the Fourth Red Cross Roll Call?

Please re-read Roll Call Letter No. 6.

Arrange to show some of the Red Cross films with foreign captions in your local theaters that have special appeal to these groups.

Red Cross pictures with captions in both English and foreign languages to be included in the Pacific Division films library are:

To the Aid of Poland.

Suffering Poland.

Red Cross Work in Jugoslavia.

With the Junior Red Cross Colony in Czecho-Slovakia.

First Aid on the Piave.

In Italy's Hour of Sorrow.

These pictures will help your Chapter in its Roll Call publicity. They will be good to use generally following the Roll Call. Place your orders early. The supply is limited.

Serial No. 43, issued November 2, 1920.
(Department of Publicity and Speakers,
Bulletin No. 45.)

Subject: Library Inserts

The following letter has been sent to all librarians in the Pacific Division by the Division Manager and your attention is called to the statement, "Local Red Cross committees will aid in getting them delivered." Will you offer your help in the way of furnishing postage, tying up parcels and delivering them when called upon?

This method of telling the public about the Roll Call has proved a good one in the past and with Chapter interest is certain to do much for your local Roll Call program.

"Under separate cover the Pacific Division of the American Red Cross is sending you a number of slips, copy attached, which I want to request you to place in books circulated over your library desk during November.

"If you have branch libraries that have not received a supply of these book inserts, the local Red Cross Roll Call Committee will aid you in getting them delivered. Please feel free to call upon the

Red Cross Chapter folks for what help you need.

"We are also sending you a roll of posters designed primarily for Roll Call publicity, but telling the Red Cross story in such a way that they are helpful information at any time. Will you make such use of them as you can?

"Thanking you for all the good help the library has been to the American Red Cross in the past and bespeaking your continued interest, personal and official, I am, . . ."

Serial No. 44, issued November 15, 1920.
(Department of Civilian Relief, Bulletin No. 114.)

Subject: Communications to U. S. P. H. Service

The United States Public Health Service District Office, Flood Building, San Francisco, receives daily many insufficiently stamped letters from Home Service Sections in this Division, and as that department is not provided with funds for postage on these letters, the burden falls on the office staff. We know this is an oversight on the part of secretaries and request more careful attention as to amount of postage needed to carry mail. Please have your letters weighed before mailing.

Serial No. 45, issued November 15, 1920.
(Department of Civilian Relief, Bulletin No. 115.)

Subject: Reinstatement of War Risk Insurance

Between now and December 31, Home Service Sections have an exceptional opportunity to do effective and lasting work for ex-service men in aiding them to reinstate their War Risk Insurance. The last of the three million men who originally held Government insurance, and whose opportunity to reinstate without a physical examination expires eighteen months after discharge, will have their last chance to reinstate without a full medical examination at their own expense between now and the last day of the year. Unquestionably a large number of men in California, Arizona and Nevada will reinstate if they are acquainted with the fact that time is the distinct element in regaining War Risk Insurance. Write the Department of Civilian Relief for reinstatement blanks and War Risk Insurance literature and consult the Director regarding any phase of reinstatement proceedings.

SANTA ANA JUNIORS SEND FOREIGN POSTER EXHIBIT

Juniors in the fourth and fifth grades of the McKinley School in Santa Ana have presented the Department of Junior Red Cross, Pacific Division, San Francisco, with an unusually interesting gift. It includes seventeen posters, representing countries where Juniors are helping the foreign children. The pictures are cleverly colored, and portray a keen sense of imagination in the Santa Ana Juniors.

The countries represented in the posters are: Egypt, Belgium, Switzerland, Serbia, Palestine, Russia and Italy.

TURLOCK JUNIORS PLAN GIFTS FOR CHRISTMAS

Because they want to help children less fortunate than themselves in other parts of the State, Juniors in the Turlock Grammar School have written Division Headquarters, asking the names of orphanages where they can send Christmas boxes.

Other Juniors may like to follow the plan, and distribute gifts to children in local orphanages, hospitals and in homes not always visited by Santa Claus.

Serial No. 46, issued November 17, 1920. (Department of Accounts, Bulletin No. 19.)

Subject: Interest on Chapter Bank Balance

Instructions have been received at Pacific Division Headquarters from National Headquarters that Chapters should be advised to report their interest earnings as a separate item on Form 203, line 21, columns 1 and 2.

Serial No. 47, issued December 1, 1920. (Department of Civilian Relief, Bulletin No. 116.)

Subject: Ira F. McMullen

The above-named man is reported as having procured money from Red Cross Chapters under false pretenses and is also, in the judgment of the American Legion, not to be trusted. If McMullen, who is described as five feet, ten inches in height, of dark complexion, black hair and eyes, about 35 years old, rather well dressed, calls at your Chapter, please notify the Department of Civilian Relief by wire.

Vacaville.—Miss Ella Anderson, community nurse, reports that 35 cases of adenoids and tonsils have been operated upon since the inauguration of the public health service about eight months ago.



The American Red Cross ARIZONA-CALIFORNIA-NEVADA

A bulletin published semi-monthly on the first and fifteenth, by the Pacific Division, American Red Cross, Civic Center, Hyde and McAllister Sts., San Francisco, California
Telephone Park 4391

Advisory Council (Volunteers)

GEORGE A. CAMPBELL.....Reno, Nevada
WILLIAM H. CROCKER.....San Francisco, Calif.
A. B. C. DOHRMANN.....San Francisco, Calif.
R. N. FREDERICKS.....Prescott, Arizona
JOHN B. MILLER.....Los Angeles, Calif.
HON. WILLIAM W. MORROW..San Francisco, Calif.

GEORGE FILMER (Volunteer).....Manager
THOMAS MELLERSH (Volunteer).....
.....Associate Manager and Treasurer

RED CROSS OF PEACE

Mingled with our spirit of the Thanksgiving season is a feeling of more than usual gratitude that the Great Father of all of us has led us on the way toward peace though we see it but afar.

To one of the agencies contributing to a fundamental peace—the American Red Cross—we look with love and confidence; it is our avenue through which we can express our desire to help the needy throughout the world.

With 2,000 wounded and convalescent men still in the Army and Navy hospitals in California and 1,500 ex-service men in United States Public Health hospitals in the Pacific Division, and as many more under training through the Federal Board for Vocational Education, all of whom receive some form of Red Cross service, can we say in verity, "The war is over"? Is the war over until the last pledge to the men who bore arms is redeemed? "No," a resounding "No," is the response the American Red Cross makes to both queries, and to back up that answer the Red Cross maintains its detailed organization in every city and town in the United States that the line of communication be kept open between the soldier and sailor and the dependents at home.

To do this work the American Red Cross must be kept what it was originally intended to be—a huge

volunteer group of red-blooded American citizens who associate themselves together in a common cause—to administer help where help is needed. To make the society most expressive, it is essential that each community do its share toward bringing the membership up to a full representation of the adult population of each civic group.

Is every community recording the wish of every man and woman in this Red Cross membership in the Fourth Red Cross Roll Call? Did we all make Thanksgiving Day a day of thanksgiving in fact as well as in word? One way was to become a member of the Red Cross, which is the means through which each of us can add a little to the sum of human gain in comfort, hope and courage.

To discharge the obligation of the Red Cross it is imperative that its quota of membership be reached, since the organization is dependent upon membership dues to carry out its definite program. The present Roll Call is not a drive for funds, but a call for re-enrollment that means the payment of the annual dues of \$1.00 or the larger sum of \$5.00 or \$10.00, which gives the donor a contributing or sustaining membership, respectively.

The major portion of the fee is held in the local Chapter for use in conducting the community program. The remainder, fifty cents out of the dollar, one out of the five, and two out of the ten, goes to National Headquarters for the purpose of conducting the Divisional and National program in Army and Navy hospitals, in camps and in the United States Public Health Service hospitals, of which there are now six in the Pacific Division.

It is with more feeling than that of a mere announcement that the claim of the American Red Cross is presented. It is with the impulse of brotherly love that makes of each of us the Good Samaritan that your prompt interest is besought in the success of the Fourth Red Cross Roll Call.

To renew our subscription this year and again next year and each succeeding year as faithfully as you attend a Thanksgiving Day service and with as much joy in doing it as belongs to our annual feast at Christmas becomes a duty.

"Once a Red Cross member, always a Red Cross member," is the logical attitude of mind toward this greatest of volunteer organizations that the world has ever known.

BOYS ON THE BORDER EAGER TO HELP RED CROSS

A recent report received at Pacific Division Headquarters from George E. Kammerer, Field Director at Camp Stephen D. Little, Nogales, Arizona, not only gives an idea of the difficulties yet experienced in the work among the troops on the border, but also shows how the Red Cross is regarded by the men and how they welcome the opportunity to be of assistance:

"Sorry to have to report a failure to reach Lochiel on my first attempt. Left Nogales Sunday morning at 8:30, accompanied by Sergeant Harper (M. C.), a very capable driver.

"Lochiel is 36 miles away, and two high ranges are crossed, the last one being an uphill climb of 7 miles, the last four of which are of extremely heavy grade. The road is in a frightful condition. Just as we reached the extreme summit our engine started hammering (we had stopped six times on the up grade to cool engine). On investigation we found that the bab-bitt bearing in front had completely burned out (this not due to lack of oil). This was at 11:30, and we were 25 miles from Nogales.

"Sergeant Harper walked 6 miles trying to reach a phone, but with no success. He finally engaged a machine and was driven to Lochiel, five miles further away, and found a phone. He got in touch with two corporals at the Station Hospital, and they volunteered to bring out extra parts, this a distance of 25 miles.

"I cannot speak too highly of these three men for their assistance, one of them using his own car, which meant a saving of at least \$25 to the Red Cross. Besides Sergeant Harper, there were two corporals, Brumbaugh and Moman. If it had not been for them, I am afraid that I would have had to spend the night on the mountain top, and, in addition, had a heavy tow and repair bill. Ever since I have been here I have found a ready willingness on the part of all the soldiers to help me out when the old Ford refused to go, which I assure you was frequently."

SOUTHWESTERN DIVISION MANAGER HAS RESIGNED

Alfred Fairbanks, manager of the Southwestern Division of the American Red Cross, resigned November 1, 1920. His service with the Red Cross covered a period of three years, starting with his appointment as director of the Department of Civilian Relief.

Junior Red Cross Department

LET US GET ACQUAINTED SAY STORIES IN J. R. C. NEWS

"Wouldn't it be a great thing if the school children all over the world could in some way get acquainted?" is the question which the editor of the Junior Red Cross News quotes in the November issue of that publication. The question was asked by a gray-haired traveler, a resident of one of the countries of Central Europe which suffered heavily as the result of the World War. The scene is laid in the compartment of a railway coach, and the query, although seemingly addressed to himself, was aroused by the presence of two young Americans traveling on business for the Red Cross. The old man continues:

"I am glad to see young men from America here. Young men! Young men! I wish more young Americans could come here; also it would be good for young people of this part of Europe to visit America and other countries. I would like young Englishmen to visit here and our young people to visit young Englishmen. The same thing should be in all the countries—the young people should meet, get acquainted."

This thing of acquainting all the children of the world with one another is one of the big tasks of the Junior Red Cross. The November number of its official publication will serve to make American boys and girls better acquainted with Montenegro. The cover presents a characteristic Upjohn drawing in colors, "A Useful Citizen of Montenegro," being a patient donkey bearing in two great saddle-bags a bright-eyed little Montenegrin and a very meek-eyed goat.

The magazine leads off with a capitally illustrated story by Rose Wilder Lane, which tells how "Basil the Monk" set the fashion which prevails to this day of every family possessing a dog, a cat, and a rooster. "Sheep of Montenegro" is an idyl of the herder and his flock written by Elsie Graves Benedict, and two pages of drawings by Miss Upjohn depict many distinct Montenegrin types. "The Bear Trainer's Wife" switches the reader from Montenegro to a camp of Roumanian gypsies, and then follow a number of stories about American boys and girls. There is the account of

JUNIORS ACTIVE AT THANKSGIVING TIME

Amador County.—A rural school of eight pupils in the mountains has made soap bubble pipes from acorns, and hollowed out oak balls, filling them with pine nuts. At Thanksgiving time these novelties were sent to children in a San Francisco hospital.

Merced.—A dental hygienist with a folding chair tours Merced County, cleaning children's teeth in the schools. The Juniors pay \$65 a month toward her salary.

Livermore.—Juniors supplied jelly at Thanksgiving time to the boys at Letterman General Hospital in San Francisco.

Gold Run, Placer County.—The United States Public Health Service Hospital at Palo Alto was supplied at Thanksgiving time with jellies and jams donated by Juniors of Placer County.

Porterville.—The domestic science department of the Union High School made marmalade from Porterville oranges, and sent them to the boys at Letterman General Hospital and to the patients in the United States Public Health Service Hospital at Palo Alto.

San Luis Obispo.—Juniors contributed 200 glasses of jam and jelly for Letterman General Hospital and Naval Hospital at Mare Island.

Winslow, Arizona.—Jams and jellies made by the Juniors in Winslow were sent to patients in United States Public Health Service Hospital at Whipple Barracks, Arizona.

the heroism of Verna Grussing, a Minnesota Junior, who saved the life of her baby brother, and the story of Bessie Gates and her wonderful California garden.

"The Story of Thanksgiving Day," as told by Ethel Blair, reveals in the world's history a long chain of days for the giving of thanks. In order to see what the Juniors are doing throughout the country, a magic train takes the reader from a little town in Maine across the continent to Puget Sound. "Juniors of America" is a song-poem by H. Oxley Stengel, while Captain Charles Phillips contributes a story dealing with the romance of a Red Cross warehouse filled with relief supplies.

ALL SCHOOLS IN SAN DIEGO WILL HELP PROMOTE HOLIDAY BAZAAR

A splendid showing of the interest taken by schools in the Junior Red Cross is demonstrated in San Diego County, where every school has enrolled.

At Christmas time, the Juniors in the county are planning a big bazaar to be held in San Diego. Money raised will buy materials to be used by sewing classes to make garments for the poor in the community. The plan of the Junior Red Cross is to make it possible for these garments to be used by children themselves.

The second purpose of the bazaar is to provide funds to equip manual training departments in the county schools and purchase necessary material for the manual training work.

The third purpose is to start a Junior Red Cross fund to place underfed children at Rest Haven Home. All the children at this home are dependent upon donations for clothing and for money to pay their board.

Fred A. Boyer, vice-chairman of the Junior Red Cross in San Diego County, has sent the following card to all teachers in the county:

"There need be no under-nourished, badly clothed, physically unfit or unkempt children in your school room this year. The Junior Red Cross stands ready to help you.

"Please convey my personal thanks to all teachers who are helping to make our Christmas bazaar a success. The response is gratifying. Every donation, though small, adds to the fund for the needy.

"Are you permitting your pupils to enjoy the privilege of the Junior Red Cross? Give the good work a boost. Join hands and be a member."

After a glimpse through the pages of this very attractive number of the children's magazine, one ponders the question it presents in this bit of verse:

"I thought that foreign children

Lived far across the sea

Until I got a letter

From a boy in Italy.

'Dear little foreign friend,' it said,

As plainly as could be!

Now I wonder which is 'foreign,'

That other boy or me?"

YOUTH AND THE RED CROSS

From the
Bulletin of the League of Red Cross
Societies

The Red Cross, facing the great task it has set itself, outlining a universal peace-time program, naturally looks toward the coming generation as to the future guardians of that sacred fire which was kindled in Geneva half a century ago, and which is now spreading from land to land, lighting beacons of hope amid the universal gloom. It is this thought which engendered the Junior Red Cross.

One of the surest means of one day realizing the aims of the Red Cross is to enlist in the cause of humanity, the generous enthusiasm of the world's youth—one of the greatest forces in the world.

This is the essential meaning of the Junior Red Cross: to instill into the young generation one of the ideas which does most honor to humanity, and to familiarize it from the outset with activities of high moral value.

It is not necessary to be much of a psychologist in order to realize that it is easier to implant good habits in the child than to uproot bad ones in the adult. We all know the force and that the greatest enemies with which the Red Cross has to contend are bad habits. In order that the force of habit, instead of being a deterrent factor in the development of humanity, may, on the contrary, aid its evolution and become an ally of the Red Cross, the best policy is doubtless to start with the child. Nothing we know is a more powerful antidote to the poison of apathy as the enthusiasm of youth.

If you hold that the Red Cross should be a religion and a creed, appeal to the heart of the child, for it is among children that this new faith will find its warmest supporters. In the hands of the child repose the destinies of humanity, and it is only by gaining his allegiance that you can feel confident for the future and assured that the work you cherish shall bear the stamp of immortality. There will be times of darkness and danger in the future, when others must defend the post we now hold. If you desire that the ranks of the new army be strong-limbed and clear-souled, make your appeal in time to the young recruits, and see to it that in body and soul they may be fitted for their future task.

U. S. N. MORALE AIDE VISITS HEADQUARTERS

R. C. Giffin, Morale Aide of the Twelfth District of the U. S. Navy, was a visitor at Division Headquarters during the past two weeks. General M. Ruelas, one of the commanders in the army under the old federal regime in Mexico, was also a visitor.

Other visitors were M. R. Bissell, of Detroit, who was Red Cross Field Director at Camp Kearney during the war; Mrs. Templin M. Potts, Mrs. Thurlow McMullin, Mrs. J. D. Foot, Miss Ida M. Swartz, Miss Selina Kane, of San Francisco; Miss Stella Finkelday, Santa Cruz; Arthur P. Karback, Oakland; Miss K. McGurk and Miss Elizabeth Langan, New York; Miss Ora Statlings, Los Angeles; Miss Jenny Mahoney, Oakland; Miss Lucilla Kreiss, Palo Alto; Miss Eleanor Ryan, Miss Desse Kissell, Whipple Barracks, Prescott, Arizona; Eunice Smythe, Calistoga; Miss Mary W. Watson, British Columbia; Miss Alma Wrigley, Arrowhead Springs; Miss Melanie Lancel, Marin County Red Cross Chapter; Mrs. F. McDonald Graham and Miss Margaret Foster, San Rafael, and Mrs. R. H. Brunette, King City Red Cross Chapter.

The dream of world brotherhood can only be realized by youth, and youth alone can pursue successfully our hatred for useless and avoidable bloodshed in the world, and vindicate our present faith in the Red Cross as being today the greatest existing force for diminishing suffering and adding to the sum of the world's happiness.

Once the young generation, which will have to face the grave problems of tomorrow, which, to a large extent, will be the outcome of the follies of yesterday and the mistaken remedies of today, has served its apprenticeship in that great training school which has the Red Cross for its emblem, and has become imbued with the universal truth of its message to the world—once the great fact has been realized on the threshold of life that the fundamental principles which make for the happiness of humanity are identical in all countries and among all races, and that these interests must be safeguarded at all costs and against all dangers, whether in the form of war, pestilence, famine or natural disaster—then may we be at rest regarding the world's future; it will never have been entrusted to better hands.

PACIFIC DIVISION IS REPRESENTED AT WASHINGTON

The Pacific Division will have representatives in Washington, D. C., at the annual meeting of the Delegates of Chapters of the American Red Cross on December 8, 1920.

Hon. W. W. Morrow, Judge of the United States Circuit Court of Appeals, who is a member of the Central Committee of the American National Red Cross, and Mrs. Morrow left for the East two weeks ago to permit Judge Morrow to attend the Central Committee meeting.

A. B. C. Dohrmann, formerly acting manager of the Pacific Division, and Mrs. Dohrmann are both delegates from the San Francisco Chapter, and John B. Miller, former Division Manager, will also attend.

Mrs. Addie C. Pell, chairman of the Pacific Grove-Monterey Chapter, who has been intimately connected with the Red Cross since its inception on the Pacific Coast, will go to the Washington meeting as the official Chapter delegate.

RELATIVES ASK A. R. C. ABOUT MISSING MEN

Friends and relatives of missing ex-service men appeal to the American Red Cross for assistance in locating them. Red Cross Chapters in the Pacific Division are asked to wire the Department of Civilian Relief, at Division headquarters, if they have had any contact with the following men:

Nelson Fosnough, alias George Kapp, ex-member of the U. S. Marine Corps, discharged with disability rating, has been missing from his home in Lorain, Iowa, since August, 1920.

Clyde Cogburn, 19 years old, Serial No. 6423824, discharged December 4, 1919, disappeared from his home in Dewar, Oklahoma, July 15, 1920.

Michael J. Haggerty, Serial No. 1848976, Co. A, 111th Infantry, home address, Pittsburg, Pennsylvania.

Michael Grue, Serial No. 6443877, a former Red Cross ambulance driver, discharged December 9, 1919, with a disability rating, has not been heard from since September 2, 1920, when he called at Division headquarters for assistance in filing compensation claim papers.

American Legion members may be able to give helpful information regarding the above-named men, if this notice is posted in Legion halls.

Health Center a Human Laboratory Available to Entire Community



This young mother wanted to know about her baby and found information at a Health Center.

IMPORTANT FUNCTION OF HEALTH CENTER IS TO KEEP WELL

VI.

The American Red Cross Health Center is a bureau of health information, an agency for the distribution of health literature, and a place for health exhibits. More than all this, however, it is a human laboratory where people's physical conditions are put to the test of normal standards of health and growth.

The Health Center asks: "Are you healthy?" "Do you know how to remain healthy?" "Do you apply this health knowledge in the regulation of your own life and of the lives of those dependent upon you for their health and happiness?" But the Health Center does not stop with the asking of questions. It answers them by the application of means and methods that are simple but effective.

There is perhaps no more pathetic fact in our American life than this: Out of every ten babies born alive, one dies before it reaches its first birthday. Except through accident, no babies die that are healthy. It will be evident therefore that one of the most important functions of the Health Center is to keep babies well. How is this done?

The Health Center is, of course, a human institution, and naturally, therefore, it adores the pretty baby

with blue eyes and golden ringlets. But the Health Center is not in the business of conducting baby shows. It offers no prizes for the prettiest baby in the county. The chief interest of the Health Center in babies is and remains to keep healthy babies healthy.

The Health Center gives out literature on the care of the baby; it conducts baby welfare exhibits; it gives instruction on baby care through courses in home hygiene and in dietetics, through demonstrations, and through social organizations, such as Mothers' Clubs and Little Mothers' Leagues. Besides this general instruction, however, the Health Center has on hand a baby scale, a measuring board for babies, and a supply of standard record forms of normal weights in relation to heights and ages. Mothers are encouraged to bring their babies at regular periods to the Health Center to have them weighed and measured and to keep an accurate record of their physical progress which, if normal, may be accepted as a true indication of health and proper care.

The educational Health Center as described in this series of articles does not prescribe any medical advice and treatment for sick babies. This is possible only when clinics are conducted and doctors and nurses are in attendance at the Health Center. If it is demonstrated, therefore, by the

CLUBS ORGANIZED TO HELP CARRY ON WORK OF HEALTH NURSING

VI.

For five years before the war, the American Red Cross was engaged in promoting rural nursing through its Town and Country Nursing Service. This service was supported by local groups of interested people, —women's clubs, county supervisors, and other bodies who were organized for the purpose of carrying on and financing Public Health nursing in small towns and rural communities.

Although this work progressed very slowly owing to the many new and untried problems which were met and the pioneer character of the undertaking, it played a valuable part in the early days of rural nursing. The World War brought to the consciousness of the people in a most emphatic way that in order to be physically fit, a nation must take active measures to safeguard its health. Among these measures, one of the most practical and important is the adequate development and distribution of Public Health nursing, and in order to make available a community nursing service for the people in all communities. In order to include the activities which came under its direction during the war, as well as those which might be considered as a part of its peace program, the old title, "Town and Country Nursing Service," was not considered comprehensive enough. Accordingly it was changed to its present name of "The Bureau of Public Health Nursing."

The Red Cross does not seek to supplant in any way other organizations already in the field, but rather to strengthen the activities of properly constituted State and local authorities by helping to awaken public interest to secure public support and to demonstrate the need for the work.

There is a known shortage in the United States today of several thousand Public Health nurses and one of the important phases of the health promotion program of the American Red Cross is to arouse the interest of qualified young women in taking the training necessary.

weighing and measuring that over a period of time a baby is not making normal progress, then the mother is urged to consult her family physician.

Transportation a Red Cross Problem

[Social agencies throughout the United States have pledged themselves to abide by rules given herewith, which have received endorsement from Red Cross National Headquarters.]

WHAT HAPPENED TO JONES AND HIS FAMILY



STILL the GREATEST MOTHER in the WORLD

A man, wife and three children drifted into the Chapter town of Bentwood and immediately went to the Red Cross for aid.

The man stated that he had lived in the town of Coleo for some time, but that the climate did not agree with his wife's health, so they decided to go to the city of Easton; that the Red Cross of Coleo had helped him to get as far as the next town, which in turn had passed him on to Bentwood, and he now demanded to be helped to go to his destination in Easton or to be passed on to the next town if they could do nothing more for him.

The Bentwood Chapter, without investigation of the man's statements and without consulting with the Easton Chapter, sent the family on to Easton.

On arriving in Easton, the family became dependents, as the claim that he had friends there and work promised, proved to be false, and upon Easton fell all the burden of investigation, support and final transportation, at much expense, back to his home town of Coleo.

WHAT SHOULD HAPPEN TO JONES AND FAMILY



STILL the GREATEST MOTHER in the WORLD

A man, wife and three children drifted into the Chapter town of Bentwood and immediately went to the Red Cross for aid, as given in opposite column.

The Bentwood Home Service worker, as it was late afternoon, provided for the family for the night and sent a night telegram to Coleo asking for information about the family. The return communication stated that the man had never supported his family properly; that the wife was lazy, not sick; that man had neither friends nor work in Easton; that the Red Cross of Coleo had in no way helped these people to leave town, for the Probation Office was trying to do constructive work with the family and had been making headway.

The Coleo Chapter advised giving the family no money, but transportation back to Coleo, where it was a legitimate charge upon the community. The head of the family had to agree to this plan, as he was without funds. The Coleo social agencies were able to work out their plans for reconstruction.

Rules to Guide Home Service Sections

Instructions to guide Home Service workers in Red Cross Chapters that serve as rules on issuing transportation are given herewith:

Applicant's statements must be substantiated by other definite, reliable evidence.

Request shall be made for investigation and report from social agencies or officials at place of destination before applicant shall be given transportation.

It must be proved, before transportation is given, that applicant has resources for maintenance at the point of destination that will prevent his becoming dependent on charity, or

That the applicant has a legal residence in the place to which he is to be sent or is a proper charge upon the charity of that community.

In all cases where transportation is granted,

the sender shall provide for applicant through to his ultimate destination and not pass him on to the next town.

If an applicant has been forwarded in violation of these rules, communicate immediately with the agency that provided transportation and request a remittance of amount necessary to send applicant to destination or back to starting point. If no response is received, applicant should be returned to agency giving original transportation. In no case should he be passed along to another community that is not responsible for him.

In all cases provide for the immediate needs of the applicant until investigation is complete.

Consult the Division Department of Civilian Relief when you meet with difficulties.

The Story of Jones is the Story of Others

Serves
the fighting
man in army,
navy, camp
and hospital
—remembers
the ex-serv-
ice man.

Your
Red Cross
Membership
makes it
possible

The American Red Cross

Pacific Division Activities

Protects
the home in
time of disas-
ter; saves
babies;
teaches
mothers;
serves the
community.

Your
Red Cross
Membership
makes it
possible

Vol. III

DECEMBER 15, 1920

No. 12

+ Juniors Make Christmas a Happy Time +

Merry Christmas to the Juniors in the Pacific Division of the American Red Cross! Merry Christmas to all their little friends and their grown-up friends!

It is going to be a Merry Christmas indeed this year to all the boys and girls who are Junior Red Cross members in California, Nevada and Arizona, because all Juniors know the great lesson of service which makes a lasting gift of Yule-tide joy.

Just one thing that Juniors in three counties in California did last summer to make other little boys and girls happier and healthier helps every one to better understand the meaning of Tiny Tim's greeting—"A Merry Christmas to all, my dears; God bless us every one."

Los Angeles, San Luis Obispo and Kern County Juniors contributed to the support of three open-air camps. How

the camps were operated and how the kiddies lived in the wonderful California out-of-doors was put into a motion picture by the Red Cross in August and the film will be ready to circulate among schools in the Pacific Division January 1, 1921. Juniors can tell their teachers about this and ask them to write to the Department of Publicity and Speakers at Pacific Division Headquarters for information about securing the picture. Juniors in Los Angeles County have contributed \$10,000 to the San Gabriel Canyon camp in the past two years and smaller camps operated under the joint management of the California Tuberculosis Association, the American Red

Cross and County Welfare organizations have been financed in part by the Juniors in Santa Margarita Canyon, San Luis Obispo County, and at Glennville in Kern County.

This contribution of Junior Red Cross money represents the sort of work that boys and girls do during the school year that lasts throughout the vacation period and makes

bility and service in social life.

With nearly 100 Junior Red Cross auxiliaries reporting to Pacific Division Headquarters, a review of the activity sponsored by the Juniors which contributes to the sum total of civic welfare is an interesting table. One thousand subscriptions to the Junior magazine—the Junior Red Cross News—have been forwarded to National Headquarters. Fourteen of the auxiliaries are working on the production program; and each of the auxiliaries is entitled to credit for some form of service selected by the children themselves as best fitted to the needs of the school community.

A report tabulated by counties, given on the following page, shows the towns in which the Junior Red Cross is organized. Under each town listed is given a brief review of its work. Juniors and

educators in reading the story in this form can quickly see what the neighboring school is doing and possibly stimulate greater activity throughout the three States in the Pacific Division.

That new country in Central Europe with a queer name—Czechoslovakia—is to have a Junior Red Cross of its very own. It is to be known as the "Czech Heart," signifying that the children are the heart of a nation. During the past year the children of that country have been playing a health game devised by the representative of the Junior Red Cross of America, whom the children have learned to love dearly.



One hundred girls in San Gabriel Canyon camp who learned about the Junior Red Cross through its service to them. Upper left inset: Boys in Santa Margarita Canyon camp getting their "weigh" before breaking camp after a month out of doors. Upper right inset: "Billie the Batsman," who roamed the Kern County hills and played and grew strong last summer at the Kern County Kiddies' Camp at Glennville.

a continuing service of the Junior Red Cross to the community.

Enrollment of schools in the Junior Red Cross in the Pacific Division commenced with the opening of the fall term of school. In carrying out the new program of Civic Training through Service, the Junior Red Cross has outlined activities that make work in the class room a reality and an inspiration. Boys and girls are given an opportunity to realize their obligations as the responsible citizens of tomorrow. They are taught to consider the child next door, and the helpless and homeless in distant lands.

In addition to a program that provides service for the betterment of children, the Junior Red Cross plan develops efficiency, responsi-



+ Junior Red Cross Is Civic Contribution +

How the Junior Red Cross becomes an aid to community welfare is well told in the report given below. It shows the variety of enterprise sponsored by the Juniors in 46 counties in the Pacific Division—California, Nevada and Arizona.

CALIFORNIA

ALAMEDA COUNTY

Albany—Junior Red Cross News; Christmas sale.

Berkeley—Junior Red Cross News; manual training, toys; production of garments, 194—half to be sent February shipment, half June shipment; dental clinic; baby clinic.

Livermore—Junior Red Cross News. Juniors have made themselves responsible for the happiness of 17 children in the Arroyo Sanatorium for Tubercular Children.

Piedmont—Enrolling.

San Leandro—Enrolling; Junior Red Cross Shop; school lunch; dental clinic; help support school and public health nurse; pay for upkeep of machine of public health nurse; nine hundred children inspected by nurse twice each year; baby clinic and day nursery; supplied two filing cabinets for record blanks for nursing.

AMADOR COUNTY

Jackson—Junior Red Cross News; National Children's Fund—August 10, 1920, \$158.62.

COLUSA COUNTY

Colusa—Enrolling.

CONTRA COSTA COUNTY

Crockett—Junior Red Cross News; National Children's Fund—June, \$20.

Richmond—Enrolling; dental clinic.

Walnut Creek—Junior Red Cross News; National Children's Fund—August, \$103.62.

EL DORADO COUNTY

Rescue—Junior Red Cross News.

FRESNO COUNTY

Coalinga—Junior Red Cross News; jams and jellies sent to United States Public Health Service Hospital at Palo Alto, November 18.

Selma—Junior Red Cross News; National Children's Fund—July, 1920, \$60.

GLENN COUNTY

Glenn—Junior Red Cross News.

HUMBOLDT COUNTY

Eureka—Enrolling; dental clinic.

INYO COUNTY

Bishop—Junior Red Cross News.

KERN COUNTY

Bakersfield—Enrolling.
West Side Oil Fields—Enrolling.

KINGS COUNTY

Hanford—Enrolling.

LASSEN COUNTY

Susanville—Enrolling.
Westwood—Enrolling.

LOS ANGELES COUNTY

Azusa—Junior Red Cross News; production of garments.

Glendale—Junior Red Cross News; National Children's Fund—November 19, 1920, \$123.14.

Los Angeles—Junior Red Cross News; will spend \$200 for material to be made into garments for needy; manual training will make 100 writing boards for Letterman General Hospital; will continue to make canes for Arrowhead soldiers; contributed \$175 toward Tiny Tim Fund, for use in dental clinic.

Santa Monica—Junior Red Cross News; welfare work.

Pasadena—Junior Red Cross News.

MADERA COUNTY

Madera—Enrolling; National Children's Fund—August 10, 1920, \$300.

MARIN COUNTY

San Rafael—Enrolling.

MERCED COUNTY

Mercer—Junior Red Cross News; dental hygienist with folding dental chair tours county, cleaning children's teeth; Juniors pay \$65 per month toward salary; 200 jars jam and jelly to two Arizona hospitals.

Los Banos—Junior Red Cross News.

MODOC COUNTY

Alturas—Junior Red Cross News; Lone Star School serves hot chocolate—farmers provide the milk and Juniors the chocolate; Juniors gave three yearly subscriptions to "Boys' World" for orphans in their class; Home Hygiene and Care of the Sick courses to be put in high schools; production of gar-

ments to be backed by Red Cross Chapter.

Lookout—Pledge of service—making of garments.

New Pine Creek—Junior Red Cross News. Garden produce "Junior Agricultural Club" produced \$25 worth this year; exhibit shown at county fair at Cedarville, September 30. Children arrived at fair in Juniors' bus with Junior banner. "Bean Agricultural Club" has been planned for Junior funds this year for local and foreign relief.

MONTEREY COUNTY

Salinas—Junior Red Cross News.
Carmel—Enrolling.

PLACER COUNTY

Auburn—Junior Red Cross News.
Newcastle—Junior Red Cross News; National Children's Fund—July, \$45.

Loomis—Junior Red Cross News.

Gold Run—Sent jams and jellies November 15, 1920, to the United States Public Health Service Hospital in Palo Alto.

PLUMAS COUNTY

Quincy—Junior Red Cross News.

ORANGE COUNTY

Santa Ana—Enrolling; made posters for foreign projects service; Americanization; classes in home nursing, in Junior high school; production of garments.

RIVERSIDE

Riverside—Enrolling.

SACRAMENTO COUNTY

Sacramento—Junior Red Cross News.

Elk Grove—Junior Red Cross News; production; toys made by boys in manual training classes.

SAN BERNARDINO COUNTY

San Bernardino—Junior Red Cross News; National Children's Fund—October 30, 1920, \$407.43.

Upland—Junior Red Cross News; production of garments—35 aprons, 30 night gowns and 35 layettes.

Devore—Junior Red Cross News.

SAN DIEGO COUNTY

The following school auxiliaries in San Diego County have subscribed to the Junior Red Cross News: Alpine, Barrett, Barrett Dam, Bostonia, Bonsall, Bonita, Bernardo, Campo, Coronado, Chula Vista, Carlsbad, Cardiff, Delmar, De Luz, Descanso, Dulzura, East San Diego, Encinatis, Escondido, Encinito, El Cajon, Fallbrook, Jacumba, Julian, Hilpass, Jamul, Lemon Grove, Lakeside, La Mesa, Mesa Grande, Miramar, National City, Otoy, Pauma, Potrero, Poway, Palm City, Romona, San Luis Rey, San Pasqual, San Luis, Santee, San Ysidro, South Ocean Side, Santa Ysabel, Sunnyside, San Onofre, San Marcos, San Luis Rey, Tecate, Vista, Warner Springs, Valley Center.

San Diego—Junior Red Cross News; Christmas bazaar; health pledge; production of garments.

SAN FRANCISCO COUNTY

San Francisco—Junior Red Cross News.

SAN JOAQUIN COUNTY

Escalon—Junior Red Cross News; National Children's Fund for Thanksgiving, \$22.65.

SANTA BARBARA COUNTY

Lompoc—Jams and jellies to submarine base and sick quarters, San Pedro, for Thanksgiving; National Children's Fund—June, \$50; production of garments—24 to be shipped in February and 24 in June.

Betteravia—Junior Red Cross News.

SANTA CLARA COUNTY

Los Gatos—Enrolling; Junior Red Cross News.

San Jose—Enrolling.

SAN LUIS OBISPO COUNTY

San Luis Obispo—Enrolling; jams and jellies, 200 glasses sent to Letterman General Hospital and two boxes sent to Mare Island Naval Hospital at Thanksgiving time.

Paso Robles—Enrolling.

SANTA CRUZ COUNTY

Watsonville—Junior Red Cross News.

SOLANO COUNTY

Benicia—Enrolling.

Dixon—Junior Red Cross News; National Children's Fund—June, \$20.

Vacaville—Junior Red Cross News.

STANISLAUS COUNTY

Turlock—Junior Red Cross News; sent Christmas boxes to orphanages.

SUTTER COUNTY

Live Oak—Junior Red Cross News.

TULARE COUNTY

Porterville—Domestic Science Department sent marmalade to United States Public Health Service Hospital in Palo Alto and Letterman General Hospital at Thanksgiving time.

Tulare—Junior Red Cross News.

TUOLUMNE COUNTY

Sonora—Junior Red Cross News; hot lunch.

YOLO COUNTY

Woodland—Junior Red Cross News; financed two corrections for boys for tonsils, adenoids.

YUBA COUNTY

Marysville—Enrolling; nutritional classes.

NEVADA

CHURCHILL COUNTY

Fallon—Junior Red Cross News; school lunch.

DOUGLAS COUNTY

Gardnerville—Junior Red Cross News.

EUREKA

Eureka—Enrolling.

LINCOLN COUNTY

Callente—Enrolling.

ORMSBY COUNTY

Carson City—Enrolling.

STOREY COUNTY

Virginia City—Enrolling.

WHITE PINE COUNTY

Ruth—Junior Red Cross News.
Ely—Junior Red Cross News.

ARIZONA

APACHE COUNTY

St. Johns—Enrolling.

COCONINO COUNTY

Tuba City—Junior Red Cross News.
Fredonia—Junior Red Cross News.
Williams—Enrolling.

COCHISE

Bisbee—Enrolling; production of garments.

GILA COUNTY

Chrysolite—Enrolling.
Globe—Enrolling.

MOHAVE COUNTY

Kingman—Enrolling; production of garments.

MARICOPA

Chandler—Enrolling; raised money by candy sale.

Mesa—Junior Red Cross News.

Tempe—Enrolling.

NAVAJO COUNTY

Winslow—Junior Red Cross News; jams and jellies to United States Public Health Service Hospitals.

YAVAPAI COUNTY

Humboldt—Enrolling.
Jerome—Enrolling.

CARDS OR LETTERS WILL BRING CHEER TO BOYS IN HOSPITALS

Red Cross Juniors in the Pacific Division can help brighten the Christmas for patients in the United States Public Health Service Hospitals and army and navy hospitals, if they will but send a greeting. A letter or a card will do.

The following appeal to chairmen of Chapter School Committees in the Pacific Division has been sent by Miss Mary Concannon, acting director of the Department of Junior Red Cross:

"Junior Red Cross in the Pacific Division is eager to have its members be of service during the Christmas season to the men in United States Public Health Service hospitals, Army, Navy and Contract hospitals.

"The Christmas spirit in any service rendered at this time, no matter how small it may seem to the boys and girls, will produce great and lasting joy in the minds and hearts of the men who gave so much for America."

Greatest Mother in the World Plays Santa Claus on Pacific



J. J. McBride, Division Director of Department of Military Relief, and Miss Kathleen Booth, Director of the Bureau of Salvage and Shop, assembling the gifts from the Sorosis Club in San Francisco for shipment to the boys in the United States Army border camps in Arizona. Picture taken at Division Headquarters, showing the spruce tree from the High Sierras which Fresno County Chapter sent aboard the "Madawasca" for the 1,000 soldier boys' Christmas somewhere on the Pacific

One thousand mothers in the United States will know that their sons who spend Christmas Day somewhere on the Pacific will have a happy time because The Greatest Mother in the World has put a big fifteen-foot tree, with trimmings and gifts, aboard the "Madawasca." Fresno County Chapter of the American Red Cross sent a wonderful spruce tree from the High Sierras, candy, nuts, fruit, smokes, gifts, games and a Christmas card for each one of the boys away from home. The details of getting the gift aboard were handled by the Division Department of Military Relief in conjunction with U. S. Army officers in San Francisco and Lieutenant Rupert Edison Starr, morale officer on the transport.

Mrs. W. J. McNulty, secretary of the Fresno County Chapter, discussed the plan in detail in San Francisco. She said, in speaking of the desire of the Chapter to give a happy celebration to the boys: "It is a thank offering from our Chapter for the splendid support given the American Red Cross by our community.

"Best of all," she said, "is the fact that the money was earned by our Salvage and Shop department and it represents a saving of what some one has thrown away, put into Red Cross service."

One of the feature contributions to the Christmas festivity on board the transport is the trimming for the tree, which is the gift of the girls in Miss Burke's school. The little kindergarten class made colored paper chains and the older girls made up a purse to buy tinsel and other decorations.

One of the other Christmas plans for soldier boys in Pacific Division territory which was arranged by the Military Relief Department was put into operation by the Sorosis Club of San Francisco. A committee of four, including Mrs. George E. Wilcott, Mrs. A. J. Hall, Mrs. Charles Wilson and Mrs. Sewall Dolliver, kept open house at the club one day and wrapped each gift separately, including in practically every one a personal greeting, note or Christmas card. These packages, including phonograph records, smokes, candies, jams, games, playing cards, and innumerable other things that men like, were forwarded to Red Cross Field Directors as follows: J. E. Crawford, Camp Stephen D. Little, and George E. Kammerer at Camp Harry J. Jones and Fort Huachuca.

Madera Chapter of the American Red Cross is also sending similar boxes to the border camps to supplement the gifts from the club.

HEALTH CENTER EXHIBIT CHANGES ROUTINE OF BOY'S LIFE

"Gee, I hope I grow!"

This solicitous remark came from an undersized boy who visited the Red Cross Health Center exhibit at the Arizona State Fair in Phoenix the first part of December.

"And say," he shouted, "I guess I'll swear off on coffee and sleep ten hours every night. I sleep that long once in a while now, but sometimes I stay up late. Gee, I hope I grow!" He was assured that he would.

An enormous set of plaster of Paris teeth on display in the Health Center particularly attracted his attention. He was much concerned over the proper care of his own molars, and overlooked no questions that might help him. The Junior Red Cross worker in charge weighed and measured him, and told him how much more he should weigh for his age and height. He was then given a lecture concerning proper eating, drinking, deep breathing and exercise. He was told he ought to drink milk instead of coffee; eat vegetables instead of cake; be sure to rest enough; to sleep out of doors; and to go to bed regularly.

He went off looking rather crestfallen, because he was so far below standard in every way. In a few minutes he returned with the information that he had gone over to the dairy exhibit and had drunk three glasses of milk, and declared that from then on his daily habits would be changed.

This instance served the exact purpose of the health center plan. It is a clearing house of health information, and renders assistance of the most practical kind to the sick and well. The little lad was supplied with information that suited his case, and was willing and anxious to follow advice offered by the Health Center.

CHILDREN SHOULD BE TAUGHT TO LOVE WORK

"The best way to teach children," said a well-known educator in California, "is to have them love what they are doing. If study is treated as a game to be played and learned, it is far better than to present it as a task that must be mastered.

"In San Diego, one of our teachers has her pupils write about their experiences in earning money for Junior Red Cross membership for their language lesson. Those Juniors get a lot of fun out of study."



JUNIORS HELP NEEDY CHILDREN



(1) An Albanian mother whose tears have turned to smiles after a trip with her baby to the Junior Red Cross of America medical clinic. She has learned that it is possible to save the life of her baby she thought was dying. (2) Children left orphans by the Great War, living in an old castle in Italy that has been made into an orphanage through the Junior Red Cross of America. (3) Three little Montenegrin war orphans receiving their first toys, that have been sent from the Junior Red Cross of America. (4) Two American girls of Italian parentage, who are now in Sezze waiting for the day when

they will be able to return to America. (5) Assistance in a school orphanage, aided by the Junior Red Cross of America. (6) Farm School, one of the Junior Red Cross projects, is to establish 2,000 such schools for the training of children. (7) Children in a school eating their noon meal of American food. The Junior Red Cross of America sends the food that is being sent by the Junior Red Cross organization. (7) Syrian school girls

Junior Red Cross boys and girls as well as their teachers, their parents and all other children of school age in California, Nevada and Arizona will be interested in the pictures given above showing glimpses of the children, adults and countries served by the National Children's Fund administered by the Junior Red Cross.

Schools in the Pacific Division of the American Red Cross that have not already subscribed to the Junior Red Cross News will secure further information concerning the foreign projects of the Juniors by placing the subscription immediately with the Department of Junior Red Cross

at Division Headquarters. The annual cost is 45 cents for one subscription—ten numbers. One thousand copies of the magazine are now in circulation among schools in the three States, and many interesting comments on the world-wide information contained in the magazine come in to the Division offices.

Pacific Division Juniors are asked to raise \$25,350 for their quota and the plan is to have the money turned in to the Division Department of Junior Red Cross during January, 1921. The amount is apportioned among the nine foreign projects according to the table given herewith:

In carrying out their foreign pro-

OVER \$25,000 TO BE RAISED

The distribution plan for the Children's Fund of the American Red Cross for foreign projects, as follows:

Albania, Tirana	For food and clothing
Balkan Scholarships	4 Constantinople College
	2 American School for Girls, Beirut
	(About \$500 each per year)
Belgium	School Canteens
Poland	For general child welfare work

WORK IN FOREIGN COUNTRIES



...speak perfect English, they are of great
...for Red Cross. (5) Students of Chamigny
...The purpose of the French Government
...homeless by the war. (6) Belgian children
...school colony at Ypres. Into these hungry
...of America through their Junior Red
...ent to American Girls' School in Beirut

...through the desire of American school children to help the unfortunate of other lands. (8) Roumania's
...beautiful queen visiting the poverty-stricken children who constantly surround the palace in Bucharest.
...She worked ardently with the help of the American Red Cross in bringing aid to the suffering people.
...(9) Two Polish children without father or mother who are being fed and clothed by the Junior Red
...Cross of America. The little girl was a starvation patient and still shows the swollen face and ankles
...that are a sign of famine-edema. (10) Athenian boys viewing the ruins of the Acropolis. They have
...been adopted by the Junior Red Cross of America, which sent garments to Greece for distribution.

FOR FOREIGN PROJECTS

...vision quota of the National
...calls for support of nine for-

.....	\$1,800
n school, Citta di Castello Or-	
nage, Florence	
.....	\$1,050
apprenticeships at \$50 each	
gro	\$3,000
hanage, Podgoritz	
ia	\$4,500
ustrial School	
.....	\$6,000
hanage, Belgrade	

duction program, the Juniors of the Pacific Division during the past year have made many tables, chairs, garments, toys and scrapbooks, which have been sent to children in foreign countries, who do not know what playthings are. In furthering their work through the "Nine Projects," the Juniors are able to bring cleanliness, happiness, decent clothing and wholesome food to the children.

Although hundreds of garments to be sent to needy children abroad were made by the deft-fingered girls of sewing classes in the schools throughout the country last year, the demand for the children's clothing is so continuous that the Junior

Red Cross is lending its services to the schools again this year in an effort to meet the greatest needs. Not only will dresses, rompers, aprons and bloomers be sent to scantily clothed children in foreign countries, but generous supplies will be distributed at home by the Juniors.

Any school desiring the Production of Garments Program may have the complete instructions upon application to the Department of Junior Red Cross at Pacific Division Headquarters in San Francisco.

Plans now perfected provide for shipments of children's clothing to Europe in February and June.



The American Red Cross ARIZONA-CALIFORNIA-NEVADA

A bulletin published semi-monthly on the first and fifteenth, by the Pacific Division, American Red Cross, Civic Center, Hyde and McAllister Sts., San Francisco, California
Telephone Park 4391

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.....Associate Manager and Treasurer

CHAPTER OFFICIALS URGED TO VISIT HEAD- QUARTERS

Pacific Division Headquarters of the American Red Cross is now established in the new location at the Civic Center, San Francisco. The move from 862 Mission Street was made, as announced, May 10 to the buildings occupied by the San Francisco Chapter during the war. The entrance to the Division offices is at the corner of Hyde and McAllister Streets.

Chapter officials and Red Cross workers in all three States—California, Nevada and Arizona—who visit San Francisco are urged by the Division Manager, Colonel George Filmer, to make the Division Headquarters their headquarters while in the city. The same courtesies which have become a part of the atmosphere of the present establishment will be extended in the new home. Added interest will arise through the artistic and educational advantage of being in San Francisco's Civic Center—the home of the Exposition Auditorium, the library, the city and county offices.

The visitors' desk and reception room are featured in the Red Cross building and the Division Manager, the heads of the several departments, all desire to continue an even closer contact with Chapter officials through their visits to the Division offices. Mail can be directed to the Division offices for visitors who are not certain of their hotel address while in San Francisco. Stenographic and telephone services are always available to Red Cross visitors.

A Merry Christmas

A Christmas greeting from the Department of Junior Red Cross in the Pacific Division to all the boys and girls who are Juniors and all who want to become Juniors is embodied in this number of the Pacific Division magazine. This is the Junior's own number of the official organ of the Pacific Division and its editorial aim is to tell as much as possible about what Juniors are doing in the Pacific Division to as many interested people as possible. Additional copies of this edition may be had upon request if the address is furnished the Department of Publicity and Speakers.

What the Juniors are doing in the Pacific Division for both home and foreign service is only an earnest of what they can do. It is with a full appreciation of what boys and girls are doing for each other and with a hearty wish that their spirit of service may extend itself into every school in the three States, that the Pacific Division wishes a Merry Christmas to each member of the Junior Red Cross.

SCHOOL MAN KNOWS WHAT J. R. C. MEANS

Appreciation of the American Red Cross is evidenced by the following letter from a principal of a small school in Nevada:

"I am very anxious to have a regular Junior Red Cross in our school. I can never do enough to spread the Red Cross spirit and make people realize what a wonderful thing it is. I shall never be able to repay what they did for us, when we were up in the Argonne Forest—away up in the front lines where it was a great task to get food to us. The American Red Cross managed to get us papers, and even letters to make us feel less homesick and unhappy."

MERCED JUNIORS CARE FOR HOSPITAL PATIENTS

Merced Juniors last year supported two children at Sunshine Preventorium, who showed tubercular tendencies. Prevention of tubercular development offers an enormous field with valuable results for the community.

Other preventoria accept tubercular children, and Juniors in any town can sponsor scholarships for them.

CHAPTERS IN DIVISION REPORTING 100% MEMBERSHIP

CALIFORNIA—Anaheim, Chino, Claremont, Fresno, Glendale, Grass Valley, Gustine, Mare Island, Ontario, Palo Alto, Pittsburg, Pomona, San Francisco, San Pedro, Santa Barbara, Santa Cruz, Selma, Sierra Madre.

ARIZONA—Miami, Nogales, Tucson, Prescott.

NEVADA—Winnemucca.

With reports on the Fourth Red Cross Roll Call still incomplete, word from 23 Chapters show an "over the top" record. Other Chapters continue to add to the number of members reported December 1, indicating that the final reports from the Pacific Division will keep it in the front rank as having the largest percentage of its population enrolled in the American Red Cross.

While the period for active enrolling in the Red Cross came to an end the first of the month, it is urged that all Chapters in the Division make it publicly known that subscriptions can be taken at any time. Memberships run with the calendar year and subscriptions made in November and December cover the year commencing January 1.

It is the desire of the Division Manager that every Chapter in the three States, California, Arizona and Nevada, give strict attention to increasing Red Cross membership in order to make Red Cross service a far-reaching expression of the will of the American people for the benefit of every community.

Cumulative reports from Chapters on the Red Cross enrollment should be sent to Division Headquarters as soon as possible.

LOS ANGELES JUNIORS AID "TINY TIM FUND"

The "Tiny Tim Fund" in Los Angeles, which is a volunteer fund inaugurated by the health bureau of the school department there, is richer by \$175, because the Junior Red Cross is a live factor in the minds of boys and girls. The Junior contribution was designated for use in the dental clinic.

The fund provides for needs that go beyond the budget of the school department in the way of eye glasses, braces, crutches, bandages, filling for teeth and similar demands of children of parents too poor to pay for such equipment.

Junior Red Cross auxiliaries can co-operate with existing organizations in similarly helpful ways and make perpetually memorable Christmas Day, the birthday of Jesus.

RED CROSS HEALTH CENTER AND LITTLE MOTHERS' LEAGUE VII.

In the sixth article of this series, the domain of the baby in the American Red Cross Health Center was described. In this article a most interesting factor in the care of babies is being considered, namely, the "Little Mother."

The New York City Department of Health was the first agency in this country to discover in the "Little Mother" a potent factor for the better care of the baby of today and of tomorrow. This department was the first to organize the Little Mothers' League and to conduct such an organization during the summer months in health centers, playgrounds and recreation piers.

Since then, here and there throughout this country, private organizations, nurses and teachers have organized Little Mothers' Leagues, most of them in the schools. The Child Federation of Philadelphia, for example, has conducted these leagues for seven years in public elementary schools, parochial schools, and social settlements. As an interesting development it may be added that the Philadelphia school authorities have included instruction in the care of infants as part of the domestic science course for all girls in the seventh and eighth grades.

The little girl of today is the mother of tomorrow. But even today there are many little girls entrusted, by necessity or otherwise, with the responsibility of caring for baby brothers and sisters, and these therefore are not only our mothers of tomorrow, but also our little mothers of today. Thousands of babies are dependent for their health and safety and their very lives upon the proper care given them by these little mothers.

The Little Mothers' League practically serves a three-fold purpose: It instructs the girl of today to become an intelligent mother of tomorrow; to be an intelligent little mother of today; and to act as an agent to make the actual mother more intelligent on the care and treatment of the baby.

With the aid of a complete outfit of necessary articles for the proper care of the baby, a course of instruction is given which is interesting as well as practical. A series of "Lessons" is outlined. The following are the titles of ten lessons outlined by the New York State Department of Health:

"Little Mothers" Potent Factor for Better Care of Baby of Tomorrow



Young girls getting valuable information on the proper care of the baby.

1. Growth and development of the baby
2. Care of special organs, eyes, ears, nose, throat and teeth
3. Bathing the baby
4. Fresh air and sunshine
5. Sleep and quiet
6. Clothing and cleanliness
7. First care of the sick baby
8. Milk and other baby foods
9. Baby feeding
10. Care of the milk in the home
11. Home directions for milk modifications
12. Instruction for making barley water (whey, etc.) diet from one to six years

This list of twenty lessons is used

1. Hygiene of the home
2. Lighting and heating
3. Fresh air
4. Mosquitoes, flies, lice, bedbugs, etc.
5. The baby's bed
6. Changing a baby's position
7. Sleep
8. Weighing the baby
9. Bathing the baby
10. Clothing
11. Dressing
12. Baby's diapers
13. Breast feeding
14. The bottle-fed baby
15. Proper food for the bottle-fed baby
16. Milk
17. Care of the milk in the home
18. The baby's food during the second year
19. Bad habits
20. Contagious diseases

A complete outfit for teaching a Little Mothers' League costs less than thirty dollars. The most interesting part of this equipment is a large, life-size doll, as nearly as possible the shape of a normal baby. This doll is used for demonstration purposes. Such a doll was used in the Red Cross Child Welfare Campaign in France during the war. It is on exhibition in the Museum at National Headquarters of the American Red Cross. It has been washed "thousands of times," but the only damage is a faded complexion.

While the school is the most logical place in which to organize the Little Mothers' League, it may be necessary to conduct such an organization outside of the school until its practical usefulness has been demonstrated to the school authorities. Also, during the long summer vacation periods, such an organization may be kept alive outside of the schools. The Health Center affords this opportunity, and, pending its introduction into the schools, the Health Center is a most suitable place for the conduct of such a Little Mothers' League.

'Save World From Another Terrible Catastrophe'

—Livingston Farrand, Chairman, Central Committee, American Red Cross

DR. FARRAND URGES ALL CHAPTERS TO AID RELIEF PLAN

In announcing the plan of the European Relief Council in which the American Red Cross joins with seven other organizations to raise \$33,000,000 for the immediate relief of starving children in Europe, Dr. Livingston Farrand, Chairman of the Central Committee of the American Red Cross, has directed the accompanying letter to members of the Society. Detailed announcement of the procedure in Chapters in the Pacific Division will be made by George Filmer, Division Manager, at once. Manager Filmer is a member of the joint committee for Northern California. The Red Cross will also be represented on the committee for Southern California and in Nevada and Arizona.

Hoover Names State Committee

In Northern California the committee named by Herbert Hoover, Chairman of the European Relief Council, includes: Frederick J. Koster, former president of the San Francisco Chamber of Commerce, chairman; Mortimer Fleishhacker, John A. Britton, William H. Crocker, Mrs. William Palmer Lucas, David F. Supple, Mrs. M. C. Sloss, Mrs. P. C. Hale, Colonel George Filmer and John McGregor.

The quota assigned to California is \$1,200,000, designated by Hoover as "the lives of 120,000 starving children" at the meeting in San Francisco when the Northern California committee was formed.

The territory that will receive the benefit of the relief planned covers: Finland, Latvia, Estonia, Poland, Hungary, Lithuania, Czecho-Slovakia, Austria and parts of Germany.

Farrand's Statement

"The American Red Cross has joined seven other organizations in the establishment of the European Relief Council, through which the American people are to be asked to contribute funds to meet the immediate relief needs of millions of children in Eastern and Central Europe. Three and one-half million children, it is estimated, must be fed and cared for in a medical way this winter to prevent a tragedy even greater than those of the years of war through which the world has just passed. As Chairman of the Central Committee of the American Red Cross I feel it my duty to make special appeal to the members of our Society to assist to the utmost in the

DR. FARRAND SEES NEED FOR ACTION

"I feel it my duty to make special appeal to the members of our Society to assist to the utmost in the joint movement that is being undertaken to save the world from another terrible catastrophe.

"The problem of the children is the great problem confronting humanity.

"Never in any emergency does the American Red Cross fail to do its part; and the emergency service of the immediate present is to provide a fund for carrying out of the general relief work that is to be rendered by several agencies.

"Red Cross Chapters require no more than a statement of what is now necessary in order to arouse an active interest in the appeal to all the people of America."

joint movement that is being undertaken to save the world from another terrible catastrophe.

Red Cross Aids Plan

"Comprised in the European Relief Council are the American Relief Administration, the American Red Cross, the American Friends Service Committee (Quakers), the Jewish Joint Distribution Committee, the Federal Council of Churches of Christ in America, the Knights of Columbus, the Y. M. C. A. and the Y. W. C. A. The period December 19-January 15 has been designated for the carrying on of a nation-wide collection to finance the relief work that must be performed. The problem of supplying food to revitalize the undernourished children will be dealt with in its broad aspects by the American Relief Administration, which, with its system of warehouses and general organization in Europe, is ready to act with quick efficiency.

"Upon the American Red Cross falls the chief burden of attending to the medical needs of the situation, in continuation of the policy of general child welfare work previously formulated and forming the main feature of our European program following the fulfillment of the original obligations incurred by the war.

"On my return this autumn from Europe, where I studied the American Red Cross activities and made a survey of conditions with a view to the determination of our future policy, I emphasized the fact that the problem of the children was the great problem confronting humanity. I further indicated the probable necessity of going to the people with a special appeal for funds to meet emergencies in connection with this general problem, additional to the financial resources already available.

\$5,000,000 Available

"In conformity with the policy determined upon, the Central Committee of the American Red Cross has made im-

RED CROSS NEVER FAILS IS SLOGAN THAT GUIDES

mediately available the sum of five million dollars (one-half of its general reserve fund). A greater amount than this is essential to the work in hand, the plans and estimates for which had been made before it was known that other relief organizations were confronted with a similar need for financing their particular lines of activity. When the facts concerning these other organizations were brought to attention, the wisdom of concerted action at once was apparent, with the result that the European Relief Council undertook to give cohesive, co-operative power to the task of raising a fund to be apportioned among the various relief agencies concerned according to the importance and the requirements of the specific activities of each and to insure united action in the field.

Medical Work A. R. C. Charge

"The sum necessary to meet the relief needs for the children of Europe has been set at thirty-three million dollars. Of this amount, \$23,000,000 will be needed to meet the demand for simple feeding and will be expended under the general supervision of the American Relief Administration.

"Ten million dollars is needed to extend the medical and nursing work which will be the special charge of the Red Cross in co-operation with the other agencies.

"It should be remembered by members of the Red Cross that the Fourth Roll Call which we have just had was for the purpose of maintaining the organization for the ensuing year and that the annual dues, which provide for the carrying on of the regular peace-time program, are not available to meet a great emergency such as confronts us in connection with the child problem of Europe. Never, in any emergency, does the American Red Cross fail to do its part; and the emergency service of the immediate present is to provide a fund for the carrying out of the general relief work that is to be rendered by several agencies.

Urge Generous Action

"In my official capacity I urge that there be generous action on the part of Chapters in contributing to this fund for joint child relief. I urge further that Chapter organizations co-operate fully with other interested organizations in their communities in forming committees to conduct the joint relief collection locally.

"There is no necessity for dwelling on the conditions among the children in many countries in Europe, so far as active Red Cross workers are concerned. You have been fully advised as to the situation and require no more than a statement of what is now necessary in order to arouse an active interest in the appeal to all the people of America."

Serves
the fighting
man in army,
navy, camp
and hospital
—remembers
the ex-serv-
ice man.

Your
Red Cross
Membership
makes it
possible

The American Red Cross Pacific Division Activities

Protects
the home in
time of disas-
ter; saves
babies;
teaches
mothers;
serves the
community.

Your
Red Cross
Membership
makes it
possible

Vol. III

JANUARY 1, 1921

No. 13

A. R. C. Workers Pledge Good New Year

By Kathleen Booth, Director of Bureau of Salvage and Shop.

AHAPPY NEW YEAR to every one! The Red Cross Bureau of Salvage and Shop in the Pacific Division looks forward to a glad and prosperous one with all its warm friends and willing workers to make it so.

Salvage and Shop has become a real necessity in the Red Cross Chapters in which it is an activity. Many organizations are waiting for the opportunity of taking up the work when the Red Cross gives it up, for they see that the possibilities of money making through this medium are almost limitless.

During the last year Salvage and Shop has been instituted in eight divisions and others are planning to take up the work soon. In the Pacific Division it has gone ahead with splendid strides, several chapters which had discontinued the work are again resuming it.

Just what will Salvage and Shop mean for my chapter in 1921? you ask. Let us first look at it from a social service viewpoint. It will mean assistance to the local people of small means, the far-reaching and ever-present mission of the Red Cross. This can be accomplished in more ways than one. Through the income derived from Salvage and Shop, Health Centers can be estab-

lished and Public Health Nurses maintained.

If your chapter is a small one, it is not to be expected that the income will be large, but isn't an in-

efforts center in Home Hygiene or Extension of Home Service—the same thing of having a regular monthly income, large or small, is true. First Aid classes, classes in

any Red Cross activity can be made to go on smoothly and more efficiently if there is money back of it, and money is obtainable through Salvage and Shop.

There is nothing so entertaining as romance, and that romance is especially interesting in which the usual and prosaic suddenly, without rhyme or reason, turns into the unexpected, and leads us into the unknown and undreamed of land of accomplishment. In Salvage and Shop

we find the true spirit of romance in the Red Cross; romance tinged with laughter and tears. Best of all, it is romance which is true—romance which has been practically demonstrated in most chapters in the Pacific Division. It is a story of astounding growth, of a work which is bound to continue among people who have the true Red Cross spirit of helpfulness and mercy!

"Making something for nothing," is the slogan under which the work of the Red Cross Salvage and Shop is being carried on. Unlimited conservation is made possible by the methods used in this department.



Berkeley Shop ready for a busy day. The income of this Shop is from \$1200 to \$1500 a month.

come of fifty or seventy-five dollars coming regularly each month better than no income at all? That chapters in small towns are able to maintain a successful Red Cross Salvage and Shop is well demonstrated by the Chapters of Lincoln, Monterey-Pacific and Ojai, which regularly send their financial report to Pacific Division Headquarters, showing an income from \$20 to \$125 a month. With this income from the shop, other Red Cross activities are carried on.

If your chapter is not interested in the health program and all its

Salvage and Shop Works in Pacific Division

GOOD THINGS BOUGHT FOR LITTLE AT RED CROSS SHOP

A man looking for a clock in a Red Cross Shop picked up a little French timepiece which he bought for seventy-five cents. It had evidently been donated by someone who would rather give it away than bother to have it fixed. The new purchaser took the clock to a jeweler and had it repaired for \$4, bringing the cost of the clock to \$4.75. Value placed on it by the jeweler was \$25.

Things seemingly beyond repair are reconstructed, cut, cleaned, mended, remodeled, and turned into saleable goods.

Old clothes, rags, and scraps of all kinds donated to the Red Cross are sent to various groups of women, who are devoting much of their time to this work. Everything is thoroughly cleaned and remade, with the least possible waste. Sleeves of men's coats make trousers for little boys. Worn silk vests make soft baby shirts, slips and caps. Stockings, if not too badly worn, are mended; the tops are used for beanies, or other small articles. Scraps of every kind are cut, matched, and sewed together for comforters. Everything is used to the greatest possible advantage.

To continue this work on an even greater scale, appeal has been made to the housewives to search the home from attic to basement and to donate to the Red Cross all articles that have outlived their usefulness in the home.

Everything that is made from these donations is sent to the Red Cross Shop, where they are sold.

The results of this movement are two-fold—it makes possible the purchase of practical garments by people who cannot afford to pay high prices. Salvage is the one big move against national extravagance and waste. Nothing that can possibly be used is thrown away. It is teaching the American people that they can "make something from nothing."

Berkeley Shop Thrives

"The thing that goes the farthest
In making life worth while,
That costs the least
And does the most,
Is just a pleasant smile."

—Berkeley Salvage and Shop motto.

Facing the door, this little verse greets the customer in the Red Cross Shop of Berkeley. The sentiment of the motto is the spirit of the shop. It draws people back to give and to buy in the little store with the big Red Cross.

Berkeley store is individual because of the superior type of articles donated. A college town, with the majority of the population educated and refined, the things which find their way to the salvage department are above the average.

Organization and system have brought order out of the chaos of the simply endless variety, which includes everything from crutches to vacuum cleaners, and pianos to old shoes.

Everything that is at all valuable can be sold there. The entire stock is donated and sold for almost nothing; shoes, gloves, hats, furniture, books, dishes, and toys.

Clothes a Big Demand

The greatest demand seems to be for clothes. A woman came into the store during the holidays to buy a pair of children's stockings, cast off by some more fortunate child, and half timidly she turned to the manager and told her haltingly had it not been for the Red Cross Shop she would not have been able to clothe her children this winter.

Later an old man came to buy a collar—just an ordinary white linen collar. He was shown the assortment, and the old fellow sat down and carefully picked them all over, finally selecting two which he bought for a nickel apiece. He went away happy.

Another day a poor little woman wanted to buy a waist. She needed two, but had only twenty-five cents to pay for the one. Thinking she might be in need, she was asked if she could really afford to pay for the blouse. The manager suggested if she were cold and in distress the Red Cross would see that she was eared for; but the little woman assured her that she could afford it, and paid. She asked that the second waist be put aside for her to be called for the next day.

The store also has patrons of means who drop in to pick up pictures or antiques.

Such are the customers of the Red Cross Shop, and the poorest is shown every attention and courtesy. Everyone who enters there is given the thing that goes the farthest in making life worth while.

A local merchant, during the holidays, purchased knitted goods to the amount of \$25 and took them to the Berkeley Day Nursery and had the pleasure of giving them to the kiddies himself.

To help fill the Christmas tables, which were a special attraction last month, a Berkeley matron bought a number of pretty Christmas boxes and in each box was a dainty gift, a collar, a scarf, satin slippers, a vase, handkerchief case, children's set, a muffler and cap.

During the holidays a big Christmas tree was set in the window where its gay decorations showed to advantage. A "tea" was given in the store, which brought many of the smart set of the college city to the shop. The sales from this one afternoon netted \$85.



Fresno white wings help Red Cross save tin foil.

These donations, costing nothing, and bringing clear profit, help to swell the funds which then are distributed among the baby dispensary, the day nursery, the charity organization society of Berkeley and the Red Cross Home Service Section.

The co-operation of the Red Cross workers and patrons of the store helps to "Keep her on the job."

Fresno Shop Nets \$1000 Monthly

Salvage and Shop of the Fresno County Chapter filled a unique place in the chapters' activities at Christmas time. Besides the good usually done by the chapter through the Red Cross Shop funds, 1,000 recruits on the transport "Madawaska," a day out from Honolulu, had a real Christmas party through the courtesy of the Fresno Salvage and Shop. The waste of the city was turned into money and the Red Cross was a real fairy godmother to the boys aboard the transport.

Fresno Shop, which has been operating on a successful scale during the past year, has taken a lease on the store in which the shop is situated. An average net income of \$1,000 a month is expended to bring help and cheer to many people.

A short time ago a man and a small child went into the shop. He wanted children's shoes, but there were none which would fit.

"I'll take this pair, anyway," said the man. "We have ten others at home and they are bound to fit someone. We could not get along without the Red Cross Shop."

Branches Help Parent Chapter

Reedley and Fowler, two branches of the Fresno County Chapter, are active in the collection of salvage, and many things find their way from these communities into the Red Cross Shop in Fresno. The towns are too small to have shops of their own, but very gladly co-operate in the great program of thrift by collecting articles and selling them on a 50 per cent basis through the mother chapter. A short time ago some apparently useless articles were collected in Reedley, in fact they were so useless as to be designated as junk by the owner. They sold through the Fresno Salvage and Shop department for \$15.90, which was a good result for something which would have otherwise been destroyed.

(Continued on page 8, col. 3)

CHAPTERS URGED TO MAKE FIRST AID FEATURE OF PEACE PROGRAM

In a letter sent to the Chairman of each Red Cross Chapter in California, Arizona, and Nevada, George Filmer, manager of the Pacific Division, urges chapters to make First Aid a popular feature of the Red Cross peace program.

"The American Red Cross," says Colonel Filmer, "relies upon its chapters and branches to develop its First Aid and Life Saving program, and each chapter which has not already done so should immediately organize its First Aid Committee to carry on this work.

"The executives of the chapter should engage the interest of local medical men in the possibilities of First Aid and induce several of the leading men in the profession to accept membership in the First Aid Committee. When this is accomplished, as many more doctors as possible should be induced to qualify as Red Cross First Aid instructors, so that when classes are formed there will be no difficulty in finding a qualified instructor, without unduly burdening those physicians who have volunteered for the work. Classes should arrange to pay for the services of the instructor. If the rate is \$5.00 per lesson it will mean a small charge for a class of twenty members and will compensate the instructor quite satisfactorily for the time expended and will be an inducement to him to put forth his best effort. (Consistent work on the part of the chapters will make First Aid a popular feature of the Red Cross peace program.)

"First Aid work naturally falls into three divisions. The first and most important is the general classes for the adult public, men and women over sixteen years of age. These classes may be conducted at the local Health Center, where a Health Center has been established.

"The second division is the industrial classes for the employees of the local factories, police departments, fire departments, railway shops, etc. Here the company officials should be induced to carry on the instruction for the benefit of their employees, and should use their own physicians as instructors, in which case the Chapter First Aid Committee would act in a supervisory capacity to be sure that Red Cross standards were maintained, the only charge being 50 cents per capita for the certificate issued by the Division Director of First Aid.

"The third division is the school classes for children. All approach to the schools would, of course, be through the Junior Red Cross Committee. In co-operation with this committee the First Aid Committee would endeavor to introduce First Aid instruction in the schools, and to provide at the Health Center instruction for the school teachers who are to teach the children. It is, of course, very important that the teacher who instructs school classes in First Aid is a Red Cross graduate, and hence, competent to give elementary instruction to children. First Aid Certificates will be prepared by the Division Director of First Aid upon receipt by

Official A. R. C. Bulletin

Serial No. 48, issued December 1, 1920.
(Bureau of First Aid, Bulletin No. 20.)
Subject: New Instructions Regarding First Aid and Life Saving

It is desirable that the Pacific Division respond fully to the request from National Headquarters for "a most intensive development of its First Aid Service," and to this end each Chapter should at once appoint a First Aid Committee following the advice given in paragraph 2 of the instructions. This committee for working purposes may consist of only three members, and if the chairman, owing to professional duties, is unable to attend to the details of the work, remember that the secretary can do it for him and is the person to whom all correspondence should be sent.

Please notify this office when you have named your committee, giving its personnel, also the names of those physicians who are willing to act as instructors, as we would like to revise our list from the war basis, and should you desire new appointments made, kindly inform us of this fact and the appointment cards will be mailed.

The fees for the instructor's services can be paid from Chapter funds if so desired, but there is a charge of 50 cents each for adult certificates which heretofore was not asked. School First Aid certificates are sent without charge to the Chapter First Aid Committee.

Water First Aid sub-committees should be arranged for this function through the First Aid Committee, and as this particular Red Cross activity is increasing in popularity, your Chapter should be ready to co-operate. This can be done by following the directions given you on Sheet 10 of the instructions.

Any request for further information or literature bearing on First Aid and Life Saving will be gladly furnished from this office.

him of proper reports from the Chapter First Aid Committee. These certificates will be sent to the Chairman of the Chapter First Aid Committee for issuance.

"Life Saving work will be carried on in very much the same manner, only in this case the instructors will be experts in Life Saving rather than physicians.

"The Division Bureau of First Aid will render all possible assistance in making the First Aid and Life Saving work of the chapters successful."

TOBACCO TINS USED AS FIRST AID KITS IN 120 SCHOOLS IN DIVISION

Three chapters in the Pacific Division, Grass Valley, Plumas County and Shasta County, have become interested in the practical plan of making First Aid kits out of tobacco tins and having the country school a Red Cross First Aid Center. These three chapters have already placed kits in 145 schools, 35 in Grass Valley, 20 in Plumas, and 90 in Shasta.

School children at Redding are planning to furnish each of the 90 schools in Shasta County with First Aid kits. They are to be patterned after the ones made out of tobacco tins by Miss Julia D. Clock, public health nurse of the Grass Valley Red Cross Chapter.

The Juniors are now collecting the tins and will send them to the County Superintendent's office, painted and ready to fill. Each of the 100 schools will receive in return a kit filled by the public health nurse, and ready for use.

In Quincy, Plumas County, the boys are collecting the tins, and will send them to the County Superintendent's office, painted and ready to fill.

Grass Valley Chapter was the first to have the home-made First Aid kits.

In these schools the ideal has been placed directly before the children, who have learned how and when to make the contents most useful at the proper time. The entire community knows that in case of injury or accident the school near by is completely equipped with its Red Cross First Aid station to intelligently care for the injured.

Here is where the salvaging of old discarded tobacco tins is valuable. The tins are collected, painted and filled with the proper contents, including the Red Cross First Aid text book, for less than \$2. Large kits used in schools in twenty-five chapters in the Division sell for \$10.50, with enclosures the same as the small ones except for quantity. Contents in both cases are fully described in A. R. C. circular No. 1009.

BARGE APPOINTED POLISH COMMISSIONER

Charles Barge, of New York, has been appointed acting Commissioner to Poland, the American Red Cross, succeeding Dr. George D. Whiteside, of Stevens Point., Wis., resigned. Barge was formerly Red Cross Deputy Commissioner to France.



The American Red Cross ARIZONA-CALIFORNIA-NEVADA

A bulletin published semi-monthly on the first and fifteenth, by the Pacific Division, American Red Cross, Civic Center, Hyde and McAllister Sts., San Francisco, California
Telephone Park 4391

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SALVAGE AND SHOP HISTORY TRAVELS ACROSS OCEAN

Salvage and Shop is no longer merely a Divisional Red Cross story, but has become a national and international one.

Its history has been taken up by a news syndicate which reaches 5,000,000 people daily. It will be printed in Sunday papers, and will also be incorporated in some publicity work which is being done in Czecho-Slovakia.

The Pacific Division is justly proud that this work, undertaken and carried on so successfully by its Chapters, has had so wide recognition.

A. R. C. AFFILIATING WITH SOCIAL AGENCIES

The California State Conference of Social Work will hold its 1921 convention in San Francisco February 22-26 with the Pacific Division of the American Red Cross as one of the affiliated organizations. Chapters will send delegates to the conference this year as in preceding conventions. The Red Cross will have a half day session, roundtable conferences and an exhibit covering the peace-time program as it touches social service work in general.

It is expected that a speaker from National Headquarters of the American Red Cross will be on the program, as well as directors of the several departments at Division headquarters.

ASK A. R. C. DIRECTOR IN HOSPITALS FOR INFORMATION

The Pacific Division of the American Red Cross has a Director of Red Cross Service at each of the following United States Public Health Service hospitals: Arrowhead Springs, Arrowhead; Marine Hospital, San Francisco; Palo Alto Hospital, Palo Alto, California; Tucson Hospital, Tucson; and Whipple Barracks, Prescott, Arizona.

The Director should be addressed if information is desired about the patients at any of the above hospitals.

For information concerning patients at the Soldiers' Home, Sawtelle, address Santa Monica Bay Cities Chapter, and for information relative to patients at the Mendocino State Hospital, Talmage, California, and Napa State Hospital at Napa, California, address the Supervisor of Hospital Service, Pacific Division, Civic Center, San Francisco, California.

Official A. R. C. Bulletin

Serial No. 49, issued December 20, 1920. (Department of Civilian Relief, Bulletin No. 117.)

Subject: Food Draft Appeals.

Chapters receiving appeals for food drafts from unknown individuals or groups in Europe should send appeals to the Pacific Division Director of Civilian Relief to be forwarded to the Foreign Operations Department at Red Cross National Headquarters.

The Red Cross is not able to undertake the purchase of foreign food drafts for suffering individuals, but desires as far as possible to alleviate distress, and where these applications come from countries where the Red Cross has relief units investigation will be undertaken through local community agencies and needs met where possible from supplies of food and clothing on hand which will be donated for this purpose to local agencies for distribution.

This plan cannot meet the entire need, but seems at present the best solution of this problem.

Please make clear to individuals who refer personally addressed appeals to the Red Cross that we cannot promise or guarantee assistance to the writers, but that we accept the appeals and forward to the Red Cross workers abroad to be dealt with as circumstances will allow.

LITTLE TOWN OF BEATTY ENROLLS 100 PER CENT MEMBERSHIP

The same Red Cross enthusiasm that established a primitive Health Center in the little town of Beatty, Nevada, 150 miles from the nearest Red Cross Chapter, enrolled a 100 per cent membership in the Fourth Red Cross Roll Call. The Red Cross spirit has been engendered in the hearts and minds of the inhabitants of this small town by Mrs. J. B. Kiernan, for Mrs. Kiernan is the "good Samaritan" to all who need assistance. She plays the part of the town doctor, the friendly neighbor, the school teacher and the "Greatest Mother."

During the recent Red Cross Roll Call, Mrs. Kiernan wrote to Pacific Division Headquarters asking for supplies, etc. The town is neither a Red Cross chapter nor a branch, but, said Mrs. Kiernan, "the Red Cross spirit is here, and I know the people will enroll 100 per cent." A few days prior to the close of the Roll Call a check covering 100 per cent membership was received at headquarters.

In addition to the volunteer 100 per cent Red Cross community of Beatty, Nevada, twenty-five chapters in the Pacific Division have reported a 100 per cent quota. They are:

California—Anaheim, Carmel-by-the-Sea, Chino, Claremont, Fresno, Glendale, Grass Valley, Gustine, Mare Island, Ontario, Palo Alto, Pittsburgh, Pomona, San Francisco, San Pedro, Santa Barbara, Santa Cruz, Selma, Sierra Madre, West Side Oil Fields (Taft).

Arizona—Miami, Nogales, Prescott, Tucson.

Nevada—Winnemucca.

All other chapters in the Division are urged to send in detailed reports on the Fourth Red Cross Roll Call at once. In a letter from the Roll Call director which went to chapters December 15 instructions for the report were given as follows:

"Please set out the exact number of \$1 (annual), \$5 (contributing), and \$10 (sustaining) memberships received and indicate the source from which they came, that is, just what has been taken in at the headquarters town and also in each and every branch. The total of the entire memberships from chapter and branches, inclusive, will then foot up the exact amount of moneys received from the Fourth Roll Call. Further, I wish to be advised as to whether the receipts are conclusive or whether additions will be made at a later date.

"This report is to be made regardless of what information has already been given to me, or what may have been reported to the Accounting Department. The information is absolutely necessary in order to enable us to make a complete showing of each and every chapter to National Headquarters."

Annual Meeting Features Delano Memorial

MEDAL IS RECOGNITION OF ALL NURSES' SERVICES

"When the American Red Cross bestowed the Distinguished Service Medal of the American Red Cross in gold, in memory of the late Miss Jane A. Delano, that signal honor was a recognition of the service rendered by all American nurses in war and peace," said Miss Lillian L. White of the Department of Nursing, Pacific Division of the American Red Cross.

Miss Delano was director of the Department of Nursing throughout the war, having charge of the mobilization of 36,916 nurses for war service. She died in line of duty at Savenay, France, in April, 1918. The Pacific Division Department of Nursing recruited 1,340 nurses for war service under the direction of Miss Delano.

The ceremony was held at the annual meeting of the General Board of the American Red Cross in Washington. It was the first time that the medal had been conferred. It will be hung in the Red Cross building in Washington.

The resolution authorizing the conferring of the medal was offered by Eliot Wadsworth, member of the Central Committee, and was seconded by Mrs. August Belmont, also a member of the Central Committee. It was adopted unanimously by a silent, standing vote.

The preamble and resolution follow:

"Since the days of Florence Nightingale and the first conception of the Red Cross idea, the work of the trained nurse has constituted a veritable symbol of the meaning and purpose of Red Cross effort.

"For many years one of the distinct functions of the Red Cross has been to assist in maintaining the highest standards of nursing service, in preparation for alleviating the pain and distress incident to possible warfare, and for service in peace time with the civilian population.

"And now, as the American Red Cross is entering upon its peace program, the service of the graduate nurse in the homes of the sick and the afflicted will constitute a more and more important and appealing feature of Red Cross effort.

"The Nursing Service of the American Red Cross was organized and almost from its inception conducted under the leadership of Miss Jane A. Delano, who died on April 15, 1919, but who during her whole life typified the gentlest and the most beautiful qualities of American womanhood.

"During the period immediately preceding the great war, Miss Delano, by her skill, perseverance and inspiring

"RED CROSS AT TOP NOTCH" SAYS MANAGER ON RETURN

"Judging by the large number of chapter delegates present at the annual meeting of the American Red Cross, the Red Cross is certainly still functioning at top notch," said George Filmer, Manager of the Pacific Division, upon his return from Washington.

Manager Filmer had been called to National Headquarters to attend a Division Managers' meeting and arrived in time for the annual chapter delegates' meeting, which was attended by more than 400 chapter representatives.

"The interest shown by all the chapter delegates present was the most impressive feature of the conference," Filmer said, "and I want to deliver this message to chapter workers in the Pacific Division: 'The Red Cross is far from dying. It is certainly alive.'"

John B. Miller, of Pasadena and Los Angeles, formerly Pacific Division manager, was called upon during the chapter delegates' session to review the Red Cross chapter work during the war. It was brought out by Mr. Miller that the Pacific Division stands at the head of all others of the American Red Cross as having a manager, George Filmer, and associate manager, Thomas Mellersh, who are both full time volunteers.

Manager Filmer was present when the Distinguished Service Medal of the American Red Cross was conferred in memory of Miss Jane A. Delano. He said it was the most impressive ceremony he had ever witnessed, ending as it did in its silent standing vote adopting the resolution.

leadership, contributed effectively to the organization of a nursing reserve for the Army, Navy and Public Health Service which enrolled 36,916 nurses for war and other purposes. She was throughout the period of hostilities in charge of the American Red Cross Nursing Service. Those who knew her realized at all times that it was her dearest wish to dedicate her life to developing the future program of Red Cross service incident to the coming peace.

Resolution

"Whereas, It has been the feeling of the American Red Cross that it could not confer its Distinguished Service Medal upon any American citizen for service during the war without violating the sensibilities of that great body of our people who found their supreme recognition and compensation in the mere opportunity during the war to serve in the American Red Cross.

"Nevertheless, in view of the service, so unobtrusive yet always so vital, performed by the trained nurse during the war, before the war and now, and in view of Miss Delano's great distinction and devoted spirit in that service, be it

"Resolved by the General Board that

A. R. C. WAR MEDAL IS PRESENTED TO FOUR MEN

the Distinguished Service Medal of the American Red Cross in gold be conferred in memory of Miss Jane A. Delano."

At the same session of the General Board the special Daniel Chester French medal authorized at its preceding meeting was presented to four members of the War Council who were present, in recognition of their war service. They were:

Eliot Wadsworth, Cornelius N. Bliss, Jr., George E. Scott and Charles D. Norton. Eight other members of the War Council who will receive the medal are: Henry P. Davison, chairman; William Howard Taft, George B. Case, Jesse H. Jones, Edward N. Hurley, John D. Ryan, Grayson M. P. Murphy, and Harvey D. Gibson.

At the annual election held in Washington in December the present officers re-elected for the ensuing year are:

President Wilson, president; Robert W. de Forest and William Howard Taft, vice-presidents; John Skelton Williams, treasurer; William L. Frierson, counselor; Miss Mabel T. Boardman, secretary.

At the annual meeting of the incorporators of the American Red Cross Miss Mabel T. Boardman and John Bassett Moore were re-elected to membership on the Central Committee.

Members elected by Chapter delegates for a term of three years are: Mrs. August Belmont and Franklin K. Lane to succeed themselves.

The Central Committee, the governing body of the Red Cross, under the terms of its by-laws is composed of eighteen members, six elected by the incorporators, six by the chapter delegates and six chosen by the President of the United States.

The six named by President Wilson are:

Dr. Livingston Farrand, chairman; Norman H. Davis, to represent the State Department; John Skelton Williams, Comptroller of the Currency, to represent the Treasury Department; Major-General Merritte Ireland, Surgeon General, U. S. A., to represent the War Department; Rear Admiral Edward R. Stitt, Surgeon General, U. S. N., to represent the Navy Department; William L. Frierson, Solicitor General, to represent the Department of Justice.

RED CROSS NOW BETTER PREPARED TO CARE FOR IMMIGRANTS

In a recent issue of the "Pacific Division Activities," the Red Cross Chapter workers' attention was called to the fact that foreign immigration had again started and had soared in the last few weeks beyond the pre-war level and to their attendant responsibilities. Renewed immigration finds the Red Cross with a better knowledge of problems involved than in 1914.

According to information procured by the California Immigration and Housing Commission, south Italians, Greeks, Jugo-Slavs, Czechoslovaks, Poles, and Polish Jews are the new-comers to the United States, and it is expected that many will find their way West.

The commission draws attention in its September bulletin to the fact that as these foreign groups are being admitted by our Government, we as citizens have some responsibility in the matter, saying:

"Once an immigrant is admitted to our boundaries, the nation, the State and the individual are placed under a deep obligation to accord that immigrant such treatment as is fair and just. We are not importing mere labor power; we are importing men and their wives and their children, human beings.

"Until the immigrants' special handicaps are removed, equality of opportunity and freedom from exploitation are as a matter of practice impossible.

"Abused people react abusively; unhealthy people menace the general health. Special help for the immigrant is therefore justified by right and by common sense.

"Education is a matter of everyday environment quite as much as a matter of special teaching. The house in which he lives teaches him, and so does the labor camp in which he works.

"The right to be different, the right to a free self-expression which we cherish for ourselves, we cannot in justice deny to the immigrant. He has a national and racial heritage which is not only his to enjoy, but ours to profit by. He will accept our major standards, but he will also remain himself. If he cannot be himself, if he cannot be Slav or Italian or Greek with the sympathy and admiration of Americans, then he will protect his individuality by herding into these obstinate, isolated foreign groups, which are the collective prey of exploiters and the despair of Americanization workers."

SAN LUIS OBISPO HAS LIVE H. S. SECRETARY

Not many Red Cross Home Service Extension secretaries have been called upon to perform more varied services than Mrs. Belle Mahoney, of the San Luis Obispo Chapter, who supervises the Chapter's work for civilian, ex-service man and Federal Board trainee and works in close co-operation with Miss Marie Jacobson, Red Cross Public Health Nurse.

Slightly more than a year has elapsed since the Chapter undertook community work under provisions of the peace-time plan and during that period Red Cross services for civilian families have ranged from lending a sewing machine to a mother to use in making her children's clothes to assisting a destitute family to obtain half-orphan State aid. The Red Cross worker has been called into conference with city and county officers for constructive recommendations for the giving of outdoor relief and her assistance has been sought in securing necessary comforts for the county jail. She co-operates, as well, with the children's agent of the State Board of Control, in reporting and investigating cases.

An average of 80 boys is kept in training at the State Polytechnic School at San Luis Obispo by the Federal Board for Vocational Education, and work with these ex-service men has added materially to the duties of the Home Service secretary. Since the beginning of the year, the Chapter has expended more than \$4,000 in loans to Federal Board trainees, practically all of which has been repaid. The secretary has found boarding homes for many of the boys and by other little thoughtful acts has become their counsellor and friend.

PROVISIONS FOR CARE OF EX-SERVICE MEN

Chapters throughout the Pacific Division, particularly those in Arizona and Southern California, can inform tubercular ex-service men and others under care of the United States Public Health Service of the latest provisions of the Bureau of War Risk Insurance for their care and comfort.

Ex-service tuberculosis patients who have not availed themselves of hospital care may now be supplied with a package containing two oil paper trays, twenty-four sputum oil paper cups, one tin cup holder, 100 paper napkins and card of instructions for use. These articles have been assembled in a container and

HOME SERVICE ACTIVITIES MAY BE EXTENDED TO PITTSBURG CHAPTER

Pittsburg Chapter, Contra Costa County, is considering the extension of home service activities to include general community service and recently discussed ways and means for furthering the local work with Miss Elizabeth Porter, field representative.

Miss Porter reports a growing sentiment for unified Red Cross service in this Chapter, which already has invested between \$400 and \$500 in a complete dental outfit, consisting of a dental chair, cabinet with instruments and supplies, for use in the schools. This has been set up as a permanent part of the equipment of one of the most centrally located schools, and Pittsburg's two dentists are contributing their services to conduct a weekly clinic. They co-operate with the school nurse, and greatly increase the effectiveness of her splendid work.

Under the guidance of the Red Cross Chapter directors and such representative citizens as Fred F. Ramsdell, city superintendent of schools; J. C. McDonald, City Manager Dorton, and Mrs. Mary Spurgeon, who are actively interested in Red Cross social service, Pittsburg is planning a splendid program of service for the coming year.

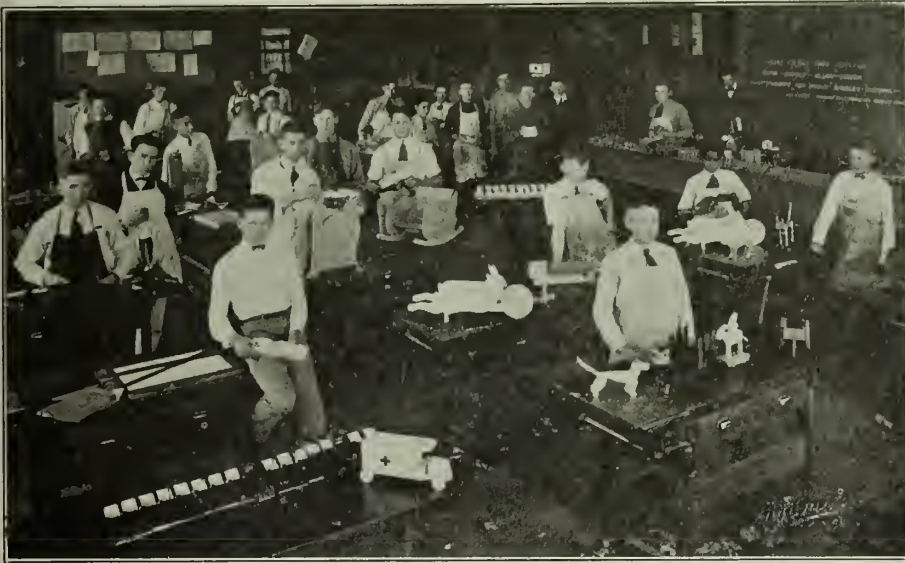
Modesto Shop Supports Classes

Money realized from the Modesto Shop is used to support Red Cross classes in Home Hygiene and Care of the Sick, and for the scholarship fund for the training of the Public Health Nurse. More than 600 women and high school girls in the Modesto Chapter have taken the Hygiene course.

are available upon request to the United States Public Health Service, Twelfth District office, Flood Building, San Francisco, or the Department of Civilian Relief, Pacific Division Headquarters. These packages will only be sent in cases where men have refused hospital treatment.

Discharged officers and enlisted men of the Army, Navy or Marine Corps who are under medical supervision of the Public Health Service are now permitted to purchase subsistence stores and other articles of authorized supplies, except uniform clothing, at the United States Army Commissary storehouse nearest their hospital or home.

Red Cross Made Christmas Merry



Berkeley boys at work in the manual training department making Christmas toys for the Junior Red Cross under the direction of C. O. Bruce.

HOLIDAY SPIRIT REACHED MEN IN CAMPS AND HOSPITALS

Mindful of its obligations to the fighting forces of the nation, the Pacific Division of the American Red Cross arranged celebrations and programs at Army, Navy and United States Public Health Service Hospitals Christmas day that brought the spirit of the season to these men.

In planning for the entertainment and happiness of the boys at Letterman General Hospital and the United States Public Health Service Hospital at Palo Alto, nearby Red Cross Chapters at both places assisted the Red Cross Field Director in carrying out all details. A Christmas tree in the Red Cross hut at Letterman General Hospital, with gifts, smokes, fruit, entertainment and an all-day open house in Christmas made the day an enjoyable one, and patients were induced to forget their disabilities and troubles. One ward of fifty bed patients was taken care of by two San Francisco women under the auspices of the Red Cross.

Chapters Furnish Gifts

Four Red Cross Chapters near the United States Public Health Service Hospital at Palo Alto furnished gifts and decorations for the 450 patients in the hospital. The Chapters were Palo Alto, Redwood City, San Jose and San Mateo.

Nurses and corps men stationed in all the hospitals in the Division

were also provided for in arranging the Christmas festivities.

Christmas trees, gifts and entertainment were provided for boys in the following camps and hospitals in the Pacific Division: Five United States Public Service Hospitals: Arrowhead Springs, Cal., Whipple Barracks, Prescott, Ariz., Tucson, Ariz., United States Marine Hospital, San Francisco, and Palo Alto Hospital, Palo Alto. Three United States border camps in Arizona: Stephen D. Little, Camp Harry J. Jones and Fort Huachuca, and United States Naval Station, Mare Island; Letterman General Hospital; Fort McArthur and United States Submarine Base, San Pedro; Station Hospital, Arcadia, Cal.; United States Naval Station, San Diego; Benicia Arsenal, and the Hostess House at the Presidio of Monterey.

Miss Mary Concannon, Acting Director of the Department of Junior Red Cross in the Pacific Division, was "sister to Santa Claus" in the Berkeley schools when a distribution was made of a part of the 700 toys made by the Junior Red Cross boys in the manual training department as their Christmas gift to poor children.

These toys, splendidly made and painted, were given to the children's wards in the Arroyo Sanitarium, Livermore, San Leandro, County Hospital, O'Connor Sanitarium, San Jose and through the Berkeley As-

JUNIORS PLAYED SANTA TO SERVICE MEN AND KIDDIES

sociated Charities to the Day Nursery. A number of the gifts were delivered to the College Woman's Clubs and the Twentieth Century Club to be used in their Christmas giving.

Juniors in Coalinga have sent 100 toys to the Salvation Army Home at Lytton and a dozen dressed dolls to the Grass Valley Orphan's Home at Lytton.

San Bernardino Junior girls made thirty cakes in the domestic science department for the United States Public Health Service Hospital at Arrowhead.

San Jose Juniors sent twenty-five boxes of nuts, raisins, chocolate and cookies to twenty-five ex-service men at Agnew Hospital.

Juniors in the Pacific Division have imbibed the holiday spirit and have made themselves responsible for adding to the Christmas joy in the Government hospitals in California and Arizona. Letterman General Hospital in San Francisco is receiving Christmas contributions from San Luis Obispo, Porterville and Berkeley. Camp Harry J. Jones, Camp Stephen D. Little, both United States Army border camps, have gifts of tables and chairs, jams and jellies from Merced and Ojai Juniors.

Mare Island and the San Diego Submarine base are receiving gifts from Lompoc and San Luis Obispo children.

United States Public Health Service Hospitals at Palo Alto and Whipple Barracks, Prescott, Arizona, have gifts of jams and jellies from Juniors in Coalinga, Gold Run, Dos Palos, Porterville, and Stockton.

Berkeley Juniors made 500 hand-painted Christmas cards for Palo Alto, and San Diego County boys and girls sent Christmas letters and cards to Whipple Barracks. Chandler, Arizona, Juniors made a gift of paper wreaths to the Whipple Barracks Hospital.

Juniors in Marin County have selected sixteen men in Napa State Hospital to receive Christmas gifts, and Los Angeles children are supplying five hospitals in the county with jams and jellies. San Diego County Juniors plan a jam and jelly drive in January for local hospitals.

Film Showing Evergreen Hospital Popular In Red Cross Series



Lower left—Bottle-drying is another trade added by the Red Cross Institute to the list open to the blind. This man is just as efficient as he was before the war. Upper left—Magnificent home and estate (comprising about 100 acres) at Evergreen, Baltimore, Maryland, loaned to the Red Cross Institute for the Blind by Mrs. T. Harrison Garrett for the use of soldiers, sailors and marines blinded in the world war. Lower right—Plucking feathers cleanly and neatly is all in the day's work to the blind poultry fanciers. Upper right—Bowling one of the recreations. The location of the ten pins is explained to the blind bowler by the pin boy, and some of the strikes and spares that result fill sighted competitors with despair.

"Vocational Training for Blind Soldiers" is the title of one of the most popular of the Red Cross motion pictures now being circulated by the Pacific Division of the American Red Cross. It shows how the victims of the war take the first steps on their return to normal economic independence in the beautiful home provided at Evergreen Hospital, Baltimore, Maryland.

It is one of the Red Cross service pictures, among which are "Dawn in Lonesome Hollow," "Heroes All," "Your Brother's Keeper," "Before the Doctor Comes" and a score of other equally interesting subjects.

The rental price on the pictures in this new educational series is \$2.00 per reel per day of showing, the exhibitors paying the transportation charges to and from Pacific Division Headquarters.

Red Cross film service in the Pacific Division is one of the most desirable forms of publicity, and Chapters are urged to interest local motion picture theater managers, schools, churches and other organizations having projection machines to make use of them.

In speaking of the plan, Mrs. Eve Scholer Bangs, Director of the Department of Publicity and Speakers, has said to Chapter representatives:

"When you talk the Red Cross motion picture program, remember:

"That it is a sound business proposition for proprietors of motion picture theaters.

"It is a statistical fact that since the United States entered the war in 1917, one-half of the total population of this country has acquired a direct and personal interest in the American Red Cross.

"Chapter records show definitely that this tremendous interest of the American people in the Red Cross is spread evenly over the country. Therefore, HALF OF THE POPULATION OF EVERY TOWN IS INTERESTED IN THE AMERICAN RED CROSS and will attend theaters that show Red Cross pictures.

"Explain to theater managers that the pictures are technically correct and photographically good and that they are audience getters.

"Advance publicity stories on the films will be sent from Division Headquarters direct to the theater manager.

SMALL CHAPTERS BUSY

(Continued from page 2)

Coalinga Operates

As a community with characteristics all its own, Coalinga is not able to maintain a Red Cross Shop. Some junk is collected and such clothing and other commodities usually sold in a Red Cross Shop that are collected in the town are sent to the Fresno Chapter and these are sold on a 50 per cent basis.

Vallejo Shop to Enlarge

Chapter officials of the Vallejo Chapter plan to operate their Salvage and Shop on a larger scale this year than ever before. Rug weaving, which has always been a successful enterprise, will be an outstanding feature of the shop. A recent donation of untrimmed hats has enabled the chapter to start a class in millinery. Chapeaus of the latest design will be created, and will sell for a very small amount.

Women of the G. A. E. are reconstructing garments, and some attractive creations have been the result.

Chapter officials feel that their treasury is bound to increase very materially through Salvage and Shop.

Santa Cruz Shop Fills Need

The Red Cross Shop at Santa Cruz has raised more than \$5,000 toward the fund necessary to establish the Public Health Center, and has contributed largely toward the support of the Public Health Nurse. In speaking of the success of the Red Cross Salvage and Shop of the Santa Cruz Chapter, Miss Stella Finkeldey, secretary, said: "It would have been impossible for our chapter to have either a nurse or a health center if it had not been for the success of the Red Cross Shop."

Yuba-Sutter Has Good Plan

A Health Center maintained by Salvage and Shop funds is the record of the Yuba-Sutter Chapter. The Health Center and the Red Cross Shop are in the same building, and one helps the other. Women from all over the two counties sew for the shop and the most attractive reconstructed garments are the result.

Salvage and Shop was reorganized here in May, 1920. The shop opened on the 15th and the net income for fifteen days of May was \$203. This same fine record is being maintained each month. A Christmas sale still further added to the chapter treasury. Salvage and Shop collected and sent to the United States Public Health Hospital at Palo Alto 360 jars of jellies and jams.

San Diego Assists Home Service

Probably no chapter in the Pacific Division has the peculiar home service problem that confronts the San Diego Chapter. It is through Salvage and Shop, to a great extent, that funds are brought into the chapter treasury to carry on the work.

The Red Cross Shop has a department for making reconstructed garments, and the women of San Diego are thus brought into close touch with the Red Cross. The Salvage Department is also active and funds are often obtained by selling newspapers in Mexico. These funds are then turned over to the treasury of San Diego Chapter and are used to help the four hundred families assisted monthly by the Home Service Section.

HEALTH CENTER ACTS AS ANTIDOTE TO MORBIDITY THROUGH PLAYLET VIII.

The establishment of a Health Center in a community marks an important step in its progress toward better health. The permanent success of the Health Center is chiefly dependent, however, upon that human faculty known as resourcefulness. With a resourceful management the Health Center will survive that crucial period when the novelty of the new enterprise has run its usual course and the life of the institution is wholly contingent upon what it does and no longer upon what it promises to do.

The Red Cross Health Center is so designed as to make it possible to maintain a permanent hold upon the interests of all the people. This does not mean that the Health Center will do so by making people morbidly concerned about their state of health. On the contrary, the Health Center itself acts as a wholesome remedy against the ill effect of morbidity which is born of ignorance and depression of spirits.

In the preceding articles of this series it has been shown how the Health Center wages war upon ignorance and superstition by means of attractive displays, helpful information and wholesome advice. In this article is shown how the Health Center acts as an antidote to morbidity through the health playlet.

The American Red Cross Health Center is a human institution. It dwells on the pleasant side of life in word, picture and action. The joy of the abundance of life is given free scope in the American Red Cross Health Center. The child with its ready response to happy impulses and to natural interests is the chief participant in the game of health which the Health Center plays morning, noon and night.

In the beautiful realm of make-believe, where reign the Good King Health and the Fair Queen Happiness, you find your little Mary suddenly transformed into a healthy fairy, your neighbor's boy into a hero, named Golden Carrot, and your sister's little boy into a villain, called Sour Pickle. You learn that Sour Pickle is a source of great annoyance to King Health and Queen Happiness. Golden Carrot, the modest but loyal subject of his king and queen, passes through many vicissitudes of ups and downs, most-

WILL YOUR CHAPTER DONATE A BASS VIOL?

Will any Chapter in the Pacific Division donate a bass viol for use in the orchestra at the United States Public Health Service Hospital at Whipple Barracks, Arizona?

The orchestra is in a flourishing condition, and is one of the greatest assets both in morale and Red Cross work. It is led by one of the Reconstruction Aides and all of the members are patients. They are very generous in giving their time to play on any occasion, but feel the addition of a bass viol to the orchestra would be helpful and would inspire them still more in their work and ambitions.

Communications relative to the instrument should be directed to Miss Hilda Steinhart, Supervisor of Hospital Service, Department of Civilian Relief, Pacific Division, American Red Cross, Hyde and McAllister Streets, San Francisco.

SALVAGE AND SHOP AID TO THRIFT WEEK PLAN

Thrift Week, which has become a national yearly event, will be conducted this year January 17-23. The Bureau of Salvage and Shop of the Pacific Division of the American Red Cross is advising its local committees to co-operate in the Thrift Week campaign along the lines of last year's work.

ly downs, until in the last act, through the timely aid of your Mary, the health fairy, his virtues receive their proper meed of recognition and Sour Pickle is forever banished from the realm of King Health and Queen Happiness, who henceforth reign in perfect gastro-nomic peace.

Many parents who otherwise could not be induced to visit the Health Center, will come to see their little girl or boy "act." Quite often, it is just this kind of a parent that most needs to learn the simple lesson brought home so interestingly through the health playlet.

The playlet may be rehearsed again and again at home, when the choice must be made between Golden Carrot and Sour Pickle. Again, it may be rehearsed when Mary and Johnny buy their school lunches and their choice falls on some wholesome food in the place of ice cream sandwiches and sour pickles. Thus this entertaining pastime helps to prevent morbid concern about one's state of health.

PUBLIC HEALTH SERVICE HOSPITALS KNOW S. AND S.

How much help Salvage and Shop has been to the United States Public Health Service Hospitals in the Pacific Division is told in the following letter from Miss Hilda Steinhart, Supervisor of Hospital Service, to the Bureau of Salvage and Shop:

"I wish again to thank you for the remarkable service you have given us by furnishing the necessary clothing at our six hospitals.

"No clothing is given to any man who is receiving compensation, but at all of our hospitals there are a large number of merchant mariners and men who possibly for some unavoidable reason are not yet receiving compensation.

"I want to thank you for your past favors, and trust that you will be able to continue this remarkable service which you have established."

In speaking of the work, Miss Booth, director of the Bureau of Salvage and Shop, said: "The work in the hospitals is ever increasing. It is sincerely to be hoped that the chapters may continue to give their hearty co-operation, so this help may be given to the men who gave so much for us."

In answer to a plea sent by the Bureau of Salvage and Shop a year ago to all chapters, asking co-operation in assisting the hospitals, a majority of the chapters responded and within a few months as more Public Health Service Hospitals were organized in the Division an appeal for money was sent to chapters not active in Salvage and Shop work.

Several chapters sent checks of \$100 a month, others from \$30 to \$120. Since last year the number of hospitals has grown from one to six, and Red Cross Shops in the Division have been able to supply garments necessary for the patients.

Besides garments sent direct to hospitals from various chapters the Bureau of Salvage and Shop has been able through the generosity of the chapters to supply the following: Forty-five suits, 4 overcoats, 65 pairs of trousers, 13 pairs of overalls, 15 caps, 12 suits of underwear, 30 pairs of socks, 2 pairs of shoes, 2 pairs of slippers, 32 shirts, 1 sweater, 4 collars, 2 belts, 7 pairs of suspenders, and 12 undershirts.

Through the kindness of some of the merchants in San Francisco garments have been purchased at considerably less than if the chapter had bought them individually.

Junior Red Cross Department

San Diego Juniors Recognize Opportunities for Service



Little Betty Sheene, youngest Junior in San Diego County, applying Rule 5. Pupils at Mission Indian School, San Diego County, saluting the American flag.



Six caring for their teeth as part of their regular day's work.

SAN LEANDRO JUNIORS PLAN RED CROSS SHOP

San Leandro Juniors are collecting salvage for a Junior Red Cross Shop, which they operate in the basement of their school. All details are in the hands of the Juniors. They arrange the display, keep the place clean and orderly, sort materials, act as the sales force and keep the accounts.

Realizing their responsibility in operating the Red Cross Shop, Juniors are busying themselves preparing articles to be placed on display. Old toys are brought down from the attics, new wheels are placed on old broken-down carts, new dresses and heads for dolls, fancy-covered boxes, and needle work of the finest sort are ready to exhibit and be sold to swell the Junior Red Cross fund.

The San Leandro Juniors are using their money to finance three important projects—a dental clinic, hot lunches and to guarantee the upkeep of the machine used by the Red Cross nurse.

The work of the Junior Red Cross is described in an article entitled "Happy Childhood the World Over," by Austin Cunningham, in the September number of the Red Cross Magazine.

"My mother made this basket for me to give to the Junior Red Cross Christmas bazaar. — Esperanza La Chappie."

This note was sent by a little Indian boy in San Diego County to the local Junior Red Cross. The gift was his contribution toward the bazaar, a rare, beautiful, practical basket that would be eagerly sought by solicitous shoppers.

Juniors of Valley Center, at the Lilac school, San Diego County, cut down yucca stalks, sawing them into several pieces and making them into pin cushions. The boys search the woods for straight branches of beautiful manzanita wood with crooks for handles. They brought them to the manual training class in the school to be polished, and properly made into walking sticks, for sale at the bazaar.

Bright red holly, gathered by the school children, was tied in bunches and sold.

AMERICAN JUNIOR NAME AND FAME KNOWN WORLD-WIDE

(From "Sierra Educational News," October, 1920)

The Junior Red Cross of America has accomplished such great things in the line of Service for Humanity that its name and fame for good works are already almost world-wide. Child welfare, child health and child happiness through the co-operation of the child citizen are the aims of the Juniors.

The question has been asked: "What is the place of the Junior Red Cross in the school curriculum?" It offers regular classroom activities such as will give play to practical acts of service, embody the principle of citizenship among the pupils. The Junior Red Cross is not seeking to add new courses or in any way whatsoever to add to the already heavy duties of the teacher, but to furnish helpful suggestions, vital material for supplemental reading, geography, history and English lessons, incentive for the manual training class; in providing simple needed hospital equipment and toys for distribution; and broad fields for

the exchange of the handiwork of pupils in all grades.

The Junior Red Cross places at the disposal of the school authorities of all schools not only pamphlets, patterns for manual work, well-worked-out suggestions for the carrying on of such projects as clean-up campaigns, civic and patriotic movements, etc., but courses in Home Hygiene and Care of the Sick, First Aid and Dietetics, and all the advantages to be derived from the resources of the Red Cross organization.

There is no individual membership or fee to exclude any child from the Junior Red Cross. The financial membership is the school, and the individual is the service unit.

JUNIOR ACTIVITIES

IN NEVADA SCHOOLS

Activities of members of the Junior Red Cross in schools in Nevada have been different and helpful. Children of the schools in Elko have spent \$20 in providing nourishing food and some delicacies to a sick child. An orphan boy, dependent on charity, was also fitted out by the Juniors with a new suit. He was proud of it, and earned \$1.95 for a new hat.

Tag day in McGill netted the Juniors more than \$100. This money was used in the nutritional classes in providing milk twice a day for undernourished children.

Children in schools in Ruth gave pennies for subscriptions to "Junior Red Cross News."

Gardnerville Junior Red Cross has 100 per cent enrollment in the high school, and before January 1, plans to have every school in the district enrolled. The high school has taken the production program, and the girls have already knit eight sweaters. December 1, the Junior Red Cross opened the lunch room in the school.

LITTLE FINGERS ENRICH JUNIOR RED CROSS FUNDS

Children of Gold Run, Placer County, have learned to make pine needle and raffia baskets. Money for the sale of the articles will be put into the Junior Red Cross Fund.

Parade Feature Awakens People To A. R. C. Service Possibilities



Bakersfield Float in "Cotton Is King" parade demonstrated Red Cross First Aid and Home Hygiene and Care of the Sick. (Insert) Prize winning float in San Luis Obispo parade on Armistice Day.

A Red Cross float, representing three Divisions of a Health Center—the baby welfare conference, Red Cross classes in home nursing, and a school dental clinic—won second prize in a parade in San Luis Obispo on Armistice Day.

The float was planned and decorated by Miss Marie Jacobsen, Red Cross Public Health Nurse of San Luis Obispo County, and Miss Grace Barneberg, chairman of the Chapter school committee.

Three large red crosses, the words "Health Center" and the slogan, "The Red Cross, a work of the heart on a sound business basis," made attractive posters on the sides of the car. It was decorated with white bunting, and twined with ivy.

On the float was a mother with her two children, three nurses, six high school pupils, one of them a dentist, and two patients with their faces swollen and bandaged. Eight pretty girls, dressed in white and holding long ivy streamers which were fastened to the top of the float, walked at the side of the car. Two standard bearers walked in front, carrying a silk American flag and a Red Cross flag.

In speaking of the float, Miss Jacobsen said: "I had only 48 hours to make my float, and without the generous help of the people I am sure we would not have been so fortunate in winning the prize. The float has been an inspiration to the

people. They have become interested in the Health Center idea, and want to know what it is and what it will accomplish, and I am sure we shall soon have a Public Health Center here. Plans are also on foot now for a city and school Red Cross nurse."

A float demonstrating Red Cross First Aid, and Home Hygiene and Care of the Sick was an attractive feature of a recent parade in Bakersfield during Cotton Festival week. Actual demonstrations were given by a nurse assisted by Boy Scouts.

SAN FRANCISCO ENTERS LIFE SAVING CONTEST

More than thirty contestants in the San Francisco Chapter have already entered into the 1000 Point Contest in Red Cross Life Saving and Swimming. The contest is of four months' duration, December 1 to March 30. Pools that are being used include Sutro Baths, Young Men's Christian Association, Young Women's Christian Association and Young Ladies' Institute.

Rules governing the swimmers follow:

All contestants must be members of the American Red Cross Life Saving Corps.

Each swimming organization can form its own unit, provided there are five or more contestants with a Red Cross Examiner in charge.

All points must be made under the

HEALTH FAIRY TO VISIT CALIFORNIA SCHOOLS IN JANUARY

Miss Anne Raymond, the Health Fairy, representing the Child Health Organization of America and the United States Department of Education, will be in California during part of January to visit schools in a number of the larger cities. Her itinerary is mapped out by the Extension Department of the University of California, and Red Cross Chapters in the cities designated are invited to plan additional opportunity for Miss Raymond to meet Red Cross workers, nurses, teachers, anti-tuberculosis workers, dietitians, physical training instructors, playground directors, leaders of boys' and girls' clubs and other social workers.

Miss Raymond appears in a fairy costume and makes the child desire health, not for its own sake, but as a condition of success in work and joy and play. She is a trained health worker, and in addition to reaching the children offers expert advice on organization and development of health work.

Cities that have been offered the plan by the University include: Sacramento, Stockton, San Francisco, Berkeley, Oakland, Palo Alto, San Jose, Santa Cruz, Monterey, Modesto, Fresno, Tulare, and Bakersfield.

supervision of an authorized Red Cross Examiner.

Points can be checked off at any time at the discretion of the Red Cross Examiner.

Each swimming event must be performed separately in order to gain all points in each event, i. e., in the free style swimming each distance must be swum in the order listed.

Applicants failing in any given test may try again, provided that the tests are taken within the specified time.

All points must be completed within the four-month period—December, January, February and March. The cards of the completed contestants are to be returned to the First Aid Department of the San Francisco Chapter, A. R. C., not later than March 30, 1921.

All contestants making the thousand points will receive a Red Cross ribbon. In each pool the one receiving the highest number of points over one thousand will receive a Red Cross Medal.

No branch or small community should hesitate about the collection of Salvage such as paper and tinfoil, for conservation is necessary and funds from the sale of such commodities can be put to good use in the community.

Red Cross Joins Feeding Campaign

CHAPTER OFFICIALS TO APPEAR ON LOCAL COMMITTEES

"They are no more my children than yours," is Herbert Hoover's homely yet eloquent plea for 3,500,000 European children who face incredible tragedy this winter unless America comes to their rescue.

The American Red Cross, one of eight big organizations which have joined in the campaign for feeding the starving European children, has already taken definite steps for carrying on its share of the work.

The Red Cross in the Pacific Division is submitting the names of all Chapter chairmen and secretaries for appointment on Community Committees.

Northern California has already organized its committees, and plans are under way for similar organizations in Southern California, Arizona, and Nevada. The active campaign starts January 4.

George Filmer, manager of the Pacific Division of the American Red Cross, who is a Red Cross member of the Joint Committee of the European Relief Council, has sent the following announcement to Red Cross chapters in the Pacific Division:

Manager's Letter

"On December 19, 1920, a joint appeal for funds for the relief of the destitute children of Europe will be made. The organizations which will join together for the conduct of this campaign are: American Red Cross, Joint Distribution Committee, Young Men's Christian Association, Young Women's Christian Association, Knights of Columbus, State Church Federation, American Relief Association, and American Friends Service Committee.

"The appeal will be made under the name of the European Relief Council, of which Mr. Herbert Hoover is the Chairman.

"The amount of money to be sought in this campaign will probably be thirty-three million dollars (\$33,000,000).

"The first step in the formation of an organization to handle this campaign was the selection of two State Committees from California, one to handle the work in the southern part of the State and one for the northern part, one State Committee from Arizona and one from Nevada. The State Committees are composed of members from all of the organizations enumerated above.

"The next step in this organization will be the appointment of committees in



Lower right—Only fifteen years old, yet one of thousands pressed into service in the Polish army during the last summer. "Bread, bread," was all that came to his lips when relief workers found him. Lower left—The features of this girl portray the finest type of Polish childhood that now lies engulfed in hunger and disease and all their attendant miseries. Upper left—Three and a half million children in Eastern and Central Europe wait, gaunt and pinched like these, at the American kitchens for hot soup and bread. Upper right—Twenty hours after this picture was taken this lad succumbed to starvation.

every community through the Division. These Community Committees will, likewise, be composed of representatives from all of the organizations who are joining in the appeal. In order that these Community Committees may be organized, all of the organizations represented are submitting names to the various State Committees from which they may choose the members of these Community Committees. The Red Cross is submitting the names of all Chapter Chairmen and Secretaries for appointment to these Community Committees.

"This is not a Red Cross drive, but a drive in which all of the above organizations are equally interested.

"I would very much appreciate any

assistance that you may be able to render in the matter. I will keep you fully informed as to the details of the organization as they may develop."

INDIAN GIRLS TAKING COURSE IN HOME HYGIENE

Seven girls in the Indian School at Stewart, Nevada, have expressed a desire to become Red Cross nurses when they are older, and toward that end are taking a Red Cross course in Home Hygiene and Care of the Sick. The school has seventeen pupils.

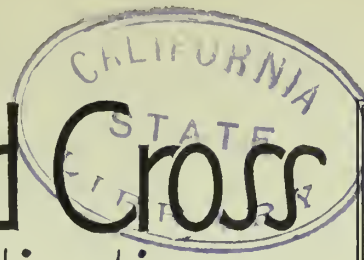
Serves

the fighting man in army, navy, camp and hospital—remembers the ex-service man.

Your Red Cross Membership makes it possible

The American Red Cross

Pacific Division Activities



Protects

the home in time of disaster; saves babies; teaches mothers; serves the community.

Your Red Cross Membership makes it possible

Vol. III

JANUARY 15, 1921

No. 14

A. R. C. CHAPTERS MAY USE FUNDS FOR EUROPEAN RELIEF COUNCIL



Left—Some of the wrecks of childhood that are being cared for in an American orphanage at Vilna. The tall boy has a head that requires a hat size 8½. The little chap with the prize fighter's jaw has rickets and is bloated from eating too much grass. Right—A feeding kitchen in eastern Europe shows what America means to the otherwise helpless childhood of the war-swept nations. Left inset—An operation on a child's leg that will help straighten him out. Right inset—When a starved baby gets worse than this—it dies. American aid, in the form of food and medical assistance is the only hope that stands between 3,500 children and death in eastern and central Europe.

Red Cross Chapter funds may be contributed to the European Relief Council campaign under a plan announced to all Chapters by George Filmer, Manager of the Pacific Division. It calls for a strict budget of the funds on hand, providing first for all local demands of the Red Cross program. The Manager's letter emphasizes the urgency for a careful handling of the Chapter funds to conform to Red Cross policies and exacts that any Chapter desiring to make a Chapter contribution shall first receive the approval of the division management for the proposed distribution of the money.

Manager's Letter

The Manager's letter giving the details of the procedure follows:

We have received several inquiries from various Chapters relative to the permissibility of donating funds to the European Relief Council for use in feeding the destitute children of Europe.

In order that this matter may be made clear to you, I beg to advise

you of the following rulings relative thereto:

Because of the fact that the American Red Cross is a component part of the European Relief Council and as such will participate in the distribution of the funds collected, it has been deemed possible to allow Chapters and branches of the American Red Cross to contribute such surplus funds as are not needed for Chapter or branch activities. This contribution will not be made until the needs of the Chapter or branch have been budgeted for the coming year.

Before such contributions are made or announced the amount of the contemplated contribution shall be first communicated to the Division Manager with such supporting figures as show the present state of the Chapter's finances and the budgetary allowance for the current year and that no contribution shall be considered proper or permitted until the approval of the Division Manager is first had.

That after such appropriation is

"CAN YOU REFUSE US BREAD?"

By EVELYN WELLS

Oh, the stormy night and the cozy room
And the laugh of the leaping fire!
And the gentle voices and loving smiles,
But the wind is harsh and dire,
As down we sit with our hungry eyes
And view the delicious fare,
The snowy bread and the creamy milk
And the platters steaming there.

Over the sea and land a prayer,
Out of the storm a cry,
"I am a child as you are a child,
Give me food or I die!"

Hark, the cry from the East again,
Sweeping the storm aside,
"We are but children, robbed and weak,
Yet we are crucified!
Nailed to the crosses of Greed and Hate,
Orphaned, and left for dead,
Europe's massacred innocents,
Can you refuse us bread?"

Over the sea the wail of a child,
And many a million more,
Oh, the tears from the baby eyes,
Wrung by the hand of War!

Oh, happy child in the cozy room,
Can you turn to your food again,
With the wailing of children from distant lands
In the rear of the wind and rain?
Whatever you give is like flinging the door
Wide open to storm and din,
And sending your voice through the lonely night,
Calling the children in.

Then will you hear the voice of a child,
Broken with grief and strife,
"I was a child and you took me in,
See, you have given me life!"

approved the Chapter send such contribution to the Accounting Department of the Pacific Division. All checks should be made payable to the Pacific Division, American Red Cross, and a notation placed on the lower left hand corner of the check that it is for the benefit of the European Relief Council. The Pacific Division will immediately turn over all such checks to the proper treasurer of the European Relief Council.

That a record of such Chapter expenditures shall clear through the succeeding monthly report.

That the same procedure shall be applied by Chapters to branches in

(Continued on page 2, col. 3)

Hospitals, Camps Appreciated

A. R. C. Christmas Celebrations

"I never had no other Christmas like this one," was the expression of one of the ex-service men in the U. S. Public Health Service Hospital at Tucson, Arizona, when he was talking over the Christmas celebration with the Red Cross chief of Medical Social Service.

How the American Red Cross served this man and others in the Public Health Service hospitals and in army and navy post and hospitals in the Pacific Division makes a story of continuing Red Cross service. It is well told in letters that have been received at Pacific Division Headquarters from some of the Red Cross men in the field.

Excerpts from the report from United States Public Health Service Hospital No. 51 at Tucson, Arizona, which make the story of the celebration a picturesque interpretation of the location follow:

Red Cross Makes Day Different

"Someone once said that our country had two divisions—the rest of the States and Arizona. With its vast unpeopled stretches, its queer rivers with no water, its towering mountains with no verdure, and its lotus-like climate, it has always remained a lureful land of mystery, different from its sister places. And it was indeed a different sort of Christmas for the men from the far corners of the United States who were patients at the Public Health Hospital at Tucson this year."

"On a screened porch just outside the dining room and near the old ward, a stage had been erected and a concert was going on for the benefit of the men who were eating in the dining room. It was Christmas songs mostly that the group sang. And as the voices went forth, the procession of patients from the old ward to the new infirmary was started. There was "C" jauntily riding in his bed borne by two attendants. He wore an old felt hat with a cigarette askew in his lips. He was one of the most dapper of the bed patients. And there were others who rode silent and without a word toward the new quarters. One man already was passing into the vale. For him there was no further consciousness of pleasure; and his patient little mother walked behind the bed—a picture of tragedy.

"The new infirmary, where Christmas decorations had been out of the question, was banked with flowers. Although the order for the change had upset all our plans for decoration, flowers which came almost providentially to me and some women of the committee, were turned to good use there. In addition, one of the banks in town had sent out an offering of flowers. In each of the rooms where sick men lay were roses and carnations, and a bright red poinsettia, while a great basket of carnations was in the little recreation room at one end. These flowers it seems did more than any one thing toward cheering the spirits of the men; and a tribute was

paid the next day when Johnson, my assistant, entered the ward to show someone through. One of the sick men looked up. His name is Dixon. 'Is that Johnson?' he inquired of his neighbor. 'Yes,' was the reply. 'Three cheers for the Red Cross,' he shouted, and they were given with a will.

"Next year will see a new and fully equipped hospital out on the desert—a place far different than what we know now—a place far more comfortable for those who inhabit it. The work was hard Christmas week—ghastly hard; but as one old timer put it who had been a patient in every hospital from Maine to California: 'I never had no other Christmas like this one.' We hope he was right."

Palo Alto Celebration Memorable

Christmas in the United States Public Health Service Hospital at Palo Alto is a remembered day for all of the patients, nurses and hospital personnel. Red Cross Chapters and branches which assisted the field directors are: Los Gatos, San Jose, Palo Alto, Porterville, Redwood City, Vallejo, San Mateo, Menlo Park, and Paradise.

The wards and porches were all decorated by the Redwood City Chapter, which supplied each ward with a small tree. The Red Cross recreation room was decorated by the San Jose members, and the nurses' home by Palo Alto. Vallejo Chapter sent a splendid box with a gift for each man.

The day's program included a cantata in the afternoon, provided by San Jose; vaudeville show at night, arranged by the Palo Alto American Legion Post, Knights of Columbus and the Red Cross; and a special entertainment for the men in the wards—Hawaiian orchestra provided by Menlo Park, a sleight-of-hand performer provided by Palo Alto.

Among the most interesting gifts at the hospital were yearly subscriptions to a number of magazines.

The field director's report closed with the following paragraph:

"The boys voted it the finest Christmas they had ever had. We hope that all those who helped us so generously feel abundantly rewarded for their efforts. It was the golden opportunity to show the patients how willing the public is to bring good cheer and happiness into their lives. The success of this attempt can best be measured by the heartfelt appreciation expressed by the patients themselves. We feel sure that the New Year will bring the public and the men of this hospital into closer touch, which result cannot fail in being mutually beneficial."

Christmas Day at U. S. Marine Hospital

At the United States Marine Hospital in San Francisco numerous organizations contributed to the celebration. The greater part of the plan for Christmas week was in the hands of the Seamen's Institute, but the Red Cross had special charge of the Christmas day program.

That the assistance was appreciated was evident in the following note from Dr. L. L. Williams, assistant general-surgeon-at-large:

"Will you allow me to thank you and

RELIEF PLAN DEFINED

(Continued from page 1)

releasing branch funds for this purpose.

Junior Aid

In placing the European Relief Council program before the Junior Red Cross in the schools the Department of Junior Red Cross also issued a letter to chairmen of Chapter school committees advising them to make prompt remittance of their contributions to the National Children's Fund which is administered by the Junior Red Cross for the aid of needy children in European countries stricken by the war.

Junior Red Cross in the Pacific Division is pledged to give \$25,000 this year to this fund, which finances a consistent program of relief and education of thousands of these undernourished children. This plan constitutes a permanent memorial of the good will and generosity of American children to their young European friends.

In the Chapter budget of funds no reference need be made to the Junior Red Cross contribution which is distinctly from the children themselves, not subject to the ruling that applies to funds included in the Chapter treasury affected by the budget plan. The National Children's Fund is definitely pledged for a specific purpose—to finance nine foreign projects (described in the Pacific Division Activities of December 15, 1920)—and every cent directly reaches the children. All administrative expenses are paid from Red Cross adult membership fees.

other members of the Red Cross for the generous aid and personal efforts in promoting the Christmas celebration of the hospital, all of which is greatly appreciated.

"With kind personal regards and the compliments of the season."

Word From Madawaska

Fresno Chapter comes in for a special report on "Christmas on the Madawaska," since it was sponsor for the event. The morale officer U. S. Army aboard the ship, is quoted in the following excerpts from a letter to J. J. McBride, director of the Department of Military Relief:

"Christmas is over, and such a splendid one as we had you never have seen. Our voyage has been filled with the unexpected from the moment we were supposed to have sailed on the 6th of December. Here we are, still in Honolulu—we are scheduled to leave tomorrow, but I think even that is doubtful.

"The Christmas spirit was in the air and everybody certainly made the most of it. The young boys were right at home and everybody screamed when the old grizzled soldiers and the big husky

(Continued on page 4, col. 2)

EIGHTY-EIGHT YEARS OLD AND STILL WORKING FOR RED CROSS



In the Pacific Division there is a staunch Red Cross worker, Mrs. T. A. Jernegan, of Berkeley, eighty-eight years old, who realizes that no scrap is so small that some use cannot be made of it. Since the beginning of the war she has made over 200 dolls, with no two alike. The dolls sold for one dollar apiece.

The story of how she happened to make these dolls for the Red Cross is an interesting one. When the "flu" was at its height she had made over 100 of them to send to Belgian and French children. When word came that none of these things could be sent overseas but that the money received from the sale could be forwarded, Mrs. Jernegan had become so fascinated with her work that she did not want to give it up.

One day she saw an article in the papers about a Red Cross Shop and that donations were solicited. She very kindly sent a half dozen dolls, telling them if they wished more she would send them. Word came back that they wanted all she could spare. Over eighty were donated to the Red Cross Shop at Walnut Creek.

Mrs. Jernegan is unable to do much of this work at the present time because she can make little use of her fingers, but to exemplify her splendid Red Cross spirit a few lines from a recent letter from her are quoted: "I will be glad to make a few dolls for you as soon as I am again able. I love to do them, and shall make my first ones for the Berkeley Red Cross Shop."

CHAPTERS ARE URGED TO SAVE ALL TIN FOIL

Chapters in the Division are urged to save all tin foil as diligently as they did during the war, except in places where a high freight prevails. In shipping 100 pounds or more a minimum shipping rate is obtained, and detailed information relative to the saving of foil may be obtained at Pacific Division Headquarters at the Salvage and Shop department.

A custom established in Fresno during the war still maintains. Street sweepers were supplied with a Red Cross bag and attached to the front of the sweeping cart. All tin foil in the streets is carefully picked out from the debris and placed in the bag, and later turned over to the Salvage and Shop.

There are four varieties of tin foil, classified as follows: Genuine tin foil, which contains a large percentage of tin, is very thin and is bright and shiny; lead foil, which is dull in color and more like lead than tin. Because it is poisonous it is not used for wrapping foods; even when used for lining tea packages there is a layer of paper between the lead and the tea. Aluminum foil is lighter in weight and whiter in color than either tin or lead foil and very brittle. German tin foil is also a white metal and much softer than the other varieties.

There is no advantage in segregating tin foils when selling them to the smelting companies, for they are all melted, then assayed to ascertain the percentage of different metals contained therein. Upon this basis payment is made, genuine tin foil bringing 25 cents per pound and lead foil bringing 4 cents per pound. The next step is to turn it over for remanufacture, much of it being used for type metal and babbitt metal.

MERCHANT CONTRIBUTES ROOM TO A. R. C. SHOP

At least one retail merchant in Benicia is not competing with the Red Cross Salvage and Shop. At the time the Shop was started a desirable location was difficult to find, and the merchant agreed to give part of his store to the Red Cross for a Red Cross Shop.

Benicia has one of four new Shops recently opened in the Division. The others are at Madera, Livermore and Los Banos. In each case the money derived from the Shop will be used to finance the Health Center and Public Health work.

CHAPTERS TO CO-OPERATE IN THRIFT WEEK CAMPAIGN

Salvage and Shop committees in Red Cross Chapters in the Pacific Division have been appealed to by the Pacific Division Bureau of Salvage and Shop to bring their activity to a high pitch during Thrift Week, February 17-23.

The following letter outlining Red Cross participation in the campaign has been received at Pacific Division Headquarters from F. C. Munroe, General Manager of the Red Cross:

"The Red Cross has been appealed to for co-operative assistance in the National Thrift Week campaign, which is to be conducted January 17-23, 1921, under the direction of the Industrial Department of the International Committee of the Y. M. C. A. In this connection it is stated that during a similar observance of National Thrift Week last January a number of the local committees found in the Red Cross home service a co-operating organization of great value, and the National Committee has suggested that the Red Cross officially endorse the coming campaign and appoint a co-operating committee to aid in making it more effective and practical.

"While the well known policy of the Red Cross will prevent official participation in any campaign conducted by another organization it does not, of course, prevent friendly local co-operation in their undertakings. Accordingly, the Thrift Week Committee has been advised that, through our bulletins and otherwise, the coming campaign will be brought to the attention of our members and that their friendly co-operation will be requested. Will you please bring the matter to the attention of chapters."

The purpose of Thrift Week is to start the country off in the new year with a program of conservation for every individual and household. Last year the Shops aided so successfully in the campaign that the incentive was sufficient in some cases to make Salvage and Shop a lasting Red Cross activity.

RIVERSIDE SHOP HAS BIG INCOME

More than \$500 a month is derived from the Riverside County Salvage and Shop. At a recent meeting of Red Cross Directors it was voted to continue the work for at least another fiscal year, until April 1, 1922.

Twelve branches of the Salvage and Shop are actively interested, one branch taking charge each month. The shop is open only two days each week, and is always crowded with eager shoppers. A large store is now occupied, and there is a Community Rest Room across the street, which is being financed from Salvage and Shop funds.

CALAVERAS IS BUSY

This small mountain chapter is busy collecting paper and magazines. The money will be used for the Red Cross activities.



The American Red Cross ARIZONA-CALIFORNIA-NEVADA

A bulletin published semi-monthly on the first and fifteenth, by the Pacific Division, American Red Cross, Civic Center, Hyde and McAllister Sts., San Francisco, California
Telephone Park 4391

Advisory Council (Volunteers)

GEORGE A. CAMPBELL.....Reno, Nevada
WILLIAM H. CROCKER.....San Francisco, Calif.
A. B. C. DOHRMANN.....San Francisco, Calif.
R. N. FREDERICKS.....Prescott, Arizona
JOHN B. MILLER.....Los Angeles, Calif.
HON. WILLIAM W. MORROW..San Francisco, Calif.

GEORGE FILMER (Volunteer).....*Manager*
THOMAS MELLERSH (Volunteer).....
.....*Associate Manager and Treasurer*

CHAPTER WORKERS URGED TO VISIT HEADQUARTERS

Pacific Division Headquarters of the American Red Cross is now established in the new location at the Civic Center, San Francisco. The entrance to the Division offices is at the corner of Hyde and McAllister Streets.

Chapter officials and Red Cross workers in all three States—California, Nevada and Arizona—who visit San Francisco are urged by the Division Manager, Colonel George Filmer, to make the Division Headquarters their headquarters while in the city. The same courtesies which have become a part of the atmosphere of the present establishment will be extended in the new home. Added interest will arise through the artistic and educational advantage of being in San Francisco's Civic Center—the home of the Exposition Auditorium, the library, the city and county offices.

The visitors' desk and reception room are featured in the Red Cross building and the Division Manager, the heads of the several departments, all desire to continue an even closer contact with Chapter officials through their visits to the Division offices. Mail can be directed to the Division offices for visitors who are not certain of their hotel address while in San Francisco. Stenographic and telephone services are always available to Red Cross visitors.

In its annual session the Central Committee elected Miss Mabel T. Boardman to membership on the executive committee, as well as Rear Admiral Stitt to succeed Rear Admiral Braisted, retired.

ARMY PRAISES RED CROSS

(Continued from page 2)

non-coms went down the line with the rest. Then when the members of the crew came—the crew proper, then mess attendants, room boys, bell boys, etc., Philippino, Japanese, Chinese, negroes, they were all alike—fact is, they seemed to get more applause.

"In giving this description I have omitted details, and it's impossible to describe the spirit. I'll assure you that everybody appreciated, even beyond my expectations, your efforts, and the work of the Fresno Chapter.

"And for the Red Cross (the people who really go ahead and do things) I'll advertise the rest of my days."

Juniors Help Whipple Barracks

Junior Red Cross Auxiliaries which made contributions to Whipple Barracks Hospital at Prescott, Arizona, will be interested in the following letter sent to the Department of Junior Red Cross from the Red Cross Chief of Medical Social Service stationed there:

"I am very pleased to acknowledge the generous shipments from Junior Red Cross, forwarded before Christmas, to this hospital. Every part of the boxes meets a particular need here, where there are over 600 ex-service men under treatment, and all of them more than 500 miles away from home for the Christmas season.

"Your generous gifts made it possible to remember any particular men slighted or overlooked or isolated by having fewer friends than others.

"Will you, therefore, take occasion to express to the individuals who so thoughtfully made up these packages our appreciation, that they have contributed a great deal to the pleasure and happiness of men deprived of normal enjoyment this Christmas season—soldiers and sailors who, two years ago at this time were nearly all of them under arms for the United States in some capacity or other."

Red Cross Chapters in the vicinity of Prescott also contributed to the Christmas celebration at the United States Public Health Service Hospital.

Border Camps Grateful

Camp Harry J. Jones and Fort Huachuca, the United States Army border camps in Arizona, were brought into close touch with urban life through the Christmas plans. Nurses and convalescents in the hospitals joined in making the preparations. It was to these two camps that the Sorosis Club, San Francisco, and Red Cross Chapters made contributions.

Acknowledgment of the gifts is made in a letter from the Red Cross field director to the Department of Military Relief, the closing paragraph of which follows:

"To the ladies of the Sorosis Club, the Junior Red Cross of Merced and the Chapters of Madera and Bakersfield, the great success of Christmas among the sick on this part of the border, is due, and if they but realize a part of the happiness they brought about they will feel satisfied that their efforts were in a most worthy cause. And it was appreciated."

Arrowhead Is Festive Spot

At Arrowhead Springs, one of the newer United States Public Health Service Hospitals in the Pacific Division,

DIVISION MAGAZINE TO BE ISSUED MONTHLY

Commencing with this number of the Pacific Division Activities it will be issued as a monthly publication on the 15th of each month. It will contain official communication from Pacific Division Headquarters to Chapters and will give information concerning the work of the American Red Cross Chapters in the Pacific Division territory.

The Division magazine is circulated without charge to its readers. Individuals interested in watching the work of the Red Cross locally may have their names placed on the mailing list upon application to the Department of Publicity, Pacific Division, American Red Cross, San Francisco, California.

Chapter secretaries are hereby notified of the change in the publication of the Division magazine. They are urged to make systematic distribution of the magazines coming to the Chapter office and notify the Department of Publicity if the number is either too large or insufficient for their chapter needs.

In some chapters it is found to be better to furnish the Division Department of Publicity with a full list of names for mailing the magazine. When this is done the chapter secretary receives a specified number for the office file and such personal distribution as is requested.

The closest contact possible between the division offices and chapter officials is urged, that the division magazine may be most helpful to all Red Cross workers in the division territory. When your chapter completes a Red Cross service that is felt in the community it is certain that other chapters in the division will be interested to know how you did it.

three army truck loads of pine boughs, holly and oak were used in the Christmas decorations. A tree was placed in each room, in each ward and two large ones on the main floor. The patients, nurses, teachers and all employees and hospital personnel were included in the festival plans.

San Bernardino and Pomona Chapters made cash contributions to the celebration: Long Beach and Covina schools contributed gifts and candy; San Bernardino schools gave 26 cakes; the American Legion and a number of individuals who wanted to be known merely as "friends of the boys" gave smokes, candy, nuts and oranges.

Pantages in Los Angeles sent out a jazz band and 26 players the day before Christmas. Four of them remained during the Christmas celebration.

Ten special boxes were sent to the bed patients and carnations for all the tables made another gift.

Junior Red Cross Department

FEBRUARY SHIP TO CARRY J. R. C. GARMENTS ABROAD

But little time remains for the sewing departments of schools to complete the Junior Red Cross clothing for children in foreign countries. The first shipment will leave in February, and in June there will be a second shipment. The garments are made by the schools and are sent to Europe as part of the Junior Red Cross foreign production program.

A stimulating example of what schools can do is shown in a report from the Atlantic Division, where Brooklyn alone, in 159 schools, with 249,604 pupils, has made to date 45,825 articles and given \$18,607.47 in money.

Counties in the Pacific Division are not small or delinquent in membership. San Diego County alone has 9,300 Juniors, and when all Pacific Division Juniors are aroused to the necessity of aiding the foreign projects the Division will surely make more than just a favorable showing in this great relief movement.

PORTO RICO JUNIORS BUY DENTAL CLINIC

At the request of the Foreign and Insular Division, a complete dental equipment purchased from the Junior Red Cross of the Pacific Division last week is now on its long journey to Porto Rico. It will be used by the Junior Red Cross of San Juan.

Juniors in Porto Rico are particularly interesting to Juniors in the United States on account of their wide activities. They have given \$6,000 for the construction of a school house and library for children at the Insular Tuberculosis Sanatorium as one of their live enterprises. They have provided a scholarship in the normal department of the University of Porto Rico, supplied medicine chests for rural schools, helped the poor and sick to obtain supplies and medical treatment and have won commendation for their behavior at fires.

The Pacific Division Department of Junior Red Cross has still other dental equipment. It is the plan of the Department to sell the outfits to Junior auxiliaries establishing school clinics.

DALMATIAN CHILDREN AIDED BY JUNIORS

The United States Navy and the American Red Cross, working together, guaranteed a happy Christmas to hundreds of children in Dalmatia this year. The suggestion for this bit of Santa Claus came from Rear Admiral Andrews, in charge of the American men o' war stationed in the Adriatic since November, 1918.

"The children need better clothing and nourishment than they get. They don't know what toys are. I hear there is a Junior which helps children in foreign countries. I wish the Junior Red Cross would help these children. Could you do something for Christmas at least? Clothing, shoes, toys and especially nourishing food like chocolate, cocoa, malted milk and condensed milk would help the children of the poor here."

With the arrival of the letter, the Junior Red Cross began plans for aiding the Dalmatian children. Two thousand pairs of shoes, a like number of pairs of stockings, thousands of cans of condensed milk and hundreds of chocolate bars and toys from the American Red Cross warehouses were sent to give these suffering children a Christmas season as festive and joyous as the children of America know.

EIGHT SPECIAL J. R. C. FILMS IN CIRCULATION

Eight special Junior Red Cross films particularly interesting to children are in circulation in the Pacific Division in schools. These films are not only highly educational, but interesting and amusing as well.

Four films, including "Father Knickerbocker's Children," "From Jacques to Johnnie," "Hills of Happiness," and "Italy's Sons of the Sea," rent for \$2 per reel per day of showing; the other four, "A Day with the Junior Red Cross Colony in Czecho-Slovakia," "America Junior," "Every Swimmer a Life Saver," and "Kiddies of No Man's Land," are circulated free.

Besides these eight films, 46 others equally interesting to children are included in the film library at Pacific Division Headquarters.

Bookings for the films may be made with the Department of Publicity and Speakers, Pacific Division Headquarters, San Francisco.

HOW PRACTICAL USE WAS MADE OF FIRST AID KIT IN SCHOOL

How an improvised Red Cross First Aid kit solved a serious problem in one of San Francisco's schools was told by a teacher to the Director of Instruction of the San Francisco Chapter.

"It was during recess," she said, "when one of the little girls fell and hurt her leg quite seriously. I was summoned, but freely confessed I did not know what assistance to give in case of injury. A little girl of eleven years came running forward and said if I would allow her she knew she could give proper attention to the girl who was hurt. I looked at the little tot and wondered if anyone so small could know what to do, but gave her my permission to go ahead. The girl ran into the school and quickly returned with a Red Cross First Aid kit, one which she later told me had been properly made by herself from an old tin box.

"The girl worked rapidly, apparently unconscious of the crowd that quickly gathered, and the injured one was soon able to be taken home. When the doctor called at her house he asked who dressed the wound. When told it was done by a child of eleven he remarked she must have had very good instruction, because it was first-class work in First Aid.

"I asked the girl later how it happened she knew what to do, and her reply was, 'I have taken the Red Cross First Aid course, and they taught me what to do, and you know an accident is apt to happen to any one any time, so I always carry my First Aid kit with me.'"

French children, beneficiaries of American Red Cross aid during the last three years, were enthusiastic supporters of the "Greatest Mother in the World" during the Fourth Red Cross Roll Call, according to cable advices from Paris, which indicate the French capital enrollment is far exceeding early estimates.

"Four hundred and fifty boys, students of the Oeuvre des Petits Parisiens Professional School for poor children, located at Saint Michel en Presias, Brittany, individually joined the American Red Cross as an expression of their gratitude for the organization's aid extended to the school," says the cable.

Health Center Promotes Hygiene Clubs

IX

On the whole, people enjoy health as they do the sunshine. If they have it, well and good, fortune has been kind to them; but very seldom do they ever think of that. If they do not have health, if they are ailing, the fates may have decreed it, and they often feel compensated by having another interesting subject, besides the inclemency of the weather, to discuss with their neighbors.

Youth, in response to natural instincts, plays. Young folks organize athletic teams and clubs. But later in life men and women usually burn the candle of health at both ends. They die younger than before. They, too, form teams, clubs, societies, and lodges; every kind of an organization for social, religious, political, intellectual, and philanthropic purposes. Anything but health culture. They say in fact, if not in words, "What's the use of health culture when I am in health; and when I'm sick I'll call the doctor."

The American Red Cross Health Center believes that health is as essential for the physical life as spirituality is for the religious life. It promotes and organizes, therefore, health clubs for health culture. These Health Clubs of the Health Center have for their chief aim the teaching of the essentials of personal hygiene. They are to be distinguished from athletic or physical culture clubs. Their emblem is not a figure of an Indian club crossed by a dumb-bell. Neither calisthenics nor toe-dancing have a place on their program. The every-day experiences and habits, responsibilities and opportunities are considered in their relation to the promotion of better health, or to the deterioration of physical well being.

The Health Club is developed naturally along social lines. It brings together congenial groups of people who, first of all, enjoy this experience of a weekly social hour with their own kind. While health is the chief aim of the Health Club,



Mothers availing themselves of Health Club advantages

SACRAMENTO SCHOOLS GREET HEALTH FAIRY

"She was charming and her demonstration was perfectly wonderful," was the comment from Sacramento where Miss Anne Raymond, the Health Fairy, made her first appearance in California.

"It is the best thing," said the speaker, "we have had on this coast along the line of health work."

Three thousand children were in Sacramento audiences for the demonstration. A representative group of Red Cross workers and teachers, together with the City Superintendent of Schools, met Miss Raymond in conference following the school program. The teachers were unanimous in their expression of interest and suggested that every effort be made to have parents attend the school demonstrations in the other towns included in Miss Raymond's itinerary.

Red Cross Chapters are asked to arrange the adult conferences and also to urge parents to interest themselves in the school plan.

Miss Raymond represents the Child Health Organization of America and the United States Department of Education. Her schedule for northern California includes besides Sacramento, Stockton, San Francisco, Berkeley, Oakland, San Jose, Santa Cruz, Pacific Grove, Modesto, Merced, Fresno and Bakersfield.

it is not the exclusive interest, not the beginning and the end, of all its considerations. Undue concern about one's state of health is as foreign to this pleasant social intercourse as morbid introspection is foreign to the happy spirit of cam-

aderie that pervades all its sessions. The Health Club is democratically organized. It drafts its own constitution, elects its own officers, determines upon its own membership, prepares its own program. It may be a Mother's Health Club, a New Brides' Health Club, a Young Women's Health Club, a Men's Club, or a Young Men's Club.

For example mothers are interested in the organization of Mother's Health Clubs for two reasons—one, because they are home man-

agers and, like managers of other concerns, they desire to avail themselves of the opportunity to exchange ideas with reference to their home interests and responsibilities; the other, because they feel the need for diversion from sweeping, dusting, dish-washing, and three-meals-a-day routine, and the Mother's Health Club provides such diversion. There is no greater need anywhere, from the isolated farm to the crowded tenement, than a health organization for mothers where they can learn, or be inspired, to conserve their own health, and this, first of all, through the pleasant diversion of a weekly social hour with their own kind at the Red Cross Health Center.

Health Clubs, principally for young people, have been organized under various auspices. Hiking and other healthful exercises and diversions are indulged in.

These Red Cross health workers are tackling the serious problem brought out by the draft board's physical examinations—the physical unfitness of at least a third of our people.

"Children's Teeth a Community Responsibility" is the title of a very valuable article in the November 19 number of the Public Health Reports, issued by the United States Public Health Service at the Government printing office.

HOME SERVICE SECTION

RED CROSS GIVES AID TO BONNY COLLEENS FROM EMERALD ISLE

The arrival of four bonny colleens at New York's immigration station from the Emerald Isle, tagged to proceed all the way across the continent to help solve the domestic problem in four California homes, caused no little stir in the Traveler's Aid Society. The girls had been placed in care of the society, which wired the Red Cross in Bakersfield, California, the destination of the girls, for an investigation and verification.

Today's thought is tomorrow's action, or quicker if messages are flashed by wire. The day following the arrival of the quartet in New York City, Mrs. Lillian A. Holson, Chapter secretary and Red Cross Home Service worker in Bakersfield, called upon the people to whom the workers had been assigned and obtained verification of the arrangements between employe and employer. The Traveler's Aid assisted in arranging the trip to California and the Red Cross met the girls in Bakersfield and helped to welcome them into their new home.

"Community assistance," said Miss Grace Graham, Director of the Department of Civilian Relief, Pacific Division, American Red Cross, in speaking of the incident, "is a trifling service, but one that no other agency or institution was equipped to perform. Dispensing general social information, and an active co-operation with civic programs make Home Service sections an invaluable factor in the social growth of California and fill this general need in addition to the Red Cross work for ex-service men."

That the town of Austin, Nevada, is small, but A No. 1 in the feeling of its people toward the American Red Cross, and especially the Pacific Division, is the opinion of a Division field representative who has just returned from that section.

Austin Chapter recently voted to send \$40 from the treasury to Pacific Division Headquarters to buy clothes for men in the United States Public Health Service hospitals, as they wanted the money to be at work doing good.

Austin displayed a Red Cross disaster preparedness sign in the post-office, stating that the Red Cross Chapter is always prepared to aid in emergency.

AMERICAN LEGION POSTS APPRECIATE A. R. C. FILMS

Immediate response from a number of American Legion Posts to the following letter sent out from the Department of Publicity and Speakers, Pacific Division Headquarters, San Francisco, shows that ex-service men like Red Cross pictures.

"Red Cross motion pictures have appeared on programs at a number of American Legion entertainments with great success. If your post is planning any entertainments, I shall be very glad to furnish the motion picture part of the program. The Film Library at Pacific Division Headquarters includes fifty-eight subjects, among which there are twenty-two being circulated free of rental charges. The new educational series has a charge of \$2 per reel per day of showing.

"Lists of the films with descriptive matter may be secured upon application to this department. Awaiting your reply and looking forward to giving you this Red Cross picture service."

RED CROSS SEARCHES FOR EX-SERVICE MEN

The Department of Civilian Relief, Pacific Division, is anxious to gain information from Chapters or individuals who may have come in contact with the following men who are thought to be wandering in the Pacific Division:

Hugh Flynn, alias John Edwards, 16 years of age, 5 feet 9 inches, weight 150 pounds, light brown hair, blue eyes and heavy black brows and lashes; missing from his home in Minneapolis, Minn., since September, 1920. He was traced to Jamestown, North Dakota, and on to Denver, Colorado, at which place he stated he was on his way to San Francisco to sail for Honolulu.

Bertram W. Smoot, a miner by occupation, gray eyes, brown hair, fair skin, a beneficiary of the Bureau of War Risk Insurance with a total temporary mental disability; disappeared from his mother's home, Winter Haven, Florida. He left Florida well supplied with money.

The wife and four children of Ernest Sawyer of Augusta, Maine, seek word of his whereabouts. He is by trade a papermaker, 38 years old, slight build, 5 feet 6 inches, weight 135 pounds, black hair sprinkled with gray, blue eyes and complexion of an olive tinge; index finger on left hand missing; apparently devoted to his wife and four children, all boys. Information of

NATIONAL DIRECTOR TO SPEAK AT CONFERENCE

Dr. Thomas E. Green, director of the Bureau of Speakers at National Headquarters of the American Red Cross, will be in San Francisco for the California State Conference of Social Work, February 22-26. He will address one of the sessions at the conference, using as his subject, "Holding the Outposts," a review of the work of the Red Cross Chapter and its permanency in the social structure of the community.

Dr. Green, who was one of the American Red Cross representatives in Geneva at the first meeting of the League of Red Cross Societies last March, is well known on the Pacific Coast, where he has appeared on the lecture platform at various colleges and universities as well as before general audiences.

A half-day session of the conference will be devoted to the Red Cross program, and delegates from Red Cross Chapters will be among the social work groups attending the conference.

OFFERS USE OF HOME TO REPAY RED CROSS

Evidences of inter-divisional and inter-chapter co-operation in the work performed by Home Service Sections are many, but the story of R. Reynolds of Pocatello, Idaho, a former resident of Dunsmuir, California, not only illustrates this co-operation but emphasizes the far-reaching effect of the excellent home service work of Dunsmuir Branch, Siskiyou County Chapter.

Reynolds was so appreciative of the service he had received from the Dunsmuir workers while a resident of the Siskiyou County town that in order to repay in some measure at least to the Red Cross, if not to the Chapter, he offered the hospitality of his home to a stranded family for whom Pocatello Chapter was responsible. This courtesy saved the Chapter the expense of providing for the family at an expensive hotel, the only lodging obtainable at that time.

Pocatello, Idaho, is some distance from Dunsmuir, California—speaking in terms of miles—the sincerity of Reynolds' appreciation is very near and real to the Dunsmuir branch.

the above men should be sent to the Department of Civilian Relief, Pacific Division Headquarters, American Red Cross, San Francisco, Cal.

DIRECTOR COMPILES CHART TO ILLUSTRATE A. R. C. COURSE

"The quickest way of learning is over the optic nerve," Edison's well-known quotation, incited Miss Iona Baldwin, Director of the Bureau of Instruction, Department of Nursing, Pacific Division of the American Red Cross, to illustrate the lectures on Home Hygiene and Care of the Sick given by Red Cross nurses.

Under Miss Baldwin's direction, Miss Lillian M. Howe of Pacific Division Headquarters, sketched, stenciled and mimeographed over 80 illustrations for the Red Cross course. These drawings, eight by fourteen inches, have been compiled in two parts, and are easily carried to and from schools by the nurse.

Miss Baldwin has received favorable comment on the charts from the National Director of the Bureau of Home Hygiene and Care of the Sick, who believes the illustrations will be of great value to nurses in their class work.

Fifty Red Cross nurses in the Pacific Division use these charts with more than 1,600 students at the present time taking the course.

During the fiscal year 6,000 certificates were issued by Pacific Division Headquarters to adults and young girls who completed the course and successfully passed the examinations. This is about one-third of the number who took from three to fifteen lessons, but fully one-half of the number that completed the course did not take the examination.

Thirty-eight schools in the Division have added the Red Cross Home Hygiene and Care of the Sick course as part of the regular curriculum. More than 227 students in Riverside completed the course in December; 125 in San Rafael; 86 in Sacramento, and 95 in San Diego. Students receive credits for completing the course.

Four Indian schools, three in Nevada and one in California, are receiving Red Cross Hygiene instruction.

A shirt factory in Los Angeles has an enrollment of 150 students. A Spanish speaking nurse is sent out by the Los Angeles Chapter as the instructor for those not speaking English.

Mothers taking the course, in answer to the nurses' inquiry as to its benefits, say it is of such importance that they would like to see it placed in every school so children can take advantage of it.

Nursing Activities



Nine Salinas school children, including Mexicans, Italians and Japanese.

Salinas—Two thousand two hundred school children in Salinas are under the supervision of Miss Margaret Breen, Red Cross public health nurse. She has been able to give a physical examination to every one of them.

Napa—Miss Ruth R. Porter, a graduate professional Red Cross nurse, has just been installed as a community nurse by the Napa County Chapter of the American Red Cross, with headquarters at Napa.

The scope of work to be undertaken by Miss Porter under the supervision of the Napa County Chapter will embrace city and school work and a class in home hygienics. She also will be available for emergency cases in private homes, at which time she would teach Red Cross home hygiene and care of the sick. Napa plans to establish a Health Center later.

With the establishment of similar work now effective in Sonoma and Solano counties, a Public Health Nurses' Association is being formed by the nurses in these localities.

Watsonville—Miss Alice J. Liles, public health nurse at Watsonville, reports that during the past month more than 199 school children were examined by her, and many examinations were made in homes as well. As the result of her visits children are now finding it a pleasure to brush their teeth several times each day, and are drinking more milk and eating more fresh vegetables.

Fullerton—Miss Alta B. Jenkins, Public Health Nurse at Fullerton, is giving talks to the nurses of the Fullerton Hospital on Public Health. They are receiving training by assisting the nurse weekly in her baby welfare conference at the Health Center.

Colusa—How the noonday hot lunch is gaining in popularity in schools throughout the Division is shown in the following letter from Miss Helen Kilgarriff, Red Cross nurse of Colusa:

"The hot lunch idea is spreading over the county rapidly. The kindergarten in Colusa is serving two morning meals every day. In one school just five families are represented, ten pupils in all, and each mother takes one day a week to supply the hot dish. On the day I visited, an Italian mother had sent a delicious dish of macaroni.

"Plans are now being made for the hot lunches to be established at Grimes where the Home Service Section of the Red Cross will furnish the equipment and supply a month's order of foodstuffs and milk.

PUBLIC HEALTH NURSE CO-OPERATES WITH FARM BUREAU

That Red Cross public health nurses in the Pacific Division are able to carry on intensive work by co-operating with the Demonstration Agent of the Home Department of the Farm Bureau, is the opinion of Miss Naomi Moore, Red Cross Public Health Nurse at Redding, who has written to Division Headquarters as follows:

"The many nurses in the rural communities could gain a great deal of valuable information by getting in touch with the Demonstration Agent of the Farm Bureau. The agent will gladly co-operate with the nurses in advancing educational health work or assist in overcoming other seemingly insurmountable difficulties.

"In many cases the Demonstration Agent and I have taken trips about the country together, and have combined our meetings in one. At meetings where we give a demonstration of child feeding I do the weighing and measuring and give the tests as in all of the schools, and the agent gives the diets and tests of that nature.

"A short time ago the Demonstration Agent talked to the mothers, giving a brief food survey, and mothers were given suggestions as to diet for the school child. I sent a little card with printed menus to each mother, arranged in a convenient form to hang in the kitchen. We hope to be able to use one particular school in the community as a model for others to follow."

NINE HEALTH FILMS AT HEADQUARTERS

There are nine special Red Cross health films in the library at Pacific Division Headquarters. Six of the films rent for \$2 per reel per day of showing, and the remainder are free. Included in the free list are "Motherhood," "The Making of a Nurse," "Winning Her Way." The pay films are "An Equal Chance," "Before the Doctor Comes," "Come Clean," "Every Woman's Problem," "Mrs. Brown vs. the High Cost of Living," and "In Florence Nightingale's Footsteps."

These films are especially popular at club meetings, churches, welfare conferences and recreational centers.

There are 24 other educational films at Division Headquarters that may be booked upon application to the Department of Publicity and Speakers.

Serves

the fighting man in army, navy, camp and hospital — remembers the ex-service man.

Your Red Cross Membership makes it possible

The American Red Cross Pacific Division Activities

Protects

the home in time of disaster; saves babies; teaches mothers; serves the community.

Your Red Cross Membership makes it possible

Vol. III

FEBRUARY 15, 1921

No. 15

RED CROSS VOLUNTEER SERVICE GIVES RECOGNITION TO WORKERS

WELL KNOWN DIRECTOR HEADS NEW DEPARTMENT

Miss Kathleen Booth, who has been identified with Red Cross work in the Pacific Division since the establishment of the Bureau of Salvage and Shop has been made division director of Auxiliary Service. Miss Booth is well known in Pacific Division territory through her activity in the Salvage and Shop work, which, through her interest, has been given national standing. She is a member of the national advisory committee for Salvage and Shop, of which bureau she is division director.

Announcement of Auxiliary Service as a feature of Red Cross chapter organization has been made to all chapters in the Pacific Division since the issuance of the January number of the division magazine. The manager's letter makes it clear that Auxiliary Service is not a departure but rather a recognition by the American Red Cross of work that is already being done in chapter jurisdiction by both chapter and allied organization workers.

The scope of the organization, its connection with existing committees and the way in which recognition is given individuals are described in the letters to chapter chairmen from Division Manager George Filmer and the newly appointed director, Miss Booth.

Manager's Letter

Service from large numbers of volunteer workers has been an outstanding characteristic of the American Red Cross. The ability to continue to interest, train and use them is essential to the success of the peace-time program. Taking this into consideration, the National Headquarters has instituted Auxiliary Service which will embrace all forms of volunteer service in the chapters.

Auxiliary Service is not another project for Red Cross chapters to

undertake. It aims to build up around all Red Cross activities a substantial group of volunteer assistants and to give them a status, a sense that they belong to and are contributing materially towards the success of the peace-time program of the Red Cross. Among the activities suggested are:

Production for foreign relief, for military, naval and public health hospitals; for local hospitals, health centers and clinics; for supplies for the nurses' loan closet, emergency closet; for garments sold in Red Cross shops, and for Junior Red Cross work.

Salvage and Shop, or conservation, including the collection of old clothes and making them over for sale in the Red Cross Shops or for use by the nurse or the Home Service secretary; teaching women to make garments for their own families from new and old material.

Motor service to assist visiting nurses and Home Service secretaries, to give pleasure rides to shut-ins or invalids, to collect material for Salvage and Shop.

Canteen Service for emergencies, to prepare delicacies for the sick, to assist with social lunches.

Clerical service in connection with various chapter activities, including registration of volunteers.

Red Cross aids to assist in Home Service, health centers and other chapter activities.

Two Groups

These activities may be divided into two groups: Those in which the Red Cross aids will assist the chapter executives, such as the nurse, home service secretary, executive secretary, the chairman of Salvage and Shop, to carry on their work, and those which are carried on by independent groups of volunteers. Both forms are important and should be developed in the chapter when possible.

To help local people to feel that they are still a part of the Red Cross and that it still needs their services is one of the big phases of this work.

Miss Kathleen Booth has been appointed Director of Auxiliary Service, and will within a short time send you suggestions of how to start the

W. FRANK PERSONS NOW VICE-CHAIRMAN A. R. C.



W. Frank Persons, Vice-Chairman of the American Red Cross in charge of domestic operations

W. Frank Persons has been appointed vice-chairman of the American Red Cross in charge of domestic operations. This position is second to that of Dr. Livingston Farrand, chairman of the Central Committee, and supersedes that of general manager.

The office of general manager has been discontinued in the reorganization plan of the national society and its duties are being placed in the hands of the vice-chairman.

Other changes in the adjustment of the American Red Cross in its transition from a war to a peace-time basis include the adoption of a line and staff form of organization; the grouping together of all activities growing out of the World War; a reduction in the number of division offices as soon as practicable.

No details with regard to the reduction in the number of divisions

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SERVICE IS STIMULUS

(Continued from page 1, col 2)

work and how best to carry out the plans formulated by National Headquarters.

We sincerely hope that every chapter will co-operate to the fullest success in the Pacific Division, and that you will see the need for volunteer service, thus stimulating renewed interest among the personnel of your chapter.

Director's Letter

Auxiliary Service, or Volunteer Service, the latest phase of Red Cross activity to be developed, does not necessarily interfere with nor change existing conditions in the chapter, in fact, in many chapters in the Pacific Division Auxiliary Service is already in existence in an unorganized form, and it is the hope of National Headquarters that through Auxiliary Service the volunteers of your chapter will be brought into closer touch with the Red Cross. In other divisions where Auxiliary Service has been thoroughly tried out, it has been found to be a decided factor in bringing back into the organization many volunteers who, while interested in Red Cross work, had nothing definite to do.

Activities Benefited

Through Colonel Filmer's letter you have learned that there are certain definite Red Cross activities which will be benefited through Auxiliary Service. The complete list of these activities as suggested by National Headquarters is:

Canteen Service, Clerical Service, Dietetics, Disaster Preparedness, First Aid, Health Service, Home Hygiene, Home Service, Junior Red Cross, Life Saving, Motor Service, Nursing Service, Production, Garments (Salvage and Shop), Layettes (Hospital and Refugee), Knitting, Surgical Dressings, Publicity, Roll Call, Salvage and Shop, Speakers' Bureau, Ward Visiting.

The volunteers who undertake these activities shall be known as Red Cross aids. In order to live up in the fullest sense to the word aid, a Red Cross aid must:

Pledge of Red Cross Aid

1. Pledge to give a minimum service to the Red Cross of 200 hours a year. This is based on four hours or one-half day a week for fifty weeks. Upon the number of pledges made the chairman of Auxiliary Service should plan the amount of volunteer service upon which the chapter can depend.

Many Red Cross aids will give much more service than the minimum required, but for the present it is not planned to make any distinction, the extra service being considered as increasing the effi-

ciency of the chapter. The service of those who can give less than 200 hours a year is always welcome, the privilege to work for the Red Cross being included in their membership. If they later wish to become Red Cross aids, service from the time of registration will be credited to them.

It is preferable that Red Cross aids pledge themselves to regular service; for example, one-half day a week or a whole day ever other week. Sewing at home upon garments, layettes, etc., counts towards the 200 hours, as does assignment to any of the Auxiliary Service activities.

2. A Red Cross aid must conform to the standard of training required for the particular service to which the pledge is given, and must receive and carry out the assignment and service according to Auxiliary Service regulations.

A Red Cross aid may enroll in the Reserve for service during disaster, great emergency and special service, such as roll call. The need for services of the Reserve will be determined by the chapter executive committee. Registering in Reserve service does not entitle a Red Cross aid to Auxiliary Service pin, but service rendered by Red Cross aids when called from the Reserve may be counted towards the 200-hour pledge of service.

Uniform and Pin

Auxiliary Service pins may be worn by Red Cross Aids who have pledged 200 hours of service a year and who agree to conform with Auxiliary Service qualifications and regulations.

Red Cross aids in Auxiliary Service may wear a simple indoor uniform of apron type with the head-dress, but only while on duty. Outdoor uniforms for Auxiliary Service are not authorized, though an exception may later be made in case of motor service.

It will be necessary to appoint a chairman of Auxiliary Service in your chapter who will organize the work in the chapter and branches. This chairman of Auxiliary Service should be elected a member of the executive committee. She should, if possible, have been engaged in wartime volunteer activities, but should not be so interested in one branch as to be likely to over-emphasize it. In large chapters leaders of particular forms of activities may serve upon the Auxiliary Service committee. The organization will differ in various chapters according to the scope of volunteer work.

May I hear from you regarding your views on the establishment of Auxiliary Service in your chapter? Keep always in mind that we do not intend to rush into this as a whole, but to let it grow gradually as the organization is perfected. We hope you will be sufficiently interested to give this matter your very good attention.

IN MEMORIAM

Dr. Frances M. Greene

The death of Dr. Frances M. Greene, which occurred February 8, 1921, means a great loss to the Red Cross as well as to all Social Service agencies in California.

Dr. Greene's appointment as Supervisor of Field Work in the Community Workers' Training course at the University of California was a contribution from the Pacific Division of the American Red Cross to the California field of Social Service. As supervisor she gave personal oversight to the students working in the social agencies for practical experience in family work.

Dr. Greene brought to her task a warm sympathy, broad vision and a remarkable freshness of outlook on the problem of preparing social workers for the future in the field of public welfare. Those who knew her personally, as well as in the capacity of a co-worker, doubly feel her loss.

MANAGERS STUDY PLAN

(Continued from page 1, col 3)

were announced in the communication from national headquarters, but it is understood that steps will be taken to that end as soon as a study of the situation can be completed.

Filmer at Conference

George Filmer, Manager of the Pacific Division, is now (as this magazine goes to press) at National Headquarters of the American Red Cross in Washington, where he was called in for a conference of division managers February 10. The conference is for the purpose of determining division and national policies under the reorganization plan.

No definite announcement has been made from the office in Washington. Details of the outcome of the managers' session will be sent to all chapters in the Pacific Division immediately upon Manager Filmer's return about February 22.

Persons, who will have jurisdiction of all matters concerned with the operation of the Red Cross in this country, served during the war as Director General of Civilian Relief. He later went to Geneva as director of the Department of Development in the League of Red Cross Societies. He brings to the Red Cross a wide knowledge not only of the organization, but of the problems with which its peace-time program is concerned.

Health Center Opened at Tucson: Exemplifies Strong Team Work



Well arranged Public Health Center in Tucson, Arizona. Insert—Window the opening day

The official opening of the Red Cross health center at Tucson, Ariz., was held January 11-12. The center provides headquarters for the clinics and nurse of the Anti-Tuberculosis Association, office space for the work of the Associated Charities, as well as the educational and informational health service which is the Red Cross Chapter's contribution to a nation-wide campaign for building up the vitality of the American people. Community interest in this undertaking was evidenced on every side.

Under the direct supervision of the art teacher in the schools, the Juniors made the educational posters that hang over the literature table. The posters serve a two-fold purpose. They tell a health story, are artistic, striking and concise, and call attention to the literature on the shelves.

Juniors in the High School were so eager to do this service for the Red Cross that some of the posters, which were unfinished, were taken home by students during their vacation period to be completed.

Steinfeldt's, the big dry goods store, lent generously of the stock of baby clothes for an exhibit; a class of grammar school children illustrated the right way to care for the teeth in a toothbrush drill; the Spanish newspaper donated the services of one of its staff to correct

the Spanish on the posters used during the reception to Spanish speaking residents.

Talks were given by Dr. H. W. Fenner, Red Cross chapter chairman, and other prominent community workers.

Miss Rosetti Barbour and Miss Jeanette Byers are the nurses in regular attendance at the center.

Concerning the exterior of the Center at the time of the official opening, Miss Luella Erion, Red Cross public health nurse, has written the following to Division Headquarters:

"Both windows were really beautiful. Miss Barbour made a big clock and strung ribbons from it to articles in the windows; 6, 9, 12, 3, being connected with the bottle and also with a picture of a mother nursing her baby. A sign in English and Spanish saying 'Never' was connected with a pacifier and an old-fashioned nursing bottle with a tube. The other window showed an exhibit from the Pacific Division which emphasized the relation between clean milk and good health."

Red Cross chapters in the Pacific Division have been notified that their reports on the annual meeting with lists of the officers elected are due. Chapters whose reports are not yet filed are urged to give the matter early attention.

FEDERAL SCHOOL SURVEY SHOWS HEALTH CENTER OPPORTUNITY X

In the light of authoritative statements in the Federal survey given below, it will be evident that the American Red Cross Health Center everywhere has a great opportunity as well as a grave responsibility in endeavoring to improve the physical condition of our young children, at least until the schools and other official health agencies undertake this work more generally and more effectively than they do today.

Recently the United States Bureau of Education made a study of four thousand schools in the United States with reference to health instruction in the schools. It was found that fifty-eight per cent of the teachers gave some health instruction, that thirty-two per cent of these schools use some health text book or some sort of classroom instruction in health matters, and that less than two per cent had medical inspection.

The same bureau published the following facts with reference to the physical conditions of the children in the United States:

At least five per cent—1,000,000 children in the United States have now or have had tuberculosis.

Five per cent—1,000,000 of them—have defective hearing.

Twenty-five per cent—5,000,000 of these school children have defective eyes.

Fifteen to twenty-five per cent—3,000,000 to 5,000,000 of them are suffering from malnutrition.

Fifteen to twenty-five per cent—3,000,000 to 5,000,000 have adenoids, dislocated tonsils or other glandular defects.

From ten to twenty per cent—2,000,000 to 4,000,000 have weak foot arches, weak spines or other joint defects.

From fifty to seventy-five per cent—10,000,000 to 16,000,000 of our school children have defective teeth.

Seventy-five per cent—16,000,000 of our school children have physical defects which are potentially or actually detrimental to health.

The American Red Cross Health Center works with children as well as for children in regard to their health. It works both ways—through the parent for the child, and with the child, to interest the child and to reach the parent. Unlike school attendance, the attendance at any of the Health Center activities is entirely voluntary and the result of a natural interest that is kept alive largely through play or play-work. The Little Mothers' League and the Health Playlet have been described in previous articles of this

(Continued on page 5, col. 3)



The American Red Cross ARIZONA-CALIFORNIA-NEVADA

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Telephone Park 4391

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CHAPTER WORKERS URGED TO VISIT HEADQUARTERS

Pacific Division Headquarters of the American Red Cross is now established in the new location at the Civic Center, San Francisco. The entrance to the Division offices is at the corner of Hyde and McAllister Streets.

Chapter officials and Red Cross workers in all three States—California, Nevada and Arizona—who visit San Francisco are urged by the Division Manager, Colonel George Filmer, to make the Division Headquarters their headquarters while in the city. The same courtesies which have become a part of the atmosphere of the present establishment will be extended in the new home. Added interest will arise through the artistic and educational advantage of being in San Francisco's Civic Center—the home of the Exposition Auditorium, the library, the city and county offices.

The visitors' desk and reception room are featured in the Red Cross building and the Division Manager, the heads of the several departments, all desire to continue an even closer contact with Chapter officials through their visits to the Division offices. Mail can be directed to the Division offices for visitors who are not certain of their hotel address while in San Francisco. Stenographic and telephone services are always available to Red Cross visitors.

Six tons of American yarn, the largest shipment of the kind ever taken in a single consignment into Hungary, has reached Budapest.

CHAPTER POLICY CLEAR, GIVES LATITUDE IN DETAIL

Chapter delegates throughout the United States, participating in the annual conference at National Headquarters of the American Red Cross, discussed policies to be pursued by the chapters in the administration of the peace-time program of the Red Cross at home.

Dr. Livingston Farrand, chairman of the Central Committee, in a welcoming speech to the delegates emphasized the fact that chapters will be given latitude in adapting the program to local conditions. He said in part:

"The main point and function of the Central Headquarters of the Red Cross is to lay down those policies that are directed by the governing body of the Red Cross which is charged by the chapter, and by you, before formulating those broad policies of the Red Cross, not to direct the detailed application of those policies in the chapter.

"Now, as a rule, that does not mean the issuance of direction to Chapters as to things that shall be done. It means the statement of those things that may be done within the limits of Red Cross responsibility. It means necessarily the occasional statement of certain things that cannot be done simply because the doing of such things might be contrary to Red Cross policy, as conceived by the Central Committee; by stating that there are certain things that cannot be done in the name of the Red Cross. That is a very different thing from stating that there are things that must be done."

Indicating the practicability of leaving entirely within the Chapter's province the decision as to which phase or phases of the peace program of the Red Cross can result most beneficially to any community, Dr. Farrand said:

"I know nothing that must be done by any Chapter of the American Red Cross if such Chapter in its wisdom decides that such action would not be in the best interests of the Chapter or the community it represents."

San Francisco Chapter has had 533 women and girls under instruction in the home hygiene classes since June, 1920, according to a report made at the January meeting by Miss Julia Hinkle, supervisor of the chapter educational department.

GOOD WISHES FOLLOW MR. FREDERICK C. MUNROE

Frederick C. Munroe, general manager of the American Red Cross, resigned, in leaving his high position at national headquarters, carries with him the good wishes of division and chapter officials in the Pacific Division as well as all others in the United States whose acquaintance he made during his term of office.

In commenting upon his resignation, the National Bulletin said:

"Frederick C. Munroe, who has resigned the position of general manager of the American Red Cross for reasons stated in his letter to Dr. Farrand, will leave the Red Cross organization to the sincere regret of all who have been associated with him in Service. His heart has ever been in the work to which the American Red Cross is dedicated and he surrenders the completed labors of the exacting place he has occupied from the beginning of the war-peace transition period with his colleagues' fullest appreciation of his faithful efforts and with their high personal esteem.

"In voicing this appreciation and esteem 'The Bulletin' feels that it speaks not only for the headquarters staff but for the various division staffs and for all the workers in the field who have been brought in contact with Mr. Munroe in the common cause. And it likewise assumes to speak for all his Red Cross acquaintances in wishing him success and happiness in whatever field of duty he embarks at the conclusion of his special mission to Europe."

MISS BRADFORD POPULAR

Miss Flora L. Bradford, special Red Cross representative from Pacific Division Headquarters, speaker from the Departments of Nursing and Publicity and Speakers, had twenty audiences in Los Angeles during the first twenty-one days in January. She gave instructive talks on the Red Cross peace-time program, promoting interest in Red Cross classes in home hygiene and care of the sick.

Her audiences were chiefly schools, colleges and churches, and averaged from 300 to 1500 persons in each assembly. Red Cross chapters and outside organizations wishing a Red Cross speaker are invited to communicate with the Division Department of Publicity and Speakers.

WOMEN AT SAN QUENTIN TO SEW FOR RED CROSS

Miss Kathleen Booth, Director of Salvage and Shop, recently spoke before the Women's Department of the California State Prison at San Quentin. She told of Red Cross work in general and showed several reconstructed garments in which the women were most interested. At the conclusion of the afternoon Miss Booth was requested to write to Warden J. A. Johnston asking if the women could again take up their Red Cross work which was stopped at the signing of the armistice.

No goods which are to be sold can be made in the prison for the Red Cross, but arrangements are being made under which the women can co-operate with auxiliary service in making articles that will furnish comfort to ex-service men in the hospitals.

MINING TOWNS TO WORK FOR SALVAGE AND SHOP

An unusual and novel plan for carrying on Red Cross Salvage and Shop work in the rugged Bret Harte country, without an actual shop in the community, has been worked out at Pacific Division Headquarters by the Director of the Bureau of Salvage and Shop.

The little mountain mining towns of Angels, Sutter Creek and Jackson are all anxious to open Red Cross shops but find no local markets. The present plan calls for the formation of sewing bees among the workers of the communities. They will meet once a week, articles will be remodelled and sent to Division Headquarters on a fifty-fifty basis, half of the funds to be spent for work in the home communities.

Activities of the shop, all but the sales, will be carried on in practically the same way as they are in the established city organizations.

All donations of clothing or materials will be renovated, made over and generally rejuvenated, the income from the sales being clear profit for the Red Cross.

RENO OPENS SHOP

Reno, Nevada, is one of the recent Red Cross chapters in the Pacific Division to open a Salvage and Shop department. The business men of Reno have become interested in the work, which was started January 5. Receipts for the first month totaled \$300.

A committee of women from various organizations is taking charge of the shop.

DIRECTOR OF S. & S. BUREAU SPENDS HALF DAY IN SAN DIEGO SHOP

"If anyone should venture the idea that the Red Cross spirit is dead, the best cure would be an hour or two spent in a Red Cross shop," is the opinion of Miss Kathleen Booth, Director of the Bureau of Salvage and Shop, Pacific Division Headquarters, who has just returned from a tour of the shops in southern California. Miss Booth tells of her personal experience as a saleswoman in the San Diego Salvage and Shop.

"The particular day I spent in the shop was dark and overcast, a most unusual occurrence in sunny San Diego, but there was hardly a moment when there were not from two to a dozen customers.

"One of the earliest was a woman who wanted trimming for her 'new spring bonnet.' 'Not that I am going to wear it now,' she explained, 'but I bought the hat in the Red Cross Shop and I believe in getting it ready early.' She found two large beaded hatpins for ten cents each and went away delighted with her purchases, saying, 'I couldn't have had a new hat if it had not been for the Red Cross Shop.'

"An old man with but one leg hobbled in on crutches and looked for a suit of clothes. Although the stock was thoroughly gone over none could be found to fit him. Carefully balancing himself on one crutch while he tried them on he finally secured a coat and vest which were satisfactory. For these he paid \$1.50. He changed the things in the pockets of the old coat to the pockets in the new and then held his old garments to me, saying, 'I would like to give my old coat to the Red Cross. I am very poor and a cripple and have never been able to do much for the Red Cross, but I'd like to give my old coat. Maybe some fellow poorer than I can buy it for 50 cents.'

"A little woman brought into the shop two lovely blue and white quilts. She said, 'When you spoke to us here in September you told us what other chapters had done by having quilting parties for their Red Cross shop. One day I asked a number of friends to spend the afternoon with me, and instead of playing cards as was our usual custom we made these quilts.'

"This shop," says Miss Booth, "is not only a big thing from a financial standpoint, but from the social service work it is doing."

SHOP DEMONSTRATES ITS USEFULNESS

At a recent informal tea given by Red Cross workers in the Red Cross shop in Phoenix, Arizona, a firsthand view of the wearable things and novelties found in the shop and an inspection of the fumigating plant served as a revelation to the many outsiders, who previously had not fully grasped the big business of Red Cross Salvage and Shop.

A pathetic instance of the shop's usefulness was recently demonstrated in this chapter when a little old man wandered in and picked up an odd sock for which he paid five cents. He said he had one good sock at home, and now had a nice warm, comfortable pair.

HEALTH HOUR INSTRUCTS

(Continued from page 3, col 3)

series as activities that naturally interest the child. The Children's Health Hour is equally interesting.

Most people are familiar with the Children's Story Hour conducted by social settlements and libraries. In the smaller communities and in neighborhoods of larger cities where children cannot or do not attend such story hours, the Health Center avails itself of the special opportunity for organizing a Children's Health Hour. There are many pleasing and instructive children's stories with health as their chief motif that are told at the Children's Health Hour.

Health habits are encouraged through play exercises. For example, two rows of children are lined up in the middle of the room for a dancing game. Then they are told that one row represents an upper row of teeth and the other a lower row of teeth. The Health Hour leader has the "bad teeth" to drop out and to stand against the wall. These "bad teeth" are selected by being counted off:

"Eenie, meenie, minie, mo,
To the dentist you must go."

Then, to music, the row approach each other. Some of the children representing good teeth find themselves without partners who are the bad teeth standing against the wall. The rows step back to their former positions, the good teeth lead the bad teeth between the rows to the dentist, which is some designated place in the room, and return with them when the dance goes on.

RED CROSS SEEKS TO LOCATE EIGHT EX-SERVICE MEN

Do any Red Cross chapters in the Pacific Division know the addresses of the following ex-service men? Information should be sent to the Department of Civilian Relief, Pacific Division Headquarters:

	Serial No.
John Saunders	290332
Frank Skidmore	6039728
James B. Locke	557093
William A. Olsen	820048
Fay Winsor	506639
Thomas J. Martin	3651798
Lloyd F. Swortfiguer	681758
Howard W. Engle	2371530

As a result of Civilian Relief Bulletin No. 118 on the inadvisability of holding ex-service men's discharge papers, several discharge papers have been sent by chapters to Division Headquarters.

The Civilian Relief Department is anxious to trace the men to whom these discharges belong rather than return the papers to the Adjutant General. Chapters holding discharges have tried in each case to find the owners, but without success.

ARIZONA TOWN FINDS RED CROSS SPIRIT PRACTICAL

In the little Red Cross Branch at Superior, Arizona, dwells the spirit of helpfulness, with its Red Cross slogan, "Health for the sick and work for the jobless," always in the fore.

This little town lies in the midst of desert country, sixty-five miles from Phoenix, and is the small commercial center for a copper mining district. The population is 2500, 75 per cent Mexican born. The town spreads out over the face of the mountain side and has connection with the outside world by one daily train and a stage line. Phoenix is a six-hour ride away.

Here the Red Cross has practically finished with its work for the ex-service men, but the Red Cross spirit is paramount in the minds and hearts of the workers, and their attention is turned to the needs of the local people, who are handicapped by unemployment or sickness. Tubercular sufferers drift sometimes even to this part of Arizona; miners' families fall into distress through accident or sickness and many of the Mexicans need care and attention. Garments are made by the branch members and relief work is intelligently handled.

Corcoran Is Active

That the Red Cross workers in the branch at Corcoran, California,

CLAIM PAPERS SHOULD BE FILLED OUT CAREFULLY

"Additional affidavits and other papers concerning ex-service men's compensation and insurance claims are being sent to Red Cross Division and Government bureaus without statement as to man's service organization, compensation claim number or other identifying evidence to connect these papers with the man's record in the Bureau of War Risk Insurance.

"Will chapters please remember to continue to put man's former rank, company, regiment, serial number, and, where possible, compensation or insurance claim number on all communications?"

GRACE GRAHAM,
Director of Civilian Relief.

are keenly interested in the growth of the work in that small community is shown in the following report from a Red Cross field representative who recently visited Corcoran:

"The chapter executive committee members are all interested Red Cross workers. Roll call this year secured more members than last. The committee is considering furnishing and maintaining a Red Cross room in the Community Center building to be built by the Woman's Club. The room is to be planned so that in addition to being the headquarters for the Red Cross activities, it may serve as a rest room for the country people who come into town to do their purchasing, driving many miles over bad roads oftentimes in order to reach this trading center."

Relief work for this district is done by the Red Cross. The branch is now caring for two children, a brother and sister, who were both threatened by blindness. Expert care could not be procured locally so the children are now being taken regularly to a hospital in Fresno for treatment. All expenses except the physician's care, which is free, are borne by the Corcoran branch of the Red Cross. Both children are responding to the treatment.

Miss Grace Graham, director of the Department of Civilian Relief, Pacific Division, American Red Cross, urges all branches desiring to enter the field of social service, where there is no other agency doing this work, to write to division headquarters for approval, providing that the chapter which has jurisdiction over the branch gives permission for this independent action on the part of its branch.

Official A. R. C. Bulletin

Serial No. 50, issued January 25, 1921 (Department of Civilian Relief, Bulletin No. 118).

Subject: Discharge certificates held as security for loans.

Information has been received at National Headquarters to the effect that original discharge certificates have been accepted, and in some cases demanded, as security for loans made by Home Service Sections to ex-service men.

Such action on the part of Red Cross agencies is not in accord with our general policy, and Home Service Sections holding such discharge certificates as collateral are urgently requested to return the same to the owners. These invaluable documents should be in the possession of the men. The War Department contemplates a campaign at an early date to apprehend draft deserters, and it is especially important at this time that ex-service men have their discharge certificates available. Also, when an ex-service man applies for work the discharge paper is naturally demanded by any prospective employer and the man's claim of service doubted if he cannot produce this.

In order to expedite the return of these papers to the men, will Home Service Sections immediately:

(a) Return these discharge papers by registered mail to the owner if they know definitely where he is located, and get from him a receipt for the same, even though the loan which they covered is not repaid either in part or in full.

(b) If the Home Service Section holding the papers has lost track of the man, please send these discharge papers to the undersigned by registered mail, together with any clues you may have as to the man's whereabouts. In this way the Division Office will probably be able to trace the man, and if not traceable the papers can be returned to the War Department and forwarded to the man, or his next of kin, according to their records.

Unless this procedure is followed there will be many men who will suffer much inconvenience and possibly a good deal of ignominy on this account.

You are advised that these papers are not property in the ordinary sense of the word, but are in fact Government documents issued to the man for the sole purpose of identifying his military record.

Sixth Public Health Hospital in Division Opens at Camp Kearny



Convalescent house at Camp Kearny, California, during the war. Is now operating for the United States Public Health Service Hospital

"The Red Cross is far from finished with its obligation to ex-service men; it would seem indeed as though it were merely beginning," is the comment of Miss Hilda Steinhart, Supervisor of Hospital Service, Pacific Division of the American Red Cross, who made a recent visit to the new United States Public Health Service Hospital opened at Camp Kearny.

"The number of ex-service men applying for hospital care daily increases, and through the courtesy of Red Cross chapters and outsiders who in the past have been so thoughtful in bringing cheer to the boys in the five other public service hospitals in the division, we hope to be able to do big things in the new hospital at Camp Kearny," said Miss Steinhart.

Camp Kearny at San Diego, the sixth United States Public Health Service Hospital in the Pacific Division, was opened for the reception of patients January 3. This practically gives the Pacific Division the largest hospitalization of any division.

"The hospital," said Miss Steinhart, "will have 700 beds. It was built during the war, and has now been completely renovated. It is beautifully situated about eighteen miles from San Diego, just far enough from town to keep the patients away from city life and at the same time not too isolated. The buildings are all to be painted gray with green roofs and shutters, which give it a bright and cheerful appearance. In no hospital do I think more could be done for the comfort of the patients. The mess hall is attrac-

tively decorated in gray and blue with blue furniture to match. Flowers appear on every table. In California, alone, no doubt this is possible, especially at this time of the year, but flowers do give the home-like touch which seems to be the keynote of the whole hospital."

Frank H. Marshall, who has been with the Red Cross since the first days of the war, has charge of the Red Cross work at the United States Public Health Service Hospital at Camp Kearny. He is assisted by an efficient staff that works in close harmony with the medical officer in charge. "The medical officer's interest," said Miss Steinhart, "is most gratifying; it means so much in starting our new work. Every request to him has been honored, and we feel like one big family."

The other five United States Public Health Service Hospitals in the Division are: Arrowhead, Arrowhead; Marine Hospital, San Francisco; Palo Alto Hospital, Palo Alto, in California; and Tucson Hospital, Tucson, and Whipple Barracks at Prescott, Arizona.

CHAPTERS SEND MONEY FOR MEN IN HOSPITALS

Sixty chapters in the Pacific Division are sending money to purchase clothing, or clothing itself, for ex-service men in the six United States Public Health Service Hospitals, whose compensation has been delayed.

From \$15 to \$125 is donated each month by individual chapters. In cases where money is not sent, chapters operating a Salvage and Shop department send clothing.

PUBLIC HEALTH NURSES CAN OBTAIN DOCUMENTS

Publications and posters of interest to public health nurses and others in communities where public health nursing is being done or is contemplated can be obtained from the following addresses:

National Child Welfare Association, 70 Fifth Avenue, New York City.

Bureau of Child Hygiene, State Board of Health, Market Street, San Francisco.

American Posture League, 1 Madison Avenue, New York City.

Sally Lucas Jean, National Educational Association, New York City.

Metropolitan Life Insurance Company, Metropolitan Building, New York City.

Educational Exhibit Company, Providence, R. I.

Russell Sage Foundation, New York City.

California State Board of Health, Bureau of Vital Statistics, Sacramento.

Delincator Company, Butterick Building, New York City.

General Health Laws, State Board of Health, Sacramento.

Laws of Women and Children, State Library, Sacramento.

Mead, Wheeler and Company, Chicago, Ill. (Records).

Department of the Interior, Bureau of Education, Washington.

Oregon Tuberculosis Association, 1010 Selling Building, Portland, Ore.

American Social Hygiene Association, 105 West Fortieth Street, New York City.

Children's Bureau, Department of Labor, Washington. (Motion pictures on Child Welfare.)

Department of Publications, U. S. Public Health Service, Washington. (Lantern Slides on Health.)

Department of Agriculture, Washington. (Farmers' Bulletins.)

Child Health Organization, 156 Fifth Avenue, New York City.

National Tuberculosis Association, 381 Fourth Avenue, New York City. (Literature and Playlets.)

American School Hygiene Association, Harry B. Burns, M. D., secretary, 1101 Fulton Building, Pittsburgh, Pa. (School Child's Health.)

DIRECTOR APPRECIATES RESPONSE TO GREETINGS

All Red Cross nurses in the Pacific Division are included in a greeting from Miss Elizabeth G. Fox, Director of the Red Cross Bureau of Public Health Nursing, National Headquarters, in response to 1000 New Year's letters.

In writing to Miss Mary L. Cole, director of the bureau at Pacific Division Headquarters, Miss Fox said:

"It has made me very happy to receive from the nurses in the field so many acknowledgments of my New Year's letter. I should like to send a personal word of appreciation to each one of them, but I am sure they will understand how impossible this would be."

NEVADA IS ENTHUSIASTIC OVER PUBLIC HEALTH PROGRAM

Mrs. Nancy R. Gaines, Red Cross Field Supervisor of the Public Health Bureau, who has returned from an extended trip through Nevada, reports an enthusiastic reception of the splendid public health program which will be developed in that state within the next few months. "The work of the public health nurse and her classes in home hygiene in the high schools and rural districts will be a big asset in developing the health program," said Mrs. Gaines.

Ely is patiently waiting for a nurse and Winnemucca and Sparks are also in line. Lovelock and Elko Chapters are perfecting plans by which they will co-operate with the school boards and the Nevada Public Health Association in financing a nurse for their respective counties.

In company with Mrs. Martha Davis, Executive Secretary of the Nevada Public Health Association, Mrs. Gaines visited Carson City, where plans for promoting public health work received the approval of both the state and county officials.

Ormsby, Storey and Douglas counties are enthusiastic over the prospect of having a public health nurse to take charge of the schools in their territory—the high school principals especially looking forward to her as a health teacher.

Miss Adelaide Brown, public health nurse at McGill, has organized a mothers' club and with the Red Cross the club furnishes lunches to underweight pupils. Satisfaction was voiced by parents whose children had reached a higher standard of vitality after even a short period of this demonstration of milk as a proper food. Their attendance for the past month had been 95 per cent, the highest ever reached by this school. A dental chair was taken to the school house and a local dentist with one assistant examined the teeth of 360 pupils and 184 extractions were made.

Miss Elizabeth Seldon, Public Health Nurse in Fallon, is working throughout Churchill County in co-operation with the demonstrating agent of Home Department of the Farm Bureau and the district superintendent of schools. A health center has been established on the balcony of one of the largest department stores of Fallon through the courtesy of B. C. Archer of the Grey-Reid-Wright Company.

Nursing Activities



Boys under the supervision of Miss Adelaide Brown, McGill, Nev. They are proud of their pompadour

McGill—Miss Adelaide Brown, Public Health nurse, has 355 pupils under her supervision, and until she definitely made regular visits to the schools weighing, measuring and advising the children as to their proper diets, more than 111 of them were definitely 10 per cent underweight. The pupils have become interested in her health talks and try hard to keep their hands and faces clean. The boys aspire to a correct pompadour.

Santa Rosa—Miss Myrtle Sacry, Red Cross nurse, in making her yearly report to the executive committee of the Santa Rosa Chapter of the Red Cross, has tabulated 1343 nursing visits. In her work she has visited 111 tuberculosis cases as acting county health officer and has handled 484 cases. Her report in detail follows: Number of cases, 484; nursing visits, 1343; parental visits, 51; T. B. visits, 111; child welfare, 89; influenza visits, 584; school children examined, 585; babies examined at clinics, 484; psychological examinations, 50; metropolitan cases, 14; special rates to school children secured for surgical work, 10.

Maricopa, Ariz.—Three hundred and ten calls, an average of more than ten a day, were made during the past month by the Misses Etelka and Yolande Weiss, Red Cross Public Health nurses.

Eureka—During the past month Miss Alma Karlson, Red Cross Public Health nurse, has examined 934 children in the school rooms from the viewpoint of the general state of their health. Notices of defects were sent to the parents. Where the parents were unable to afford the proper treatment the county physician was called upon. If the parents were deliberately neglectful, the children were placed in the care of the Red Cross or the county physician.

Pescadero—The Public Health Center is co-operating with the Parent-Teacher Association and trustees of the grammar school in promoting the efficiency of the children by adequate health supervision.

Suisun-Fairfield—Miss Lucy J. Howatt has been appointed Red Cross Public Health nurse in Suisun-Fairfield for one year. She recently made arrangements to have fourteen children receive tonsil and adenoid operations. She obtained permission from the board of supervisors to use the operating room at the county hospital and the Red Cross Chapter appointed a committee which gave valuable assistance.

CORNER GROCER HELPS PUBLIC HEALTH WORK

How the corner grocer in Willows is helping to carry on the work started by the Red Cross public health nurse in schools, is told in an interesting report received at Pacific Division Headquarters from Marie L. Kent, Red Cross nurse.

Some time ago Miss Kent visited the schools of the county, weighed and measured the children, and where they were found to be underweight proper diets were prescribed for them. Charts were placed in the school rooms, and at the end of each month the child's weight was registered.

"One teacher met me the other day," says Miss Kent, "and said she had just finished weighing and measuring all of her pupils. She had been to the corner grocer where the only scales stood on the counter. The grocer was good natured enough to help lift the sixty youngsters one at a time up on the counter and weigh them. When the job was done he smiled and promised to do the same thing every month, so the teacher could keep weight charts correctly."

Miss Kent has placed the classroom weight charts in twenty-five classrooms.

NURSES EXAMINE

3,654 CHILDREN

An interesting report of the work of Red Cross nurses in San Joaquin County has been received by the Department of Nursing, Pacific Division Headquarters of the American Red Cross, from Miss Janet M. Roush, R. N., and Miss Ruth Bennett, R. N. The report covers the past year's work in the Public Health Nursing Service.

Schools visited, 65; children visited in homes, 479; talks to school children, 118; hours spent in the schools, 875; children examined by nurses, 3,654. The following defects were found: Defective teeth, 1,484; defective vision, 338; nasal obstruction, 938; malnutrition, 900.

The nurses report that since weight charts have been placed in the school rooms, the children have taken more interest in improving their diet, and consequently their weight. During the month of October Miss Roush and Miss Bennett assisted the State Board of Health in Lodi through the smallpox epidemic and helped vaccinate 1,500 children.

Junior Red Cross Department



Some of the Juniors who played Santa at Whipple Barracks

J. R. C. HONOR ROLL FOR NATIONAL CHILDREN'S FUND

Twenty-five Junior Red Cross auxiliaries in the Pacific Division have already reported to headquarters their contributions since September 1, 1920, toward the National Children's Fund. Juniors in the division are holding themselves responsible for \$25,000 in support of their share of the fund, which will help in furthering their work through the nine foreign projects, including vocational education, shelter, food and clothing for foreign children.

The following auxiliaries have reported their contributions: Amador (Jackson High School), Benicia, Berkeley, Berkeley (Albany), Coal-inga, Dixon, Glendale, Lompoc, Los Banos, Newcastle (Placer County), Oakland, Pasadena, (Polytechnic Elementary School), Lassen County, San Diego County, Plumas County, Riverside, Sacramento, San Jose, San Bernardino, San Joaquin (Escalon), Santa Cruz, Turlock, Upland, Cal.; Central Arizona (Chandler Branch), Arizona; Lander County (Battle Mountain), Nevada.

An anonymous gift from Pasadena Auxiliary specifically designated to be spent for Siberian children was also reported at headquarters.

Beginning with the March number of the Junior Red Cross News the publication will operate on a paid subscription basis. There will be no complimentary copies. Red Cross personnel and others may have the magazine sent direct to the homes of relatives or friends monthly by sending the subscription price of 45 cents to the Junior Red Cross, Washington, D. C.

HOW THE GOSPEL OF HEALTH IS CARRIED ABROAD BY J. R. C.

Under ordinary circumstances a cake of soap or a toothbrush would constitute a queer calling card or letter of introduction, and yet they have served the purpose of introducing the school children of America to the boys and girls of Czecho-Slovakia. Through the Junior Red Cross, the school children's branch of the American Red Cross, the gospel of cleanliness and health has been carried to thousands of children in the new country the peace conference carved out of northern Austria-Hungary. This is only one of numerous undertakings of the Junior Red Cross throughout Europe that have already been so successful in establishing a better international understanding and in inculcating a spirit of world neighborliness among the children of Europe and America that the League of Red Cross Societies is now promoting Junior organizations in all of the countries represented in the league.

The soap and toothbrush campaign in Czecho-Slovakia grew naturally out of work undertaken by the Junior Red Cross of America when it accepted the management of a colony of 455 undernourished children sent to the Tatra mountains from the poorest districts of Prague. The aim of the camp was to teach the children the value of clean minds and bodies and their obligations to the community and to each other. When camp was broken in September the rosy-cheeked, clear-eyed, happy-faced youngsters were hardly recognizable as the half-starved, unkempt and discouraged children who had come there a month before.

Immediately there came a demand for a continuation of health instruction among the children, and soon the Junior Red Cross had launched a campaign in four schools in Prague where 2,000 children enlisted in what was called "The Fight for Health." This was a modification of the health program of the Child Health Organization of America and the "Crusade" of the Rockefeller Foundation.

CAMP KEARNY NEEDS JAMS; JUNIORS CAN HELP

Junior Red Cross Auxiliaries in the Pacific Division can serve a worthy cause by donating jams, jellies, fruits and games of all sorts to the patients at the new United States Public Health Service Hospital at Camp Kearny. This hospital, which is one of the newest in the Pacific Division, will accommodate 700 patients. The shelves and cupboards have not yet been filled with the sweets that are so palatable to a convalescent patient. Jams and jellies sent by Junior Red Cross Auxiliaries will count as one of their activities.

Contributions should be sent to Director of Red Cross Service, United States Public Health Service Hospital, Camp Kearny, Cal.

LOMPOC JUNIORS FIRST IN PRODUCTION PROGRAM

Lompoc schools were the first to fulfill their quota for the production of garments for overseas children, exceeding its promise by eight garments, all beautifully made.

This is but one instance of the willingness and promptness on the part of Lompoc Juniors to respond quickly to appeals sent out from division headquarters. They were the first to respond to the jelly appeal for Public Health Service hospitals; engaged enthusiastically in Christmas activities; are 100 per cent enrolled in the Junior Red Cross; every school has received a Junior Red Cross News, and, in proportion to their enrollment, they have sent in one of the largest contributions to the National Children's Fund in the division.

Garments already completed by Juniors in the division and ready for foreign shipment include: Lompoc, 32 petticoats, 24 aprons; Berkeley, dresses, aprons, bloomers, undershirts, petticoats, nightdresses for girls and smocks, undershirts and nightgowns for boys; Monterey knitted 13 woolen mufflers; Upland, 30 aprons, 30 nightgowns, 35 layettes; Los Angeles (Azusa School) aprons, nightgowns, petticoats; Bisbee, Ariz., one dozen gowns, one dozen dresses, two dozen waists and skirts and one dozen bloomers; Yuma, Ariz., knitted garments; Gardnerville, Nev., knitted sweaters.

PERMANENT ROLL CALL FROM ARMISTICE DAY TO THANKSGIVING

That the Central Committee of the American Red Cross approves the retention of the present roll call date of the organization from Armistice Day, November 11, to Thanksgiving Day, was the unanimous opinion of Chapter delegates in the closing session of their two-day conference held at National Headquarters in December.

This resolution was the first of seven, presented by the Resolutions Committee after its two-day deliberations, following open discussion of policy in administration of the peace-time program of the Red Cross.

A definite expression of opinion from the Central Committee as to policy that should govern the service to be rendered men of the present Army and Navy by the chapters was asked.

Other resolutions asked:

That the name of service hitherto known as Auxiliary Service should be given the title Red Cross Volunteer Service.

That the Central Committee establish a policy that Home Service to former service men without disability may be discontinued in cases where the man has been discharged for the period of one year, provided adequate civilian organizations exist to serve the needs of such men; and provided further that the Chapters should render such service as will enable former service men to secure settlement of any new or unsettled government claims.

DELANO TEXT BOOK USED BY POLISH ARMY

An American nurse's book, "Elementary Hygiene and Home Care of the Sick," by Miss Jane Delano, has been selected as the first official text book of the Polish Army's Department of Nursing. The book, which was written by Miss Delano a short time before her death, has been translated into Polish by the American Red Cross, whose nursing instructors in Poland have used it in their training classes for nursing aids and home visitors. The Polish Government now desires to adopt the book for wide distribution in connection with the development of its public health work and is seeking the translation and production rights.

FEDERAL BOARD HELPS TRAINEES' BABIES, TOO



Reading from right to left the babies are: Master Sparks, 4 months; Master Penn, 6 months; Little Miss Odekirk, 7 months; Little Miss Bohanan, 6 months

"Take care of the babies and they will take care of Uncle Sam," is the slogan of the field nurse attached to the Twelfth District staff of the Federal Board for Vocational Training in the office in San Francisco.

Part of the work of the staff nurse falls among the wives and families of the Federal Board trainees. A recent party given in Berkeley where a number of ex-service men are students at the University of California, brought the wives and babies together at the home of Mrs. Helen Whitney. The object of the party was to make the families better acquainted and show the university community just how the babies of federal trainees are cared for.

This phase of the work of the nurse, Miss Esther L. Haley, is just one way of saying that California puts into practice the philosophy that the chief business of each generation is the care of the babies. When one speaks of these babies one simply tries to exhaust all the synonyms for "healthy."

Red Cross chapters in the Pacific Division co-operated with the Industrial Department of the International Committee of the Y. M. C. A. in making Thrift Week a success. The atmosphere of conservation seemed universal.

Miss Mary Concannon, who has been identified with the Department of Junior Red Cross in the Pacific Division for more than a year, has been made director of the department. The appointment became effective January 1. She has been acting director since September, 1920.

HOW JUNIOR RED CROSS TEACHINGS HELP MOTHERS

Because her daughter never enjoyed the advantages of the Junior Red Cross, she was spoiled as a youngster, and cold and selfish as a woman. That is the expression of a grandmother, who says:

"I am so glad that the pendulum of thought has swung the other way and that 'service' is being taught to children. It will prevent so much heart-ache.

"I am a grandmother—and my only daughter was the idol of our family. We all waited on her; her grandmother, father, aunts, uncles and I myself were always planning what we could do for Jean. It was not her fault that she grew up a selfish, cold woman, whose little children now have to think always of her first. She expects it, as it has been what she has been accustomed to.

"Many mothers unconsciously make their children selfish. Now that the schools are training the child mind to love and care for others than themselves, there will be greater happiness for all."

JUNIOR PAMPHLETS FOR DISTRIBUTION

Pamphlets explaining the aim, plan and progress of the Junior Red Cross that may be secured from Division Headquarters free of charge or for a nominal sum are:

A. R. C. No. 612—"Production Children's Garments."

A. R. C. No. 613—"Activities of Junior Red Cross in City, Town and Rural Schools."

A. R. C. No. 609—"The Junior Red Cross in the Schools." "Community Recreation."

A. R. C. No. 610—"School Correspondence." (Charge 5 cents.)

No. 18 U. S. Bulletin—"Lessons in Civics for the Six Elementary Grades of City Schools." (Charge 8 cents.)

A. R. C. No. 614, Leaflet No. 42—"Simple Playground Equipment—Manual Training for Junior Red Cross Auxiliaries." (Charge 10 cents.)

ROLL CALL ESTIMATES SHOW QUOTA REACHED

With reports on the Fourth Red Cross Roll Call still incomplete it is estimated at Pacific Division Headquarters that Red Cross membership in California, Nevada and Arizona is fully as large as it was a year ago, with a fair expectation that the number will be exceeded. Any chapter or branch that has not yet sent in its complete roll call report is urged to give it immediate attention.

RED CROSS PRESENTS CHECK TO S. F. POLICEMAN LIFE SAVER

George Filmer, manager of the Pacific Division of the American Red Cross, presented Policeman Charles L. Mangels with a \$100 check at the policemen's ball in San Francisco in appreciation of the best life saving feat during 1920. This prize was sent from National Headquarters of the American Red Cross.

Last August, Mangels, at the risk of his own life, saved the life of Vera Milhailova, one of the passengers on the Red Cross Petrograd children's ship, "Yomei Maru," while stationed at San Francisco Bay.

The report of Mangels' life saving was made by Manager Filmer, with supporting document from Riley H. Allen, chief executive of the Petrograd Children's Colony Expedition. Allen stated that the child fell between the side of the steamer and the pier, where the water was in total darkness. Policeman Mangels dived into the water in full uniform, bringing the child to safety after she had gone down for the second or third time. He swam with her to a steel cable which he was able to grasp until they could be brought back to the pier.

Nine other cash prizes for general first aid during the year 1920 were issued by National Headquarters to the following:

General First Aid

First prize of \$100 divided equally between eleven steel workers from the Maryland plant of the Bethlehem Steel Company for rendering first aid to an injured man.

Second prize, \$75 to the widow of Byron A. Lawton of Port Arthur, Texas, who died from effects of gas while attempting to rescue a fellow seaman.

Third prize, \$50 to Walter James of Hillsdale, Oregon, Red Cross Life Saving Corps examiner, who administered first aid to passengers injured in a collision between electric trains.

Fourth prize, \$25 to A. E. Miller, policeman from Washington, D. C., who rendered first aid to a woman overcome by gas.

Railroad First Aid

First prize, \$100 to Edward J. Gagnon from Boston, Mass., a brakeman, who rendered first aid to a fellow brakeman.

Second prize, \$75 to John Gravens, engineer on the Chesapeake & Ohio Railroad, who rescued a small boy from drowning.

SALVATION ARMY SCHOOL TAKES FIRST AID COURSE

The first class in Red Cross first aid instruction at any Salvation Army training school in the United States is organized in San Francisco at the Western Territorial Training College, 115 Valencia street. The course, which includes a ten months' study, is being conducted by Dr. Russell Jewett, under the auspices of the San Francisco Chapter of the American Red Cross. Out of the twenty-three students enrolled in the school twenty-one are taking the Red Cross course.

ELEVEN LIFE SAVERS GET RED CROSS MEDAL

For proficiency and honorable service in the American Red Cross Life Saving Corps honorary service medals have been presented to eleven members of the American Red Cross Life Saving Corps in California by Dr. G. H. Richardson, Director of the Red Cross Bureau of First Aid.

Each member awarded this medal has completed two years' enlistment and has given at least 200 hours' voluntary service in a Red Cross Life Saving Corps.

The medals were awarded the following:

Fay Bowman, Y. M. C. A., and Herbert T. Sutherland, San Francisco; Howard H. Snyder, Bimini Baths; T. W. Sheffield, Roy Sweet, Thomas Wilkinson of Los Angeles; George Watkins, Ocean Park Bath House; Tom Kendall and J. Leech, Life Saving Corps; Lieutenant Dennis O'Brien, Naval Air Station of Ocean Park, and Tallman H. Trask, Boy Scout executive, Pasadena.

Life Saving

Second prize, \$75 to Ernest Porter, who saved three people from drowning at Pebble Beach, Florida. Porter is a member of the Jacksonville Red Cross Life Saving Corps.

Third prize, \$50 to Buell Spristerbach, 16 years of age, for saving a 14 year old boy from drowning in Silver Lake, Washington.

Fourth prize, \$25 to George M. Andrews, wireless operator of the American steamship "Ausable" of New York, who rescued four people from drowning in the Bay of Cienfuegos.

EX-SOLDIER DROPS FROM SIGHT; WIFE SEEKS RED CROSS AID

Mrs. David Lawson has appealed to Pacific Division Headquarters of the American Red Cross for aid in locating her husband, a wounded veteran of the Canadian army. Information relative to him should be sent to the Department of Civilian Relief, Pacific Division Headquarters.

Lawson disappeared November 1 from Gridley, where he had opened an automobile painting shop. He left an unfinished letter on the table in his room, addressed to his wife.

He is about 28 years of age, 5 feet 6 inches tall, weighs 145 to 150 pounds and has three horses' heads and a Spanish dancer tattooed on his chest.

He carried two discharge certificates from the Canadian army, one dated 1917 and another March, 1919.

The Red Cross is anxious to help Mrs. Lawson find her husband, as she fears he is not responsible for his actions and trouble may befall him.

A. R. C. CHAPTERS HELP STRANDED SAILORS

Home Service Sections having requests for assistance from stranded sailors who have overstayed their leave and are unable to return to their station or ship without transportation, should immediately telegraph to the man's commanding officer asking for transportation and giving particulars. The transportation furnished comes from the man's pay and Red Cross chapters assist the man to fulfill his obligations and maintain his standing in the navy if the procedure outlined above is followed.

MOTHER APPRECIATES AID OF RED CROSS

In appreciation of the service rendered by the Pacific Division of the American Red Cross in locating her son, Mrs. James Reeves of Owensville, Indiana, has written the following letter to the Department of Military Relief:

"I am writing to thank you for the interest you have taken in our son, whom we had not heard from for so long. We have received three letters from him and think everything will be all right now."

PACIFIC DIVISION A. R. C. TO BE REPRESENTED AT CONFERENCE

American Red Cross as it is being carried on in the Pacific Division will be discussed by Division Directors and Red Cross workers during the afternoon session, from 2 to 5, of the opening day of the Annual State Conference of Social Work, which will be held in San Francisco, February 22-26 inclusive, in the Native Sons' building. George Filmer, manager of the Pacific Division, will preside.

A Red Cross exhibit will have a prominent place, including the stage in the exhibit room, where demonstrations will be made by various organizations.

During the conference Miss Kathleen Booth, Director of the Bureau of Salvage and Shop of the Auxiliary Service, and Miss Mary L. Cole, Director of the Bureau of Public Health Nursing, will speak before group session. Miss Booth will talk on "Financing Social Work" before the Relief, Family and Child Welfare Section, and Miss Cole on "The Differentiation Between the Public Health Nurse and the Social Worker" before the Charities and Corrections Section.

Round-table conferences will be held Wednesday morning from 9 to 10 under the leadership of directors, covering the following subjects: Civilian Relief, Home Hygiene, Public Health Nursing, Junior Red Cross, Salvage and Shop. Chapter representatives may bring their local problems into these round-table conferences. It is hoped that chapters will call upon the division directors during the round-table period. Appointment for supplementary conferences may be made by chapter workers by telephoning to the division office, Park 4391, where any department director can be reached.

The program for the Red Cross afternoon follows:

Department of Junior Red Cross

Junior Red Cross a Laboratory for Civics, Miss Mary Concannon, Director Junior Red Cross; Oakland School Program of Junior Red Cross Activity, Mrs. Sue L. Fratis, Director of Civics and Patriotic Activities in Oakland Schools.

Department of Health Service

Adjusting the Health Center Idea to Local Needs, Miss Charlotte F. Kett, Assistant Director Health Service; First Aid, Life Saving and Accident Prevention, Dr. George Richardson, Director, Bureau of First Aid.

Department of Military Relief

Present Status of Red Cross Work with the Army and Navy, J. J. McBride, Director of Military Relief.

Official A. R. C. Bulletin

Serial No. 51, issued February 3, 1921.
(Department of Civilian Relief Bulletin No. 119.)

Subject: California State Conference of Social Agencies.

The Annual State Conference of Social Agencies will be held in San Francisco February 22 to 26 inclusive at the Native Sons of the Golden West Building, 430 Mason Street, near Post Street.

The conference program includes an afternoon session set apart for the American Red Cross on Tuesday, February 22, and round-table meetings have also been arranged.

Experts in social work have been invited by the conference from other parts of the country and matters of vital interest to us all, such as unemployment, adequate relief, community organization, etc., are to be discussed.

We would approve your chapter's paying the expenses of a representative to the conference, as we are sure the Home Service workers will get much inspiration from this gathering and will take back to their chapters practical suggestions for the solution of varied problems we are all having to face.

Please give as much publicity as possible to the conference through your newspapers, etc. Special rates of a fare and a half for the round trip have been granted by all railroads. See your local railroad office for particulars.

Home Service workers going to the conference are asked to register as Red Cross people so that we from division may easily get in touch with our chapter representatives.

Department of Nursing

Public Health Nursing in a New Community, Miss Mary L. Cole, R. N., Director Public Health Nursing.

Bureau of Salvage and Shop

The Social Service Side of the Red Cross Shop, Miss Kathleen Booth, Director Salvage and Shop.

Department of Civilian Relief

The Disabled Ex-Service Man's Case as It Stands, (1) In Relation to the Federal Board for Vocational Training, Nicholas Ricciardi, District Vocational Officer of the Federal Board for Vocational Education; (2) In Relation to the United States Public Health Service, Surgeon J. D. Long, Supervisor District No. 12, United States Public Health Service; (3) In Relation to the War Risk Insurance Bureau, William McWade, Examiner in Charge of the War Risk Insurance Bureau.

Red Cross Service for the Year 1921,

RED CROSS FILM USERS ENTHUSIASTIC BOOSTERS

Churches, schools, Y. M. C. A.'s, American Legion posts, theaters, women's clubs and Boy Scout councils are enthusiastic subscribers to the Red Cross educational film series.

Fifty-nine subjects are now included in the film library at Pacific Division Headquarters. The newest releases are:

"The Boy Scout and His Uniform," "The Tale of a Thirsty Towel," "A Fair Day," and "When the Fishing Fleets Come Home."

Comments from exhibitors follow:

Schools

"We have enjoyed those films which you have already sent us."

"We received 'An Equal Chance' and 'Hills of Happiness' and everyone enjoyed them very much. I shall try to have them shown in some other of the Oakland schools."

Y. M. C. A.

"The people enjoyed the films very much."

"Films of the type of 'Come Clean' and 'Every Swimmer a Life Saver' are especially good for our use."

American Legion Post

"Will say that the films loaned us were very much enjoyed."

"The Whittier Post No. 51 of the American Legion wishes to thank you for the pictures that you so kindly allowed them to use at their recent entertainment, and needless to say they were enjoyed by all who saw them."

Church

"I am writing this note to say that I have been using your films through the co-operation of R. C. Smedley of the local Y. M. C. A. They were well received and I think did much good for the cause."

"About 100 persons saw the two reels you sent me and they were very good." "The pictures were very good."

Chapter

"The pictures you sent us were very fine and all enjoyed same very much. There was a very good attendance."

"The pictures are meeting with favor here and in New Pine Creek, Oregon." (An auxiliary of Modoc County chapter.)

"An Equal Chance" ran for three nights for the benefit of the sixty pupils at the Burnett Sanitarium, and the twelve girls now taking the course at the High School in Home Nursing. I went down myself to see it and was pleased to hear the round of applause which greeted the picture."

Miss Grace Graham, Director of Civilian Relief.

Red Cross Service in United States Public Health Service Hospitals, Elliott Evans, Director Red Cross Service at Palo Alto United States Public Health Service Hospital.

The Red Cross in Social Service in Rural Communities, Miss Ada E. Porter, Red Cross Field Representative, Pacific Division Headquarters.

Serves
the fighting
man in army,
navy, camp
and hospital
—remembers
the ex-serv-
ice man.

Your
Red Cross
Membership
makes it
possible

The American Red Cross

Pacific Division Activities

Protects
the home in
time of disas-
ter; saves
babies;
teaches
mothers;
serves the
community.

Your
Red Cross
Membership
makes it
possible

Vol. III

MARCH 15, 1921

No. 16

PACIFIC DIVISION EXTENDED NOW INCLUDES FOUR STATES

GEORGE FILMER, *Manager, Pacific Division, American Red Cross*

As all Red Cross chapters in California, Nevada and Arizona were advised in my letter of February 18, the Pacific Division has had the state of Utah added to its territory. The transfer will be made about April 1.

This issue of the Pacific Division magazine carries a preliminary greeting to the new chapters voicing the interest of the division management in the work they have already done, their plans for its continuance and their hopes for an ever increasing usefulness in the larger activities of the present organization, the American Red Cross.

It is the thought of the division manager that all Red Cross workers in the Pacific Division bear in mind that the territory designated as theirs is broadened a bit and that the spirit of fraternalism in the operation of Red Cross work will receive new impulse as the territorial lines increase in scope and consequently cover more projects.

The change made in the reduction of the thirteen American Red Cross administrative areas into which the United States is divided to eight is one that makes for economy in the overhead and operating forces. That feature is one that will appeal to all chapters and members of the organization.

When the announcement was made at National Headquarters in Washington at the close of the conference of division managers the plan had been thoroughly canvassed by the managers and the national committee. Dr. Livingston Farrand, chairman of the Central Committee, presided at the conference sessions with W. Frank Persons, vice-chairman in charge of domestic operations, in constant contact with the proceedings.

It was a great pleasure to me to be able to say with confidence at that meeting that I believed chapter

workers in the Pacific Division would continue their Red Cross work without reference to the divisional lines; that they all do feel that that the work they do is for the American Red Cross regardless of their manager or the division lines.

It is also a pleasure to feel that I shall continue to have the support of the Red Cross folks in our present chapters with that of a neighborly group in our sister state of Utah added to the list.

Under the new alignment the Divisions will be organized as follows:

New England Division—Maine, Massachusetts, Rhode Island, Vermont and New Hampshire, with headquarters at Boston.

Atlantic Division—New York, Connecticut, Pennsylvania, New Jersey, Maryland and Delaware, with headquarters at New York City.

Lake Division—Michigan, Indiana, Ohio, West Virginia and Kentucky, with headquarters at Cleveland.

Southern Division—Virginia, North Carolina, South Carolina, Georgia, Florida, Alabama, Mississippi, Louisiana and Tennessee, with headquarters at Atlanta.

Central Division—Illinois, Wisconsin, Iowa, Minnesota, Nebraska, South Dakota, North Dakota, Wyoming and Montana, with headquarters at Chicago.

Southwestern Division—Missouri, Arkansas, Oklahoma, Texas, Colorado and New Mexico, with headquarters at St. Louis.

Pacific Division—California, Nevada, Utah and Arizona, with headquarters at San Francisco.

Northwestern Division—Oregon, Washington and Idaho, with headquarters at Seattle.

Manager Filmer brought the department heads into conference at Division Headquarters upon his return from Washington to make formal announcement of the changes in divisional lines. He reviewed the discussions of the national heads and returned the report that the operation of the peacetime program of the Red Cross in the Pacific Division was a source of satisfaction to the leaders of the movement.

UNIVERSITY PRESIDENT TO DIRECT A. R. C. FOREIGN OPERATIONS



Dr. Albert Ross Hill, Vice-Chairman American Red Cross

Dr. Albert Ross Hill, president of the University of Missouri, accepted the vice-chairmanship of the Central Committee of the American Red Cross February 9 following his election at a special meeting of the committee. He enters his duties this month, taking charge of foreign operations. His appointment fills the vacancy caused by the resignation of Frederick P. Keppel to become administrator representing the United States at the headquarters of the International Chamber of Commerce in Paris.

Dr. Hill, who is a native of Nova Scotia, is nationally known as an educator. He received his degree of A.B. from Dalhousie University in 1892 and was graduated from Cornell University in 1896 with the degree of Ph.D., after spending two years in study abroad at the universities of Heidelberg, Berlin and Strassbourg. He subsequently received degrees of LL.D. from various other colleges and universities.

RED CROSS CHAPTERS REPRESENTED AT CONFERENCE

With practically 100 Red Cross chapter representatives from thirty-three chapters in California and one in Nevada in attendance at the thirteenth annual meeting of the California Conference of Social Work, the program conducted by Pacific Division of the American Red Cross appeared at the first special session on the opening day, February 22.

In the absence of George Filmer, manager of the Pacific Division, Harry Wilkinson, assistant manager, presided, introducing the speakers.

As an allied organization, the Red Cross contributed not only the afternoon program but a significant share in the exhibits hall, where the unified poster exhibit had a prominent position.

The Pacific Division also shared in the program of Living Exhibits featured three afternoons of the conference through a demonstration of Red Cross First Aid put on by the Salvation Army Training School, and a Fashion Show conducted by the Bureau of Salvage and Shop. Red Cross motion pictures were shown by the Department of Publicity and Speakers three days during the conference, with a continuous show in the exhibits room during a forenoon and afternoon period.

Excerpts from some of the talks given at the Red Cross session to be found in this issue include subjects covered by Mrs. Sue L. Fratis, director of civics and patriotic activities, Oakland schools; Miss Charlotte Kett, assistant director, bureau of health service; Miss Grace Graham, director civilian relief, and Miss Elizabeth Porter, field representative.

A review of the "Fashion Show" and the First Aid demonstration also appear in this issue.

Red Cross chapter workers registered at the Red Cross table at the State Conference of Social Work were:

Bakersfield—Mrs. W. S. Liebendofer, Mrs. Lillian S. Holson.
Benicia—Mrs. E. Wassman
Berkeley—Mrs. S. B. McLenegan, Mrs. Susie M. Light, Mrs. Beatrice Wilmans, Miss Marguerite Shoecraft, Mrs. Walton, R. N., Mrs. H. B. Sanford.
Chico—Rev. E. A. Osborn.
Colusa—Miss Helen Kilgariff.
Davis—Mrs. Lois M. Beckett.
Eureka—Gladys M. Davis, Mrs. M. MacDonald.
El Centro—Miss M. Harris.
Fresno—Mrs. Annie R. Hewitt.
Fullerton—Miss Suzanne Dean.
Lindsay—Winifred Carnegie-Prior.

COSTLY BOX MADE FROM OLD SCRAPS

How a little old piece of dark shiny wood, bound in metal, and an old ivory fan of practically no value were combined and made into a costly box, is but one of many instances of old wares being turned into new ones through the Red Cross Salvage and Shop.

A short time ago an unusually pretty piece of wood found its way into the Red Cross shop in Fresno.

One day a cabinetmaker chanced into the shop, and with his artistic eye visioned its possibilities. He paid 35 cents for it and bought an old ivory fan for 20 cents. Some time later he came into the shop and showed the result of his handiwork. He had made the shiny piece of wood into a handsome little box, and had inlaid it with ivory from the old fan. The present valuation of the box is \$25.

Madera—J. B. Williams, Mrs. W. A. Hickox.

Marysville—Lucy E. Ramstead.
Modesto—Mrs. J. E. Loomis.
Napa—Miss Ruth Porter.
Oakland—Mrs. Sue Fratis.
Pacific Grove—Mrs. Addie C. Pell.
Petaluma—Miss Francis Curtis.
Porterville—Mrs. Sarah Fitzhugh.
Redwood—Miss Cora E. Clute.
Red Bluff—Miss Sophia Baleh.
Reno, Nev.—Zenna M. Canning, Mrs. Sarah D. Barbash.

Richmond—Mrs. L. H. Ospina.
Sacramento—Mrs. W. L. Briggs, Mrs. Robert Devlin, Mrs. A. E. Coolat, Mrs. A. J. Adams, Aurora E. Giammugni, Mrs. M. H. Diepenbroek, Miss Milly Gregory, Mrs. J. R. Blair, Mrs. C. von Hoffman, Anastasia Miller.

San Francisco—Harry Wilkinson, Lillian L. White, Mary L. Cole, Kate M. Davis, Iona Baldwin, Charlotte F. Kett, E. M. Ashmun, Grace Graham, Kathleen Booth, Ada Elizabeth Porter, Jeanette Newmark, Mrs. Sophie H. Mersing, Lucille Henry, M. B. Setright, Mark Bowden, Mrs. C. W. Cobb, Harry Bogart, Monica L. Gianella, Hilda Steinhart, Eve Scholer Bangs, Mrs. M. E. Harvey, Mrs. K. D. Gerard, Miss Jennie Alexander, Miss Jeanette Newman, Isabel Bellman, Eva Hance, Alma Eastin, N. Baumgarten, Mary Concannon, Gladys Reis.

San Luis Obispo—Miss Marie A. Jacobsen, Mrs. Belle Mahoney.

San Rafael—Mrs. George Graham, Miss Myrtle C. Miller, Miss Mary Farey, Melanie Lancel, Mrs. J. C. Perry, Miss Margaret Foster.

Santa Rosa—Miss Myrtle Saery.
Salinas—Miss Mary Margaret Breen.

Santa Maria—Mrs. J. H. Winters.

Stockton—Mrs. Chas. Pond, Miss Ruth Bennett, Miss Janet Roush, Nina Sparks, Dr. Minerva Goodman.

Ukiah—Mrs. T. M. Cleland.

Watsonville—Miss Alice Liles.

Willows—Miss Marie L. Kent.

Woodland—Mrs. Leander Turney, Mrs. Fred Meier.

FIRST AID DEMONSTRATED BY SALVATION ARMY AT CONFERENCE



Cadet Ingria Anderson, the youngest student in the school, demonstrating the head bandage. Working with her: Cadets Adams, standing; Haan, bandaged head, and Hayashi

Red Cross first aid as it is taught in the Salvation Army Training School for the Western States Department was demonstrated on one of the living exhibits programs at the California Conference of Social Work. The demonstrations covered bandaging an injured head, broken arm and resuscitation of a drowned man.

When the Salvation Army Training School in San Francisco adopted the Red Cross first aid course the contact with the American Red Cross was made for the first time by a Salvation Army Training School, although first aid has always been a feature of Salvation Army training. The Western States Department of the Salvation Army includes eleven states, and the representatives graduating into the field work will take the Red Cross training into their daily lives and that of the communities in which they work.

The western school is under the immediate direction of Brigadier A. W. Crawford and his assistant, Adjutant James Dee.

Mt. Hamilton, famed as the home of the Lick Observatory, has a Red Cross branch whose work on layettes is bringing some renown to a group of enthusiastic women. They meet every Thursday evening to sew on the much needed garments.

HEALTH CENTER OFFERS OPPORTUNITY FOR JUNIORS

XI

Among school children everywhere the Red Cross has a junior membership. These Red Cross Juniors have a slogan which is truly characteristic of the Red Cross spirit—"I Serve." The Red Cross Health Center offers many and various opportunities to the Juniors to be of useful service in the cause of improving the health and sanitary conditions of their community. The Juniors rendering these distinct health center services are called Health Pages.

The page of old attended a person of high degree, especially at courts, as a service of honor and education. The Health Page attends, so to speak, the Health Center Director for the sake of being of practical service to others. When the Health Page is actually in attendance upon such service, he or she wears the authorized Health Page armband. The Health Center usually has a number of these armbands available, which are made by the Chapter Production Committee. These armbands remain the property of the Health Center, and are worn only on duty. A number of Juniors, depending upon the demand, are assigned for Health Page service by the chairman of the Juniors in the local chapter. They run errands, distribute circulars and literature, act as ushers at health lectures, and even do some of the clerical work. They interest other children in the Health Hour, the Growth Clinic, and in taking part in or attending a Health Playlet. The girl Health Pages assist in taking care of or amusing the babies and little children at the baby show or any other event. During cleanup campaigns the Health Pages are especially in demand. A chapter reported recently that such Health Center equipment as literature tables and exhibit screens were being made by their Juniors. So the making and repairing of equipment can even be placed upon this category of useful services that can be performed by Health Pages.

Such services as these, under ordinary circumstances, would be looked upon no doubt as mere drudgery. But when they are idealized by these youngsters and are recognized as necessary and indispensable contributions to the work of saving lives and preventing disease, then they become real services of honor and education inspired by

A. R. C. FILMS SECURE ATTENTION OF WORKERS

Red Cross motion pictures in the film library at Pacific Division Headquarters received the attention of two national groups, one state and a representative city group of social workers during the past month. Red Cross chapters are urged to spread the information that these educational pictures can be rented from the Pacific Division through the Department of Publicity and Speakers. Churches, schools, Boy Scout troops, Y. M. C. A., Community Centers, American Legion posts and other organized societies are already users in many cities. Others can become users.

Red Cross motion pictures were given an official pre-view before national heads of the Women's Christian Temperance Union in Sacramento, February 19. One hundred California members of the organization greeted Mrs. Elizabeth Perkins, chairman of the national committee on child welfare, and a number of other national workers who were in California to attend a regional conference of the W. C. T. U. The reception was given at the Hotel Sacramento. The Red Cross pictures shown included "An Equal Chance," "Mrs. Brown versus the High Cost of Living," and "Neath Poland's Harvest Skies."

The Boy Scout Executive Training School in San Francisco has had a pre-view of the Red Cross motion picture, "The Boy Scout and His Uniform," that leaders in the movement in the bay region may know what the Red Cross has to offer in its series of educational pictures. Boy Scout troops everywhere can secure the use of the pictures in the Pacific Division film library through the Department of Publicity and Speakers at Division Headquarters, San Francisco, Cal. Film pamphlets can be secured upon request.

incentives far more noble and useful than those that inspired the pagehood of old. While the full significance of the modern Health Page on errand bent may not always be apparent to his elders, the child of today inspired by and engaged in such service for humanity is a better man of tomorrow, a better man than are most of his elders of today.

HOW HEALTH CENTER FILLS COMMUNITY NEEDS TOLD IN TALK

The Health Center, a point from which health influences radiate, what it has come to mean in the world of social betterment, and how it adapts itself to any community, was discussed by Miss Charlotte Kett, assistant director of the Red Cross Bureau of Health Service, before the California Conference of Social Work.

She prefaced her explanation of the Health Center with statistical glimpses of the needs of the United States in the reduction of infant and maternal mortality; in the improvement of conditions of child life, and the prevention of both communicable and degenerative groups of diseases.

Of the first subject she cited the work of the Maternity Center Association of Manhattan and its report on 5,000 cases in which it was shown that:

Forty-seven per cent of babies due to die under one month were saved;

Forty-six per cent of still births ordinarily occurring were prevented;

Sixty-six per cent of mothers due to die in child birth lived.

"The same type of service," she said, "should be available for the expectant mother not only in Manhattan but in Mill Valley, Milpitas and all other places. We must make it possible before we expect to occupy a creditable civilized place in the 'maternity mortality thermometer'."

Excerpts from the talk which illuminate the suggestion that a Health Center be indeed a center of health follow:

"Our task is to create an enthusiasm for good health, right living."

"The need for getting information—right information, the best that the present state of science can give us—across to the average man, woman and child, is self-evident."

"It is to help in this next step in public health that the Health Center is designed. A mass of information is of very little use unless we do something with it or about it."

"In fostering the Health Center idea the Red Cross does not assume that it is either a pioneer or an omniscient performer, but it is enamored of it."

"Because of its wide organization, its traditional interest in health work and its wide support by the people, the Red Cross seems peculiarly fitted to give the health center idea a nationwide impetus in the United States that it could not hope to achieve in any other way for many years to come."

"Since October, 1919, 325 Health Centers have been organized in the United States and twenty-four have been developed in California (thirty in the Pacific Division)."

"Each Health Center forms a nucleus



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BIG TASK CONFRONTS US

If it be true that the big task that confronts the American citizen today is to raise the standards of vitality it will also be true that he has an interest in the sources upon which he shall draw to achieve that result. In the larger cities public welfare work of all kinds is more or less highly organized and easy of access to the entire citizenry.

In the rural community the problem of improving conditions for the health and happiness of all the people is most apparent, and it is in the rural community that the public health nurse embodies all of the information if not all of the work that relates to this absorbing question of improving conditions that tend to raise standards of living.

In every rural community where welfare work among children is progressing, the public health nurse has originated the movement. All health problems that pertain to the welfare of the child and better general living conditions come to her notice. The public health nurse stimulates community activity through her contact with all organizations interested.

The public health nurse sees the needs of the child in the school and in the home, what it requires in dental, nutritional and recreational care, and takes the first steps to meet these needs.

In California today there are more than 300 public health nurses. Many of them are supported by Red Cross

RED CROSS LOOKING FOR EX-SERVICE MEN

The Federal Board for Vocational Education has asked the assistance of the Red Cross in locating William Johnson, seaman U. S. N., Serial No. 137012. Compensation checks and a grant of training are being held awaiting his application. Johnson is described as 21 years of age, five feet eight and one-half inches in height, weight 132 pounds, has blue eyes, brown hair and a ruddy complexion. He was last heard of January, 1921, at which time he resided at 3390 Army Street.

The discharge papers of Robert McGarry, ex-service man, have been found by the Calexico Chapter in the Southern Pacific roundhouse. An effort to locate McGarry is being made so his papers may be returned to him. His serial number is 1035392, Company 332, Quartermasters Corps.

Robert Edwards, British navy ex-service man, is missing and his wife has appealed to the Red Cross for aid in locating him. He is described as 43 years of age, five feet six inches in height, dark brown hair, blue eyes, with a great deal of tattooing on his body. He is a diver by profession. He received his discharge in Vancouver, Canada, and has a Canadian discharge certificate in his possession. He resided in Los Angeles with his family from October, 1919, to October, 1920. Upon the latter date they moved to Oakland, Cal.

Any information that will aid in locating these men should be communicated to the Department of Civilian Relief, Pacific Division Headquarters, American Red Cross, San Francisco.

chapters. Others are put into the field by city, county or state authority—board of education, board of health, board of supervisors or county welfare commission, and anti-tuberculosis association and many private organizations.

The responsibility which the American Red Cross has come to place upon the nurse is memorably stated by Dr. Livingston Farrand, chairman of the Central Committee, in his official statement at national headquarters a year ago when he said:

"In taking up our new program we have come to realize that without health we can really have little else. The kernel of our work centers in the nurse. She becomes the central feature and factor of the activities we contemplate."

FOUR CALIFORNIA WOMEN DO RED CROSS WORK ABROAD

Four California women who are now doing Red Cross work in Europe include Miss Ruth M. Findlay of Oakland, Miss Elsie Graves Benedict, Pleasanton; Miss Maude Cleveland, Berkeley, and Miss Mary Walsh, Mill Valley. Each of them is doing work with children, demonstrating the interest the Junior Red Cross in America has in the foreign cousins of American children.

Miss Findlay, who is one of the foremost authorities on physical training and playground work in the United States, sailed a month ago for Paris. She resigned her position as supervisor of the Recreation Department of Oakland to become director of playground activities for France under the Junior Red Cross.

The Red Cross has established playgrounds in Paris and three other cities as a part of the recreational instruction work launched in France, since systematic play had never been undertaken by the French.

Miss Benedict, who has been overseas for nearly two years, is director of the Junior Red Cross Orphan Home at Podgoritz, Montenegro.

Miss Mary Walsh, a Red Cross nurse, is stationed at the Red Cross Orphanage at Liskow, Poland, where a thousand children are cared for in a series of interesting buildings.

Miss Cleveland, formerly director of gymnastics at the University of California, is in charge of the Paris playground provided by the Junior Red Cross.

In an effort to keep an up-to-date file of life and patron members of the American Red Cross, the Pacific Division management urges chapter secretaries to advise Division Headquarters of changes in their local life and patron membership list. Please notify the Department of Accounts of change of address, either in the chapter jurisdiction or a removal to some other district, and also notify headquarters of the decease of such members.

A course in Red Cross Home Hygiene and Care of the Sick has been included in the regular curriculum at the University of California. One credit will be allowed for students completing the course.

National Educational Association Hears Junior Red Cross Work Plan



Poster exhibit displayed at N. E. A. convention, Atlantic City

H. B. Wilson, superintendent of Berkeley city schools and chairman of the Junior Red Cross California State Advisory Committee, was a speaker at the annual conference of the National Educational Association held in Atlantic City, February 28 to March 3. The work of the Junior Red Cross in schools was further emphasized by two associate national directors of the Junior Red Cross, Arthur W. Dunn, Washington, D. C., specialist in civic education, U. S. Bureau of Education, and James F. Hosc of the Chicago Normal College.

A feature of the conference was the Junior Red Cross poster exhibit that displayed the subject of citizenship training in the schools, correspondence, production and educational work carried on abroad by the Junior Red Cross of America.

HEALTH PLAYS

PROVE POPULAR

Many public health nurses and chapter workers in the Pacific Division could be counted in the audience which applauded so heartily the two health plays presented at the Conference of Social Work, Saturday, February 26, through the courtesy of the Oakland Department of Recreation.

Each of these workers can be counted on to carry to others who could not attend the conference first-hand information as to the entertainment and educational value of this type of activity. Health plays are advocated as an appropriate activity for a Health Center.

PASADENA JUNIORS

SEND MONEY ABROAD

Eleven hundred dollars was a Valentine gift to the starving children of Central Europe from the boys and girls of the Junior Red Cross of the Polytechnic School in Pasadena, California.

In January the Juniors assembled and voted to deny themselves—to earn and give through the coming weeks for the relief of their unhappy brothers and sisters in the desolate areas across the sea. As a result of this denial on their part the money valentine was sent abroad.

Each child was given a small tin pail decorated with the Red Cross symbol and a valentine heart. All pennies saved from "movies," candy, ice cream and other luxuries were put into the pail. The final count showed 2,053. One boy who had been diligently saving to buy a typewriter emptied his bank into the pail and a little girl found enough money in her bank to tide three children over until harvest time. Another gave her Christmas money, amounting to \$10.

The Junior Red Cross Auxiliary of Bakersfield will finance six projects this year, including: National Children's Fund, 20 per cent; Kid-dies Camp, 32 per cent; Playground Equipment, 16 per cent; Garment Making, 8 per cent; Medical Aid, 4 per cent, and General Expense, 4 per cent.

EDUCATOR FINDS JUNIOR PROGRAM HELPFUL IN SCHOOLS

Mrs. Sue L. Fratis, director of civic and patriotic activities in the Oakland public schools, and well known nationally in the educational world, spoke before the California Conference of Social Work. She reviewed the work done in her city's schools under the banner of the American Red Cross through a thorough organization of the chapter school committee as outlined by the Department of Junior Red Cross.

"It is because the Junior Red Cross program teaches the 35,000 boys and girls in Oakland schools how to help other boys and girls that we educators are perfectly willing to give our time, our interest and our money," said Mrs. Fratis.

"It is an actual training in social work and teaches boys and girls to understand problems of citizenship. Junior Red Cross in the Oakland schools is spending \$725 a month on social work," was her statement as she reviewed the Junior Red Cross activities which include a share in financing three day nurseries, five dental clinics, medical relief, clothing distribution, nutritional class work and the establishment of a students' loan fund.

How Committee Operates

The speaker outlined the complete program—the organization of the chapter school committees, the source of funds, and the work conducted.

Junior Red Cross funds are drawn from three sources—semi-annual paper and clothing drives, Christmas sales in the schools, and occasional entertainments, also in the schools.

The organization plan of the chapter school committee and its contact with schools was clearly set forth as follows:

"The organization of Junior Red Cross work in the Oakland public schools consists of two committees: the Junior Red Cross chapter school committee of nineteen members made up of representatives of all the departments in the public schools from the superintendent's office to the classroom teachers, and a committee made up of a representative from each individual school, known as a school auxiliary chairman. This means that we have a committee of forty-seven school auxiliary chairmen.

"The Junior Red Cross chapter school committee determines the policies for the year's work and the school auxiliary chairmen are called together at stated times to take back to the schools the plan of work decided upon by the chap-

DIRECTOR DISCUSSES 1921 RED CROSS HOME SERVICE

"Red Cross Home Service for the Year 1921" was the subject of the talk given by Grace Graham, director of the department of civilian relief. It afforded her the opportunity to give a sympathetic review of the responsibilities placed upon home service sections in chapters.

"The disabled man's needs come first to mind," she said in introducing her topic, which traced the varieties of service the Red Cross can give ex-service men.

"I think," she said, "we all, both chapter workers and we at Division Headquarters, have learned patience if we have learned little else. We realize that our sick ex-service men must have every consideration; that we must use utmost wisdom in trying to bring them back to health and normal living. The sick man's family, of course, remains our charge also, but here, fortunately, we are dealing with problems that we are used to handling, and we are not having to gain utterly new experience."

"Speaking of work with family groups, I was proud to be able to write to Washington Headquarters in my last report that our active chapters are still willingly serving the needs of the men still in the Army and Navy service as the Red Cross has pledged itself to do.

"This is indeed a very important service, especially the phases of it that involve investigation of home conditions where the man's commanding officer asks verification of the man's claim that he should be discharged because he is needed at home, as are also the investigations when an Army or Navy prisoner asks clemency because of dependency at home.

"The chapters' response to calls that come from the Red Cross field directors in the camps, asking for friendliness for the service men's families, about whom they worry, is greatly appreciated by Army and Navy authorities as well as the men themselves, as no man can do good work or be contented who is troubled over home problems. The War Department in asking the continuation of this service to the members of the peace-time Army and Navy has paid the Red Cross a wonderful tribute. It shows that the Red Cross has proved for all time the value of social service for the members of our fighting forces.

"Before I leave the subject of the ex-service men, I want to urge upon

HAVE YOU ANY WORK FOR A WILLING SOUP CART?

"Nine little soup carts, standing in a row,
Nine little soup carts, no place to go."

"What's a poor old soup cart going to do when there isn't any war?"

There are nine soup carts and an equal number of officials at National Headquarters that have given up trying to answer the problem. The officials have decided to leave the question to chapters, and the soup carts have assented, hoping that some time, somewhere, some way, they may desert the dreary life of a sub-basement. If any chapter has need for a soup cart, it is advised to notify C. E. Turner, soup-erintendent of buildings, National Headquarters. The only charge will be for freight or express.

The soup carts are willing to do any kind of service, however humble, but they want the world to know that they are soup-erior, soup-erlative soup carts!

our chapters the fact that we in the Civilian Relief Department are here to help you solve your problems and we want you to continue to use us freely in every possible way."

In going over the scope of the work of the extension of home service to civilian families, Miss Graham stated the problem and the difficulties of its solution tersely, saying:

"We must warn the executive committees of the chapters that social work is anything but spectacular; that there may seem to be small results to show for the money and energy expended. The maladies represented by the handicapped who all show mal-adjustment to the economic conditions under which we labor; the habits of failure that are formed by their repeated discouragements; the lack of joys of normal living; all make a vicious circle into which it is difficult to break.

"The most experienced social physicians among us realize that physical ills are, in the last analysis, more easily cured than are financial, mental or spiritual ills, and that the day by day effort is a task that gets little understanding recognition. Those who undertake this work need every encouragement, and we again make the appeal for the appointment of strong, interested, devoted Home Service Committee members who will make it their business to uphold and strengthen the efforts of the active workers given the responsibility for this Red Cross Home Service."

HOW RED CROSS GROWS TOLD BY FIELD WORKER

"The Red Cross could not stand still—it, of necessity, had to grow," was the illuminating statement of Miss Elizabeth Porter, Pacific Division field representative, in her talk before the California Conference of Social Work. Her subject was "The Red Cross in Social Service in Rural Communities."

She gave the following statistical summary:

"In this division of the American Red Cross we have home service extension in forty-one chapters with executive secretaries to carry on the work. Of these forty-one, eighteen are paid, nine of that number having gained experience in other fields of social service—probation work, nursing training, club or settlement work. Four are professionally trained social case workers and the remaining twenty-eight are people who worked in home service during the war and who gained the confidence of the chapter and community people. Many of them have literally learned their work 'on the job' and are marked successes."

Four Chapters Cited

In her review of what a field representative finds, Miss Porter cited King City, Merced County, Pittsburg and Richmond Chapters, saying she hoped "to give a clear idea of what the Red Cross is actually doing and of what it may undertake to do."

King City was one of the first chapters to apply for home service extension. Its work is comprehensive and receives the commendation of Monterey County officials. Of the work of the home service secretary, who is also the local health officer, the speaker quoted the county probation officer as saying that he would have no hesitancy in receiving a report and recommendation from the Red Cross Home Service secretary and that wherever possible he would meet or co-operate in the expense of relief. This he has done repeatedly, according to the report.

Aids State Boards

Of the Red Cross work in Merced County, which developed into the adoption of an ordinance creating a county welfare board, the speaker quoted from an official letter directed by the California Board of Charities and Corrections to the Division Department of Civilian Relief.

Of Richmond, Miss Porter said in part:

"During this last month the secretary (a trained social worker) did constructive work with thirty-two families receiving state aid, and in many cases by presenting a detailed report to the Board of Supervisors, giving a family budget showing the income and the necessary expenditures in order to maintain any fair standard of family life, she was able to get the county to either in-

SCHOOLS MAKE GARMENTS

(Continued from page 5, col. 3)

ter school committee. In this way every school in the city is kept in direct touch with the Junior Red Cross activities."

Of foreign production, that is, making garments for shipment to needy children overseas, she said:

"Late in the fall of 1920 the committee decided that the Oakland public schools were ready to give some attention to international needs. During this spring semester of 1921 the majority of the schools of Oakland are busy with foreign relief production. Dozens and dozens of garments will be ready for shipment in June.

Juniors Adopt Nurseries

An outstanding activity conducted by Juniors in Oakland schools, that of sponsoring the equipment of three day nurseries, was described by Mrs. Fratis as being "practical social work that affords students in the high schools an unusual opportunity for community experience."

How the high schools did this remarkable thing is told step by step by the speaker as follows:

"The Technical High School adopted the Clawsen Day Nursery. Through the efforts of the students, over \$300 was raised, which was used for the purchase of necessary equipment to make the day nursery a comfortable home for the many little children who were to live there. A committee of students visits the day nursery regularly once a month to look after its needs and reports back to the high school students who respond to the calls made.

"The Oakland High School adopted the Garfield day nursery. This meant the complete furnishing of a cottage, which is owned by the school department. Through the activities of the students in this school almost \$400 was raised.

Boys Remodel House

"The Fremont High School adopted the Lazear day nursery. This nursery was begun in July, when the cannery season was at its height, and the babies were cared for in a portable school room building. 'The Hut,' which stood on the city plaza during the period of the war, was given to the school department for a day nursery building at this school and was moved to the school grounds in August. 'The Hut,' however, was not nearly large enough to accommodate the many babies needing care in this district, and the Fremont School students realized this, and under the direction of the manual training teacher a number of boys in the manual training class spent any number of Saturdays building on and making this 'Hut' over into a roomy, attractive home for these little folks. This school pledged itself to \$500 for the necessary equipment of the day nursery. This amount of money, together with the many hours of labor cheerfully given by the students of the school, has made the most attractive day nursery that we have.

"Thus, through Junior Red Cross activities day nurseries have become real institutions in the Oakland school system, and through them 100 babies and small children have been given daily care under expert guidance. Also more than 100 girls have received practical experience in caring for children in a scientific way. They have been real students of child care in real laboratories.

FASHION SHOW TALK TO
ACCOMPANY EXHIBIT

Baby Joannis Scott Donaldson, the youngest Red Cross Reserve—five months old

"Conservation is one of the important phases of Salvage and Shop, and one of the ways in which the chapters conserve and also bring in an income to carry on their Red Cross activities is through the making of reconstructed garments.

"The oldest things can be utilized. The left-overs and the cast-offs are important factors in the work, and the little garments which are to be presented to you today are things which are made out of old shirts or underwear, the useless things which people ordinarily would throw away.

"The little beach or garden set (worn by the child on the right) was made from one old shirt. A small pair of rompers was also made from a shirt, as was the suit of clothes on the little boy. The little dress on the larger girl was made from a torn and faded bungalow apron.

"Our Red Cross chapters find the work not only an incentive for the people to keep up their interest in the Red Cross, but also in social service in the community. It is hoped that each one of you will take home a little message of what the Red Cross can do.



Beth, George and Anna

"OLD CLOTHES FOR MILK"
SLOGAN OF SHOP
IN PITTSBURG

"How do you get milk out of old clothes?" said a serious small boy to a nurse in the Red Cross Shop at Pittsburgh.

It seems an impossible feat; in fact, it seemed impossible to the little chap who visited the newly opened shop until the nurse explained that old clothes brought to the Red Cross Shop could be sold and milk bought with the proceeds.

This amusing instance occurred following the parading of 400 school children through the streets of Pittsburgh on the day of the opening of the Red Cross Shop. The children carried banners made from Turkish towels on which was printed, "Give your old clothes to sell for milk." Some of the anemic children were given banners displaying a milk bottle and the words, "We need milk."

The shop is centrally located and was donated by a man called Cheap Charley, who holds undercost sales in the same building for three days in the week. The Red Cross has the use of it the remaining three. During the opening days of the shop \$40 was made. The proceeds are used to buy milk and proper food for the undernourished children of the town. One merchant, known as Sam, held a benefit ravioli dinner at 60 cents a plate and turned the entire proceeds over to the Red Cross milk

CHAPTERS AID STATE WORK

(Continued from page 6, col. 3)

crease or supplement the state's allowance.

"In addition to this the office handled calls from thirty-two ex-service men seeking assistance in adjusting claims for compensation, insurance and other detailed matters."

In Pittsburgh Chapter the Red Cross supplemented the work of the school department by installing a dentist's chair, cabinet and instruments, providing for a dental clinic every Monday. This chapter now has a social service worker following a community study made by the local chapter and a division field representative.

"And so I could name those other chapters," said Miss Porter in conclusion, "which are doing equally fine and important work. Red Cross does not undertake home service in those chapters where there is an organization already in the field, but it does aim to aid and stimulate social welfare work in those communities socially unorganized; or should the community desire it, the Red Cross will co-operate with other agencies to strengthen a particular phase of their work."

"We feel we have great reason for pride in the social work already undertaken by Red Cross chapters in this division."

A. R. C. FIRST AID BOOTH BUSY STATION AT ORANGE SHOW

Fifty-four persons were given Red Cross first aid treatment during the Eleventh National Orange Show in San Bernardino, February 18-28, according to Miss Dorothy Williams, field representative from Pacific Division, who was in attendance in the Red Cross booth during the show. Red Cross first aid kits were on display and included automobile, household, school, pocket, emergency, and Boy Scout pouch.

An attractive display of posters and charts sent from Division Headquarters to San Bernardino told briefly the peace-time work of the American Red Cross. The posters represented the work of the departments of Salvage and Shop, Junior Red Cross, First Aid, Health Service and Nursing. Literature and general Red Cross information were given to over 600 people.

During the show a Junior Red Cross exhibit from National Headquarters was displayed in the window of one of the prominent banks. This exhibit includes toys and articles made by the children of Europe, despite their poverty and distress, for the Junior Red Cross of America. The American Juniors are sending food and clothing to the children of the allied countries who are pouring out their thanks by sending these simple gifts to the Juniors of America. The Junior exhibit was held by the local school department for further display.

Automobile first aid kits were also placed on exhibition during the Fifth Annual Pacific Automobile Show in San Francisco in the Civic Auditorium. Two sizes were shown, the pocket and the automobile kit. Oakland automobile show had the Red Cross first aid kits on display, too.

Red Cross first aid kits were a feature in the exhibits at the California State Conference of Social Work in San Francisco.

Fresno Chapter of the Red Cross is co-operating with the City Health Department by offering the use of the Red Cross public health nurse and her car in helping stamp out contagious diseases. The chapter is also giving valuable assistance to the State Tuberculosis Association in caring for two of its little wards from Fresno County, now at the Sunshine Preventorium at San Mateo.

Nursing Activities

Healdsburg—Mrs. Alice Graham, Red Cross nurse, reports that two schools have organized Modern Health Crusade Clubs. She conducts a class in first aid for the Boy Scouts and distributed approximately five dozen tooth brushes among the school children, who reported they were unable to buy them, allowing them to bring whatever amount they could afford, thereby giving them the feeling of ownership.

Willows—Miss Marie L. Kent, public health nurse, is receiving splendid co-operation from teachers in working with the school children. "One little boy," writes Miss Kent, "who came to me to be examined could hardly be seen for the shock of uncombed hair and very dirty clothes. I talked to him, stressing his personal appearance. He lived a short distance from the school and when he returned after the noon hour his face was shining from its thorough scouring and his hair was combed and plastered down, and he was dressed in clean blouse and fresh overalls. It was a wonderful transformation. Parents report that since the school examination their children cannot be hired to touch coffee or tea."

Redding—Miss Naomi Moore, public health nurse, reports that nineteen children in one school have gained in weight since noonday hot lunches have been inaugurated. Before the tests were started all but two of the pupils were underweight. In a month's time, by eating the foods prescribed by the nurse, the children all gained at least one pound, and one girl gained eight. The menus prescribed call for plenty of vegetables, fruit and milk with as little meat as possible, and one hot dish at school for luncheon.

Phoenix, Ariz.—An interesting account of the work of Miss Etelka Weiss, public health nurse in Phoenix, Ariz., is told in a newspaper clipping received at Division Headquarters.

Miss Weiss' attention was called to an unfortunate family who, in ten years, had had seven children of whom only two lived and both were blind. Together with the doctor Miss Weiss worked to determine the cause, which they found to be a very unhappy one. The proper attention was given the family and the eighth baby born to the mother was strong, healthy and beautiful.

Fort Bragg—Miss Nellie Were Turner has been appointed community nurse under the supervision of the Red Cross Chapter.

Sonora—Miss Anna Weum, Red Cross public health nurse, has organized a nutrition class with twenty-eight pupils under her supervision. She has also introduced the noonday hot lunch in one of the grammar schools. An entertainment was recently given in the lunch room, netting the school \$40. This money pays for the services of a woman two hours each day. Besides cooking she puts up proper lunches for a number of children who are unable to bring their own.

Coal, salt and potatoes have far more purchasing power in certain parts of Poland than the national currency, American Red Cross workers report.

TEACHERS CO-OPERATE WITH WORK OF PUBLIC HEALTH NURSE

Miss Eleanor Nolan, Red Cross public health nurse of San Benito County, who has been making complete physical examinations of children in all the schools of the county, has attained such remarkable results that the work is being encouraged by W. J. Cagney, the county superintendent of schools. He asks co-operation from the teachers in the following letter sent to all teachers in the county:

"Our county health supervisor, Miss Eleanor Nolan, has reported that she has practically completed a physical examination of the children of all the schools of the county. Because I am impressed with the importance of this work I have been glad to render Miss Nolan every assistance in her investigations and am glad to learn that the teachers, too, without exception, have co-operated with her to the fullest. This big work having been done, the most important work is now before us, and in this work, too, the teachers can render a great service. Defects discovered should be removed wherever such course will meet the approval of parents.

"Children must be assisted in the proper habit of living, and they should be encouraged in their efforts along this line. In all cases where the nurse might render special service she should be advised, as Miss Nolan is most anxious to serve us well and conscientiously.

"It might be a good idea for teachers to send in a health report, say once a month, the report to touch on the following: Care of teeth, care of hands, defects removed, etc.

"The report could also deal to some extent with the interest all are taking in health and sanitation, and in this way a deep interest in all that good health should mean will be created.

"The one charged with the responsibility of keeping everything clean and neat around the school and in the school room is the teacher. Because of this responsibility I am taking it for granted that those concerned will realize that I am more anxious to help them than to find fault, but be that as it may, the time has come when we can no longer take a chance on training for citizenship surrounded by conditions that would be a disgrace to any of us."

HEALTH CENTER NUCLEUS FOR GOOD

(Continued from page 3, col. 3)

from which much good may grow. It is safe to say no two are alike. Those in this division range in type from the unique, spontaneous development in Beatty, Nevada, a community of some 400 people in a desert mining camp, to the centralization of health activities undertaken in Tucson, Arizona.

"Both these centers have grown as every healthy health center must grow, out of the interest and zest that is in the community itself. If any phase of local Red Cross work is to succeed and live, it must, I believe, grow naturally on its own soil and answer a real need of that place."

Serves
the fighting
man in army,
navy, camp
and hospital
—remembers
the ex-serv-
ice man.

Your
Red Cross
Membership
makes it
possible

The American Red Cross Pacific Division Activities

Protects
the home in
time of disas-
ter; saves
babies;
teaches
mothers;
serves the
community.

Your
Red Cross
Membership
makes it
possible

Vol. III

APRIL 15, 1921

No. 17

National Sewing Bee Calls Workers

APPEAL FOR CLOTHING SUPPLEMENTS CRY FOR FOOD

Red Cross workers in the Pacific Division—California, Arizona, Nevada and Utah—are being called upon by the division management to mobilize for the National Sewing Bee to furnish garments for the hundreds of thousands of babies and small children in Europe who are clad only in meager rags or newspapers.

Announcement has been sent out to chapters in the division to stimulate the sewing in both adult and junior groups. The school children have been asked to contribute 2,000 garments and 300 layettes for a June shipment. No quota has been announced for the chapter workers, but the demand from the whole American Red Cross is a stupendous one calling for a concerted effort of all who want to help in this greatest call the Red Cross has had since war work production ceased.

American Red Cross relief workers, just returned from Europe bring to America tales of acute suffering among these children, who walk barefoot and almost unclad in the bitter winter climate of Central Europe, thousands of whom born in wartime have never known a shoe or decent article of clothing.

With materials furnished by the American Red Cross native women in these destitute countries today are at work in an effort to meet the distress among

their children, but their effort is in no wise sufficient to meet the problem.

Information collected by the Red Cross in Europe shows that there is instant need of 250,000 layettes and 2,000,000 garments for children up

CHAPTERS CAN INTERPRET COMMUNITY THOUGHT IN WORKROOM

is estimated that the 2,000,000 garments asked for will suffice barely to cover 500,000 children.

While the appeal is directed to the women who served in Red Cross rooms during the war, all women interested in the clothing of these children are included. The project will not be launched on anything like the war-time scale, when each community had its chapter workroom where women assembled daily to turn out surgical dressings and countless other articles needed for the American Expeditionary Forces. Unlike the same service in war-time there will be little purchasing of materials, but the women will be urged to utilize any cast-off articles of clothing which by the use of specifications of the Red Cross can be converted into useful garments for these destitute children.

The chief phases of the effort being made today for the salvation of Europe's children are the feeding program of the European Relief Council of which Herbert Hoover is chairman, and the medical welfare service of the American Red Cross. The plan to provide clothing supplements these activities and is held absolutely essential if the full bene-

fits of these two operations are to be fully realized.

Secretary of Commerce Herbert

(Continued on page 2)

A. R. C. Production Plan Gives Essential Service

"I understand that the American Red Cross, in connection with its general child welfare program, is planning to undertake through its volunteer service in the United States the production of certain essential garments to clothe hundreds of thousands of the underclad children of Europe.

"This is indeed a splendid and most essential service. The children, as well as the adult population, of Central and Eastern Europe in particular are daily suffering from exposure and from the diseases that follow in the wake of an underclad condition.

"The slow economic recuperation of these districts makes it almost impossible for the governments concerned to care adequately for this pressing need of their populations, and whatever America can do to alleviate this condition will be but another splendid example of her desire to relieve real suffering wherever it may be found."—Herbert Hoover, Secretary of Commerce and Chairman European Relief Council.

"To the Men and Women of Stanford:

"Again there comes one of those calls to all Stanford men and women which we have ever been ready to meet. A lot of little children and babies 'over there' need clothes—not the latest styles but just plain garments to keep out the cold and the rain. We have been helping Hoover give them enough food to keep them alive and growing, a little—and now the American Red Cross asks us to help them put something on their backs.

"They want a quarter of a million sets of clothes for new babies and 2,000,000 outfits for children up to 14 years of age. It will seem like old times to our women to sew and knit for others, and the men can at least help somewhat in providing cloth and holding yarn. Madeovers and reconstructed garments will be acceptable.

"I appeal to all of those Stanford groups whose response has been so immediate and so effective in the past to join in on this new opportunity to do something worthwhile under the management of our own Red Cross."

RAY LYMAN WILBUR,

President Leland Stanford, Jr., University.

to the age of fourteen, and that an infinitely larger number of garments can be used before these children would be even decently clothed. It

Production Plan Is Approved by Hoover

(Continued from page 1)

Hoover, chairman of the European Relief Council, has expressed his appreciation of the plan of the American Red Cross to produce through the volunteer workers in its chapters throughout the country a minimum of 2,250,000 children's garments and layettes for the needy children of Central and Eastern Europe.

Dr. Ray Lyman Wilbur, president of Leland Stanford, Jr., University, Hoover's alma mater, also expresses active interest in the Red Cross production program. He is stimulating Stanford women in the university and in alumni groups to enlist in the army of Red Cross workers for the present emergency. His recent address before the student body is a call which promises to receive a hearty answer.

Churches Interested

Church leaders throughout the Pacific Division territory are expressing their interest in the humanitarian plan to give encouragement to the adult population in stricken countries through care of their infants and children. Groups of women in many churches, all denominations, and other organizations having welfare committees are pledging themselves for Red Cross work in local chapters.

Every chapter in the Pacific Division has received communications concerning the garment making from the Department of Volunteer Service, under whose head, Miss Kathleen Booth, the production program is being conducted. Emphasis has been placed upon the fact that the plea for this work is in no way an arbitrary one, but chapters are urged to assume responsibility for some share of the national pledge which was made after thorough canvass of the situation. National headquarters' decision on the matter of urging production at this time was a response to a call which is deemed the biggest one to reach the American Red Cross since the signing of the armistice.

With the outline of the need ever before Red Cross chapters and the public generally, the detailed information concerning the garments wanted, their making and shipping, is given out by Miss Booth in a letter which went to chapters April 8.

It is not the present intention of the Division office to give to the chapters a definite production quota,

but there are several facts upon which it is necessary for chapters to be informed in starting the work.

Division Quota

National headquarters has given the following quota to the Pacific Division:

22,000 layettes (11 garments in full set).

15,000 sets (1 to 5 years), consisting of dress, petticoat, undershirt and nightgown.

11,000 sets (for girls 5 to 14 years), consisting of dress, petticoat, chemise, bloomers and nightgown.

11,000 sets (for boys 5 to 14 years), consisting of blouse suits, undershirts and underdrawers.

These garments, with the exception of the layettes, can be made either in sets or as individual garments.

The following information will be useful in making and packing:

Chapters can purchase new material to make garments if they have unappropriated funds. Chapters which have no unincumbered funds can make reconstructed garments. Some may prefer to do this.

Chapters should keep in mind the fact that freight charges are high and that it is economical to send only such clothing as is stout and warm and which has a good bit of wear still in it. The following articles are suitable for foreign relief: Layettes, dresses, petticoats, undershirts, chemises, bloomers and dresses for girls of various ages; shoes, slippers, hats, caps, neckties, leggings, handkerchiefs, washcloths, etc., can be sold in a Red Cross shop.

Need Is Immediate

Garments are needed now. Chapters should ship goods as soon as they have sufficient to fill a packing case. A steady flow into Europe during the summer and fall will have the double advantage of saving Red Cross expense and congestion in New York and of enabling our representatives abroad to distribute supplies to better advantage.

There will be no nation-wide use of standard patterns. If chapters wish it the Division office can furnish patterns and suggestions.

As a general rule chapters should not incur additional expense for rent, etc., for workrooms. There may be exceptional chapters where this expense would be justifiable. Meeting places can often be obtained through co-operation with

clubs, church groups, public libraries, schools, lodge rooms, etc. The best plan is to get as much work done with as little expense as possible.

Chapters may designate the country to which they want their garments distributed. Austria, Poland, Hungary, Czecho-Slovakia, the Balkan States and the Baltic States are the places where the goods will be sent. Every reasonable effort will be made to send designated boxes to the country indicated, but the Red Cross reserves the right to distribute supplies according to the need in respective countries.

Inspection of the garments made in the chapters is necessary, but great latitude should be given, especially in the making of reconstructed garments, as there may be many different styles and sizes made in this work.

Old Garments Can Go

Chapters having old, clean garments which they wish to ship may communicate with the Division office, stating just what they have on hand. It is important to have these garments mended and freshly laundered before shipment, as nothing that is soiled or torn will be accepted, and we do not wish the inspectors in New York to feel that the chapters in the Pacific Division are sending goods which are not practical for the uses designated.

It is necessary to classify the clothing, pack solid the cases and label them clearly to indicate the contents, because much time and expense will thus be saved in New York and Europe. Careless and miscellaneous packing of supplies and a failure to properly indicate the contents in the case make it necessary to open the containers in New York, reclassify and repack the contents. When a shipment of relief supplies is received in Europe it is first placed in a warehouse and from that warehouse it is shipped out in large or small quantities to relief centers as it is requisitioned. If the cases are not properly marked it may be necessary to open a large number before garments for children of a desired age are discovered. If the cases are incorrectly labeled the confusion is still further increased, because the mistake is not discovered until the box reaches some remote distributing station.

If there should be additional ques-

(Continued on page 4, col. 2)

FIRST HEALTH CENTER IN DIVISION HAS FINE RECORD

Reviewing the year's work done through the Health Center at San Rafael, the first one organized in the Pacific Division, Miss Melanie Lancel, secretary of the Marin County Chapter of the American Red Cross, in her report to Pacific Division headquarters, says:

"The Health Center, a gift from Mrs. Virginia Whiting Newhall and her family, was opened January 1, 1920. It serves the purpose of Red Cross headquarters as well as a health center.

"We began work in the center with two nurses, Miss Mary Farey and Miss Myrtle Miller, who, with the secretary, are the only paid workers employed by the chapter. The chairman, treasurer and the home service worker all devote much time to Red Cross problems that arise, and are assisted by a number of other volunteer workers in doing the work.

"Our first effort was to establish a dental clinic for the school children, and this has been most successful, the average monthly attendance being about 75 children. In the school inspection of the previous year 70 per cent were found needing their teeth attended to, while this year only about 25 per cent show need, which proves that many other children have been attended to by their own dentist.

"A growth clinic has been started, and during this year it is intended to establish others in the jurisdiction of the chapter branches.

"As a place for the public to go with all their problems, the center has justified its being and the hopes of its promoters. It would be difficult to tell of all the various things that have been brought to the secretary. Health questions come first, but social welfare and all manner of other things are asked about. We find more and more that the people of the community recognize that the Red Cross is here to stay, and to help them in every-day life as it helped the army in the war.

"The cost of establishing the center was small, as the gift of the house carried with it most of the furnishings, and we were fortunate in securing the dental outfit from a local dentist. Some of our expenses incurred during the year include: Furnishings, not included in gift, \$354.43; janitor, care of grounds, \$331.80; light, heat, water, \$275.96; original dental equipment, \$250;

Nursing Activities



Woodland School

Woodland—Miss Rozzie Manning, Red Cross public health nurse of the Yolo County Chapter, examined 187 children in one school and found 128 underweight. Thirty-nine out of the 128 were 10 per cent or more below their normal weight or in the malnourished class. Some of the children were as much as 20 per cent below normal weight.

She visited the parents of each child who was 10 per cent below its normal weight and urged them to have the child's physical defects, such as adenoids, tonsils or carious teeth corrected, and also let the child take a mid-morning lunch at the school.

After getting the co-operation of the mothers Miss Manning appealed to the local tuberculosis association committee for funds to serve a mid-morning lunch, consisting of two graham crackers and an eight-ounce bottle of milk.

This lunch is now being served at 10 A. M. each school day, and the mothers see that the children have it at home on Saturday and Sunday.

The children are weighed each Monday. Some of them have gained as much as three pounds in four weeks.

later equipment and materials, \$168.84.

"We have quarterly conferences in the center with the workers in the different towns near here, and the nurses have meetings with the nurses of the nearby counties, thus bringing about a discussion of the problems which are more or less common to all.

"The executive committee of the chapter is responsible for the general policy of the center, and we have various committees organized, including nursing and dental."

HYGIENE COURSES ENTER HEALTH CENTER PROGRAM

XII

The American Red Cross has three bureaus organized at National and Division Headquarters to assist Red Cross chapters in conducting classes in Home Hygiene and Care of the Sick, First Aid, and Dietetics. Where the chapter has a health center these courses may become an integral part of the health center program of health education.

The classes in Home Hygiene and Care of the Sick appeal to women and girls interested in maintaining health in the homes. This is, therefore, a most valuable form of health education. No health center is considered complete without the equipment to meet the needs of these classes when it is possible to conduct them.

The nurse instructor brings to the health center her enthusiasm and skill in teaching women and girls some general laws of health, the earlier recognition of symptoms of disease, the greater care in guarding against contagious diseases, and a knowledge of the elementary methods of caring for the sick.

Courses in home hygiene and care of the sick may be planned for the health center by the health center management in co-operation with the chapter committee on nursing activities. In these courses the department of nursing is responsible for their content and the selection of instructors, while the health center management is responsible for the equipment and arrangements in the health center and for the enrollment.

These lecture and demonstration courses include the following general topics: Causes and Prevention of Sickness; Health and the Home; Babies and Their Care; Indications of Sickness; Equipment and Care of the Sick Room; Beds and Bedmaking; Baths and Bathing; Appliances and Methods for the Sick Room; Feeding the Sick; Medicines and Other Remedies; Applications of Heat, Cold and Counter-Irritants; Care of the Patients with Communicable Diseases; Common Ailments and Emergencies; Special Points in the Care of Children, Convalescents, Chronics and the Aged.

Upwards of one thousand classes in Home Hygiene and Care of the Sick are being conducted each month throughout the United States by Red Cross nurse instructors.



The American Red Cross

ARIZONA-CALIFORNIA-NEVADA-UTAH

A bulletin published on the fifteenth of each month by the Pacific Division, American Red Cross, Civic Center, Hyde and McAllister Sts., San Francisco, California
Telephone Park 4391

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RED CROSS CONTRIBUTES FUNDS TO IRISH RELIEF

Out of funds held in reserve for the relief of conditions of unusual distress the American Red Cross will contribute \$100,000 to the American Committee for Relief in Ireland, it was announced at National Headquarters.

Following conferences between representatives of the committee and national officers of the Red Cross it was agreed that, in accordance with Red Cross policy, the Red Cross contribution should be made in lump sum from national funds. The Irish committee will not solicit nor accept contributions from chapters.

Contributions to the Irish relief fund, of which this \$100,000 is a part, are being disbursed in Ireland with the consent of the British government.

"The urgent appeal by responsible American citizens indicates that there now exist in Ireland conditions of unusual distress, particularly among women and children, who must inevitably be affected by the present situation," said W. F. Persons, acting chairman of the central committee. "Accordingly the American Red Cross makes this gift in conformity with its traditional policy of alleviating emergency needs."

MORE THAN 1,889 VISITS MADE IN YEAR BY R. C. NURSE

Mrs. Ellen Anderson Decker, public health nurse from Vacaville, made over 1,889 visits to homes and schools during the past year, according to her yearly report sent to Pacific Division Headquarters. During the school year she inspected for the first time 670 pupils, of whom 51 had defective eyes, 26 defective ears, 306 defective throats, 315 defective teeth and 108 underweight. During the summer vacation she made 444 follow-up calls to the homes of the pupils. Up to the present time this year 34 throats have been operated upon, 19 eyes corrected, and 117 have had dental work done.

The lunch room at the grammar school, which has been equipped by the Parent-Teachers' Association, was opened the first of the month for the first time and was well patronized. Forty cups of chocolate were served to the students on that day at the nominal price of five cents a cup. One hundred can be seated at a time. On the second day soup was added to the menu, and the pupils can now have their choice of soup or chocolate at the same price. On the third day 105 cups of soup and chocolate were served.

MAGAZINE STORY TELLS HOW RED CROSS SERVES

Chapter workers are urged to give particular attention to the article outlining and interpreting the service of the Red Cross for the former service man and his family which appears in the national Red Cross Bulletin, April 4. This magazine is sent from Washington to each chapter in the Pacific Division, and if any chapter is not receiving it please notify the division department of publicity giving the address to which the magazine should be sent. Additional copies can be secured when desired.

FOREIGN PRODUCTION

(Continued from page 2)

tions or suggestions from any chapter, please communicate with the Division office of Volunteer Service. We feel sure that when the women of your community learn of the necessity for this overseas production work, they will each do their utmost to carry the work to a successful termination.

VOLUNTEER SERVICE GETS RESPONSE AS GOOD CHAPTER PLAN

General movement in regard to volunteer service is being manifested in the Pacific Division. The response has been so spontaneous from many chapters that it is felt all of them will take advantage of similar organization.

Glendale is to be congratulated on being the first to organize its volunteers, and to start the work of production by making layettes. Marin County reports the completion of 50 layettes and Napa 150.

The latest chapters and branches to adopt volunteer service are Glendale, Claremont, Bakersfield, Turlock, Fresno, Folsom, Modoc County, Banning, Mt. Hamilton, Marin County, and Santa Cruz.

In Santa Cruz, volunteer service met with enthusiasm at the outset. Red Cross workers have interested local organizations to make booklets for bed patients at the U. S. Public Health Hospital at Palo Alto. These booklets are made as attractive as possible, manila covers are prettily decorated, each one containing a story clipped from a magazine. They are convenient in size and when completed weigh much less than the average periodical, thus making it easier for the patient to handle them.

LOS GATOS SHOP SHOWS UNIQUE ENTHUSIASM

Los Gatos Red Cross shop had a unique exhibition of enthusiasm when one woman had her own hair cut to donate a switch to the cause. It was displayed in the shop window with a sign reading, "This is brand new." It is to be taken to a hair store to have its real value appraised that a fair price may be asked.

This same shop developed an entirely new idea in saddle blankets when a man purchased a brilliantly colored piano cover for his riding horse. To complete the gaudy equestrian outfit he bought some old brass belt buckles to ornament the bridle.

A recent donation of hearses to the Red Cross Salvage and Shop at Phoenix, Arizona, might imply that the shop is dead, instead of alive and progressive as it really is. The three hearses are of the antique sort of before-the-automobile days.

The gift did not cast a shadow of gloom over the Red Cross workers, but was happily received.

Junior Activities

CORRESPONDENCE CARRIED ON WITH FOREIGN JUNIORS

With the object of engendering a closer feeling between the Junior Red Cross of America and the children abroad, a school correspondence with foreign children has been started in the Pacific Division.

The following foreign countries have agreed to engage in the correspondence: England, France, Switzerland, Italy, Holland, Greece, China, Porto Rico and the Philippine Islands and Hawaii.

During the month of February two letters written by the Juniors in a San Diego school passed through Division Headquarters en route to the children in a school in Geneva, Switzerland. In the letters a graphic description of winter sports in California was compared with those in Missouri where the writer had lived. Flowers were described as well as general Junior Red Cross work in America.

An interchange of school correspondence between children in the United States is proving an interesting and also an educational undertaking. It is a means of enrichment in English, as well as a promotion of a sympathetic feeling between Juniors in different divisions.

During February letters forwarded through Pacific Division Headquarters were exchanged as follows: Carthage, N. Y., to Winslow and Tempe, Ariz.; Winslow to Carthage; Washington, D. C., to Berkeley, Cal.; Berkeley to Washington, and Saco, Me., to Oakland, Cal. The following correspondence has been carried on with foreign countries: Bialystok, Poland, to Pasadena Polytechnic Elementary School; Geneva, Switzerland, to San Diego State Normal School, and Dulzura, San Diego County, to Hawaii.

A unique and practical activity in the Atlantic Division will be of interest to auxiliaries in smaller cities. The following notice appeared in all newspapers of Naugatuck, Conn.: "Women of Naugatuck: The Red Cross house will be open Wednesday and Friday afternoons from 2 to 5. Bring your material—old and clean or new and learn how to make it into pretty clothes for your children. Free of charge. Junior Red Cross members on hand to take care of your children while you sew."

J. R. C. IS WORLDWIDE SAYS BELLINGHAM PAPER

In an interesting editorial the Bellingham (Washington) Journal forecasts a worldwide organization for the Junior Red Cross as organized in the United States. Quotations from the article follow:

"Seeing all that has been done by the school girls and school boys of America through the Junior Red Cross toward aiding children everywhere and bringing about friendship among the children of all nations, nearly every country in Europe is now preparing to organize its children to carry on the same sort of work.

"American school children were the first in all the world to have a Red Cross of their own. When the world was at war, these boys and girls contributed money, and army and hospital supplies running into the millions. Finally peace came, and the American Red Cross decided that the school children should be rewarded and the nation helped by banding the boys and girls together permanently in the Junior Red Cross. That was more than two years ago and so splendidly has the new plan eventuated in teaching children the beauty of unselfish service for others and right ideals of citizenship, that the League of Red Cross Societies has sent its representative to the United States to study closely America's plan of organization in order that it might be followed abroad."

PLAY SWELLS JUNIOR FUND

The Intermediate School at Coal- inga gave a musical playlet recently entitled "When Betsy Ross Made Old Glory." The High School Orchestra furnished the music for the play, which was very happily supported by the people of the town. The net proceeds were \$138.60, deposited for the benefit of Junior Red Cross.

The English class for foreigners in the Berkeley night school is using the February number of the Junior Red Cross News for reading material this month. The supervisor of Americanization in the Berkeley School Department says this number is especially valuable for inculcating American ideals of service and patriotism.

JUNIORS EXTEND WORK MAKING CHILDREN'S GARMENTS

Junior Red Cross auxiliaries in the Pacific Division are extending their production work wherever possible to meet the emergency demand for layettes and children's garments to send to European children.

Los Angeles Juniors have pledged 125 layettes; Upland, 35; Santa Cruz, 12; Ventura, 3; Turlock, 4, and Caliente, Nev., 10.

The letter announcing the urgent demand sent to chapter school committees and home economics teachers by Mary Concannon, director of the Department of Junior Red Cross, follows:

Will you place before the principals and students of your auxiliary this appeal for production of garments to clothe children now under care of Red Cross Child Welfare Units in South Central Europe?

So appalling is their lack of covering that life, as well as health, is menaced. When a family of ten living in a hut can clothe but two to face outdoors simultaneously, tuberculosis finds no resistance. Typhus rages where clean clothing is lacking for the deloused patient. These typical cases run into hundreds of thousands and the children are perishing.

Ship in June

Pacific Division today pledged itself in your name to contribute 2000 garments and 300 layettes to the June shipment overseas. An auxiliary may select the country to receive its production.

The following countries will be recipients in this percentage ratio: Poland, 40; Austria, 20; Hungary, 20; Czecho-Slovakia, 10; Baltic States, 5, and Balkans, 5.

These garments should be shipped through your local chapter. Your chapter may be asked to finance the purchasing of material if the Junior Red Cross fund is depleted. A. R. C. No. 612, Production of Children's Garments, contains the instructions, numbers of patterns, etc., for this work and may be had for the asking. Great leeway is allowed in production owing to the emergency.

The time is as short as the need is great, and consequently even the smallest number will be acceptable. Will you fill out the enclosed form and let us forward it to National Headquarters for their information as to the size of the shipment to be planned?

RED CROSS KNIGHT MAKES DEAD SALOON LIVE HEALTH CENTER

Once upon a time there was a saloon in a town in California called Red Bluff. Inside the saloon was a bar with a bright brass rail, a cigar booth and a rear room with all the equipment that went to make up a saloon in the days of long ago. Then there came a time in the history of man when people began to think more about health than pleasure, and grievous days did fall upon this saloon and upon many of his fellows throughout the length and breadth of the land. Therefore this Red Bluff saloon did mourn his state of uselessness and did bitterly cry out against his fate, saying, "I am dead, I am dead, woe alas! I no longer serve the uses of mankind."

Then did his fairy godmother hear his plaint.

"Be of good cheer, Poor Saloon," said she, "if the Red Cross Knight will aid me you shall live again and shall nurture in your halls not the dreams of a dead past but the hopes of a great future."

"You shall become a Health Center, and the merry laughter of babes and the soft discourse of women learning to care for the children of men shall replace the heavy tones to which you are accustomed. Your bar becomes a literature table, your walls shout messages of health to mankind through their posters, your cigar booth houses the loan closet supplies, and in your rear room will babies come to their weighing and measuring parties."

"Outside, by your mouth, Poor Saloon, that board which so mendaciously proclaims 'Beer, 5c a Glass' will soon say truly in red and white and blue, 'American Red Cross Health Center.'"

And she then did wave her wand named Vision and the change was begun. On this day she waves her wand named "Energy" and the change is being consummated.

HOSPITAL SUPERVISOR THANKS CARD DONORS

Playing cards in single decks, in dozens and smaller lots, are coming to Miss Hilda Steinhart, supervisor of hospital service in the Pacific Division, American Red Cross, in response to the call that was sent out late in March. She is writing letters of acknowledgment to all who give their names on the packages and takes this means to thank the unknown friends of the boys in hospitals for their contributions.

Nursing Activities

Watsonville—Miss Alice J. Liles, R. N., Red Cross nurse, reports that nursing headquarters have been moved into the new office in connection with the Chamber of Commerce. The arrangement is ideal in many ways. People who come into the restroom are interested in the literature for distribution. The window exhibit loaned by the Pacific Division office, "Between you and the Cow stands the Milk Pail," caused a great deal of discussion and elicited much comment.

Arrangements are about complete for Child Welfare Week, which is to be held in the new headquarters April 11-16. The Woman's Club gave a tea, raising over \$80.00 for equipment for the week, including scales, records and other necessary things. A dental hygienist is to be present the first three days and will give as many talks in the schools as possible. City physicians have volunteered their services for examination.

Nevada City and Grass Valley—Miss Mollie Johnson, R. N., has been appointed community and school nurse. Miss Johnson commenced work March 15 and her initial visit created a favorable impression. Her work in the schools promises to be one of co-operation and benefit to all.

Anaheim—Miss Margaret Kuehl, R. N., has been appointed community nurse with offices in the City Hall.

Santa Ana—Miss Idabel Durgan, R. N., was appointed school and community nurse February 1, taking the place of Miss Anna Rohde, R. N., who resigned on account of illness. Miss Durgan is teaching Home Hygiene in both grammar and high schools.

Whittier—Miss Teresa Furman, R. N., accepted the position of community nurse at Whittier, March 1.

Sparks, Nevada—Miss Gertrude Airth, R. N., went to Sparks April 1 to take up her duties as school and community nurse. She was school nurse in Los Angeles for several years.

Winnemucca, Nev.—Miss Maude Bowie, R. N., began her work as community nurse April 6. This position was made possible through the co-operation of the local chapter and schools.

Ontario—Mrs. Helen Dorsett, R. N., has been appointed community nurse, taking up her work March 10.

A. R. C. HEALTH SERVICE PROGRAM OUTLINED AT CONFERENCE

W. Frank Persons, vice-chairman of the central committee, American Red Cross, outlined the Red Cross health service program at a conference of Red Cross officers and health authorities in Washington, February 19. The program outlined was cordially received by the public health officers present and without change met their unanimous approval.

The statement made by Persons concerning the health service program is being issued to members of the Conference of State and Provincial Health Authorities. It will reach local health authorities through state commissioners of public health and Red Cross chapters in its publication as follows:

"In some of the larger communities in which health activities, particularly those for the treatment of sick persons, have already been established, the Red Cross has been a partner in the co-ordination of these activities into a health center. In such cities it is appropriate for the Red Cross to participate in this co-ordination, especially when the Red Cross is able to provide (a) the building for the health center, or (b) a substantial part of the current expenses, or (c) a considerable amount of volunteer service, or (d) to conduct a specific activity."

"In those communities in which the beginnings of organized health service are made by the Red Cross it is usually necessary to build gradually toward the health center (when that seems to be the logical outcome) upon the instruction in First Aid, Home Care of the Sick and Food Selection, or upon the experience and activities of the home service worker, or of the public health nurse. Educational activities in the health field, wherever possible, should be associated with service for those who are obviously in need of such aids to health as dental clinics, tuberculosis clinics, child welfare clinics, or public health nursing."

"In all of its health activities the Red Cross should be closely associated with the public health authorities, with the voluntary health agencies, and with the medical and nursing professions."

"One of its most important services is the development of public opinion in support of adequate public health work under official and professional leadership."

"LEARN TO SWIM" WEEK STIMULATED BY DIRECTOR

In an effort to stimulate "Learn to Swim" week in each community where swimming is popular during the summer months, Dr. G. H. Richardson, Pacific Division director of the Bureau of First Aid, has sent all life saving corps examiners full sets of the American Red Cross new literature urging them to organize campaigns wherever possible.

Full co-operation of the division office is assured in the letter sent out in which Dr. Richardson says in part:

"I would like particularly to impress upon you the advisability of endeavoring to have your community set aside a week for a swimming campaign, both to increase the number who should know how to swim and to make every swimmer a potential life-saver.

"This should be done under the auspices of the local Red Cross chapter, which fully realizes the value of this work from a publicity standpoint. I would suggest that you procure, if you have not already obtained them, instructions regarding the Brink method of teaching swimming. By using a few of your good swimmers, even if they have not been taught before, you can make plans for the instruction of every child in your vicinity. Can you think of anything better that you could do during your vacation period?"

PALO ALTO MATRON GETS MACHINE FOR HOSPITAL

Mrs. S. E. M. Breyfogle, a volunteer visitor at the U. S. Public Health Service Hospital at Palo Alto, has further endeared herself to the patients there by securing a motion picture machine for their use. She elicited the interest of a number of "friends of the boys" in Palo Alto and raised a fund large enough to purchase the machine, and arrange motion picture programs for some time to come.

Convalescent ex-service men in the hospital show great interest in the installation of the machine which will make possible many hours of entertainment in which they will be able to take their minds off their suffering and disabilities. Their interest is increased through their fondness for Mrs. Breyfogle, whom they consider one of their staunchest friends.

MOTHERS ASK A. R. C. AID TO LOCATE MISSING EX-SERVICE MEN



John Dwyer

Mothers calling to the American Red Cross for help in locating their sons, ex-service men, make one of the strongest appeals to chapter workers. Missing ex-service men about whom queries have come to Pacific Division, Department of Civilian Relief may be found in any chapter community. Information concerning them should be directed to the division office promptly. The following four are now being sought:

John (or Philip) Dwyer, S-1 005 098, C-471 698; date of discharge, May 21, 1920. His mother, Mrs. John Dwyer, 63 East 122d Street, New York City, believes he may be in an institution in the west. He was furloughed to the Reserve June 4, 1920; August 7 he was picked up in San Francisco as a vagrant and brought to the attention of the supervisor of District 12. He was a patient in the Marine Hospital until August 16, when he disappeared and has not been heard from since. He is 21 years old, five feet ten and three-quarters inches tall; has brown hair and brown eyes.

William C. Crow, 23 years old, five feet eight and a half inches tall, weighs about 135 pounds; fair complexion and dark hair. Crow served four years in the navy and was discharged in June, 1919, at Meade, Maryland.

William Eidson, son of Mrs. Lizzie Eidson, has not been heard from since February 24, 1918, when he was stationed at Camp Pontanzen, A. P. O. 716, A. E. F., with Provis-

Official A. R. C. Bulletin

Serial No. 52, issued March, 1921 (Department of Civilian Relief, Bulletin No. 120).

Subject: Transportation for Men on Furlough or A. W. O. L.

It is the policy of the War Department to advance transportation to his station to a man who, while on furlough or A. W. O. L., is without funds and who reports to and requests such transportation of a commissioned officer, the cost of such transportation being later deducted from the man's pay.

Heretofore men desiring such accommodations have applied more frequently to recruiting offices because of their number and consequent availability.

Recruiting offices are now being closed and men needing transportation must hereafter report to the nearest military authority at a corps area headquarters, camp, barracks, fort, etc.

It is suggested that, in those cases where it is impossible for the stranded man to reach his command, or any military post, Home Service Sections pay the cost of a telegram from the soldier to his commanding officer advising him of the man's predicament and requesting transportation.

The above holds true as regards navy men, except that the navy is retaining many of its recruiting offices for the time being.

ional Cook Co. No. 1. Later he was assigned to Company P, 57th Pioneer Infantry, and was discharged October 2, 1919, at Camp Gordon. At that time he gave his future address as R. F. D. 2, Nashville, Tennessee, but letters addressed there have been returned unclaimed.

Clarence Johnson, 26 years old, short, rather heavy set, medium brown hair and heavy eyebrows, blue eyes. Inquiry came from the Northwestern Division, Seattle, Washington, saying that he was in Del Rey, Cal., in January, 1918, and that it is believed he enlisted or was drafted in some branch of the service. He had tried to enlist but did not pass examinations on account of an injured arm. One little finger and the two next ones are stiff and one arm is not as fully developed as the other.

Any information concerning these men with approximate date when obtained should be sent to the Pacific Division, Department of Civilian Relief.

SAN FRANCISCO HOLDS FIRST 1,000-POINT CONTEST

The first 1,000-point Life Saving and Swimming contest held in the Pacific Division of the American Red Cross was directed by the San Francisco Chapter, ending March 31. Awards of the medals, certificates and ribbons were made April 6 at chapter headquarters, Miss Julia Hinkle, director of the education department, presenting them to twenty-seven contestants.

Eight junior life savers were in the group and seven men and twelve women.

Interesting scores, 1,000 points and over, were made as follows:

First prize medal (women): Lily Kruse, Y. W. C. A. Red Cross Life Saving Corps, 1,315; Aileen Jones, California Life Saving Corps, 1,315; (men), Phil Wallach, Sutro Aquatic Club, 1,275; Eddy Revaleon, Sutro Aquatic Club, 1,275; George Mitchell, 1,315; Erwin Morrison, 1,345; Ray Christenson, 1,345; Lloyd Whitney, 1,345; Fay D. Bowman, 1,345 (all of the Y. M. C. A. Red Cross Life Saving Corps).

Second prize, certificate: Violet Oatman, 1,295; Willow Secour, 1,295 (both of the Y. W. C. A. Red Cross Life Saving Corps); May Schou, 1,295; Florence Freisenhausen, 1,295 (both of California Red Cross Life Saving Corps).

Junior certificate (boys): Henry Johnson, Junior Y. M. C. A. Life Saving Corps, 1,315; (girls), Virginia de Camp, 1,075; Geraldine Bunce, 1,075 (both Junior Crew Y. W. C. A. Life Saving Corps).

Ribbons were awarded as follows: Women's Corps, Y. W. C. A. Red Cross Life Saving Corps, Muriel Yearin, Anna Graham and Edna Cornelius; California Red Cross Life Saving Corps, Elsie Butler, Agnes Dale, Emma Vannucci.

Juniors receiving ribbons for 750 points or over were: (Boys) Arthur Douglass and Cedric Bristow (both of the Junior Y. W. C. A. Life Saving Corps); (girls), Dorothea Woehlke, Betty Bristol and Josephine Scheuren (all Junior Y. W. C. A. Life Saving Corps).

Ten thousand undernourished children of Vienna were placed in farm homes in other countries of Europe during the severest part of the winter. The foster parents of these orphaned children agreed to care for them for one year.

UTAH CHAPTERS ASKED TO ORDER MAGAZINES

In adjusting the distribution of the division magazine through the Utah Chapter and branch communities, the current number is being sent as follows: Five copies to each chapter office, one each to branches and one each to libraries and newspapers.

Chapters are asked to make suggestions to increase a profitable circulation and to send in individual names where desired to add to the present mailing list. There is no charge for the magazine, which purports to carry instructions to chapters and the history of work as it is being done throughout the four states in the division.

Further contact between the division offices and chapters is made through publicity suggested in the following paragraphs from a letter sent out by the director of the department of publicity.

"In addition to the magazine a medium for Red Cross information is the motion picture service which is available to theaters and non-theatre exhibitors. Any use to which you can put the film library will constitute a good service.

"If any special feature of Red Cross activity arise in your chapter which will make publicity material for the magazine or newspapers I shall appreciate hearing from your publicity committee."

LIFE SAVING COURSE PROVEN VALUABLE

Two members of the Red Cross Life Saving Corps of San Francisco put their training into effect Easter Sunday when Harry Zwaiman and Jules Cohen, Y. M. C. A. men, saved the lives of three people at Willow Camp. The men were taking a nap on the beach when awakened by cries for help coming from a boating party that had capsized about a thousand feet from shore.

Immediate action by the young men minimized the injury. The woman and one of the men in the boat were brought in unconscious and resuscitated on the beach. The other man being able to swim a few strokes aided his rescuers. None of the others on the beach were able to give assistance.

The cost of living in Vienna has increased 155 times, or 15,500 per cent, since 1914, according to figures from Major George Bakeman, American Red Cross Commissioner to Austria.

MANAGER URGES CHAPTERS TO MAKE OFFICES SERVE THEM

Pacific Division Headquarters of the American Red Cross now occupying the Red Cross buildings at the Civic Center, San Francisco, Cal., is headquarters for chapter workers in all four states, Arizona, California, Nevada and Utah. The division manager, George Filmer, gives an urgent invitation to all Red Cross workers to visit the division offices when in San Francisco, as follows:

"Chapter workers from Utah, our new state in the Pacific Division, are especially invited to pay a visit to the division offices that the mutual helpfulness between the division and the chapter may be better established through personal contact.

"Our divisional work in the American Red Cross continues to be one of intensive service wherever the call is urgent. No chapter project is too small to elicit interest and careful attention of the headquarters office and none is too large to receive consideration and encouragement wherever possible.

"Come in and get acquainted' are the friendly words from the division manager and each of the department heads. In an effort to make the division offices a real service to chapter folks a guest table has been provided where a chapter worker may make free use of the telephone and writing facilities, including stenographic help. The headquarters building also provides a rest room which can be made a meeting point while in the city. Red Cross visitors can arrange to receive mail at Division Headquarters while in San Francisco if their hotel accommodations have not been decided upon when they leave home.

Headquarters can be reached by either of the following lines running on Market Street: United Railroads, No. 5, get off at Hyde Street on McAllister; Nos. 6, 7, 8, 9, 17, 21, 32, get off at Fulton Street and walk one block north; Municipal lines, J and K cars, get off at Fulton and walk one block north.

Archbishop Wehiamin, head of the orthodox church of Russia, was recently found without food and almost without clothing by the American Red Cross unit in Constantinople. He was given a supply of underwear and socks to replace those he had given to refugees.

Serves

the fighting man in army, navy, camp and hospital — remembers the ex-service man.

Your Red Cross Membership makes it possible

The AMERICAN RED CROSS

PACIFIC DIVISION ACTIVITIES

Protects

the home in time of disaster; saves babies; teaches mothers; serves the community.

Your Red Cross Membership makes it possible

Vol. 111

MAY 15, 1921

No. 18

NURSE'S VISION BUILDS HAPPINESS



"Complete Your Education, Then Come With Me. I Lead to World Wide Opportunity."

Poster illustrated above can be obtained from Pacific Division Headquarters,
San Francisco, California.

Come with me, Spirit of Youth! Leave for a little time your books, with their dreams of glories past; leave for a moment your games and the wild free plays that are your radiant shield. Come with me to the mountain top, that I may show you such a vision of active service as only Youth has power to look upon.

Let me put my arm about you. See, I am Strength, the foundation of your dreams of success; I am Courage, the stuff out of which you have woven your dreams; I am Poise and Self-Mastery, the most shining qualities to which you aspire; I am Love and Tenderness, the crowning glories of your shyest hopes; I am Knowledge and Skill, Honor and Constancy, the first requisites of the woman you wish to become; but more than all these—nay, because I am all these—I am the Spirit of Service, for I am the Trained Nurse. Under my banner, Spirit of Youth, you may realize your dearest dreams.

Behold, below us is the city. Under my leadership you may go where there is squalor and ignorance, and leave order and light. There are the mothers who help to guide our race; them you may teach and inspire to fill the homes of this wide land with content and well-being. Can you not hear the cries of little children borne upon the breeze from the valley. You may hush those cries, and

Continued on Page 2, col. 3

CHAPTERS TO AID CAMPAIGN STUDENT NURSE RECRUITING

Chapters in the Pacific Division are being urged to give every possible assistance to the national plan for recruiting student nurses for the schools. The division manager's letter coming as it did on the eve of the birthday anniversary of Florence Nightingale, is particularly timely and emphasizes local interest in the campaign to increase the number of student nurses.

The letter addressed to all chapters in the four Pacific Division States—Arizona, California, Nevada and Utah—outlines the share of the American Red Cross in the plan, which also includes the three national nursing associations—American Nurses' Association, National League of Nursing Education and National Organization for Public Health Nursing.

Manager George Filmer's letter follows:

At our conference last fall, the shortage of graduate nurses for all types of work was brought out, and the plan which you will find attached was discussed.

The Red Cross is deeply concerned in this situation, not only because of its traditional duty to help meet it, but also, if the Red Cross is to succeed in the Public Health field it must have a constant and ever-increasing supply of well-trained nurses to carry on its nursing activities. The nurse training school is the only source from which qualified nurses may be obtained. We must, therefore, stimulate recruiting for the schools.

Realizing the seriousness of the situation, the plan as set forth in the accompanying pamphlet has been arranged, and we ask your co-operation with others interested in this question in your jurisdiction.

In connection with this plan, we are having a number of requests for these pamphlets and for the poster in connection therewith, known as "Complete Your Education, etc.", sample of which we are sending you, together with a copy of "The Challenge" and "The Plan." These posters should be placed in Health Centers, high schools, Y. W. C. A., etc., and we shall appreciate any efforts you make to place them.

Our instructions are to bill the pamphlets and the posters to you as follows:

Name—	Per 100
"Challenge to Young Women".....	\$.16
"Outline of Movement, etc.".....	.17
"Complete Your Education, etc."...	5.00

As stated in the folder, "Outline of National Plan for Recruiting Student Nurses" . . . "the expense of this movement should as far as possible be met by local agencies. As the hospitals will receive the most immediate benefit from this campaign, it is proposed that boards of trustees and hospital associations, particularly, be asked to contribute the expense of its conduct." However, if such expense is not so met, we shall appreciate your meeting it for them.

QUALIFIED NURSE FINDS CHOSEN FIELD HAS OPPORTUNITIES

Opportunities that present themselves to properly qualified nurses are found in widely varied fields, some of which are:

Institutional Work—As superintendent of a hospital or school of nursing, as head nurse in hospital wards or operating rooms, as supervisor of dispensaries and clinics, there are always opportunities for rapid advancement.

Educational Work—As a nurse-teacher in schools of nursing and as an instructor in Red Cross courses in Home Care of the Sick, the demand far exceeds the supply.

Public Health—As visiting, school, child welfare, medical social service, and industrial nurse, there are unlimited opportunities for full expression and use of all one's intellectual faculties, executive ability and instinct of service, since Public Health nursing has become vitally important in the Public Health campaign.

Private Duty—As a private duty nurse, the scope for usefulness is boundless. Contact with the individual and the family and her service to them makes her a strong influence in the Public Health of the community.

Government Service—As an Army, Navy, Federal Public Health or Red Cross nurse, a young woman may serve her country in peace and in war, at home and abroad.

Missionary Work—Home Missions in Labrador, Alaska, the Mountain Regions of the South, and the Indian Reservations need nurses. Foreign Missions in China, India, the Near East and elsewhere call unceasingly for nurses.

Home Life—As a mother, wife, or sister, a nurse's training lays the best possible preparation for a satisfactory family life.

LOS ANGELES NURSE REMAINS IN SIBERIA

Red Cross nurses in the Pacific Division will be interested to learn that Miss Katherine Spann of Los Angeles, who served with the Balkan Commission of the American Red Cross eleven months in Siberia, is remaining there. She was released from Red Cross service January 28, to join the Serbian Child Welfare Association of America.

The primary purpose of this movement is to recruit students for schools of nursing, and we feel sure many young women in our towns and rural districts will be glad to consider nursing if you will try as suggested in the plan to show them the advantages and opportunities in this profession.

Miss White, our Director of the Department of Nursing, has written the nursing organizations in the division directing them to you and assuring them of your co-operation.

We shall be glad to hear of your success from time to time.

Nurse's Vision

(Continued from page 1)

give the great gift of health that will insure the steady march of all mankind toward Truth. Yonder lie the schools. You may go into them to preserve the treasure of clean minds in clean bodies that will lead others to see visions like unto yours. Do not tremble, I am close beside you. When you have become as I am, you will have power to relieve the suffering you see there, and men will rise up and call you blessed.

Beyond lie the farms and distant villages. Those who are dulled with labor and longing for change and merriment will welcome you, for your gifts are for both body and soul. And the far blue hills—ah, Spirit of Youth, on the other side of those are the mission fields. If following in my footsteps should take you there, you may be a pioneer in the upbuilding of nations, you may bend every energy to raising towers of defense in plague-haunted lands against the dragons of fever and filth.

To you, Spirit of Youth, I, the Trained Nurse, give this vision. Cherish it; and when the days of your preparation are complete, we will go forth to fulfill old hopes and give substance to new dreams. To us it is given to build for the peoples of the world the happiness which is health.

CHAPTERS CAN SECURE DISASTER RELIEF CARD

Utah chapters are asked to give special attention to some of the services offered by the Division Department of Civilian Relief. The director invites correspondence on all problems that present themselves.

The Department has a "Disaster Relief" card, designed to hang in public places, announcing what the American Red Cross is prepared to do in time of disaster. Does your chapter want one or more to put in the postoffice, the mayor's office, the public library or any other place where it will receive wide attention? You can place your request with the Pacific Division office for a sample, and order more if it fills the bill.

Information for publication in the Division magazine—Pacific Division Activities—can be sent direct to the Department of Public Information, or in regular chapter reports. Lists of "missing men" submitted by Home Service sections will be given desired publicity.

A. R. C. HEALTH CENTER PERFORMS FIRST AID FUNCTIONS

The American Red Cross Health Center performs a two-fold function in first aid work: one, as a center for Red Cross First Aid Instruction; the other, as a First Aid Emergency Station.

First Aid work is a traditional peace-time activity of the American Red Cross. Only recently, however, has the work of organizing and conducting First Aid classes been transferred from National Headquarters to the local chapter organization. While through national organization this Red Cross First Aid work has assumed extensive proportions, it is confidently expected that through chapter organization First Aid will still further promote the general interest in this work, especially in instruction classes through which the First Aid work of the Red Cross is most widely known.

The local chapter now organizes First Aid work. It also organizes the Red Cross Health Center work, of which First Aid is a most important feature of its program. The purpose of instruction in First Aid offered by the American Red Cross is to train men and women to administer First Aid treatment promptly and intelligently when emergencies demand it.

First Aid treatment is not intended to take the place of a physician's services. A surgeon should always be summoned, as a precautionary measure, when there is an injury of any consequence, but there are times when one cannot be secured and a few minutes' delay may mean a fatality. In such a case a person trained in First Aid is invaluable, not only to the individual, but through him, to the community in which he lives. Considering that in the course of a year many thousand accidents occur in the United States, it is apparent that the Red Cross chapter has a most important function to perform in preparing people for emergencies which may be due to individual accidents or to great calamities when only efficient sympathy counts.

Various groups of people can be organized at the Health Center into First Aid classes—such as boys, girls, men and women. Social and industrial groups can be interested in taking these First Aid courses. The Boy Scouts and the Girl Scouts may receive their First Aid lessons at the Health Center. A Red Cross First Aid Box, anatomical and instruction charts, and First Aid liter-

COMMUNITY CENTER AFFORDS ROOM FOR RED CROSS CLASS



Bernal Heights girls study modified Red Cross course, Home Hygiene and Care of the Sick.

ature and textbooks constitute part of the Health Center equipment and supplies for instruction courses. The First Aid Bureau at division headquarters appoints competent instructors in First Aid and furnishes supplies and expert advice. The Health Center Director, in co-operation with the Chapter First Aid Committee, may organize the classes and make all the arrangements in the Health Center.

The Health Center, however, may be even more than an instruction center in First Aid; it may also serve as a First Aid Emergency Station, especially in the smaller and more isolated communities where such facilities are not immediately available. The Health Center may have on hand all sorts of First Aid emergency supplies and equipment. These may include bandages, splints of various kinds, emergency medicines, and a pulmotor or other resuscitation apparatus.

The American Red Cross issues a catalogue of First Aid Books and Supplies, which will suggest the emergency supplies and equipment needed by such an emergency station. In this catalogue are listed, with cost prices, the supplies contained in the following First Aid

One of the most interesting classes for teaching young girls the modified Red Cross course in Home Hygiene and Care of the Sick is conducted at the Bernal Heights Community Center in San Francisco. The girls, ranging in age from 11 to 13 years, organized a formal club, electing president, first and second vice-president and secretary. The president brings the class to order with the roll call for the instructor. Any absences are noted and the president reminds the absent girl of her duty during the week and she appears with an excuse to the instructor at the next class.

This class, organized under discouraging circumstances, is considered one of the most worth-while classes in San Francisco. Instruction is very much needed in that community, as many of the little folks care for invalid mothers and fathers and others care for smaller children.

As the class progressed the children became more friendly and brought many stories of how they had used the knowledge gained in class in their homes. The girls are anxious for more instruction and plan to have Red Cross First Aid classes with the opening of the fall school term.

Continued on Page 6, col. 2



The American Red Cross

ARIZONA-CALIFORNIA-NEVADA-UTAH

A bulletin published on the fifteenth of each month by the Pacific Division, American Red Cross, Civic Center, Hyde and McAllister Sts., San Francisco, California
Telephone Park 4391

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STATE BOARD OF CONTROL RECOGNIZES VALUE OF A. R. C. WORK

In the biennial report of the Children's Department of the California State Board of Control, Red Cross Chapter work is given recognition.

The excerpt, appearing on page 17 of the official report, follows:

"To the Red Cross there must at this time be allowed every credit for the impetus they have given to this strengthening and stimulating of local agencies. To their activity is due the appointment of public health nurses, of social workers who are to become permanent factors in the counties' social progress. They (Red Cross chapters) have been untiring in their assistance to the children's agents and have often furnished needed care or treatment whose cost to state-aided families had appeared prohibitive.

"Public health nurses are everywhere adding greatly to the facilities for improving the development of children. They are often the factor which opens the way for supplemental county aid and the means of a necessary and continued supervision in the home. They are working in close contact with such social agencies as are established and adding the very necessary element of health knowledge. It is they who are responsible to a large degree for the serving of school lunches, to the sending of milk into the homes, and to the insistence upon improved sanitation. At least one social worker reinforced by a public health nurse is needed in every community of the state."

MISSING MEN

One of the tragedies in the aftermath of the war involves the story of "missing men" and Red Cross workers are peculiarly aware of their responsibilities in following even the slightest clue that may bring word to anxious relatives who inquire for their "lost ones."

Four requests for help to find loved ones who have not been heard from for 7, 17, 18 and 26 months are now in the hands of the division department of civilian relief. Information should be sent promptly to the division office.

Evert S. Roop, 21 years of age, broad shoulders, well proportioned, brown hair, worn combed back; brown eyes, rather weak; weight 140 pounds; height 5 feet 10 inches.

Glasgow, Montana chapter has reported him missing since February, 1919. His parents think he may have become mentally unbalanced and that he may be in some state institution. When last heard from he was living at Winchester Hotel, San Francisco, and working for the Pacific Gas and Electric Company at Dixon, California. He was a lineman and electrician and carried a union card in the International Brotherhood of Electric Workers.

John R. Vance, 25 years old; 5 feet 9 inches tall; nose and ears rather large, other features regular; gray eyes, brown hair and fair complexion. He has a military bearing and quick military walk; scald scars on one arm; gun shot on left leg below the knee. He enlisted at Fort Morgan, Colorado; served with Company I, 157th Infantry, and was discharged at Fort Douglas, Utah. His mother, Mrs. John N. Vance of Wiggins, Colorado, has heard nothing from her son since November, 1919.

Elliott Snider—Last known address, 903½ East First street, Los Angeles, California. He has been missing since October, 1920, since which time payments under an award of disability have been suspended because the War Risk Insurance was unable to locate him. He enlisted December 14, 1917, and was discharged February 21, 1918, at Great Lakes, Illinois, with the disability of epilepsy. His rating is fireman, second class, U. S. Navy; Claim No. 401712.

Charles William Sisson (white)—Age, 32 years; formerly Casual Company 527, S-1592690. He left his wife, Mrs. Anna N. Picciotto Sisson of 831 N. Dorgencia street, New Or-

SAN GABRIEL CLINIC SERVES SCHOOL CHILD

San Gabriel opened a dental clinic for school children in February by holding a reception attended by 200 people. The clinic, which is housed in the San Gabriel Settlement house, is designed to serve the school children of the district. A dentist has been employed through the co-operation of the county health department for two full days each week.

Miss Bessie Wicks, public health nurse, has been very influential in making the arrangements for this progressive step. She has had strong backing, not only from Red Cross executives who provided the equipment for this service, but also from the local school board. In the Home Hygiene class now held in the settlement a young woman is being trained to act as assistant to the clinician.

Alhambra San Gabriel Chapter of the Red Cross is planning to extend this type of service to Alhambra and to add to it other forms of service characteristic of a Red Cross health center.

The Chamber of Commerce, which is to share the ground floor with the Health Center, has generously allotted the lighter side of the building to the Red Cross, and has offered the services of both its information secretary and matron.

Miss Alice J. Liles, public health nurse, will have her office in the building. Window space for health exhibits, a waiting room for the distribution of literature and a more secluded assembly room for meetings, and child welfare conferences are included in the plan. A committee from the active and influential Woman's Club is working in close co-operation with Miss Liles on plans for the development of the child welfare program in that region.

Miss Elsie Benedict of Pleasanton, Alameda County, California, has recently been appointed assistant to R. P. Lane, director of Junior Red Cross in Europe. Miss Benedict made a trip to Montenegro with Rose Wilder Lane, its story appearing in the Red Cross Bulletin of April 4. She is expected to visit every country in Europe where Junior Red Cross is at work.

leans, Louisiana, a year and a half ago and has not been heard of since. When he left he said he thought of joining the navy and returning to France. As he was two years in the service there is a possibility of his being somewhere in a hospital.

UNIVERSITY AND SCHOOLS PUT A. R. C. COURSE IN CURRICULUM

In fifty-one schools in the Pacific Division the American Red Cross course in Home Hygiene and Care of the Sick is being taught and credit given students who pass the necessary practical and written examinations. The University of California at Berkeley and in the Southern Branch in Los Angeles includes this Red Cross course in the curriculum, giving credits for the work.

In a number of schools the course is given under the Smith-Hughes act, the nurses conducting the course being granted a Vocational Arts certificate by the State Board of Education. A number of school and community nurses include this instruction in their work.

Alameda has had the course in the schools since January, 1918. A 45-minute weekly period is allowed. In Livermore the nurse has 78 students enrolled for the course.

In Marin County the community nurse taught Home Hygiene in three schools during the first semester this year. Mill Valley schools made the course elective with regular credit. (This was given freshmen). San Rafael set aside a part of the regular physical culture course.

Colusa schools substitute the course for physical education, giving a half credit. The equipment and books are furnished by the school. College City, Colusa County has the same arrangement.

In Yolo County, schools in Esparto and Woodland give the course under the Domestic Science department and the school furnishes the books.

Last year Sacramento city and county enrolled 700 High School girls for the course. The school buys the books and gives credit for the work. Classes are divided into six groups, each one getting a 45-minute period each school day for one complete semester for which full credit is given, namely, five units for the half-year course. It was elective last year and this year is compulsory. In the present February to June classes 82 students have enrolled.

In Riverside High School 206 students received Red Cross certificates this year for the course. In both Riverside and Sacramento Counties the nurses are employed by the school department as members of the teaching staff. Riverside puts the course in as a part of the biology and domestic science courses.

SAN DIEGO JUNIORS AID HOME ORPHANS

One of the most noticeable contributions of Junior Red Cross to the domestic program in the Pacific Division received hearty commendation from the recipients in the following letter from the president of the Helping Hand Home in San Diego.

"Please accept heartiest thanks for the delightful contribution to the comfort and pleasure of our children's department from the children of the Junior Red Cross of the Normal School.

"The dozen chairs made in the manual training department are beautiful and so comfortable. They fill a real need in the home, and being so substantially built will be a durable and satisfying reminder of the kindness of the Junior Red Cross for a long time.

"The dozen pairs of bloomers will go a long ways towards supplying the need for such garments in the older girls' department during the cooler season next year, and the dozen and a half of aprons are useful as well as beautiful and of such good material their wear is assured.

"The marmalade is an especial treat, and such a bountiful quantity speaks for your generosity.

"The scrapbooks and picture puzzles will give lasting joy to the babies' department, and the mechanical toys are a delight to the smaller boys, and with the bean bags will help solve the problem of wholesomely interesting the little people on rainy days.

"We also appreciate the loan of the movie and will endeavor to see that it is returned.

"Altogether your gift is one of the most delightful and sensibly helpful that has ever been given the children's department of the home."

Schools in Los Angeles County that use the Red Cross course include Hollywood High School where the nurse assists the hygiene teacher; Inglewood Union High School where the time is given from the cooking class; Manual Arts High School gives eight 45-minute periods a week for 19 school weeks; Los Angeles High School gives 45-minute periods a week; Jefferson High School has enrolled 42 senior students.

The complete list of cities in the division whose schools are using the Red Cross course in Home Hygiene and Care of the Sick follows: Ala-

SIR PHILIP GIBBS GIVES THE JUNIORS A CHAPTER IN NEW BOOK

Sir Philip Gibbs, in his book "People of Destiny" gives an entire chapter to a discussion of the work of the Junior Red Cross in America, giving it the title, "A World-Wide League of Children." The plan for international correspondence makes particular appeal to him together with the general idea of the exchange of child ideas through the Junior Red Cross organization.

He says:

"I agree in heart and brain with the European director of the Junior Red Cross, that 'If we can link together the children of all nations in world-wide bonds of understanding and friendship there will have been achieved an unrivalled power for the future welfare of nations, and for the guaranteeing of international justice and peace.' For that reason above all I should like to see the work of the Junior Red Cross of America coming to England as well as going to Poland, Czecho-Slovakia and other countries. I should like to know that thousands of letters, or rather millions of letters, were passing between American and English school children, and that they were interchanging pictures, toys made by their own hands, descriptions of life in their schools and villages. The possibility of such a relationship between English and American children, speaking the same language, scholars of the same literature and history, is to my mind the test and opportunity of the Junior Red Cross. . . . To establish a Junior Red Cross in England in close and intimate relationship with that of America would be a work of tremendous beneficence."

meda, Bakersfield, Berkeley (University of California), Chula Vista, College City, Colusa, Coronado, Clarkdale, Clemenceau, Esparto, Fresno, Grass Valley, Hayward, Hollywood, Inglewood, Livermore, Lemoore, Lindsay, Los Angeles (Los Angeles High School, Manual Arts School, Sacred Heart Academy, Occidental College), Mill Valley, Monrovia, Maxwell, Ontario, Paso Robles, Porterville, Puente, Riverside, Sacramento, San Diego, San Rafael, Santa Ana, Santa Cruz, San Leandro, Santa Maria, Sonora, Williams, Whittier, Woodland, all in California; in Nevada, Carson City and McGill; in Arizona, Bisbee, Clifton, Flagstaff, Globe, Jerome, Ray and Winslow.

SHASTA COUNTY NURSE RECITES EXPERIENCE IN 90-MILE TRIP

Miss Naomi Moore, R. N., Red Cross public health nurse in Shasta County, had a most interesting experience in March in answer to an emergency call which took her 90 miles into the mountains from Redding into eight feet of snow and back again into the valley where fruit trees were all a-bloom.

The recent smallpox epidemic had invaded the mountain district and there were many cases, as well as a great many people who should be vaccinated. Miss Moore accompanied the district health officer from the State Board of Health, and they had a most thrilling ten days' experience, vaccinating many and administering to a number who were ill.

Miss Moore says, in part:

"Many things took our attention besides the smallpox—little blind Indian children, tuberculosis and all of the diseases one finds in such isolated communities where there is no medical aid in reach—so we had to do many things on our trip which we had not counted on. The Indians took very kindly to the vaccination and were ready to be 'blacksnaked,' as they called it, but it was amusing to see how they looked on while the other members of the family were being vaccinated. If they made no fuss it was easy to get the rest of them to come up and take their turn, but the men always had their wives and children vaccinated first.

"As we went from place to place, seeing the great need in almost every home, I was brought face to face again with the tremendous size of the job in this big county. The trip was a very hard one from the standpoint of physical endurance, yet the feeling that we were really needed more than compensated for the other things we endured in accomplishing our task. As we traveled back into the valley how welcome the lights of the little town seemed, for they meant comfortable beds and the rest of the conveniences of civilization and made us more thankful for some of the things we usually accept as a matter of course.

"It seemed strange, as we came into the valley and found fruit trees in blossom and all the fields green, to realize that we had traveled that same day through eight feet of snow, finding ourselves at evening in a land of summer. Such is Shasta County."

Nursing Activities

Modoc County—Miss Hester Thomas, R. N., examined 265 school children in Alturas during the last month. One hundred and eighteen were referred to physician, 36 referred to oculist and 109 were referred to dentist. Miss Thomas expressed herself as being highly pleased with the result of her work, finding that the pupils in the school visited were well up to the average of any section of the State. She expressed her sincere thanks for the hearty co-operation she received and the unfailing courtesy from the parents visited. Miss Thomas, on finishing her work in Alturas, departed on a tour of inspection to Adin.

Fort Bragg—A report of the work done by Nellie Were Turner, R. N., community nurse, from February 4 to March 1, 1921, shows: Children examined, 233; number treatments given, first aid, etc., 287; defective vision, 25; defective hearing, 9; defective teeth, 105; nasal obstruction, 69; enlarged tonsils, 100; underweight, 45.

Where defects are found a visit to the home is made, and the parents informed of the danger resulting if these defects are not corrected.

Forty-five children out of 233 examined were found to be underweight. Authorities call a child malnourished who is habitually 10 per cent under weight. Health talks are given to the pupils in class and they are advised to carry out certain health rules—drink milk, eat cereal for breakfast, eat plenty of vegetables and fruits, stop drinking tea and coffee, brush teeth three times daily and always wash hands before eating, sleep with plenty of fresh air in the rooms and at least one or more warm tub baths a week.

Pleasanton—Miss Adelaide Brown, R. N., took the position of public health nurse in Pleasanton, April 1, 1921.

FIRST AID BOXES

Continued from Page 3, col. 2

Boxes: Industrial, household, general, school, automobile, railroad, pocket emergency kit, Boy Scouts, Girl Scouts, miners, campers and life-saving. Where the Health Center serves as a First Aid Emergency Station the Health Center director is responsible for the availability of supplies and equipment in case of accidents and emergencies.

FRESNO SHOP GIVES PATRONS GOOD CARE

Articles slitable for any occasion and of every description, size and price may be found in the Red Cross Shop in Fresno. The most fastidious customer is always well taken care of there. The shop has a manager and an assistant manager, necessitated by the increase in its popularity. The Red Cross truck is kept busy calling for goods donated by the citizens of Fresno.

Three old-fashioned brocaded dresses were recently given to the shop and later sold for \$50. These garments were so generous of cut that six petticoats and three dresses were made from them.

Merchants of Fresno help support the shop by donations of boxes of buttons, braid and laces. Articles of this nature are not displayed but kept in bins in the back of the store. A quilt made by an old lady is on display in the shop. It is made of service flags and lined with the material of old portieres, from which the design had been washed out and the cloth dyed.

Shop Sees Sadness

A woman came into the shop recently and bought a pair of shoes for 35 cents, and was about to leave without trying them on, when it was suggested that she see whether they would fit properly. She hesitated, but finally removed her shoes, revealing her stockings in shreds. The woman was given a pair of stockings.

A child came into the shop with the story that her mother was at home sick, but had given her 75 cents to buy herself a coat. The little girl spied a nice warm coat that had been cast off by some more fortunate child, and her delight and sparkling eyes were too pitiful to be crushed by the mere fact that the cost was considerably more than 75 cents. The manager gave the coat to the child and with it a beaver hat.

An old man wandered into the shop and stopped at the table of ties and fingered them gently, but he had no money. Several times he started away, then he suddenly turned and in a quavering voice asked:

"Can't you give an old man a tie?"

They could, and did—they gave him two.

The Junior Red Cross News is being used in the Richmond schools for the silent reading hour.

* * *

Santa Ana Juniors had a tag sale for disabled soldiers recently, making \$250.

CHAPTER HAVING LIMITED FUNDS CAN FINANCE LOAN CLOSEST

"What is the Red Cross doing?" asks General Public of Loyal Worker—and the General is particularly apt to ask this along about the time Loyal Worker asks him for his membership fee. Now the General is a very busy man, and it is safe to presume he hasn't read that splendid article in the "Washington Bulletin" for April 18, in which Rose Wilder Lane tells how our unit is carrying on for the stricken, liberty-loving land of Montenegro—and many other articles like it. The General has not lately been hit by flood, fire or famine and feels sure he never will be; what he wants to see is some definite thing right in his own home town that is doing good for somebody, and the Loyal Worker wants to have that definite thing to show him. If she hasn't a disaster handy; if the local relief to handicapped families is covered by another agency; if her chapter treasury can't finance a nursing service; if there are not enough things folks are not using in the little town to open a Salvage Shop—what is there the Red Cross can do—with, let us say, less than a hundred dollars?

Start a Loan Closet! Johnny Smith with the broken leg will need a pair of crutches just as soon as he's able to be up. And crutches, when there are eight pairs of young feet to wear out shoes, are a big tax on the family budget. Perhaps the pair Jessie Brown used last year can be found. Sure enough! In the Brown basement! Give them to the Red Cross to start a Loan Closet? You bet! Of course, you'd buy them if you had to—but you want to conserve your resources if you can, and get the Juniors to help with a paper drive, to buy a wheel chair to lend good Mrs. Jones, who hasn't been able to get outside the house since her "stroke"; though her mind is as bright as it ever was and she takes just as much interest in things and people.

Then there's the ice-bag, the back-rest, the rubber sheeting, the many sick-room appliances that no one family needs all the time, but that many a family needs and needs badly sometime, and often can't afford to buy.

When there are a few things gathered together you take the doctor into your confidence in order that he may put you in touch with the folks who need these things, and he says: "Have you a special bundle, abso-

HEALDSBURG SCHOOLS GIVE HEALTH PROGRAM



Healdsburg grammar school kiddies in Red Cross uniform ready for the "Child Health Alphabet" given on a health program at school.

Healdsburg schools gave a health program in February which included a musical program, motion pictures and class work by the children. The entertainment was arranged by Mrs. Alice Graham, Red Cross nurse. The teachers trained the children for their parts, giving wonderful co-operation. Further support for the program came from the motion picture theater manager who gave free use of the theater, the operator and music for the performance.

A toothbrush drill and the "Child Health Alphabet" were interesting features. The little girls were dressed in white capes with white head-drape, each showing a red cross. Each one carried a large red letter saying a verse for every letter in the alphabet, as:

"A is for apple and also for air,

"Children need both, and we have them to spare."

The verses were taken from the Metropolitan Life Insurance pamphlet.

"Birth Registration" and the Red Cross film, "Your Brother's Keeper," were the two moving pictures on the program.

lutely clean, which I could have sent for in a hurry last Saturday night, with fresh sheets, two nightgowns and a baby's outfit? Down in a shack by the railroad track, I ushered a baby into the world, and not a sheet or a blanket or a cloth in the place, but just old sacks, and no provision whatever for the baby. If I could have gotten hold of an outfit of decent things I wouldn't be in the doubt I'm in today as to the outcome of that case. One of the worst I've ever seen. Yes, the people had just come here. Hadn't expected the baby so soon."

So you add a maternity emergency bundle to the outfit, and expect to be called up at any hour of the night to turn the key in the lock of the Loan Closet.

CHAPTERS TO RECORD MOTOR SERVICE PLANS

One of the first steps toward the inauguration of Volunteer Service as a means of recording Red Cross activities that develop outside the routine administration is to be taken in the interest of motor service. A questionnaire sent all chapters in the Pacific Division asking detailed information of this branch of service is to be returned to Kathleen Booth, director Volunteer Service, at Division Headquarters, San Francisco, California.

The functions of Volunteer Service (Auxiliary Service) are minutely described in a circular letter sent to all chapter chairmen from Division Headquarters, February 17. The letter indicates types of service to be recognized as aids to the Red Cross program, including production, salvage, and shop, motor service, canteen service, clerical service, Red Cross aids in home service, health service, Junior Red Cross, nursing service, nutrition service and general.

Chapter chairmen were supplied with registration lists for keeping the record, and if additional lists (Forms 1054 and 1056) are needed they may be secured from the division office of Volunteer Service.

ASSISTANT MANAGER OPENS NEW BUSINESS

Harry Wilkinson, assistant manager of Pacific Division of the American Red Cross, is severing his connection with the Red Cross to go into business in San Francisco. He is opening The Hub Garage in association with Harry Bogart, also prominently known in Red Cross circles as manager of the San Francisco Chapter. Wilkinson came to the Red Cross in January, 1920, after two and one-half years' service with the American Expeditionary Forces in France. He was made assistant manager of the division in September, 1920, and was instrumental in developing the Department of Health Service, of which he was made director at the time of his appointment to the office of assistant manager. During his Red Cross service he personally represented Division Manager George Filmer on the Northern California joint committee of the European Relief Council and added to his Red Cross work, large activity for the success of the Hoover Committee campaign.

PACIFIC DIVISION RESPONDS TO CALL

BABIES, CHILDREN, MAKE A. R. C. APPEAL EFFECTIVE

Fifty-five chapters in the Pacific Division have already reported for work on the foreign production program, and 21 Junior Red Cross auxiliaries are making additional contributions to the quota of baby layettes and children's garments for which Pacific Division is pledged. Every Red Cross chapter is urged to do its share of the production—22,000 layettes and 37,000 sets (three or four garments to the set) of children's garments.

Numbers of the first chapters that reported for work have given supplemental reports increasing their voluntary quotas. In an effort to have a complete record of the work that can be expected from Pacific Division chapters, Miss Kathleen Booth, director of Volunteer Service, has sent the following letter to chapter chairmen who did not respond to the original appeal:

"Up to date we have not received from you any communication setting forth whether or not your chapter will take part in the Production Program as outlined in my letters of March 28 and April 8.

"May we have a report from you at as early a date as is possible so that we may keep National Headquarters advised of the quantity which they may depend upon our good chapters to supply?

"Would it be any assistance to you if we purchase the material for you here, have it cut into the required garments and shipped to you, billing your chapter for only the number of yards of material used. Kindly command us if you desire this service.

"It is not necessary to make immediate shipment of this production order; forwarding between now and the fall will be time enough.

"Kindly send your report by return mail.

"Thanking you for your co-operation in the past, and earnestly soliciting your support in the present undertaking, I remain,

"Yours very truly,

In speaking of the need for clothing and how the promise of the American Red Cross to meet it will put new hope in the hearts of the recipients, Miss Booth sends the following message to chapters:

"There exists in the world today a condition so acute that it is hard

for us who live in God's own country to realize it. This is a need for children's clothing for distribution through the child welfare units of the American Red Cross in Europe.

"While the work of the American Red Cross aims to carry on through its units in many countries the medical and nursing care of the children, it is necessary to supplement this relief by providing clothing. Chapters are offered opportunity to contribute layettes and clothing for children up to 14 years of age for this overseas emergency.

"Urgent messages come from the American Red Cross Commission for Europe regarding the demands of the situation. They plead for a speeding up of production over here and emphasize the importance of making Red Cross chapters understand the great need for these garments, available from no source save the country that was spared the greater misfortune of war's breeding.

PLEA FROM POLAND

"The attitude of the Polish mothers is expressed in a letter from a Polish woman, and no one who reads it can remain unaffected. It says:

"The feeling of a mother is always the same, rich or poor. When a baby is coming the rich mothers devote their time to hunting in all the finest stores in town for the prettiest outfit for their little baby; the dainty little dresses, shirties with ribbon bows, a sweet crib to hold the heart's treasure. What feeling must be in the heart of a mother whose darling has nothing, positively nothing, not even a covering. The baby is cold, there is no way to warm it, it cries, and the mother's heart breaks.

"A layette for babies like the generous, sweet American ladies have sent through the American Red Cross—and many have already reached our village—has always brought great happiness, and when these poor mothers ask me how to thank those who worked on these layettes, I promised to thank in their name every lady who has ever made one, or even the smallest piece. I also take this opportunity to ask the American ladies as well as the American Red Cross to keep up this noble generous work, for more than ever your help is needed, and God bless you for everything."

Chapters whose reports for production were received May 1 repre-

ADULT AND JUNIOR HELP PROMISE PRODUCTION SUCCESS

sent all four States in the Division. They are: Alameda, Alhambra-San Gabriel, Amador County, Banning, Benecia, Berkeley, Butte County, Calaveras County, Claremont, Cloverdale, Crockett, Fort Bragg, Fresno, Gilroy, Glendale, Gustine, Kings County, Lincoln, Los Angeles, Los Gatos, Madera, Marin County, Modesto, Mohave River Valley, Monterey-Pacific Grove, Needles, Ojai, Ontario, Palo Alto, Paso Robles, Petaluma, Pomona, Redlands, Riverside, San Francisco, San Jose (Mount Hamilton branch), San Mateo County, San Pedro, Santa Cruz, Santa Monica Bay Cities, Selma, Sierra Madre, Vallejo, Walnut Creek, Watsonville, Whittier, Yolo County, in California; Churchill County, White Pine County and Winnemucca, in Nevada; Morgan County, Uinta County, Carbon County and Grantsville, in Utah; and Yuma, Arizona.

Junior auxiliaries working on the foreign production program are Amador County, Barstow, Berkeley, Coalinga, Lompoc, Los Angeles, Oakland, Richmond, Riverside, San Luis Obispo, Santa Cruz, Selma, Turlock, Upland, Ventura and Willows, in California; Caliente, Fallon, Gardnerville and Winnemucca, in Nevada; Yuma, Arizona; Tooele, Utah.

FOUR UTAH CHAPTERS SUPPORT PRODUCTION

Utah pioneers in the Red Cross foreign production include four chapters—Morgan County, Uinta County, Carbon County and Grantsville. Juniors in Tooele are at work sewing on garments for foreign relief. This Red Cross work will complete their domestic science credits for the term.

Grantsville Chapter adopted the production program enthusiastically at a recent meeting attended by Miss Nell Holsinger, division representative for Utah. Grantsville also has plans for conducting an anti-fly campaign following a precedent established last year when the chapter successfully launched this public health activity.

Serves
the fighting
man in army,
navy, camp
and hospital
— remembers
the ex-service
man.
Your
Red Cross
Membership
makes it
possible

The AMERICAN RED CROSS PACIFIC DIVISION ACTIVITIES

Protects
the home in
time of disaster;
saves
babies;
teaches
mothers;
serves the
community.
Your
Red Cross
Membership
makes it
possible

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JUNE 15, 1921

No. 19

American Red Cross Takes Charge Disaster Relief Work

National headquarters of the American Red Cross made two appropriations of \$50,000 each for the Pueblo disaster relief out of the national fund, bringing the total preliminary contribution up to \$100,000. In addition, a corps of well trained disaster relief workers was placed in Pueblo, headed by James L. Fieser, manager, Southwestern Division and representing the national organization in the relief operations. He has with him A. W. Jones, who was director in chief of the Red Cross work at Corpus Christi; and the Director of Civilian Relief in the Southwestern Division.

Mr. Fieser is well known as an organization man having handled the Ohio flood situation in 1913 and other disaster relief work.

To supplement the permanent plan of the American Red Cross in disaster relief, Division Manager George Filmer was advised to authorize chapters in the jurisdiction of the Pacific Division to accept contributions for the Pueblo flood sufferers and make themselves responsible for their forwarding.

The letter sent from the manager's office June 7 to all chapter chairmen in the division follows:

"President Harding has issued a proclamation urging that contributions for the Pueblo, Colorado, disaster be sent to the Red Cross. We therefore advise that our chapters accept whatever contributions are offered for this purpose and that you send these contributions to the Division Headquarters for transmittal to the Pueblo Red Cross Disaster Committee; or if you choose, you may send the contributions direct to Mr. James L. Fieser, Manager, Red Cross Relief Operations, care of Pueblo Chapter.

"If you send direct to Mr. Fieser, please advise this Division as to the amount and nature of the contributions you have received for this relief.

"You will be proud with us that President Harding and the nation at large turns to the Red Cross in this emergency and that our chapters are privileged to



James L. Fieser, Manager Southwestern Division A. R. C., in Charge Pueblo Flood Relief Work.

serve as a clearing house, in addition to the actual relief measures that National Headquarters are undertaking. You will have seen through your newspapers that National Headquarters has already appropriated \$100,000.00 for actual relief and has sent in trained persons to supervise the work."

Preparedness Valuable

In speaking of the emergency and the significance of the prompt help the American Red Cross was able to give Pueblo, Manager Filmer said at the division offices in talking to the staff council:

"It is my hope that every contact that our division directors make with chapter chairmen will keep before the chapter organizations the value of disaster preparedness. It may in some cases be a substantial appropriation of chapter funds set apart against disaster need; it may

HEALTH CENTER IDEA REACHES 32 CITIES

In thirty-two towns in the Pacific Division the Red Cross has established or has contributed either inspiration or material assistance to the establishment of a Health Center. The American Red Cross Health Center Manual has furnished suggestions that have been adopted by health workers.

The towns are: Bisbee, Globe, Morenci, Arizona; Alameda, Alturas, Benicia, Chico, Colusa, Chula Vista, Fresno, Fullerton, Healdsburg, Livermore, Los Banos, Marysville, Merced, Pescadero, Redding, Sacramento, Salinas, San Bernardino, San Gabriel, San Leandro, San Luis Obispo, San Rafael, Santa Monica, Santa Rosa, Watsonville, Whittier, Woodland, California; Beatty, Ely, Nevada.

be the organization of a fine working disaster relief committee; or units of nurses; or in smaller places merely a thorough understanding with city officials that the Red Cross Chapter can on the shortest possible order secure expert help in case of need.

"One of the very good suggestions that have been made by the division director of disaster relief is to post in conspicuous places in every town the Red Cross Disaster Relief placard to give the general public information concerning the local organization plan. That these cards can be secured free of cost upon application to the division office should be explained to chapters.

"We know that the government recognizes our American Red Cross organization as a logical channel through which to operate in disaster emergencies and now we want our chapters and our chapter cities to be equally alert to appreciate the fact that American Red Cross aid is available in every corner of the United States."

Public Health Nurses Hear Red Cross Work Discussed

An important conference for the graduates of the class in public health nursing at the University of California, Berkeley, and Division Directors was held at Division Headquarters Monday afternoon, May 9th, from 2 to 6 o'clock. The purpose of calling this conference was to give the nurses just graduating a picture of the Red Cross organization before taking up their work in the field.

Miss Edith S. Bryan, assistant professor public health nursing at the University, suggested this conference form as being a valuable opportunity to present the Red Cross plan of operation to all public health nurses in the class. In spite of the fact that it was decided upon just before the nurses graduated and hastily arranged, all the Directors entered into the spirit of it with great enthusiasm and the nurses declared it a huge success.

Besides the graduating class of 18 nurses the conference included the students from the Army Nursing School at Letterman General Hospital, who are taking the public health course, and the Supervisors of the teaching unit at the University of California, making in all a group of from 65 to 70.

Miss Mary L. Cole, Director of Public Health Nursing Service, presided and brought a greeting to the nurses from Colonel George Filmer, the Pacific Division Manager, who was out of the city. In her talk Miss Cole discussed the importance of organization; the difference between city and country public health nursing; how to make contacts with public officials, doctors and the people of a community; the scope of nursing activities; community nursing, and emphasized the need of special preparation for the work.

Mrs. Eve Scholer Bangs, Director of Public Information, gave the nurses a great deal of interesting information on publicity and said publicity to be really valuable should be true and accurate. She said in part: "I would like very much to have you believe in the newspaper reporter. First know what you are trying to tell; if you are not blessed with what in newspaper vernacular we call a 'nose for news,' your heart is a very safe guide. If you are perfectly thrilled with some story you

PROGRAM PRESENTED BEFORE NURSES' CONFERENCE

Public Health Nursing Problems in Rural Communities; Miss Mary L. Cole, Director; Public Health Nursing Service.

Publicity and the Best Methods of Securing It; Mrs. Eve Scholer Bangs, Director; Public Information.

The Public Health Nurse and the Social Service Worker; Miss Grace Graham, Director; Post-War Services.

Home Hygiene and Care of the Sick; Miss Iona Baldwin, Director; Instruction in Home Hygiene and Care of the Sick.

Salvage and Shop and Volunteer Service; Miss Kathleen Booth, Director; Volunteer Service.

Junior Red Cross; Miss Mary Concannon, Director; Junior Red Cross.

Health Centers; Miss Charlotte Kett, Assistant Director; Field Service.

Motion Pictures—"An Equal Chance," "Every Woman's Problem."

may depend upon it that your Board of Health or the Superintendent of Schools will be thrilled likewise."

Miss Grace Graham, Director of Post-War Services, discussed problems of family welfare and showed the nurses how to call on the Chapter for services that are beyond her province. She described briefly what the social worker does and how co-operation may be brought about between the public health nurse and the social service worker.

Miss Kathleen Booth, Director Volunteer Service, gave the nurses much valuable information on how Salvage and Shop may furnish the finances for the nursing activity, as well as teaching valuable lessons in conservation. Miss Booth also spoke of Volunteer Service as one of the new departments of the Red Cross and said it would doubtless bring back a large army of workers. She described how volunteers could assist public health nurses in Health Centers, in nutrition work and by taking children from the country to the clinics for medical care and dental work.

Miss Baldwin, Director of Instruction in Home Hygiene and Care of the Sick, spoke to the nurses on the importance of this classwork in the community and in the schools.

Miss Mary Concannon, Director

Continued on Page 6, col. 3

NURSING SERVICE HEAD PICTURES NURSE YOU WANT

"My dear Chapter people:

"Having recently attended the annual Convention of the National League of Nursing Education in Kansas City, and various Red Cross conferences in Washington regarding our Peace Program with its featuring of the nurse, I cannot refrain from a heart to heart talk with you about what sort of a nurse you are looking for in your home, your school and your community.

"I know, without asking, just the picture which rises in your minds—you want her to be a leader. If she is caring for someone in your home, you expect her to lead her patient and the rest of your family into paths of health. If your chapter wants her to teach Home Hygiene and Care of the Sick, you want her to lead her classes to appreciate hygienic conditions and to intelligently carry out plain nursing procedures in their own families. If you have brought about co-operation among various groups in your community and your Health Officer, and it has been decided to have a Public Health Nurse, you want someone who will help you develop your plans.

"And so, while we have so far been pretty fortunate in most of our communities in fitting nurses to jobs and jobs to nurses, still we have the future to think about, and the endless procession of the right kind of nurses to maintain.

"In other words, what are you doing to recruit student nurses? Have you in your midst just the young woman whom you can see, would, with the right education in nursing, make just such a nurse as you have in mind? If so, why not put 'A Challenge to the Young Women of America' in her hands? Of course, she must go to the best school she can find for her nurse training; 'A Challenge' will help you to lead her to it.

"Have you placed the poster 'Complete your Education, etc.,' one of the most beautiful the Red Cross has gotten out, in every place where your young women can see it?

"Now since we acknowledge that we do know what we want, let us leave no stone unturned to make our dream come true, and so with best wishes for the Nurse Recruiting Movement in your chapter, I am,

Sincerely yours,

LILLIAN L. WHITE, R. N.,
Director, Nursing Service."

RED CROSS RESPONDS TO HUMANITY'S CALL

The American Red Cross is the people's organization. It inclines its ear to the call of humanity. It responds to the call whenever conditions and resources make it possible and feasible to do so. The war and the influenza epidemic have created a more general and a more earnest interest in physical fitness. National, state and local health officials, private health agencies, doctors, nurses, teachers and social workers, all are endeavoring to make this new interest really count for better health. The call for continued and extended health service came to the Red Cross from various sources. It was urged that the Red Cross had a nationwide organization and influence, that it had acquired considerable experience in health work, and that therefore it was most advantageously situated to direct the new interest of the people in health into channels that would insure not only its conservation but also its growth along practical health lines.

Features Health Service

In response to these earnest requests the Red Cross decided to make health service the central feature of its extended, peace-time program. It carefully considered the following three important questions:

In what manner can the general public be intelligently interested in the promotion of public health?

Through what means can their intelligent health interest find practical expression?

How can lay people become real participants in public health activi-

ties without encroaching upon the technical functions of professional health workers?

What Health Center Includes

The American Red Cross believes that it has found the answer to these three questions through its social health agency, the Red Cross Health Center, which is intended primarily, if not solely, as an institution from which health radiates rather than an institution to which disease gravitates. It has been shown in the

preceding articles of this series that the Red Cross Health Center has been designed to include in its activities only those of a general informational, social and educational character, which can be organized and conducted by lay people with the technical advice and supervision provided for in its scheme of organization.

A. R. C. Health Center Distinct

The following is a summary of these Red Cross Health Center activities which distinguish this institution from the clinical health center which is an institution primarily intended for the diagnosis and treatment of diseases:

Health Information Service—Puts people in touch with existing health agencies, how they may be admitted to hospitals and sanatoria; how they can have their drinking water analyzed; where they can get a nurse; when to call for the health officer or a doctor.

Health Education—Distributes popular health literature; gives health lectures; secures health slides and films; gives health playlets.

Health Exhibits and Demonstrations—Gives a succession of health exhibits on a hundred or more health subjects; gives demonstrations, such as modification and home pasteurization of milk; how to care for baby.

Health Instruction—Class work in: Home care of the sick, first aid, food selection, personal hygiene; Club work: Mothers' Health Club, Little Mothers' League, Children's Health Hour.

Continued on Page 4, col. 2



Summary of Suggested Activities to Be Conducted in American Red Cross Health Center.



The American Red Cross

ARIZONA-CALIFORNIA-NEVADA-UTAH

A bulletin published on the fifteenth of each month by the Pacific Division, American Red Cross, Civic Auditorium, corner of Larkin and Grove Sts., Civic Center, San Francisco, California.

Telephone Park 4391

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AUDITORIUM HOUSES

DIVISION OFFICES

The Pacific Division offices of the American Red Cross have now been removed to the third floor of the Civic Auditorium, corner of Larkin and Grove streets, at the Civic Center, from the temporary buildings occupied by the San Francisco chapter during the war and by both the division headquarters and the chapter offices for the past thirteen months.

The offices in the handsome auditorium building have been arranged for housing the Pacific Division headquarters by the courtesy of the city of San Francisco. The Red Cross buildings were required by the city for other purposes.

The San Francisco Chapter headquarters still remain at the Red Cross building, Civic Center.

WATSONVILLE CENTER

FINDS WORK GROWING

Watsonville Health Center and the work of Miss Alice J. Liles, public health nurse, was discussed in the May 15 issue of this magazine in the closing paragraph under the caption of the San Gabriel Clinic. In recognition of the value of the extensive work being conducted, the Watsonville Chapter voted at a recent meeting of the executive committee to give Miss Liles additional help in her welfare work.

DOING COMMUNITY WORK

Continued from Page 3, col. 3

Growth and Nutrition Classes.—

Weighing and measuring of babies and school children; preparing special lunches for improperly fed children.

Red Cross Chapter officials are governed in their work by the established principle that a democratic organization, such as the Red Cross is, can undertake community welfare work of any kind only in a broadly representative capacity. Therefore, the management of a Red Cross Health Center as a community health enterprise is the direct responsibility of the Chapter executive committee, which responsibility it cannot delegate to a sub-committee of professional workers or to another health agency in the community. The management of a Red Cross Health Center, then, is and remains in the hands of local lay people acting in a representative capacity for the community. Provision is made, however, for a Health Center Advisory Council consisting of representative officials of those agencies in the community which are actually operating in the local health field.

The membership of this Health Center Advisory Council includes the health officer, superintendent of schools, an official of the medical society, a dentist, a representative of the public health nursing association, of the tuberculosis committee, of the child welfare league, and of other local agencies that are engaged in some form of health work. With these local authorities to call on for technical information, advice and co-operation and with the technical supervision and direction provided through the Red Cross Health Service Department both at National and Division Headquarters, the lay executive committee of the Chapter is able to conduct a Red Cross Health Center as a most useful supplementary health agency of the existing health forces in the community.

While lay people can conduct these general health activities, it should be kept in mind that this does not apply to the medical activities of the clinical health center for the diagnosis and treatment of diseases. Where even but one or two clinics are conducted in addition to these social health activities, it should be clearly understood that the doctor is in supreme command of the clinic and that his "right hand man" is the nurse in the handling of patients, the keeping of clinical rec-

MAGAZINE ARTICLES

TELL A. R. C. STORY

Disaster relief and disaster preparedness are extensively treated in five articles written by Red Cross personnel in the May 28 issue of *The Survey*. They give an excellent idea of what the Red Cross has been doing in disaster emergencies and should be read by all Red Cross chapter officials. If persons interested in reading these articles cannot find a copy of the magazine at the local library or news stand, the Pacific Division office in San Francisco will be glad to fill a limited number of requests. A small number of copies can likely be secured from the office of *The Survey*, 112 East 19th Street, New York City.

ords, and in the follow-up work. Even then, however, general lay administration of the health center is desirable. The lay director will not be inclined to interfere with the conduct of clinics which will be recognized as being entirely technical in their character and therefore entirely outside of the supervisory jurisdiction of a lay person.

Uses Creates Resources

The Red Cross, through the medium of its health center, diffuses health intelligence and makes the teaching of personal hygiene of broader application. To this end it uses every suitable material and social device, every proper persuasive method, and every available health resource. It uses the primary health resources—the doctor, the health officer, the dentist, the nurse and the dietitian—for technical advice and information, for lectures, instruction courses and demonstrations. It uses the secondary health resources—popular health literature issued by official and private health agencies. It creates health resources. Through the health playlet it makes the child a health resource; the young girl through the Little Mothers' League; the artist through the preparation of health posters and exhibits; the story teller through the Childrens' Health Hour. The gospel of health is spread by the health fairy, the health clown, and the marionette, by the newspaper, the stereopticon slide, and the motion picture film; by the neighbor, relative and friend, by the teacher, preacher, and social worker.

The Red Cross Health Center is a place from which health influences of all kinds radiate into all phases of the community life.

(End of Series)

Monrovia Pageant Feature Clean-up and Health Week

Miss Florence Ames, Red Cross nurse at Monrovia, played a prominent part in helping arrange the program for School, Health and Pageant Day during the "Clean Up and Health Week" in May.

The plan for the pageant was



Kiddie's in Monrovia Pageant. Upper Right, Colusa Boys and Girls Representing "Germs"; Lower Left, "Sick Tooth" in Red Cross Dental Clinic Float, Woodland.

GET MINIATURE EXHIBIT TO SHOW RED CROSS HEALTH CENTER

Do your townspeople know what an American Red Cross Health Center looks like? If you want to show them, ask for the miniature health center, now the property of the Pacific Division. You can use it for a window exhibit at a fair, in your library, or at some special public meeting when the matter of organizing a health center is to be discussed.

Monrovia used it during Baby Welfare Week in May. The merchant in whose window it was displayed held it an extra week, saying it attracted more attention than any other thing he could show.

The little house carries the legend "American Red Cross Health Center.—To keep people well, to make the community a healthier place in which to live. LET'S HAVE ONE IN OUR TOWN!"

Copies of the American Red Cross Health Center Manual (A. R. C. 1012) can be obtained upon application to division headquarters. They are issued to interested persons free of charge. The book has already been distributed to state, county, and city health officers, to libraries and to chapter chairmen.

Better Babies Secure Red Cross Aid Everywhere

Anaheim's "Better Babies" conference, held in a big tent during the first annual Valencia Orange Show early in May, was worked out in fine co-operation among doctors, dentists, nurses and lay workers. Orange County Public Health Nurses helped with physical examinations and demonstrations on the health program given each afternoon.

One of the features of the baby welfare week is the provision for supplemental help to mothers whose babies need special care. Score cards made at the baby tent are kept in the office of Miss Margaret Kuehl, R. N., the public health nurse in Anaheim, and mothers can go there for copies of their records and for further advice.

Miss Kuehl, who was a recent arrival in Anaheim, proved most valuable in her services. She arranged the Red Cross exhibit in the tent and was looked upon as a leader in the week's work.

Fresno also had a "Better Babies" conference May 7, using the Hospitality Center of the Y. W. C. A. as the center. Forty-two babies were registered. Other conferences will be held in different points in the city, one of them the new health center in the Italian quarter.

Dinuba examined 65 babies during its one day "Better Babies" conference May 27, besides 50 children of kindergarten age as well as 13 special cases, two mental tests and 11 eye examinations. The local doctor, two Fresno specialists, and Mrs. Frank Nennt, nurse for the Raisin Association, assisted the local nurse, Miss Adams, and Miss Lucy S. Baer of the high school staff, and other local workers.

Miss Flora L. Bradford, R. N., division representative, spoke on the afternoon program and again at an evening meeting. Red Cross films were used.

More than 100 babies were examined, registered and given a rating at the Merced Baby Welfare Week. Mrs. Nancy R. Gaines, R. N., supervisor Public Health Nursing Service of Pacific Division headquarters, supervised the examinations. She also spoke before the county board of supervisors and a number of club meetings while in Merced in the interest of permanent baby welfare work.

worked out by Mrs. Florence Roe Wiggins, an experienced teacher of dancing and pageantry, who developed the idea into an affair of conspicuous success. It was the first pageant of the kind ever given in California, giving in dance and pantomime the story of the victory of Health over Disease. Two hundred and fifty children participated.

Colusa Red Cross chapter made a delightful presentation in the parade on Children's Play Day with one entire section under the direction of Miss Helen R. Kilgariff, R. N.

The children in the parade represented a health lesson, costumed as Fresh Air and Sunshine in pursuit of Germs.

Yolo County chapter also contributed to the success of the floral parade in Woodland, May 6 with an attractive float and marchers under the supervision of the Red Cross Public Health Nurse, Miss Rozzie Manning. The float represented a dental clinic and nutrition class work. A "Sick Tooth" on a stretcher carried by ten Modern Health Crusaders followed the float.

SAN FRANCISCO REPORTS LEARN-TO-SWIM WEEK SUCCESSFUL

San Francisco Chapter, in whose jurisdiction Learn-to-Swim Week originated a year ago, completed the annual event May 28 with nearly 2000 free lessons to its credit.

Miss Lottie Mayer, woman champion breast-stroke long-distance swimmer gave demonstrations in diving and breast-stroke swimming at the Young Women's Christian Association, Lurline and Sutro pools in compliment to the San Francisco Red Cross Life Saving Corps. She also took the Red Cross life saving tests through the San Francisco Chapter, Miss Alice Goodman giving the tests at the Y. W. plunge.

Los Angeles Chapter has extended the time for its Learn-to-Swim Week and will close the free lessons June 18.

Santa Cruz Chapter conducted examinations during the week set aside for water first aid and thirty young people passed the tests. Plans are being made to organize Red Cross life saving corps for both men and women.

Oakland Chapter conducted its campaign in May also. Other chapters are planning to have a Learn-to-Swim Week later in the summer.

Literature and all information needed to conduct the campaign can be secured upon application to the division office. Chapters are urged to give attention to this form of Red Cross service.

PHOENIX CONDUCTS SUCCESSFUL DRIVE

Pillow slips entered into the scheme of the Central Arizona Red Cross Chapter in Phoenix in its old clothes drive recently. The Red Cross Motor Corps distributed the empty slips on every doorstep in the city and brought them back to the shop filled. Many articles too large for the slips were also given and placed on sale in the Red Cross Shop. Everything salable was placed on the shelves and in conspicuous array—furniture, furnishings, shoes, garments and bric-a-brac. The drive carried on for one week was a huge success.

Chapters in the Pacific Division have been informed that the poster and pamphlet supplies for the Nurse Recruiting Movement are now being distributed free of charge.

TULARE MAKES SHOP EXAMPLE OF THRIFT

Tulare Red Cross Shop starts out by being a model of orderliness and good management. The store building, divided in half, houses a millinery store whose rent pays for the entire shop, so the Red Cross is at no expense.

The store has only one window but this is made attractive by displays of all sorts. A spring opening was held in February with spring bonnets featured at fifty cents each.

Tulare organizations have co-operated with the Red Cross and every day in the week some local society takes over the shop. Two ladies are sent to assist the manager, giving their time and services.

The Tulare Shop, though small, realizes a goodly sum. It is open all day every day, excepting Sunday. It is well patronized and is established to the extent of having regular customers. One couple of considerable means goes into the shop regularly once a week to buy some article which they give away.

Home Service in the chapter is carried on from the proceeds derived from salvage and shop. Last Christmas baskets were filled by the shop and distributed to the needy of the community.

Tulare faces a problem in keeping the shop supplied. While it has managed to remain open every day, it sees a stock shortage.

When branch organizations contribute articles to the shop the proceeds from the sales, arranged on a fifty per cent basis, can be used for local projects. No matter what goods come into the Tulare Shop, they can be sold. That has been demonstrated by the rapidity with which the shop has disposed of its stock up to this time.

DO YOU KNOW THIS MAN?

Red Cross chapters are asked for information concerning Walter Wheeler, an ex-service man who discharged from Fort McDowell, Arizona, November 24, 1920. He left no address and has not been heard from since. Wheeler is 5 ft. 10 in. in height, has very dark hair and eyes, a very large wart on one of his hands and a piece of steel on the back of the other. He has a quiet disposition and is very friendly. Any information concerning him should be sent to Pacific Division, American Red Cross, Civic Auditorium, San Francisco, California.

His mother, Mrs. Bertha Wheeler, 436 North 8th Street, Scranton, Pa., is very anxious to hear from him.

SISTER IN TURKEY ASKS RED CROSS TO FIND EMIL MILLER

A request from Constantinople, Turkey, for Red Cross help to locate Emil Miller in California is the more interesting since his sister, Mrs. Ida Grossman, a refugee from Russia, is the inquirer. Her last information concerning her brother was received in 1915. The only address she remembers is "Mariposa of Gester Point, California," according to the report from the home service worker in Constantinople, Miss Doris Matthews. The report adds that Miller went to the states 13 years ago from Riga, that he is an engineer and is 39 years old.

Any one who knows Miller may advise him that there is a letter from his sister for him at Pacific Division Headquarters in San Francisco and that his sister's present address is Mrs. Ida Grossman, rue Bekiar 20 bis, Pera, Constantinople, Turkey.

REINSTATE THIS MONTH

Unless a new ruling is issued by the Bureau of War Risk Insurance, Washington, D. C., it will be necessary for all ex-service men and women whose War Risk (Term) Insurance lapsed before July 1st, 1920, to reinstate before July 1st, 1921, according to the statement of the San Francisco head. Application blanks and all necessary information may be secured from the branch office of the Bureau of War Risk Insurance, 420 Flood Building, San Francisco, or from local Red Cross Chapter offices.

J. R. C. WORK THRILLS

Continued from Page 2, col. 2

of Junior Red Cross, thrilled the nurses with her story of what the Juniors are doing both in this country and abroad.

Miss Charlotte Kett, Assistant Director of Field Service, described Health Centers and gave a great many interesting illustrations of what could be done by public health nurses, through pageants and motion pictures, to interest the community.

At the close of the conference two films, "An Equal Chance" and "Every Woman's Problem," were shown and one nurse said: "I feel as if we had had a whole course in public health nursing in one afternoon and the picture you have given us of Red Cross organization will help enormously in our field, and this is what I call great team work."

JUNIOR RED CROSS HAS NATIONAL EXHIBIT AT U. OF C.

A duplicate of the Junior Red Cross exhibit shown at the National Education Association in Atlantic City last February will be given a prominent position at the University of California this summer during the summer session from June 20 to July 30. This exhibit was one of the features at the national convention in February and will be given enviable display again at the National Education Association meeting in Des Moines, Iowa, July 4 to 9.

Educators in the Pacific Division who plan to attend the Des Moines convention will find the Junior Red Cross display in booth 75. Some of the Red Cross workers will be in attendance and will be glad to explain the different features of the exhibit and also the organization and program of the Junior Red Cross.

CHILDREN OF ITALY SEND PICTURES HERE

Five very interesting portfolios of scenes in Italy made by children with whom American Juniors are becoming acquainted through correspondence were circulated among schools in Oakland and San Jose during the past month. It is planned to give these portfolios further circulation during the summer through some convenient medium in a number of cities in the Pacific Division.

SACRAMENTO FEATURES INFANT WELFARE WORK

Notable work in infant welfare is being done in Sacramento's Health Center, recently opened. The county medical society is solidly back of the plan and has appointed a committee to advise with the chapter officers.

Purely educational work is to be undertaken. The most popular feature at present is the regular, scientific check-up on the development of Sacramento's babies, which has been inaugurated.

DINUBA SHOP SUCCESSFUL

Dinuba is the latest town to manage a Red Cross shop successfully. There has been a demand for the remodeled garments which the shop has to offer and the proceeds add materially to the funds for carrying on local chapter activities. Salvage and Shop slides are being shown in the motion picture theatre to advertise the little shop.

POLISH LETTERS FROM CHILDREN RECEIVING JUNIOR GIFTS

Andrychow,
Nov. 25, 1921.

To the Unknown Girl Friend:

My dear Girl—

Receiving such worthy gifts I do not know how to thank you from my heart. For a long time I did not have any warm clothing, and receiving from you such pretty garment I tried it on immediately and look nice in the dress. In putting on the dress my thoughts went out to you, thinking how good and kind you must be to have thought of me. For such good deeds God will repay you and I will pray to God for you so He would keep you in good health and so you may learn well in school.

America live forever.

Embracing and kissing you,
HELENA ZIELINSKA.

Andrychow, Malopolska.

ul, Szewska No. 99,
Jan. 17, 1921.

To the Unknown Friends in America:

Dear American Children—

Since a long time we know America is a rich country and a long time we live on flour, lard and other provisions from America. When on the 15th of November we saw the loaded wagons with sacks in front of the schoolhouse we were very curious what those sacks contained until we found out that there was clothing for us. For three days we stayed from school because the teachers were busy wrapping up packages for us. When we came to school the 17th the priest and the school directors gave us each a package. We were very much in haste to open the package to find out what was in them. My package contained underwear, a coat, stockings, slippers, and many other articles. I gave my sister the coat, the stockings to brother, and mother the underwear. Everything is dear and our unfortunate Poland invaded and destroyed by wars and poor, and parents are unable to earn enough for the necessities of life.

I am thankful for your kindness.

RYSZAED EBEL,
5th Grade Scholar.

The above letters are two out of a number that are being sent from Junior Red Cross at Pacific Division headquarters to schools in which the Juniors are doing foreign production to tell the children just how welcome their gifts are to the less fortunate girls and boys across the sea.

Schools doing production work added to the list published in the May number of this magazine are Anaheim, Centerville, Livermore and Pomona, California; Bisbee and Mesa, Arizona.

RED CROSS PICTURES ARE SCREENED BEFORE CONVENTIONS

Red Cross motion pictures were shown to scout executives from California, Arizona, Nevada and Utah at the Regional Conference of the Boy Scouts of America held in San Diego in May. The delegates from the four states which coincide with the territory of the Pacific Division of the American Red Cross have also been furnished with descriptive pamphlets concerning the films circulated by the Red Cross, and local Boy Scout troops are being advised concerning the pictures that can be obtained from the division offices in San Francisco.

Similar notice of the film library was given the California Congress of Mothers and Parent Teacher Associations in its annual state convention held in Oakland during the last week in May. Two films, "The Spirit of Service" and "Your Brother's Keeper" were shown before an audience of 2000 at the Oakland Auditorium to open one of the big night programs.

The film library now has sixty-one film subjects among which twenty-three are circulated free of rental charge. The others have a nominal charge of \$2 per reel per day of showing (exclusive of travel time). Descriptive lists can be had upon application to the division office.

Chapter officials will be interested to know that 150 showings of Red Cross pictures form an average month's record of distribution in the Pacific Division. They are used by churches, schools, Boy Scout troops, American Legion posts, chapters, libraries, Parent Teacher Associations, Woman's Christian Temperance Union, Community Centers and during fairs, baby welfare weeks, conventions and community affairs generally.

Chapters are urged to get acquainted with the Red Cross film distribution plan and assist in securing the service for the above organizations.

RUMMAGE SALE AIDS CHAPTERS

Bakersfield held a Rummage Sale in May and collected a vast stock of clothes and other articles. Having no shop herself, she sent the goods to the Tulare Shop on a fifty per cent basis. Bakersfield deserves commendation, having proven that profitable work can be carried on in towns where no shops are yet available.

CHILDREN'S APPEAL IS CHALLENGE

"Garments that can be provided only by the volunteer effort of American women will actually save the lives of thousands of European children," is a statement in a recent communication from Robert E. Olds, American Red Cross commissioner to Europe.

"We cannot stand aside and permit children to perish for want of things we can supply. We must answer their appeal. We have the means; they are helpless. We have the will; their spirit is broken. We must give them help and encouragement," Commissioner Olds concludes in his call for a "steady stream" of garments from the new world to the old world through Red Cross channels.

Chapters should ship their cases carefully marked, charges prepaid, via freight service to

"American Red Cross, Store 24, Bush Docks, Brooklyn, N. Y. For export."

The case should show the name of the chapter making the shipment according to instructions sent out April 8, 1921.

Utah Relief Society Aids

Utah chapters have generous support from the National Woman's Relief Society in the Red Cross production work through the local units of that organization. In a letter signed by the general presidency, Mrs. Clarissa S. Williams, Mrs. Jennie B. Knight and Mrs. Louise Y. Robison, and sent out by the general secretary, Mrs. Amy Brown Lyman, all stake presidents are urged to give hearty support and co-operation to the Red Cross project. Excerpts from the letter follow:

"A call was recently made by the American Red Cross for clothing for destitute children in Europe. It is the desire of the American Red Cross to secure 250,000 layettes and 2,000,000 garments. Utah's allotment is 15,000 articles.

"At a meeting held recently with the three presidencies of the three women's organizations of the Church, it was decided to recommend that L. D. S. women throughout the Church lend their assistance in making up these garments. This does not mean a contribution of funds nor material, but the contribution of time and service for the sewing and packing of these articles of clothing."

Fresno-Salt Lake

Fresno and Salt Lake City, although far removed from each other, have struck a balance in the garment

production plan. During the heat of the summer in Fresno, work-room activity drops; but still anxious to do its share, Fresno Chapter has sent a money contribution to the Division.

Salt Lake City, short of money on account of local conditions, has a large roll of energetic workers, and so the Division took Fresno's money, bought material and shipped it to Salt Lake where it will be made into layettes and garments.

Chapters of Utah which are carrying on production in the usual way are: Uinta County, Morgan County, Carbon County, Tooele County, Davis County, Wasatch County, San Pete County, Grantsville and Salina.

Churches Interested

"We hope that our small donation will assist some in this great work that you are doing. We assure you that it has been a privilege and a pleasure to do our small part and we wish you the greatest success in this noble effort," is the comment from Mrs. E. M. Rowland, president of the Ladies Aid Society Centella M. E. Church, San Jose, California.

This is one of many similar statements from organizations that are aiding the Red Cross production program in the Pacific Division.

Los Angeles Busy

Los Angeles Chapter found the "homely clothes basket" and a "pretty girl" a successful combination with which to inaugurate its foreign production program. During April the city was alive with clothes baskets and girls collecting garments for Red Cross shipment to the children in the designated European area. The garments collected, new and old, were sorted, some shipped and others held for reconstruction.

With the active production of both new and reconstructed garments, Los Angeles Chapter has, as this item goes to press, 61 branches and auxiliaries at work on the foreign production program. The chapter has opened a work room for volunteer service to do the make-over work.

San Francisco Knows How

San Francisco, as usual, knows how! Production has made a long stride in San Francisco and already that stride has reached across the Atlantic in the shape of many cases

of garments and layettes. It is a notable fact that the same women who worked so hard during the war are making production a success now. They come early and stay late cutting garments, and those who for various reasons are unable to leave their homes, have the work sent to them and it is done at home. Since last August 230 layettes and 2645 garments have been shipped with many more to follow. Cases are shipped as rapidly as the boxes are filled.

Various clubs and churches are giving one day a week to this work.

Chapter List Grows

Nineteen chapters have been added to the list doing production work since the May number of this magazine. This brings the total number up to 75.

The new ones are: California—Carmel-by-the-Sea, Humboldt county, Lompoc, Long Beach, Los Banos, Martinez, Mendocino county, Monrovia, Pasadena, Santa Rosa, San Joaquin county, Santa Ana, Santa Barbara, Siskiyou county; Nevada—Carson Valley; Utah—Salina, San Pete county, Tooele county, Wasatch county.

Juniors Help

Pomona Juniors have made several dozen layettes for which the boys in the manual training department built the shipping boxes.

Lompoc's latest contribution consisted of 27 aprons or dresses, six-year-old size. They were beautifully made of checked and striped materials in blue, pink or brown and white, the collars and cuffs of each garment edged with narrow trimming.

WINDOW EXHIBITS TELL SAN LUIS OBISPO WORK

San Luis Obispo has been having signal success with window exhibits. The school children co-operate admirably to keep the Health Center window supplied with health lessons attractively displayed. It has become one of "the things to do" in San Luis Obispo to see what the Health Center window shows each week. Some of the topics that have been treated are: Baby's Clothes; Properly Shaped Shoes; Plenty of Vegetables; and Right Care of Milk.

Serves
the fighting
man in army,
navy, camp
and hospital
— remembers
the ex-service
man.
Your
Red Cross
Membership
makes it
possible

The AMERICAN RED CROSS

PACIFIC DIVISION ACTIVITIES

Protects
the home in
time of disaster;
saves
babies;
teaches
mothers;
serves the
community.
Your
Red Cross
Membership
makes it
possible

Vol. IV

JULY 15, 1921

No. 1

Red Cross Chapters in Division Send \$11,272.64 Pueblo Relief

Pueblo Relief Fund needs at least \$250,000.00 more according to a statement made by Vice Chairman W. Frank Persons following his visit to the scenes of the disaster.

Chapters are asked to give immediate attention to the transmittal of contributions from the public to the Pueblo Relief Fund either to the Pacific Division Office, Civic Auditorium, San Francisco, California or to Mr. Percy Hagerman, Colorado Springs, Colorado, who is the Treasurer of the Red Cross Relief Operations.

Mr. Persons' statement follows:

"The Governor of Colorado and citizens of Pueblo and La Junta have full confidence in the Red Cross and relief work in both places is fully in its charge.

"There is now no need for guesses or misunderstandings. The need is great and the facts are clear. There are 2025 families in the Pueblo district alone and 139 more in the La Junta area who need help in varying degrees. Most of these families have lost their furniture, bedding and clothing. Many have lost the houses which they owned in whole or in part.

"In the Red Cross relief fund there is now \$300,000.00 in cash. Making due allowances for all supplementary funds of a local or special nature, at least \$250,000.00 more is imperative if the conditions and the means of self-support are restored to those who have lost all."

Chapter Chairmen are urged to make public announcement of the further need of money contribution from the public for use in the Pueblo Flood Relief plans of rehabilitation. The American Red Cross has been officially designated by President Harding and Governor Shoup of Colorado to act through its chapter organization as the transmitting agency for the general public.

Up to the time when this magazine goes to press the reports filed at Pacific Division headquarters show that the Red Cross has transmitted \$11,272.64 through 42 chapters. This sum includes chapter gifts, and personal and group contributions turned over to the chapter chairmen to be sent to the relief organization at Pueblo

Manager Urges Preparedness

"With expert advisers, a readily available fund at National Headquarters and the minute chapter organization of the American Red Cross spread across the continent, the disaster preparedness plan of the national society was again demonstrated in the Pueblo flood disaster," said Col. George Filmer, Manager, Pacific Division of the American Red

Cross in the weekly staff council meeting.

"The value of preparedness against disaster emergency is easily recognized. In individual chapters I would recommend that it be given serious consideration.

"The initial step already outlined to chapters would be the collection of the best available data on what to do in possible local emergencies—fire, flood, epidemic—such as telephone and telegraph addresses of trained persons in the community and neighboring towns; sources of supplies for either emergency and any other helpful information that would govern the first emergency call.

"The next step, of course, would be to have this information placed in the hands of community leaders who would logically be called upon in emergency. The group would include the chapter officials, particularly chairman, treasurer, secretary and home service secretary.

"In the emergency itself, chapters are expected to promptly advise division headquarters if its proportions demand additional help. The division manager or his personal representa-

ABSENCE OF DISEASE FEATURES PUEBLO RELIEF EFFORT

One of the features of the relief work in connection with the Pueblo disaster was the almost complete absence of disease that is popularly supposed to follow in the wake of disaster, according to American Red Cross workers engaged in aiding the rehabilitation of citizens of the inundated city. The Red Cross nurses and relief workers, in conjunction with the state and city health authorities, as one of the first steps in the prevention of disease distributed information among the citizens as to the precautions to be used in selection of foods and drinking water.

Realizing the Red Cross forces offered an excellent channel for the dissemination of such information, the city health authorities intrusted a large part of this work to the relief workers who made daily visits to the homes of hundreds of Pueblo citizens. A list of instructions was drawn up and through the Red Cross and other agencies at work, Pueblo was given such advice as would prevent the occurrence of disease.

Upon coming into contact with Pueblo homes, the Red Cross nurse or relief worker first ascertained the condition of the water supply and the foods that were being used. Among the questions asked by the Red Cross were: What type of toilet is being used? Are any dead animals or organic waste unburied in the vicinity? Has the flooded basement been drained?

Wherever it was found that surface well or local spring water was used, the family was warned not to drink it until the Health Department had made a test and put up "Safe" placards at its sources. The necessity of using only boiled water in cleaning fruits and vegetables for table use was also emphasized. Screens or mosquito netting were recommended as one of the most efficacious means of protecting the family from contagion spread by flies and insects.

Utmost care was exercised in the matter of food consumption. With

(Continued on next page)

(Continued on Page 2, Col. 3)

RED CROSS APPEALS FOR PUEBLO RELIEF

(Continued from Page 1, Col. 2)

tive is always within reach of the telegraph and telephone.

"One of the provisions of our new headquarters in the Civic Auditorium is accommodation for storing 24 carloads of disaster relief material should emergency need arise."

Chapter Preparation

Preparation among chapters in the Pacific Division has taken form in fourteen as follows:

Alameda has decided that the whole Chapter Executive Committee will act as a Disaster Committee. Motor service is organized with fifty automobiles on call and there is a store of clothing on hand.

Angels Camp has equipment of ten beds ready for an emergency hospital. Executive Committee of Chapter will act as Disaster Committee.

Banning: Executive Committee will act as Disaster Committee. Motor Service is organized with thirty-five automobiles on call.

Fresno: Disaster Committee had equipment for a hundred-bed emergency hospital and relief station, but lately this was destroyed by fire. The loss was partly covered by insurance, however and replacement is under consideration.

Globe, Arizona: Executive Committee of Chapter will act as Disaster Committee. Mining Company, medical and other stores are available according to agreement with the local Copper Mining Company.

Los Angeles: Disaster preparedness plans are under consideration.

Madera: Executive Committee of Chapter will act. There is an emergency hospital equipment of thirteen beds ready for use.

Marin County: Executive Committee will act. Supply closet of clothing, bedding, and surgical dressings is ready for use.

Pasadena: A Disaster Committee is formed including city officials and other executives. Equipment for a hundred-bed emergency hospital is ready for use. Motor corps organized. Store of medical supplies and clothing provided. Corps of canteen workers is organized.

Plans for co-operation with physicians and nurses and business men are carefully outlined. Names, addresses and telephones listed so that within a short time a disaster relief organization could be put in full action.

Petaluma: Executive Committee will serve. Equipment for twelve-bed emergency hospital is ready for use.

Pomona: Executive Committee will serve. Equipment for ten-bed emergency hospital is ready for use.

Redlands: Executive Committee will serve. Emergency closet of medical supplies, clothing, and bedding is ready for use.

Reno, Nevada: A Disaster Committee has been formed including the mayor of the city. Definite disaster preparedness plans are being under consideration.

San Francisco: A Disaster Committee is organized with public officials, executives of social agencies, and business executives

METROPOLITAN CHURCH FORECASTS GROWTH OF RED CROSS

Under the title "The American Red Cross" the weekly calendar of the First Congregational Church of San Francisco prophesies that the time is not far distant when the systematic growth of the American Red Cross will be a guarantee to the American people that every emergency need will be methodically handled through the fund deposited in the national society.

The comment follows:

THE AMERICAN RED CROSS

"It is gratifying to note that the dreams of the founders and managers of the Red Cross Society are being realized, and the great humanitarian impulses of the American people are finding through its agency quick and immediate expression in the midst of great calamities. Within 12 hours of the realization of the great calamity which had befallen the city of Pueblo, funds necessary for immediate relief were appropriated and all the machinery set in motion through the National Society to relieve the suffering and afflicted in the stricken city. This was done without calling upon the local branches, which are now open everywhere to receive the contributions for this fund. It is becoming apparent that the time is not far distant when the desultory methods hitherto necessary in great emergencies may be abandoned, and the regular methodic contributions to this organization be sufficient to meet every emergency that may arise. Remembering the great help poured out on our own city in 1906, let our contributions be quick and large in behalf of our sister city."

included. Surgical stores are on hand. Canteen and motor corps organized and co-operation with physicians, nurses, social workers and business people carefully outlined.

Any other chapters that have made disaster preparedness plans are requested to notify the Division Manager, giving details of the organization proposed or effected.

Chapter workers are urged to read again the Manual of Disaster Relief, A. R. C. 209 sent out in December, 1919. If a copy is not on file in the chapter office it may be secured upon request to the Division office. The manual gives full instruction how to organize disaster preparedness measures.

Senate Bill No. 592 authorizes the creation of a debt and liabilities, through the issuance and sale of bonds in the sum of \$10,000,000 to establish a revolving fund to carry out the provisions of these various bills. This act is to be submitted to a vote of the people at the general election November, 1922.

(Continued from Page 1, Col. 2)

their entire substance destroyed by the devastating waters it was but natural that the refugees should try to salvage such edibles as might, to them, appear perfectly safe. The following directions, therefore, were issued to the Red Cross nurses and other workers, by the health officers:

Directions Issued

All fruits that had been under water, with the exception of apples, were to be condemned and destroyed. The apples might be sold for cooking only, and then only to specified relief stations. Cucumbers, tomatoes, cabbage and lettuce that had been under water, were also to be destroyed, but potatoes, after careful washing in boiled water, might be cooked.

Flour might be used, after careful screening, for baking purposes. Sugar also, when subjected to heat as in syrup and candy making. Butter, if contained in a carton protecting it from mud, might be pasteurized or rendered into cooking grease. Lard in large containers must be scraped of all mud and water. Cheese was absolutely condemned. Dried fruits, if sour or mashed, were condemned. If the skin was unbroken, and the fruit unsoured, it might be washed in boiled water and cooked. Eggs, if unspoiled might be used. All teas, coffees, spices, gums, candies, cereals and breakfast foods were condemned and destroyed.

Another significant instruction was that which read: "If illness is found in a family, do not give any opinion as to possible diagnosis. Do not give First Aid, but advise family to report to private physician or Ward physician. Notify all people contacted that they should try to get their own doctor first before asking aid from City Hall or Ward physicians."

Napa Red Cross chapter conducted a Baby Clinic last month with such gratifying results that the Baby Clinic is now a permanent part of the Napa chapter program. The clinics will be held three times a year—in January, May and September.

The clinic was held in the Napa High School and was given hearty support by local physicians, Drs. Welti, Meyers and Coleman, who contributed professional services. The high school faculty, headed by Principal Hull, together with the students, gave invaluable assistance during the demonstrations.

Albanian Kiddies Share Gifts Junior Red Cross Sends Abroad



One of the tiny refugees of the Debra tribe, getting the last morsel from the Junior Red Cross soup kettle.

One day early last fall while the children of the Debra tribe in the hills of Albania, near the Serbian border, were tending their little flocks of sheep and goats, they heard faint reports of rifles and wondered if their tribe had taken up arms against one of its neighbors. Because they were mountain children and cautious they immediately drove their flocks home. In the villages they found great excitement. Old men and women were rushing about, gathering up household things and packing them on the backs of donkeys and horses for a long journey.

"What has happened?" asked Imeri, one of the little shepherds.

"Do not ask questions, my child," answered his mother in great agitation, "the Serbians are coming—drive your sheep down the trail—I will meet you there. We go to Tirana."

Imeri gathered his sheep together, picked up a few of his most precious belongings, and hurried along with the other children, driving his sheep before him.

That night as he stood on a ridge many miles away from his little village, he could see the red glow of fires on the mountains where his home had been. He plodded on through the darkness, and it was late the next day before Imeri and the refugees reached the fringes of the city of Tirana, which is the capital of Albania.

The first month in Tirana was a joyous holiday for the children of the Debra tribe. But an evil time came when the flocks were all sold and the rains of winter began to fall. The refugees could not return to their ruined villages and the wide field where they camped soon became the stalking place of misery. Little Imeri was hungry and a pain stabbed him with the sharpness of a knife in his little chest. One day as he lay weeping in his tattered tent, he heard a voice behind him ask:

"Why do you cry?"

Little Imeri did not understand the strange language, but the man continued to talk.

"You are hungry and cold, and I do believe you are ill, too. Never mind, we will soon have you in a dry, warm place with food for you and the other children."

There was something in the man's manner that made the little sufferer snuggle against the great coat and cry softly again, not so much in anguish as for joy. The man said he came from the Junior American Red Cross.

That very day Imeri and his friends were put under shelter in an old, deserted house furnished by the Albanian government, and the little children and women were fed from large kettles of nourishing soup in an old prayerfield under tall cypress trees.

Every day thereafter, Imeri and his friends went at 11 and 4 to a big tent to get their meals of soup and bread. About seven hundred children of all ages, and a few old men and women, are still fed in this way. The work is supervised by experienced men and women of the Junior Red Cross who are aided by the American Methodist Church Association. The feeding is also partially supported by the Albanian government. American Red Cross doctors and nurses look after the physical welfare of the refugees.

The women and old men who can work are given employment on the roads and in the villages near Tirana, and many of the children have places in Albanian homes where they do light tasks. One of these children is little Imeri, who has wiped away his tears and is almost as happy as when he watched his flocks in his mountain home.

CALIFORNIA GIRL TELLS MEANING OF JUNIOR ACTIVITIES



ELSIE GRAVES BENEDICT, Pleasanton, California, Assistant European Director, Junior Red Cross.

All members of the Junior Red Cross in the Pacific Division and educators familiar with its work both at home and abroad, will be interested in a letter from Elsie Graves Benedict, of Pleasanton, California, Assistant European Director, Junior Red Cross written to Miss Mary Concannon, division director, Junior Red Cross.

Excerpts follow which indicate the truth of Rose Wilder Lane's statement concerning Miss Benedict's work in Europe—"The Red Cross and the American Relief Administration have kept the next generation of Europe alive and are still doing it. And one of the best pieces of work done by the Red Cross is Elsie Benedict's job in Montenegro."

Miss Benedict says:

"After two years' experience in the Balkans—Montenegro and Albania—I have come to feel with an overwhelming force a pride in the hope with which the grown people and the children of that part of the world look towards the children of America as typified in the Junior Red Cross. There is a pride and also a tremendous obligation.

"It seems as if there were no limit

(Continued on Page 4, Col. 3)



The American Red Cross

ARIZONA-CALIFORNIA-NEVADA-UTAH

A bulletin published by the Pacific Division,
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Telephone Park 4391

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CHAPTERS RETAIN MAJOR PART DUES

Red Cross chapters in the Pacific Division are advised herewith that the new regulations governing membership dues become effective November 1, 1921, providing chapters to hold in their local treasuries all but 50 cents of three classes of memberships, annual, contributing and sustaining. The fees from Life Memberships and Patron Memberships shall as heretofore be applied in full to the Endowment Fund.

From each annual membership (\$1.00) the chapters retain 50 cents and National Headquarters receives 50 cents.

From each contributing membership (\$5.00) the chapters retain \$4.50 and National Headquarters receives 50 cents.

From each sustaining membership (\$10.00) the chapters retain \$9.50 and National Headquarters receives 50 cents.

EX-SERVICE MEN

CAN REINSTATE

UNTIL JANUARY

All ex-service men can reinstate their War Risk Insurance up to January, 1922, according to Treasury Decision 67, sent out July 11 by Col. C. R. Forbes, Director, Bureau of War Risk Insurance, Washington, D. C. A full, medical examination is required and must show that the applicant is now in good health.

FIELD REPRESENTATIVES DISCUSS CHAPTER ACTIVITIES

"Unified service" was the theme of a recent conference of Red Cross field representatives held at Pacific Division headquarters. The division field workers offered specific chapter problems for discussion with a view to give the division staff council a clearer insight into local Red Cross interests that affect communities.

Miss Jessie I. Lummis recently appointed director of Field Service in the Pacific Division, conducted the conference. In course of her comments upon the chapter situations she made it clear to the field people that their chief purpose in making chapter visits is to act as interpreters for American Red Cross policies and to give assistance and service to chapters in carrying on chapter activities.

This field service organization plan, a departure from the department unit calls for a division staff council following the set-up at National headquarters.

The personnel in the Pacific Division follows:

Manager, George Filmer.

Treasurer, Thomas Mellersh.

Executive Secretary, Grace Graham.

Directors:

Accounting, Margaret B. Setright.

Field Service, Jessie I. Lummis.

Post War Services, Grace Graham.

Medical Social Service, Hilda Steinhart.

Military Relief, J. J. McBride.

Nursing Service, Lillian L. White, R. N.

Public Health Nursing Service, Mary L. Cole, R. N.

Instruction in Home Hygiene and Care of the Sick, Iona Baldwin, R. N.

Health Service, Charlotte Kett (Acting).

Junior Red Cross, Mary Concanon.

Membership Activities, Chas. B. Stone.

Public Information, Eve Scholer Bangs.

Salvage and Shop and Volunteer Service, Kathleen Booth.

Supplies and Purchasing, A. J. Lowenberg.

Marysville Shop fell heir to a mandolin—broken it is true but not without possibilities. The Shop had it mended. It cost \$1.00 but the instrument was like new. The donor, an ardent customer, was looking around the Shop, saw her mandolin and paid \$8 for it—proud to help the cause \$7 worth and delighted to have her rejuvenated mandolin.

RENO BETTER BABIES INTEREST WELFARE ORGANIZATIONS

Report of a splendid piece of cooperative work in Nevada has been received from Mrs. Martha O. Davis, Executive Secretary of the Nevada Public Health Association. A Better Babies Conference sponsored by the Century Club, the W. C. T. U., the Extension Department of the Nevada University, the Nevada Public Health Association and the American Red Cross, was held in Reno June 10-12 and was a huge success. The report says:

"Two hundred and forty-five babies were examined in two days. The first morning the babies came so thick and fast that we had to call on other physicians to help us out and were obliged to weight and measure babies all afternoon, instead of just during the morning as was the original plan."

The attendance for the entire conference was approximately 1500 and about 5000 pieces of literature were distributed.

UNLIMITED POSSIBILITIES

(Continued from Page 3)

to the possibilities which this example of united children in America has set.

"If you could only know how the tears run down the faces of strong and powerful men—Serbs, Dalmatians, Croats and Albanians—when we tell them of the millions of children whose fingers are interlaced in friendly sympathy; if you could only know how they long to bring about the touch of those small fingers on the hearts of their own children, and with it and because of it, the intertwining of young hands from nation to nation in Europe itself, you would feel that no amount of your vital energy was too much to spend in bringing about a unity such as this.

"From European soil, therefore, I wish to say to you that I agree with you entirely that we could change the future of the world and make it greater, and all humanity richer, if we could give the children of all nations the Red Cross meaning of service.

"This is possible if the children of America will stay steadfast.

"With much appreciation of the splendid work which you are doing, as I hear about it through my mother, I am,

"Yours sincerely,

"ELSIE GRAVES BENEDICT."

EX-SERVICE MEN'S BILLS PASS CALIFORNIA LEGISLATURE

All legislative measures for the benefit of ex-service men pressed by the American Legion of California have been passed by the California legislature and have been signed by the governor of the state.

A summary of the ten measures has been prepared by the director of Post War Services for Red Cross chapter information as follows:

Senate Bill No. 594 provides for the establishment of a Veterans' Welfare Board of five members, appointed by the Governor, four of whom shall be ex-service men. This Board shall have authority to acquire acreage in the state for the purpose of subdividing, cultivating, and otherwise improving it. The ex-service man may then purchase an allotment of land from the Board exactly at cost at five per cent interest with twenty years allowed in which to make full repayment. A loan of \$3000 may be made by the Board to enable the purchase of live stock and equipment, to be repaid within forty years, interest at five per cent. An appropriation of \$1,000,000 was made by the legislature in order that the Board should on appointment commence immediate operations.

Notification will be given later of the address and personnel of the Veterans' Welfare Board.

Senate Bill No. 822 authorizes the Veterans' Welfare Board to loan an ex-service man a sum not to exceed \$5000 to be applied on the purchase price of a home. An initial payment of five per cent down must be made and loans are to be repaid in full within forty years with five per cent interest.

This bill also authorizes the Board to make a loan to an ex-service man not to exceed \$7500 for the purpose of purchasing an individual tract of farm land in any community he may select. The loan is to be repaid in full within forty years and bears five per cent interest. An initial payment of ten per cent must be paid on this property. An appropriation of \$2,000,000 was secured by the Board for commencement of immediate operations.

Senate Bill No. 593 provides for the education of able bodied ex-service men who were interrupted in their schooling by their war service. An ex-service man may re-enter any educational institution in California and will have his tuition, books and \$40 a month living expenses paid during the time he is being educated, the period not to exceed two years nor to

exceed the expenditure of a thousand dollars to any one applicant.

An appropriation was made to the Board of \$500,000 for the commencement of operations.

Senate Bill No. 976 provides vocational education for wives, dependent parents, children and brothers and sisters of men killed in action or who have died as a result of wounds received in active service or those permanently disabled by such service. Money derived from the sale of tax delinquent property is to be used for this purpose, and application should be made to the Veterans' Welfare Board. The amount expended on any one applicant shall not exceed \$1000.

Assembly Bill No. 21 provides a credit of five points to ex-service men and widows of veterans of the world war upon all civil service examinations and establishes preference for veterans over all non-veterans passing examinations.

Assembly Constitutional Amendment No. 24 exempts property owned by honorably discharged ex-service men who are legal residents of California to the amount of \$1000 from taxation. These exemptions now extend to Naval Reserves and ex-service men's widows and pensioned mothers and fathers who are legal residents of California.

Senate Bill No. 25 provides that no fees shall be charged by any public officer, county clerk or notary for administering oath or preparing claims for compensation to ex-service men who were disabled by service.

Assembly Bill 1267 provides that any person who shall unlawfully wear or use any insignia of the Grand Army of the Republic, Spanish-American War Veterans, American Legion or Veterans of Foreign Wars shall be guilty of a misdemeanor.

Assembly Bill No. 906 provides that honorably discharged disabled ex-service men who are qualified electors of the state shall be given licenses to peddle or vend any goods or merchandise except intoxicating liquors without payment of any license tax or fee, whether municipal, county or state.

Assembly Bill No. 935 gives County Boards of Supervisors authority to purchase or otherwise acquire land and buildings, etc., for the purpose of establishing institutional homes for veteran soldiers, sailors and marines also to establish memorial halls and other meeting places for veteran organizations and authorizes the raising and expending of county money for these purposes.

AMONG THE MISSING



CHARLES A. DEAN, Toppenish, Wash.

Charles A. Dean, whose description follows, is one of the ex-service men whom Red Cross chapters are asked to try to locate.

His home is Toppenish, Washington. He was discharged from Letterman General Hospital, San Francisco, January 17, 1920. The Oakland, California, Home Service section purchased his ticket to Toppenish via Portland. Friends and relatives with whom he had always been in correspondence, have heard nothing from him since.

His description is: Age, 25; height, 6 feet; slender; dark brown hair; brown eyes; left thumb nail turned down, caused by end of thumb being cut off.

He enlisted October 4, 1917; serial number 2377086, Veterinary Q. M. Corps.

Every Red Cross chapter finding any trace of James Robert Larson is urged to report immediately to Division headquarters.

He left a young wife and family greatly in need of him.

His description: Age, 25 years; height, 5 feet 7¾ inches; weight, about 145; dark brown hair parted on left side; dark complexion; large blue eyes.

Born in Pueblo, Colo.; married to Miss Elizabeth McHenry by woman minister in Methodist Episcopal Church, Vancouver, Wash., Sept. 17, 1917.

Enlisted at Salem, Oregon, in Machine Gun Battalion during October, 1917; was overseas more than two years.

Left Grass Valley February 3, 1921, taking trunk and all personal belongings. On February 14th wrote from Oakland on Y. M. C. A. stationery; not heard from since that date.

Red Cross Mobilizing for Work in Clothing Campaign

By KATHLEEN BOOTH, Director Volunteer Service.



America wants these little ones to have more than rags.

A summons has come to the American Red Cross and the American Friends to mobilize for a great clothing campaign to provide garments for destitute people abroad.

Dr. Livingston Farrand, Chairman of the American Red Cross, on his return from a trip of inspection and consultation in Europe, said:

"Children are the last reserve of civilization."

The task of saving the children of Europe is a paramount duty if civilization is to survive. New born babies in the hospitals of Europe are wrapped in newspapers, tens of thousands of children possess but one garment and will be barefooted all winter.

One meal a day has been given to about a million children by the American Relief Administration during the past winter, but the value of the food will be lost unless these children are clothed.

The emergency is as great as any that has ever confronted us and the cooperation of all Chapters which is so urgently asked is essential to the success of the program.

A cable, from Colonel Robert E. Olds, American Red Cross Commissioner for Europe, asks for two million garments to help in the work for the children of Europe. The work must assume the war-time spirit and it must be a Service of Love. There is probably not a family in the United States but could spare some garment,

either cast off—or out-grown by children or parents.

Compared with conditions in Europe, agriculture in America is flourishing—business is back to normal and it requires an absolute effort of mind to realize conditions as they exist in Central Europe.

The Red Cross at the close of the war saw its task drawing to an end with the return of Europe to normal—but Europe did not regain its equilibrium and the Red Cross stayed on battling disease and hunger—and still it stands, a barrier between the children and destitution.

So far as adults are concerned, the task has grown so enormous that it has passed the possibilities of private philanthropy—but the children must be saved. The birth rate in Poland has dropped to one-third of what it was before the war, eight per cent of the births among the working class are still-born. Every fifth child dies before it is a year old. In Hungary every fifth child dies. In Vienna tuberculosis claims every seventh child.

The only way to save the life of Europe is to save the children by giving them the right to life—that right which has been taken from them by the war.

Vienna, the city famed for gaiety and music and above all for medical science is dying of starvation and cold. In Hungary conditions are even worse. It is a "Slaughter of Innocents" such as civilization has never before seen.

The nation cannot save itself—it is helpless—what can it do without clothing, food, medicines—and the ordinary means of keeping clean? Budapest hospitals are splendid, the doctors and nurses are skilled—but the sheets on the bed cannot be changed when a patient dies, there is no soap and hot water to wash them. There are American layettes in all the hospitals, but there are far more babies than there are garments.

The railroad authorities have set aside one long siding on which are strong boxcars filled with refugees suffering from scarlet fever. In these cars lie the children—on straw beds, their only covering a newspaper—and their parents sit by helpless.

Across the city from the scarlet fever region are seventy-five hundred freight cars, the only home of ten thousand refugees—clerks, school teachers and government em-

PUBLICITY PROGRAM DESIGNED TO HELP CLOTHING CAMPAIGN

In the Literary Digest of July 2nd appeared an article telling of the co-operation of the Red Cross with the Friends Service Committee, of Philadelphia, in the drive for clothing to be used for European Relief. It brings out clearly the need for helpfulness and will be followed shortly by other articles in the Ladies' Home Journal, Country Gentleman and the Saturday Evening Post.

These will reach many millions of people in the United States and will stimulate contributions to the clothing fund. Chapters are asked to be ready to handle all such contributions, sorting, packing and shipping clothing which may be donated.

It is important to remember that, in order to facilitate the distribution in Europe of garments collected in this drive, that Chapters should pack children's and adult's garments separately. The character of the contents must be plainly marked on the outside of each case.

Shipping instructions which were sent you in the last production call should be used, sending all cases of garments, prepaid, to Bush Docks, New York City.

ployees, in a word, the middle classes, trying to keep life in their bodies, battling cold and hunger.

No one knows all this—no one but the Red Cross in Hungary—and the dwellers in the box cars.

The children of Poland are living in diseased hovels. They are underfed and scantily clothed. Their eyes have a half-wild look, their bodies are shrunken, their limbs twisted.

It seems such a long way off—to distant Poland, but America must not forget the Influenza epidemic which started in the Balkans but left behind it orphans from Belgrade to San Francisco.

The work of the American Red Cross in connection with the European Relief Council will be largely medical. They will try to supply soap and medicines to the school children—things to prevent disease. Babies too young to go to school and children weakened by disease will be fed.

The greatest challenge now to the American Red Cross and American Friends is to furnish clothing for the destitute. They can manage to live through the summer without much clothing but in winter, clothing is necessary to life.

Articles most desperately needed are stockings (not silk), shoes with broad toes and low heels, sweaters, cast off clothes that are strong and warm. All kinds of outfits for babies

(Continued on Page 7, Col. 3)

HOW PUBLIC DEMANDS AFFECT NURSE RECRUITING

Second Letter in Series from Director of Nursing Service to Red Cross Chapters.

My Dear Chapter People:

Since writing you last month, I attended several sessions of the Annual Hospital Convention of the League for the Conservation of Public Health, held in San Francisco June 24th and 25th. I heard it stated more than once by men and women prominent in the medical and hospital world that, while you might provide your hospital with everything material which money and science can provide, you still cannot standardize the living, glowing thing which we call the human being, and for whom after all the hospital is as that the nursing facilities which the hospital affords, constitute the biggest humanizing agency within its walls.

Right here, do you not believe that this fact of the nurse being brought so closely in touch with the human soul, often in its sheer nakedness, and her consequent power to bring healing, mental, moral and physical, with her ministrations, furnishes the motive young women have when they take up the study of nursing? However, given this motive, let us not forget that while the hospital including its nursing, must exist for the patient himself, still it must provide certain educational facilities and good living conditions for the student nurse.

You have to select the good school for nursing just as carefully as you select your High School; therefore, urge every young woman who is contemplating nursing as a career to write first to the Director of the Bureau of State Registration for Nurses in your state for a list of accredited schools; then have her fill out Form 1019 and send it to the Superintendent of the Schools she may select for their prospectus, and from this prospectus she will glean which schools can give her what she has a right to demand in theoretical work from its instructors, and practical work from its hospital services.

The student of nursing must ever find her laboratory among the living human beings of the hospital, so after all it takes the woman of sound education, with exceptional ideals to study nursing.

Development of hospital organization during the years now provides the student nurse with her residence in the hospital during her training and we have a right to expect the hospital to offer its students good home life. The prospectus sent out by

FINEST THING IN CAMP SAYS "THE BULLET" EDITORIALY

"One of the finest things in the camp—The American Red Cross—" catches the eye of readers of the editorial columns of "The Bullet," the 25th regimental paper at Camp Stephen D. Little, Nogales, Arizona. The column headed "Red Cross" appearing in the issue of June 14, 1921, was written by the assistant editor, Matthew Tackett, private 1st class.

Excerpts follow:

"At the hospital they maintain a recreation room with a dandy library, pool tables, piano, phonographs and writing material, in fact everything that will make life comfortable for the patients. And not only the patients—the Red Cross tries to help each and every man in the service and all ex-service men and their families. The principles of the American Red Cross are: first, Christian, and second, to make up the missing link between the army and civilians. The sign of the organization means mercy, kindness, help and friendship.

"There was no organization in the world that did any work more valiant during the great world war than the Red Cross and they are still the same big-hearted and good people that they were during those dark days of strife and bloodshed. Sometimes men will forget or neglect their families and the Red Cross is called upon to help the parents and wives to get in touch with their son or husband. And they do it too, all confidentially.

"Many times folks have written the Adjutant General and other military branches trying to get in touch with their loved ones, and the letters are referred to the Red Cross of the place where the soldier is stationed who immediately look the man up and get him to communicate with his family. And they do more than that, they give aid to anyone in distress at all times and all places. There is no organization in the world today that has done more for humanity than has the Red Cross. Each and every person connected with it is always ready and willing to give a helping hand at any time and are pleasant, kind and courteous under every circumstance and condition. After having a long talk with Mr. Crawford (Red Cross Field Director) he gave me several little articles that will come in handy and then motored me back to the office of 'The Bullet.'"

the hospitals will show what living conditions are afforded and what provision is made for recreation.

To produce the best kind of nurse for the end you have in view for her, you must keep in mind the various factors that will develop the student into the ideal nurse.

Feeling sure that you will see something of the responsibility that the Public has in nursing the public, I am,

Sincerely yours,

LILLIAN L. WHITE, R. N.,
Director, Nursing Service.

AMERICAN RED CROSS PLANS NATIONAL CONVENTION

Plans for a national convention bringing together American Red Cross workers in all parts of the country were announced at National Headquarters July 2. The convention will be held at Columbus, Ohio, from October 3 to 8 next, on the Ohio State Exposition Grounds. President Harding has accepted an invitation to address the delegates, contingent upon public business permitting him to go to Columbus at that time, and the session will be addressed by other speakers of national and international prominence.

The object of the convention will be to bring together for inspiration and counsel concerning the permanent activities of the organization as many active workers as possible. Among the features of the program already developed are mass sessions in the great Exposition Coliseum and sectional conferences on the various phases of Red Cross Service. Supplementing these will be an historical pageant portraying the past, present and future, of the American Red Cross in which there will be 1500 participants. There will also be a Junior Red Cross spectacle and reunions of the home base and overseas Red Cross personnel that served in the World War.

CLOTHING SHOULD BE STRONG

(Continued from Page 6)

are particularly prized. For women and girls of all ages stout serviceable suits, cotton dresses and underwear.

Do not send worn out ragged garments, soiled underwear, flimsy lingerie or fancy shoes. For men and boys, send durable suits, shirts and undershirts, and stout shoes.

Raw materials for any of these articles or money to buy them will be appreciated. If the donor wishes the package sent to the people of some particular country, as for instance Poland or Germany—it should be marked clearly to that effect.

Send everything to your local Red Cross Chapter. If for any reason that is impossible send your packages direct to the American Friend Service Committee Storeroom—15th and Cherry Streets, Philadelphia, Pa., or write for information to this Committee, 20 South 12th Street, Philadelphia, Pa.

This is a personal appeal—such an appeal as has never before reached the United States. Become a Volunteer Worker and know the depth of the gratitude of Europe's destitute children when they say to America, "I was naked and ye clothed me."

FILM LIBRARY ADDS SAHARA PICTURE



Camels receiving their evening rations of dates while they stop for a rest amid the sand dunes of the desert. The scene was taken from the motion picture, "The Children of the Sahara," produced by the American Red Cross.

"The Children of the Sahara," the latest Red Cross motion picture added to the film library at Pacific Division headquarters was given a pre-view before the field staff and received hearty commendation for its beauty and interest.

It portrays numerous scenes in the desert country that give adequate suggestion of its mystery and its charm.

This is one of the educational series now being circulated among schools, churches, American Legion posts, Boy Scout troops, lodges and other organizations using motion pictures. A complete list of the Red Cross pictures can be secured by writing to Mrs. Eve Scholer Bangs, Director Public Information, Pacific Division, American Red Cross, Grove and Larkin streets, San Francisco, California.

A. R. C. FAIR EXHIBIT

Is your county to have a County Fair this year?

Is your chapter planning a Red Cross exhibit?

Read your 1921 Fair Exhibit Manual sent to every chapter chairman in June.

It will offer suggestions that will fit your County Fair plan, your community program and your financial possibilities.

If the division office can help by supplying posters, First Aid boxes, Red Cross literature or in any other way, ask for what you want.

Be sure to have the American Red Cross appear among the exhibits at the Fair Grounds; participate in the parade; give service if opportunity presents itself.

Kiddie Koops, First Aid Stations, Rest Room, Soldier Information desk—these are some of the ways—You may think of others.

Write the division office when you decide what to do.

Get pictures of your exhibit or your parade feature, and send two prints of each to the division director of Public Information. Washington wants one and the division office wants the other.

RED CROSS OFFERS COURSE NORMAL SCHOOL STUDENTS

Thousands of the prospective teachers in California will have the opportunity of the Red Cross course in Home Hygiene and Care of the Sick through four Normal Schools in the State, through an arrangement made by the Pacific Division and co-operation with several chapters.

Dr. Edward L. Hardy, President of San Diego Normal School, wrote: "We have a group of eleven women taking a vocational course in Home Economics who will furnish the nucleus of a class." He offers to give credits for the work.

Dean W. B. Givens, of Summer Session, Fresno Normal, in discussing the plan, said: "The course you have outlined seems well worth while and if you desire to give it, the school will co-operate in so far as it is able."

Dr. Frederick Burk, President of the State Normal School, San Francisco, gave San Francisco chapter its choice of rooms in which to hold the classes. It will be furnished entirely in white.

C. M. Osenbaugh, President Chico Normal (which is to be held at Sisson), is also arranging for the course.

RENO SHOP IS UNIQUE

"Reno Red Cross Shop" is individual because it has its own home in the "Red Cross Hut." The hut was built by the majority of the population in Reno; the city gave the lot, the material was bought at cost, people bought the bricks and Union Labor laid them. Such is the spirit in the "Reno Red Cross Shop." They are most fortunate in having a splendid manager, one who is immensely successful and untiring in her work. She is assisted by the women of the Red Cross chapter and different organizations co-operate by sending two workers different days in the week. The shop is well stocked and the articles sold in it are mostly clothing.

SONORA SHOP POPULAR

Sonora is unusually active and resourceful in raising money and a recent tea netted a considerable sum. Every Saturday afternoon a cake sale is held. Co-operation of the Sonora people is notable and Salvage and Shop has come to mean something very wonderful to the Tuolumne kiddies.

The Sonora Red Cross Shop has made it possible for four children to be fitted with glasses. It has financed a tonsil and adenoid operation for a little boy—the purchase of a truss for a tiny girl, and arranged for her examination.

Serves
the fighting
man in army,
navy, camp
and hospital
—remembers
the ex-serv-
ice man.

Your
Red Cross
Membership
makes it
possible

The American Red Cross Pacific Division Activities

Protects
the home in
time of disas-
ter; saves
babies;
teaches
mothers;
serves the
community.

Your
Red Cross
Membership
makes it
possible

Vol. IV.

SEPTEMBER 1, 1921

No. 2

CHAPTER SERVICES ELICIT APPROVAL ARMY AND NAVY

Co-operation received from the various Red Cross chapters in connection with investigations concerning furloughs and discharges requested by Army and Navy authorities during the past year, has been most gratifying. Approximately 90 per cent of the services asked of the chapters has met with ready response, which has been much appreciated by Army and Navy authorities.

In a letter from Major General John A. LeJeune, Commander, U. S. Marine Corps, addressed to the American Red Cross headquarters in Washington, D. C., he says:

"For the past number of months, the Bureau of Naval Affairs, American Red Cross, has most graciously and most efficiently conducted for the Marine Corps, investigations as to home conditions in connection with requests of enlisted men for release from the service on the grounds of dependency. Many of these investigations require unusual tact, good judgment and patience. Not a few of them make necessary repeated attempts, and all of them call for unstinted and whole-hearted co-operation.

"Investigations in the premises are being conducted almost entirely under the auspices of your organization and through the instrumentality of your associate workers in various parts of the country, and I feel that your help has been an invaluable service to the corps, the men involved, and their families.

"It is my desire to take this opportunity to express to the Bureau of Naval Affairs, American Red Cross, and its faithful co-workers in the field, the most sincere appreciation of the corps for their generous and willing assistance. I am looking forward with great pleasure to the continuance of the services of your wonderful organization, and I assure you, I am deeply appreciative of the help you have given."

VICE CHAIRMAN VISITS WEST DISCUSSES RED CROSS PLANS

W. Frank Persons, Vice-Chairman of the American Red Cross, on his recent visit to Pacific Division Headquarters, discussed Red Cross operations in a conference with representatives from chapters in the vicinity of San Francisco.

"I am frequently asked," he said, "what is the present program of the Red Cross? What are the finances of the national organization? What is the purpose of the National Convention? What are the expectations and plans for the Roll Call?"

"I think the first question may be defined under five headings: Red Cross work abroad; in the home program—service to disabled soldiers, service to government departments, disaster relief and chapter service.

"First: While the general relief work of the Red Cross abroad has been completed, the Red Cross still has a work and purpose abroad which, since July first, has assumed an entirely different character and has been reconstructed to a Child Health Program, limited in character and limited in field.

"In this country the work of the Red Cross is under four heads.

"Service to disabled soldiers: This is an obligation that the Red Cross carries on through its National Organization and through its Chapters, and we estimate that the cash expended up to January 1, 1921, for services rendered, was ten million dollars, but during that period the care itself far exceeded the cash expenditure.

"Our necessary service to Government departments: The Secretary of the Army and Secretary of the Navy are very insistent that we continue this Communication Service which we are carrying on between members of the Army and Navy and their respective families through our National Organization and through our Chapters.

"Under Domestic program comes Disaster Relief: The American peo-



W. FRANK PERSONS
Vice-Chairman, American Red Cross

ple by every indication have come to regard the Red Cross as their organization, always to be depended upon in times of disaster. For instance—in Eureka at the time of the sinking of the Alaska there wasn't any doubt in the minds of the survivors but that they would be met by the Red Cross and taken care of by the Red Cross.

"Included in this discussion is Chapter Service. When the war closed the Red Cross organization was at full strength, its members and financial resources being very great. There was a unity of purpose, a sincerity of service, and satisfaction in achievement through organized agencies, that is the Chapters, which impressed the American people as a valuable asset, and everywhere the Chapter folks said 'this service in our community is something we wish to preserve and continue to make useful for our community advantage.'

"Increased work for disabled men

(Continued on Page 6, Col. 2)

RED CROSS NURSES TO ENLIST TO CARE FOR EX-SERVICE MEN

In an appeal for quick response to the call of the United States Public Health Service for nursing care for ex-service men, Clara D. Noyes, national director of Red Cross Nursing Service, discussed the relation of the American Red Cross Nursing Service to the Army and Navy.

The article prepared by Miss Noyes which appeared in the National Red Cross Bulletin July 18, is given herewith:

"Considerable confusion seems to exist as to the terms 'recruiting' and 'enrollment,' as applied to the Red Cross Nursing Service in its relation to the United States Army and Navy. While it is generally known that the American Red Cross is a medium through which the Army and Navy may secure nurses during war, even the enrolled nurses are liable to have only a vague idea of their true relation to these services.

"The Red Cross Nursing Service is de facto the reserve of the Army Nurse Corps. The enrollment of nurses in our service can hardly be regarded as 'recruiting.' We gather all the credentials of the applicants, not with the idea of placing them immediately with the Army or Navy but in order that they may be ready should the need for their services arise, and also that the Red Cross itself may have a selected group for its own activities.

Pride in Serving

"The relation of the Red Cross to the Army has always been one of dignity and honor and one in which the Red Cross nurses have taken the greatest pride. But they have also understood that enrollment as a Red Cross nurse was a permanent relationship, whereas their services when assigned to Army Nurse Corps might be more or less temporary, to meet the emergency, usually war. In other words, the Red Cross is the reserve of the Army, not a recruiting agency for the Army. Fitness for the permanence of such a relation has been established, for all time, by basing the requirements for enrollment with the Red Cross on the requirements for admission to the Army Nurse Corps; and such committees of nurses as have been necessary to carry on the enrollment have been appointed throughout the United States.

"Now that the needs of the disabled ex-service men for the best nursing care that we can give are brought to the fore, it seems of vital

importance that the relation of the Red Cross nurse to The World War Veterans, should be unmistakably defined. The Red Cross Nursing Service is the natural and legitimate channel through which the nursing needs of the disabled ex-service men should be relieved. This relation is clearly set forth in the War Manual, and applies with equal force to the Navy:

"The enrolled nurses of American Red Cross Nursing Service will constitute the reserve of the Army Nurse Corps, and in time of war or other emergency may, with their own consent, be assigned to active duty in the military establishment."

"Thus it will be seen that the Surgeon Generals of the Army and Navy are permitted to call upon the Red Cross for nurses in time of peace, for whatever they may consider sufficient reason, as well as in time of war. But no nurse is required to serve, except voluntarily.

Response Is Certain

"We feel certain that the Red Cross nurses need only to be apprised of the fact that the ex-service men are in need of their professional skill, to respond to the call with the same spontaneity and generosity with which they volunteered for the World War. But let it be clearly understood that it is not as a recruiting registry that the Red Cross serves in mobilizing its nurses; for the Red Cross nurse is per se the Reserve of the United States Army Nurse Corps.

"The spirit of nursing is synonymous or analogous with the spirit of the Red Cross; or, inversely, the spirit of Red Cross is the spirit which has ever animated the true nurse. From the day when she enters her novitiate the pupil nurse is sedulously schooled to put her vocation above every material consideration; personal ambitions, personal recognition—these must be submerged in the zeal to minister to the suffering and to make the patient's safety and comfort her paramount interests in life.

"Selflessness, sacrifice, loyalty, these three are the trinity of the faith which every true nurse must keep. This spirit she brings with her when she enters the Nursing Service of the American Red Cross; and beneath the cross of red on its snowy field she carries on, the evan-

SEVENTY-FIVE NURSES NEEDED TO FILL URGENT CALL

In an effort to secure a quota of 75 nurses to care for ex-service men in hospitals, Miss Lillian L. White, Director of Red Cross Nursing Service in the Pacific Division, has sent letters to nurses and to state and local committees, urging prompt enlistment.

Red Cross Chapter officials are hereby advised of the urgency of the call for recruits in the nursing service and are asked to refer inquiries concerning it to the nearest local committee on Red Cross Nursing service.

The letter sent to nurses follows:

"I am sure you are aware of the call for the nursing care of the ex-service man who is being hospitalized by the U. S. Public Health Service in seventy hospitals situated in various parts of the country, in addition to which the Army and Navy are also setting aside beds for their use.

"Consequently the Red Cross Nursing Service is co-operating by securing nurses for this work. If you may not be able to respond yourself, will you not enlist the service of another nurse? This call is urgent. The care of the ex-service man is one of the great questions before the country at the present time, and the work of the nurse is of no less importance now than it was in the stirring days of war.

"Advancement is rapid for those who can qualify and the pay, which includes quarters, subsistence and laundry, is good:

Chief nurses in hospitals of more than 200 beds, base pay	\$1340
Chief nurses in smaller hospitals and assistant chief nurses in hospitals of more than 200 beds, base pay	960
Head nurses, base pay	780
Staff nurses, base pay	720
"In addition to the above salaries a bonus of \$20 per month is paid. Nurses in tubercular and psychiatric hospitals receive an additional \$6 per month.	
Army and Navy service (no bonus paid)	\$870

"Chief nurses are chosen from the ranks whenever possible and all nurses are asked to serve for, at least, six months before resigning.

"Should you find it possible to consider this service will you not communicate immediately with the secretary of your local committee on Red Cross Nursing Service, for more detailed information and the necessary blanks for Red Cross enrollment, if you are not already a Red Cross nurse? If you are enrolled, all that will be necessary is to secure a physical examination blank from the secretary, have it filled out by your family physician and return to her, stating date available, address for transportation and whether you prefer U. S. Public Health Service, Army or Navy.

"Trusting that you may be available at the present time and that you will give this matter your most earnest consideration, I am,

"Most sincerely yours,

"LILLIAN L. WHITE, R. N.,
"Director Nursing Service."

(Continued on Page 6, Col. 1)

FIRST AID STATION, PARADE FEATURED BY RENO AT RODEO



American Legion Men and Nurse Form Guard of Honor for Red Cross Kiddies

Reno, Nev., Chapter, was among the first in the Pacific Division to make a Red Cross exhibit at a local celebration and it carried off the first prize of \$50 for the best decorated float in the parade.

Children on the float representing a Red Cross were drilled to sing patriotic songs during the parade and American Legion men acted as escorts.

In addition to the parade feature a Red Cross first aid station was maintained in charge of Miss M. F. Airth, Red Cross nurse. An ambulance was on the grounds at all times.

First Aid Report

The nurse's report, which shows what services arise at a race and rodeo follows:

July 2—Man with severe headache and nose bleed; man thrown from auto, lacerated hand. July 3—Girl thrown from horse, ankle broken three places (shown by X-ray), slight concussion, first aid rendered, then removed to hospital. July 4—Cowboy collapsed, headache, nausea, nervous, was Legion boy, had been overseas three years, shell shock. July 5—Cowboy, injury to jaw, leg bruised; cowboy, sustained severe rope burn, right hand, left hand slightly burned; cowboy, gored by steer.

MARIN CO. CHAPTER USES RED CROSS FIRST AID EQUIPMENT

"It is quite likely that the result to the members of the party would have been much more serious but for the prompt assistance rendered and the fact that there was at hand a sufficient supply of first aid equipment from the Red Cross station at Stinson Beach."

The above comment from a local paper following the motor truck accident near Stinson Beach, Marin County, on July 4, is good comment upon the value of placing Red Cross first aid equipment at points of danger.

Marin County Chapter keeps Red Cross first aid kits at Willow Camp under the direction of Frank Airey, a Red Cross representative. His timely assistance and use of the equipment has been exercised a number of times during the past summer. The accident referred to injured eight persons, two of them seriously.

Word of appreciation for the service was received by the Marin County Chapter in a letter from a brother of one of the injured.

Red Cross chapters in whose jurisdiction lie pleasure resorts, near the sea or mountains, are urgently advised to place first aid stations at the logical points.

RED CROSS IN MORENCI GIVES EFFECTIVE SERVICE

In order to meet the needs of the Mexicans and others who were suffering because of unemployment in Morenci, an Arizona mining town, the Red Cross went to work in a most intelligent and effective manner. The Home Service Committee, with the help and leadership of the public health nurse and the full co-operation of the townspeople, worked out a plan whereby the heads of families are given a limited number of hours of work in return for which they are given credit at a fair wage scale. The workers are paid in food orders instead of money.

To give each man and woman for whom employment is provided a chance to do the best thing for which he or she is fitted, there is a shoe repairing department and a sewing room, and an employment department arranges for outside work, which consists of civic improvements, wood gathering and storing and other odd jobs.

Headquarters was established in the old Domestic Science building of the town where food distribution is made and clinics and nutrition classes are held, so the health of the people can be conserved.

Results have been excellent. The unemployed realize that they are not being offered charity, but are given a chance to help themselves. All the people of the town feel concerned in working out the problems involved. It is felt that this simple way of working together in time of distress will lead to a real Americanization program whereby the Mexicans will feel as though they are welcome and made part of the community life.

WORD ANNOUNCES DEATH OF HEAD YOLO CHAPTER

Word has been received at Pacific Division headquarters of the death of Charles Q. Nelson, chairman of Yolo County Chapter, American Red Cross. He had been a member of the chapter board of directors since its organization and was chairman for the past two years. Though a man of wide interests his time was always at the disposal of the Red Cross, for whose cause he was an ardent worker. The Division management feels the loss of a staunch supporter.

W. F. Mixon, editor of The Mail of Woodland, a close friend of Mr. Nelson and vice-chairman of the chapter, succeeds him as chairman.



The American Red Cross

ARIZONA-CALIFORNIA-NEVADA-UTAH

A bulletin published by the Pacific Division,
American Red Cross, Civic Auditorium,
corner of Larkin and Grove Sts., Civic
Center, San Francisco, California.
TELEPHONE PARK 4391

Advisory Council (Volunteers)

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.....Associate Manager and Treasurer

CHAPTERS ASSIST CLEAN-UP SQUADS

Thanks are due our Red Cross Chapters in the Pacific Division for their cooperation with the American Legion, the Disabled Veterans, and other welfare agencies in working out plans of preparedness for the Government "Clean-up Campaign."

At Visalia on the two days of the Clean-up squad's visit, 87 ex-service men's claims were handled for adjustment and out of this number 18 men were placed in vocational training. Of the 55, 29 were new claims. Without thorough co-operation and much publicity on the part of our chapters it would not have been possible to reach these men.

Chapters have perhaps felt sure that all the disabled men in their districts had been reached with information as to their rights in the matter of government care, but the experience of Visalia will probably be repeated in almost every Chapter jurisdiction and Chapters will continue their efforts to reach the men who learn too late of the Clean-up squad's visit and need help in prosecuting their claims, even though the squad has gone.

Our chief, W. Frank Persons from Washington, who has just visited the Pacific Division, again stated that Red Cross Service to disabled ex-service people is an obligation that must be continued. He said: "Experts in Washington tell us that the number of disabled men in 1926 will be greater than in 1921 and from now on until 1926 there

VETERANS BUREAU HEAD ANNOUNCES PLAN OF OPERATION

Plans by the Veterans' Bureau for decentralization of the work for disabled ex-service people formerly handled by the Bureau of War Risk Insurance, are now in operation. Major Louis T. Grant, the District Manager of the Veterans' Bureau in District 12, offices in San Francisco, is prepared to accept and pass upon all claims for compensation, insurance and vocational training.

The Veterans' Bureau is a consolidation of the Federal Board for Vocational Education; the branch of the United States Public Health Service that has to do with medical care of ex-service men and women; and the former War Risk Insurance Bureau. Surgeon Watts of the United States Public Health Service; Elmer Shirrell of the Federal Board and W. C. McWade of the War Risk Insurance local office, are all retained as assistants to Major Grant.

The announcement sent out by Major Grant concerning the operations of the district office follows:

"As a result of the creation of the Veterans' Bureau, which is a consolidation of the Bureau of War Risk Insurance, Rehabilitation of the Federal Board for Vocational Education, etc., all applications for Compensation, Insurance and Vocational Training should be sent direct to the District Office and not to the Central Office of the Veterans Bureau at Washington. It is suggested that you circularize this information to all offices under your control.

"The sending of such correspondence direct to this District Office is not to be confused with the functions of the Clean-up Squad now in the field."

will be an increasing number of disabled men separated from their families in institutions for their treatment and in training for Vocational rehabilitation."

This is startling to hear but in many instances it has been proved that disabilities from war service are slow in developing. Especially is this true of tuberculosis. Many men, who have tried to readjust themselves to employment and normal living are breaking under the strain and find that their war experience has left them handicapped. It is our bounden duty to help the government make these broken men into whole men again if this is humanly possible.

PUNCH AND JUDY SHOW TEACHES HEALTH PRINCIPLES



Punch—Bring me the baby, Judy.

Judy—I'm busy washing it.

Punch—You wash that baby too often; you'll wear it all out in the wash.

Judy—If I'm to keep the baby well, I have to wash it every day.

Punch—Who told you that?

Judy—The Public Health Nurse, Mr. Punch.

With such dialogue as this, Punch and Judy are now engaged in placing before the young people of the Pacific Division a few of the essential principles for the preservation of health.

The "Punch and Judy" show consists of a collapsible stage and eight figures, together with the lines of the dialogue and complete instructions for their use. It is for rent to Red Cross chapters engaged in a definite health betterment program. The complete show can be retained in a chapter's jurisdiction two weeks for \$5.00.

Requests for bookings should be addressed to Charlotte F. Kett, acting director, Health Service, Pacific Division headquarters, San Francisco.

Two capable school children in the upper grades, under the direction of their teacher or school nurse should be able to learn to operate the show in a weeks time. A retired actor or dramatic reader could produce a finished performance alone in a few days.

As entertainers for the housewarming or the anniversary party at the Health Center, Punch and Judy bid fair to become very popular. It is expected that they will also do their part in raising funds for needed equipment for health work in the Health Centers or in schools.

JUNIORS PLAN CHRISTMAS GIVING FOR FOREIGN PROTEGES

Junior Red Cross in the Pacific Division has pledged itself to fill 3000 Christmas boxes out of the 100,000 that the American Red Cross will ship to destitute children in Albania, Montenegro, Roumania, Vienna and Budapest. Shipment must be at the Bush Dock, Brooklyn, New York, not later than November 1, 1921.

The 3000 boxes from Pacific Division will be allotted as follows: Junior Red Cross Schools in Albania 200; Junior Red Cross Schools in Montenegro, 200; Institutions in Roumania aided by Junior Red Cross, 200; children in Vienna, 1000; children in Budapest, 1200.

Isn't that an interesting beginning for school children—playing Santa Claus to the little ones who need their help, their love and their gifts? The children to whom the Christmas boxes are to be sent are now under the protection of the American Red Cross through its Child Welfare Unit organization in the countries indicated.

The gifts to be selected by the Juniors themselves should be for children between six and fourteen years. A box destined specifically for a boy or a girl should be so marked. Toys made by Juniors and discarded toys may be included.

What to Send

Acceptable articles are: Rag or celluloid doll, hair ribbon, mittens, stockings, handkerchiefs, rubber ball, colored pictures, colored picture book, wash cloth, cake of soap, tooth brush, tooth paste, comb, dominoes, top, marbles. These things can be obtained in five and ten cent stores.

Sweets, nuts, candy, raisins will give great joy to children starved for sweets these past five years. If wrapped in oiled paper, packed in quarter or half pound tins—cocoa or baking powder cans—and sealed with paraffine they can be sent.

Strong card board containers will be furnished Junior Auxiliaries without charge from National headquarters. Chapters are to assume responsibility for transportation to the Bush terminal.

One hundred and eighty of the containers filled can be packed in a 3x2x2 packing case and if auxiliaries will accept an allotment of 45, 90 or 180 it will make for speed and economy in their repacking in New York.

The cardboard box furnished by

CORRESPONDENCE PLAN INTERESTS JUNIORS

School correspondence is proving attractive to the children of the Junior American Red Cross. Particularly interesting is the correspondence which is being carried on between one of the schools of Alaska and the Coronado Beach School, in California. Juniors in Alaska are also writing to schools in Massachusetts, New York and Baltimore. The youngsters of the East seem particularly interested in the lives of children living in the far North, so they choose the schools of that region with which to carry on their correspondence.

Children in the schools of Eastport, in Boundary County, Idaho, are carrying on an enthusiastic correspondence with a school in New York, and the First Ward School of Lake Charles, Louisiana, is writing to one of the schools of Spokane. The North Mountain View School of Middleton, Idaho, is in correspondence with a school in Winchester, Virginia. School correspondence has grown out of the mutual interests which bind the school children through the activities of the Junior Red Cross.

PANGUITCH KIDDIES WORK FOR RED CROSS

Even the babies work in Panguitch when the Red Cross calls for help. The Mutual and Bee Hive girls are making up 100 yards of cloth into baby layettes for the foreign production call and the primary grade children will crochet the edges of the pink and blue baby blankets. The primaries will also crochet or knit wash cloths to place in each layette parcel.

Other chapters that have taken up production work during the past two months are: California: Chino, Cucamonga, Del Norte, Glenn County, Kings County, Lake County, Sacramento, San Leandro, San Diego, West Side Oilfields; Utah: Davis County, Salt Lake, Sevier, Tintic, Kane County, Nephi, Piute County, Wayne County, Cedar City and Iron County.

Washington will have the Red Cross symbol on the outside, together with the words "American Red Cross," and this message: "A Merry Christmas from the Junior Red Cross of". The blank is to be filled in by the auxiliary making the gift. Each container should carry a blank postcard, self addressed for return to the school.

SERVICE A REQUIREMENT TO JOIN JUNIOR RED CROSS

In the 1921-22 plan of Junior Red Cross enrollment in schools, the individual service is made a requisite for membership. Emphasis is placed upon this requirement as a character builder for citizenship. The accompanying letter addressed to chairmen of chapter school committees by Miss Mary Concannon, director of Junior Red Cross in the Pacific Division, was sent out a week ago, together with the usual supplies for school enrollment.

"To acquaint teachers with the 1921-1922 enrollment of the Junior American Red Cross we have mailed to each school in Pacific Division the following supplies: The Junior American Red Cross Poster, the School Enrollment Application Card (No. 1165) and the pamphlet "The American Red Cross in the Schools" (ARC No. 616). Red Cross buttons are given to the student in an enrolled school after he has contributed individual service. Three forms of such service are named in ARC No. 616.

How to Enroll

"Our Division Manager has requested your Chapter Chairman to consult you as to the appointment of a Junior Red Cross representative on his Roll Call committee. It is hoped Junior enrollment will be completed by Armistice Week. The application card sent in to you by the teacher or principal should be forwarded to Division Headquarters. The Roll Call supplies will contain a sufficient number of these cards for duplicates for your files.

"Where Junior Auxiliaries were enrolled last year we are forwarding the Chairman of the Chapter School Committee the supplies necessary to cover a like enrollment for the ensuing year. We await the requests of such Chapters as are to be newly enrolled. Supplies for these will be mailed to Chairman of Chapter School Committee as each school enrolls at Headquarters. Sample set enclosed.

"The Red Cross spirit of service lives in every community where schools are training children in civic responsibility. It is the greatest national expression of the impulse to serve which America has ever known. Will the school children under your jurisdiction carry on their civic activities this year in that potent name?"

A. R. C. SEARCHING WEST FOR VETERANS

Red Cross chapters in the Pacific Division are urged to report to the division office any information they may secure regarding Charles Gadbury, who disappeared last December from his home in Louisville, Ky.

Gadbury enlisted May 30, 1917 in Battalion D 129th Field Artillery. He was discharged June 11, 1919, from St. Elizabeth's Hospital, Washington, D. C.

He has been receiving compensation from the War Risk Bureau, but at the present time his checks are being held in Washington.

A mother from Wichita, Kansas, has appealed to west coast chapters to give her help in finding her son William E. True. He enlisted in 1917 at Seattle, Washington, and was discharged from Camp Lewis May 26, 1919. Before his enlistment he was in Company F, Wyoming National Guards.

True was last heard from at Kellogg, Idaho, where he was in a lumber camp in August, 1919. In his enlistment in Wyoming Guards he gave his occupation as a ranch hand and it is presumed that he listed as ranch hand on his army records.

NEEDS TOTAL 500 NURSES

(Continued from Page 2, Col. 2)

gel of healing and the spirit of Red Cross Service to the World.

"At the present time there are on duty with the United States Army 257 Red Cross nurses; with the United States Navy, 131 nurses, and 1,163 are serving under the United States Public Health Service, while the Red Cross Public Health nurse in rural communities is ministering to the wives and families and the ex-service man himself, wherever the need exists.

"It is estimated that at the present time these three governmental services, in order to care for the ex-service men, will need 500 additional nurses."

To meet this increased demand, letters have been sent out by the Director of the Red Cross Nursing Service to all Division Directors of the Nursing Service, asking that the local committees be urged to canvass their enrollments, placing before the nurses the great need that exists, asking them to accept service and sending in their names to National Headquarters. Special letters of a similar character are also being sent out, with every badge and appointment card issued to nurses now enrolling in the Red Cross Nursing Service.

SALT LAKE CITY GIRLS MAKE RECORD IN RED CROSS WORK

"What may be a national record, or at least may measure up well with war emergency work, is being accomplished this week by 'Grannies' girls of the Granite Stake, Y. L. M. I. A. (Salt Lake City, Utah). Word of the achievement is to be forwarded to Red Cross Division Headquarters in order that the National Red Cross officials may learn of the feat of some 16 girls' clubs in this city.

"For the 'Grannies' girls are looking after Central Europe's coming crop of babies as one of the many acts of service which they intend making a part of their M. I. A. work. And incidentally, besides helping the babies, they may be this week making a national record in Red Cross Social Service work."—The Deseret News, Salt Lake City, Utah.

This in brief is the story of the accomplishment of 16 girls' clubs in Salt Lake City when they devoted an entire week to the Red Cross production program. The work was done during a hot summer period when the thermometer ran around 107 degrees, but no girl lagged. Each girl in the clubs pledged herself to make at least six articles, either for a baby layette or for the older children, making the total number of pieces come to 1900.

The activity of the "Grannies" clubs is of special interest to Fresno Chapter, whose money contribution to the foreign production program purchased material for the Salt Lake Chapter to turn into garments for babies and children.

VICE-CHAIRMAN'S TALK

(Continued from Page 1)

exceeds in many chapters (not in all divisions) that centering in the protection of public health, extension of classes for home hygiene and care of the sick and first aid instruction, services of public health nurses and establishment of health centers."

Mr. Persons brought into the discussion the Junior Red Cross and Volunteer Service in chapter organization.

In discussing the Fifth Red Cross Roll Call he said:

"Whether the work of the Red Cross is to continue will depend entirely upon results of the next Roll Call. This Roll Call in my mind is the crucial Roll Call in Red Cross history. There is scarcely a Chapter which on the first of January next will have money in any considerable degree in the treasury to carry on its entire year's program. Their program for 1922 will depend entirely upon the success of the Roll Call of 1921. Any Chapter giving aid to disabled men and employing a public health nurse, will require a budget ranging from \$3,000, the least minimum, up to six or seven thousand dollars. The national organization has adopted a resolution enabling the Chapter to secure contributions as well as memberships, and a ten dollar gift to a Chapter will be included as a contribution."

Of the financial situation he said: "Since the number of Divisions has been reduced from fourteen to nine, we have made very substantial reductions of personnel at Headquarters and Division offices. My department at Washington for the

twelve months ending June 30, 1921, cost \$1,458,000. The budget for this same department for the twelve months ending June 30, 1922, is \$725,000, less than half. My staff has been reduced by 474 persons. Up to July 1, 1922, the budget for Domestic Operations is \$725,000; budget for operations in Divisions, two and one-quarter million; budget for Camp Service will be three million instead of five million.

"We have made some increases—last year we spent about \$800,000 for what is called Social Service for Disabled men in Hospitals; this year we have set aside about a quarter and a half million for this work."

In answer to the fourth question, he said:

"Why do we have a National Convention? Red Cross has never had a National Convention. The Columbus Convention is to be a forum of democratic discussion for Red Cross Chapters, and, of course, a place where there will be full details given for the administration of its local and national work."

Among those to whom invitations to address the mass sessions of the convention have been issued are former President William Howard Taft, General John J. Pershing, Secretary of War John W. Weeks, and Secretary of the Navy Edwin Denby. Various national officers of the American Red Cross will also address the delegates, among them Dr. Livingston Farrand, chairman of the Central Committee; W. Frank Persons, Vice Chairman in Charge of Domestic Operations; Miss Mabel T. Boardman, national secretary, and Mrs. August Belmont, member of the Central Committee.

What Clothing Means to the Destitute



Only One of the 500,000

Do you realize what it means to a mother to have no clothes for her little child? Do you realize what a pitiful object a little, naked baby is?

Here in God's own country we know that such conditions exist in Europe but most of us do not realize what they mean. Clothes are such a matter of course with us. A new born baby has hardly time to gasp before it is wrapped in a soft warm blanket; in a few moments it is completely clothed. There is hardly a mother so poor that she has not prepared at least a few wee garments for the little stranger.

How different it is in Europe! Even rags are luxuries there. The following incident shows this more clearly than statistics ever could.

A woman came into a European clinic holding hidden in her shawl a three-months old child. The baby wore only a diaper, an old rag, washed and rewashed and resoiled until it was falling to pieces. The doctor took it off and examined the baby. When the mother began to wrap the child in it again the doctor said, "Don't, you can't put that back on the baby."

The woman stood helpless for a moment, and tears again began to run down her cheeks. "I have to," she said. "It is the only piece of cloth I have." But even while she spoke an idea came to her; she put her hands inside her skirt and unfastened her petticoat. It fell around her feet; she picked it up and

"CLOTHES LINE" AIDS PRODUCTION PROGRAM

Cache County Chapter, Logan, Utah, has used the Salvage and Shop "Clothes Line" to very good advantage in its production work. Towns farthest away from Logan were slow in getting production work started and the little garments were sent to each town individually. It proved to be a great inspiration as is shown by the excellent shipping report which this Chapter has just sent into the Division office. Within a month there will be another shipment.

Carbon County, Price, is another Utah Chapter which has recently made a fine shipment for European relief. It consisted of 53 girls' dresses, 10-year size, 25 girls' dresses, 12-year size, 16 nightgowns, 10-year size, 24 nightgowns, 12-year size, 1 bathrobe, 4 dressing sacques, 1 pair of blankets, 1 layette.

wrapped it around the baby. As she went away it was obvious that the only clothing she had left was the thin calico dress she wore and the shawl in which she hid the baby's nakedness.

The division office is more than proud of what the Chapters have accomplished. Mother heart has gone out to meet mother heart. It would indeed be an inspiration for everyone to see the beautifully made, warm and attractive garments which our women have made and are still making. There will be a prayer in many hearts and a song of gladness on many lips when the European mothers see these layettes, dresses, suits, underwear, petticoats, etc.

But we must not stop! There are some Chapters which have not done their share and we want them to realize the stern necessity of doing so.

The Pacific Division is nearly 100 per cent in its Production work. If every Chapter member understood what Europe is suffering, they would help.

If your Chapter cannot find workers, a check may be sent to the Division office of Volunteer Service with which material will be purchased for Chapters that have workers but insufficient funds. Both Chapters will be credited with the numbers of garments purchased and made.

Let every Chapter do its share NOW!

RED CROSS IN PRISON

Women in San Quentin Sew for the Waifs of Europe Under the Leadership of One Sentenced for Murder

Behind the gray walls of San Quentin, in the women's department, are twenty inmates entitled to wear the small enameled buttons of (Red Cross) service on their blue and white uniforms. Twenty women, some with long sentences, some with short, and a few life termers, have earned the badges of the Red Cross Aid.

Women who slipped away from laws, some leaving babies behind them in the great outside, are pledged to sew four hours each week for the little waifs of Europe. Happiness and peace, we may suppose, enter their hearts as they stitch away on the tiny garments that will clothe children they are never to see.

Kathleen Booth, national adviser of salvage and shop work, and director of the volunteer service of the Red Cross, introduced her branch of the service behind the walls of San Quentin. Twenty of the women are pledged to serve 200 hours of the year, four hours a week, for the Red Cross.

The work is supervised by a woman who is serving a life sentence for murder.

The woman she was, the woman that held the gun that took life, does not show as she hovers over the tiny garments, planning, adjusting, explaining. For once she is the mother, the mother of humanity, working for children thousands of miles away, with only love in her heart, and all the darkness of her life drowned in the love of helpfulness. — Editorial in San Francisco Call August 22, 1921.

SELMA MEETS NEED OF MEXICAN GROUP

Selma Chapter grasped an opportunity of real need in its community to demonstrate the meaning of Red Cross Home Service when it cared for the immediate necessities of a number of Mexican families. The chapter furnished clothing and food, particularly for the children, in co-operation with the county officials.

In writing of the incident the Home Service secretary, Mrs. Price, describes the circumstances:

"You can hardly imagine how pathetic the situation was here this year. Whole families of little hungry children looking to us for food, while the father was out going from one ranch to another searching for work. The county helped us and with our Red Cross fund we were able to relieve these poor people."

PACIFIC DIVISION CHAPTERS PREPARE FOR FIFTH ROLL CALL

The fifth annual roll call of the American Red Cross will be observed during the days of the nationally adopted period—Armistice Day to Thanksgiving Day—November 11-24. The first step to be taken by chapters is to appoint a Roll Call Director.

All the plans for the Fifth Roll Call have been completed and preliminary steps for obtaining the support of the various religious and civic bodies are under way. Our Division Roll Call representatives have been most cordially received everywhere and without exception all of the fraternal orders have indorsed the Peacetime Program of the Red Cross. Besides expressing their entire indorsement and approval, they have shown the warmest friendship and desire to take part in its success.

Reports from chapters are coming in slowly, but all that have reported show a determination to make the Fifth Roll Call even a greater success than that of last year.

University City Ready

Berkeley: Reports have reached us from the Berkeley Chapter stating that the recent Street Fair held there, in which the Red Cross took a prominent part, seems to have aroused much enthusiasm among the citizens. Word is coming in to the chapter from all quarters promising the most cordial support for this year's campaign. Berkeley Chapter feels that it can surely go "over the top" of the quota assigned.

Fresno: Fresno Chapter has appointed Al C. Joy as Roll Call Director and the Fresno papers have been very cordial in expressing their appreciation of this appointment. Joy's ability as an organizer and publicity director assures the chapter of fine results.

Santa Rosa: The members of the Business Men's Club in Santa Rosa have pledged their co-operation in making this Roll Call a successful one. They realize that the health center and the public health nurse are indispensable to the community and that chapter funds must be replenished in order to continue this service.

Cloverdale: Cloverdale Chapter knows how essential the work of the public health nurse is and will make every effort to increase the chapter funds through the Fifth Roll Call that her services may be assured for the next year.

CHAPTERS RETAIN ROLL CALL FUNDS FOR LOCAL BUDGET

Red Cross Chapters will retain all but 50 cents of each of the annual, contributing and sustaining memberships during the Fifth Red Cross Roll Call. This means that a chapter appropriates for its local program 50 cents, \$4.50 and \$9.50 from these respective subscriptions.

Each chapter should budget its requirements for its coming year's activities, adapt the result of the calculation to the quota assigned and make its Roll Call plans accordingly. The income from this year's Roll Call will support community projects sponsored by Red Cross chapters.

Public interest in what chapters are doing, what they have done and what they propose to do will determine the strength of the roll call.

Chapters are urged to give attention to the value of letting the public know what is going on in Red Cross circles. Local newspapers will print the information from time to time and editors everywhere are sure to give generously of their news columns during the Roll Call period.

With the appointment of the Roll Call Director consideration should be given to his assistants, that the publicity angle may not be overlooked.

Healdsburg: This chapter is most enthusiastic over the Roll Call and thoroughly interested in the Peacetime Program of the Red Cross. It is hoped through a successful Roll Call to provide funds for at least two public health nurses for the county.

Petaluma: In Petaluma, also, the value of the public health nurse is fully appreciated, and it is expected that the Roll Call will be given enthusiastic support. The maintenance of the nurse depends upon a successful Roll Call and the chapter insists that no stone be left unturned to accomplish the desired end.

In general, the Peacetime Program of the Red Cross carries an urgent appeal to the people of every community, through its public health nursing, child welfare work, and general health program, and will undoubtedly be heartily supported in the coming Roll Call.

San Diego Chapter has the unique distinction of being the first Chapter in the Pacific Division to present to its members Volunteer Service Red Cross Aid pins.

EUREKA AND MARYSVILLE DEMONSTRATE A. R. C. DISASTER PLAN

Eureka Red Cross Chapter was brought into the disaster relief program last month when it lent aid to the Alaska survivors. The press told how "ambulances and many automobiles met the weary and nerve-racked survivors and under the supervision of the Eureka Chapter of the Red Cross, they were taken to hospitals and hotels."

With the first news of the disaster the following wire was sent by the division manager:

"We congratulate Humboldt County Chapter on prompt action aiding wreck sufferers. Please wire report of present relief plans and advise if Division assistance is required. We stand ready with equipment, supplies and personnel."

The chapter response came saying "Relief including clothing, hospital care, shelter and food has been given to all in need. Nearly all of the survivors have now left for home; just a few left in hospitals. Many thanks for your willingness to help us."

This contact in disaster emergency is maintained through all chapter organizations. It is an advantage for chapters to have disaster relief preparedness plans at all times. Information on details of that organization can be secured from the division office.

Marysville, headquarters city in Yuba-Sutter Chapter, suffered a fire disaster in July that took eight blocks and left 75 families in need. The Red Cross Chapter expended \$600 in relief, including a contribution of \$160 from the citizens. Clothing was furnished by Benicia and Marin County chapters, in addition to Marysville, and some contributions from Division headquarters. Housing, rent and some furniture were furnished by the Chapter.

RED CROSS INSTALLS MARE ISLAND SERVICE

Occupational therapy has been installed at the U. S. Naval Hospital at Mare Island under the direction of the Red Cross. The services of Miss Marie Downs, who has been one of the occupational therapists at the U. S. Naval Hospital at Fort Lyons, Colorado, have been secured, and the work, although only established a couple of weeks, is well under way. Not only will the work be carried on in the workshop, but arrangements have been made to offer the patients confined to beds an opportunity to engage in mat making, basket work, etc.

Serves

the home in time of disaster; saves babies; teaches mothers; serves the community.

Your Red Cross Membership makes it possible

The AMERICAN RED CROSS

PACIFIC COAST ACTIVITIES

Protects

the fighting man in army, navy, camp and hospital — remembers the x-service man.

Your Red Cross Membership makes it possible

Vol. IV

NOVEMBER 1, 1921

Last issue, absorbed by Red Cross Courier

No. 3

PRESIDENT NAMES

NEW AMERICAN RED

CROSS CHAIRMAN



Judge John Barton Payne, whose appointment by President Harding to succeed Dr. Livingston Farrand as chairman of the American Red Cross, was announced during the National Red Cross Convention at Columbus, is familiar to Americans through his national and civic work. A brief review of his life follows:

John Barton Payne was born in Pruntytown, Va., January 26, 1855, the son of Amos and Elizabeth Barton Payne. He was educated in the private schools of Orleans, Farquier County, Va. Admitted to the bar in 1876, he entered practice at Kingwood, Preston County, W. Va.

Mr. Payne served as chairman of the Democratic Committee of Preston County from 1877 to 1882. In 1880 he became special judge of the Circuit Court of Tucker County, W. Va., and in 1882 was elected mayor of Kingwood. From 1883 to 1893, Judge Payne practiced law in Chicago. From 1893 until 1898, when he resigned, he served as Judge of the Superior Court of Cook County, Ill. He resumed the practice of law in Chicago, as senior member of the

LAST NUMBER

DIVISION MAGAZINE

With this number of the PACIFIC DIVISION ACTIVITIES of the American Red Cross, the Pacific Division ceases the publication of a division magazine. It has been a pleasure to serve chapters with information from national and division offices through these columns and feel that a close medium of communication was so established. Plans are under way to continue the contact through other avenues. Chapters are urged to continue to advise the division office of outstanding instances of Red Cross service in their communities, that the Public Information Service may continue to be in a position at all times, to tell the public what the Red Cross is doing now.

firm, Winston, Payne, Strawn and Shaw, continuing until 1918. From October 3, 1817, to March, 1918, Judge Payne served as general counsel of the United States Shipping Board Emergency Fleet Corporation and as general counsel to the Director General of Railroads during 1918 and 1919. In 1919 he was appointed chairman of the United States Shipping Board, acting in this capacity until March 1, 1920, when he was appointed Secretary of the Interior in President Wilson's cabinet.

Judge Payne formerly was head of the South Side District of the Chicago Bureau of Charities and in that capacity was associated with Ernest P. Bicknell, who was Secretary of the organization.

Judge Payne is serving his tenth consecutive year as President of the Board of South Park Commissioners in Chicago, under the supervision of which twenty-four parks are operated. Probably the largest playground service in the country is conducted in fifteen of the parks comprising the system of which Judge Payne is the head. These fifteen parks are equipped with assembly halls, clubrooms, indoor and outdoor gymnasiums, pools and branches of the public library. For the most part these park playgrounds are located

CONVENTION NUMBER

NATIONAL BULLETIN

OFFERS INSPIRATION

Every Red Cross chapter in the Pacific Division is urged to give careful attention to the Convention number of the National Bulletin, dated October 10-17, 1921. It gives a comprehensive review of the First Annual Convention of the American Red Cross, held in Columbus, Ohio, October 4-8.

This convention with its 2300 registered delegates, has been designated as being a reconsecration to the American Red Cross, its ideals and principles. Much that grew out of the convention is conveyed through the report in the National Bulletin and will serve as an inspiration to chapter workers and the millions of members of the National American Red Cross.

REGIONAL CONFERENCES

PRECEDE ROLL CALL

A series of regional conferences of Red Cross chapters is being held in the Pacific Division preliminary to the Fifth Red Cross Roll Call, November 11-24. Thirty-one chapters were called into conference at Pasadena, October 31 and November 1; 13 chapters represented at Santa Cruz, November 4; 31 at Sacramento, November 4 and 5; and 16 at Fresno, November 8 and 9. A conference of Arizona chapters was held in Tucson, Arizona, October 21.

Delegates from conference chapters discuss phases of Red Cross work in their communities and general Roll Call plans, as well as the full peacetime program of the American Red Cross. Representatives from Pacific Division Headquarters are attending the conferences at the invitation of chapters to act as consultants on various Red Cross services.

Division Manager George Filmer is attending the Pasadena and the Sacramento conferences.

in the congested districts of the south side of Chicago, although some of them are in localities in which the growth of the city has been anticipated.

RED CROSS WORK IN PACIFIC DIVISION

(JUNE 30, 1920—JUNE 30, 1921)

IN AN EFFORT to put before all chapters in the Pacific Division a view of the principal activities in each one, a brief summary of the work is given in this number of the Division magazine. It is impressive in the variety of work undertaken and the obvious influence of the Red Cross chapter in the several communities. Chapters will find inspiration to "carry on" in the report, brief as it necessarily is. It is hoped that the material contained will be found valuable in discussing the Fifth Red Cross Roll Call, November 11-24, and in placing before the public figures and comments upon the value of Red Cross organization in its local and national aspect. It has not been possible to give an expansive report. Each chapter will realize that its own story would easily fill an eight-page magazine. Each item indicates the spirit of service whose impulse was the origin of the American Red Cross and its subsequent development through war, disaster, epidemic and the numberless emergencies calling for organized assistance that arise in every community. This spirit is engendered in the heart of every Red Cross member and it can only move forward as memberships are renewed and increased. Any omissions in the report are due to lack of fuller records.

CALIFORNIA

Alameda Chapter, Alameda.—Six Home Hygiene classes. Community Health Center in co-operation with other agencies; infant welfare stresses; general medical and surgical clinics conducted. Post war work. Disaster Preparedness Committee. 1320 miscellaneous garments sent overseas.

Alhambra San Gabriel Chapter, Alhambra.—Public Health nurse. Post war work. Contributed money for clothing, and service to ex-service men in United States Public Health Service and Contract hospitals. Donated \$200 for European relief; shipped 41 layettes and 16 patchwork quilts. Opened Dental Clinic in Mexical Settlement House, San Gabriel.

Amador County Chapter, Sutter Creek.—Post war work. Donated \$250 for relief work. 12 Junior American Red Cross auxiliaries; contributed quilts to children in hospitals; production.

Anaheim Chapter, Anaheim.—Affiliated nurse. Co-operated with other agencies to establish temporary Health Center in school in Mexican quarter.

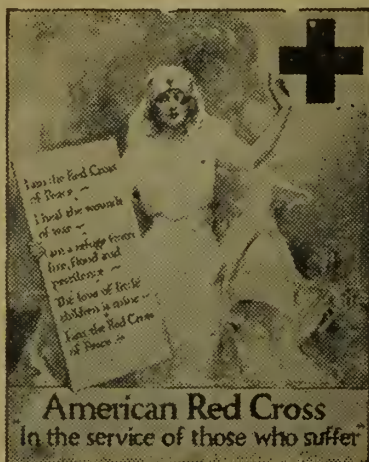
Auburn Chapter, Auburn.—Post war work. Supplementary service in United States Public Health Service and Contract hospitals. 2 Junior American Red Cross auxiliaries; sent jams and jellies to military hospital.

Bakersfield Chapter, Bakersfield.—Aided Anti-Tuberculosis Association in extension of dental clinic work. Post war work. 13 Junior American Red Cross auxiliaries; 32 per cent of Junior funds contributed to "Kiddies' Kamp"; National Children's Fund.

Banning Chapter, Banning.—Donated funds to establish loan closet for use of community nurse. Post war work. Disaster Preparedness Committee. Home service extended to handicapped in community at large. Garments amounting to \$300 made.

Benicia Chapter, Benicia.—Public Health nurse. 2 Home Hygiene classes. Elementary Health Center in connection with work of Public Health nurse. Post war work. Home Service extended to handicapped of community at large. Junior American Red Cross auxiliary; National Children's Fund; Junior funds provided nutritional aid to all undernourished children.

Berkeley Chapter, Berkeley.—Five Home Hygiene classes at University of California. Post war work. Home Service extension for special child welfare project. Supplementary service; and money for clothing for Contract and United States Public Health Service hospitals. Very active Red Cross and Salvage department with average monthly net income of \$1,000 used in assisting Day Nursery;



Dental Clinic and Home Service; for two semesters Salvage and Shop scholarship given two students in conjunction with Economics Course at University of California. 200 garments and 32 layettes made and one case miscellaneous clothing shipped overseas. 22 Junior American Red Cross auxiliaries; National Children's Fund; Juniors contributed \$160 monthly to dental clinic where 1118 individuals were treated; made 194 layettes.

Butte County Chapter, Oroville.—Post war work. Home Service extended to handicapped of community at large. Supplementary service in Contract and United States Public Health Service hospitals, and money given for clothing. 100 layettes and 100 sets of garments provided for foreign relief. Junior American Red Cross auxiliary.

Calaveras County Chapter, Angels Camp.—Post war work. Home Service extended to handicapped of community at large. Disaster Preparedness Committee. Papers collected and sold. 30 layettes and 60 children's suits shipped overseas. Supplementary service to United States Public Health Service and Contract hospitals; money given for clothing.

Brawley Chapter, Brawley.—Post war work. Home Service extended to handicapped of community at large.

Calexico Chapter, Calexico.—Post war work. Home Service extended to handicapped of community at large. Supplementary service to United States Public Health Service and Contract hospitals; money given for clothing.

Carmel-by-the-Sea Chapter, Carmel.—Home Service extended to handicapped in community at large. Supplementary service to United States Public Health and

Contract hospitals; donated money for clothing. 200 garments shipped overseas.

Chico Chapter, Chico.—Aided in equipping Collegiate Alumnae Association Health Center in Normal School building. Post war work. Disaster Preparedness Committee. Box of clothing contributed for foreign relief.

Chino Chapter, Chino.—Shipped 20 boys' suits overseas. Junior American Red Cross auxiliary.

Claremont Chapter, Claremont.—Donation of 24 layettes and box of miscellaneous clothing for European relief.

Cloverdale Chapter, Cloverdale.—Shipped overseas 20 layettes and 121 garments, including 10 layettes furnished by Juniors. Junior American Red Cross auxiliary.

Coalinga Chapter, Coalinga.—Public Health nurse. 2 Home Hygiene classes. Active clinic service conducted to correct physical defects among school children. Post war work. Supplementary service to United States Public Health Service and Contract hospitals; money given for clothing. 4 Junior American Red Cross auxiliaries; National Children's; foreign production.

Colusa Chapter, Colusa.—Public Health nurse; furnished automobile. 4 Home Hygiene classes. Post War work. Home Service extended to handicapped in community at large. 33 Junior American Red Cross auxiliaries; Juniors bought scales for schools.

Crockett Chapter, Crockett.—Quota of 34 layettes and 140 garments sent overseas. Junior American Red Cross auxiliary; National Children's Fund.

Cucamonga Chapter, Cucamonga.—Donated \$50 for production.

Del Norte Chapter, Crescent City.—Made 100 garments, nightgowns and petticoats from material sent from Division.

Dixon Chapter, Dixon.—Nine Junior American Red Cross auxiliaries; National Children's Fund.

El Dorado Chapter, Placerville.—Junior American Red Cross auxiliary.

Folsom City Chapter, Folsom City.—Post war work. Box of miscellaneous clothing sent overseas. 6 Junior American Red Cross auxiliaries.

Fort Bragg Chapter, Fort Bragg.—Public Health nurse; automobile provided. Post war work. Junior American Red Cross auxiliary; production for children overseas.

Fresno Chapter, Fresno.—Two Public Health nurses; provided automobile. Affiliated nurse at Kingsburg Branch. 2 Home Hygiene classes. 2 Health Centers, one for Mexicans and one for Italians, in co-operation with International Institute



Home Service Secretary, King City Chapter, rides 50 miles into mountains in work for ex-service men.

of Young Women's Christian Association. Post war work. Disaster Preparedness Committee. Home Service extended to handicapped in branches only. Supplementary service to Contract and United States Public Health Service hospitals; money given for clothing. Active Salvage and Shop department whose receipts averaged between \$800 and \$1000 per month; made and sold reconstructed garments; assisted in Home Service work. Donated \$880, Reedley Branch giving \$50, to purchase materials for other chapters to make up. Day Nursery aided. Service of city clinics supplemented. 19 children aided by Kingsburg's single clinic for minor operations. 29 Junior American Red Cross auxiliaries; National Children's Fund; 4000 garments remodelled and distributed by Welfare Board through county; lunches to undernourished children.

Fullerton Chapter, Fullerton.—Subsidized nurse. Few Home Hygiene classes. Paid half the rent of cottage used for Health Center. Post war work. Supplementary service in United States Public Health Service hospitals and money given for clothing.

Gilroy Chapter, Gilroy.—Post war work.

Glendale Chapter, Glendale.—Affiliated nurse. Few Home Hygiene classes. Supplementary service in Contract and United States Public Health Service hospitals and donations of money for clothing. Sent 79 layettes and 180 miscellaneous garments overseas. 12 Junior American Red Cross auxiliaries; National Children's Fund.

Glenn County Chapter, Willows.—Public Health nurse; automobile provided. Post war work. 14 Junior American Red Cross auxiliaries; placed First Aid boxes in all rural schools of county; overseas production; Juniors maintained Health Betterment program.

Grass Valley Chapter, Grass Valley.—Five Home Hygiene classes; Public Health nurse; automobile furnished. Supplementary service in Contract and United States Public Health Service hospitals; money given for clothing. 6 Junior American Red Cross auxiliaries; civic co-operation and Child Welfare program carried on by Juniors; scales provided for schools; physical training apparatus bought for schools with Junior funds.

Gridley Chapter, Gridley.—Post war work. Home Service extended to handi-

capped in community at large. Supplementary service in Contract and United States Public Health Service hospitals; donation of money for clothing.

Gustine Chapter, Gustine.—Post war work. 4 Junior American Red Cross auxiliaries. Adult and Junior production for overseas.

Healdsburg Chapter, Healdsburg.—Public Health nurse; automobile provided. Elementary Health Center. Post war work.

Hollister Chapter, Hollister.—Public Health nurse; provided automobile. Post war work.

Humboldt County Chapter, Eureka.—Two Public Health nurses; automobile provided. 10 Home Hygiene classes. County wide health program conducted from administration Health Center in co-operation with other agencies. Post war work. Miscellaneous articles of clothing sent overseas by Trinidad Branch. 3 Junior American Red Cross auxiliaries.

Imperial County Chapter, El Centro.—Home Hygiene class work. Post war work. Home Service extended to handicapped in community at large through employment of trained worker. 1094 garments shipped overseas. Salvage and Shop work. Junior American Red Cross auxiliary.

Inyo County Chapter, Bishop.—Supplementary service in Contract and United States Public Health Service hospitals; money given for clothing. 29 Junior American Red Cross auxiliaries; National Children's Fund.

King City Chapter, King City.—Post war work. Home Service extended to handicapped in community at large.

Kings County Chapter, Hanford.—Le-moore Branch has Public Health nurse. Few Home Hygiene classes. Post war work. Home Service extended to handicapped through county-wide volunteer organization. Supplementary service in Contract and United States Public Health Service hospitals; money given for clothing. Paper drives. 88 layettes and box of miscellaneous garments sent overseas. 44 Junior American Red Cross auxiliaries; National Children's Fund.

Lake County Chapter, Lakeport.—Home Service extended to handicapped in community at large. 250 garments sent overseas.

Lassen County Chapter, Susanville.—Junior American Red Cross auxiliary.

Lompoc Chapter, Lompoc.—15 Junior American Red Cross auxiliaries; National Children's Fund; 27 aprons sent overseas.

Lincoln Chapter, Lincoln.—Supplementary service in Contract and United States Public Health Service hospitals and contribution of money for clothing. Donated \$50 for materials to be made up by other chapters.

Long Beach Chapter, Long Beach.—Post war work. Supplementary service in Contract and United States Public Health Service hospitals; contribution of money for clothing. 12 layettes sent overseas. Junior American Red Cross auxiliary comprised of 800 members.

Los Angeles Chapter, Los Angeles.—Thirty Home Hygiene classes. Post war work. Disaster Preparedness Committee. Extensive service to Contract hospitals in and around Los Angeles. Overseas production: 789 layettes, 13,695 miscellaneous garments, 282 unsewn garments with necessary articles to complete them, 238 comfort kits. 200 Junior American Red Cross auxiliaries; total Junior enrollment in county, 93,636; contributed \$7000 to San Gabriel Camp.

Los Banos Chapter, Los Banos.—Public Health nurse; automobile provided. Health Center and restroom. 160 garments shipped overseas. 6 Junior American Red Cross auxiliaries; donated baskets to be filled by chapter for distribution at Christmas; raised \$288 for foreign relief.

Los Gatos Chapter, Los Gatos.—Shipped 60 layettes overseas. Held clothing drive with successful sale. 8 Junior American Red Cross auxiliaries; made toys for Children's Hospital; provided Thanksgiving dinners for needy families.

Madera Chapter, Madera.—Subsidized nurse. Post war work. Disaster Preparedness Committee. General service in Contract and United States Public Health Service hospitals; contribution of money for clothing. Donated \$100 for materials which other chapters made up into garments for foreign relief.

Mare Island Chapter, Mare Island.—Post war work.

Marin County Chapter, San Rafael.—Two Public Health nurses; automobile provided. 7 Home Hygiene classes. Health Center made from houseboat; conducts dental and child welfare clinics. Post war work. Disaster Preparedness Committee. Home Service extended to handicapped in community at large. Restroom. General service in Contract and United States Public Health Service hospitals; money given for clothing. Very active Salvage and Shop shops in operation in each branch whose proceeds were divided between Welfare League and Home Service. 60 layettes and 451 articles for foreign relief; 183 garments made by Women's Department at California State Prison, San Quentin. 11 Junior American Red Cross auxiliaries; Juniors provided scholarships for two girls at Sunshine Preventorium; Christmas contributions and production work for Preventorium.

Martinez Chapter, Martinez.—Two subsidized nurses; provided automobile. General service in Contract and United States Public Health Service hospitals; money for clothing. 160 garments made for overseas. 2 Junior American Red Cross auxiliaries; \$200 for European relief earned by Juniors.

Mendocino County Chapter, Ukiah.—Public Health nurse; automobile provided. 4 Home Hygiene classes. Post war work.



The American Red Cross

ARIZONA-CALIFORNIA-NEVADA-UTAH

A bulletin published on the fifteenth of each month by the Pacific Division, American Red Cross, Civic Auditorium, corner of Larkin and Grove Sts., Civic Center, San Francisco, California.

Telephone Park 4391

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JUNIOR A. R. C. REPORTS GROWING MEMBERSHIP ACTIVITIES

Junior Red Cross membership in the Pacific Division is growing from month to month. September, the first month of school, enrolled 6,748 and October added 3,103, bringing the total number of Juniors reported up to nearly 10,000.

Projects upon which reports have been made include production and the Christmas boxes for overseas children.

Juniors in the Pacific Division filled 3,704 Christmas boxes which are now on their way. Schools in the following cities were the donors: Alturas, Berkeley High school, Colusa, Livermore, Los Angeles, Los Gatos, Marin County (San Rafael), Tamalpais High, Belvedere, Oakland, Pleasanton, Quincy, Sacramento, San Jose (Highland school), San Luis Obispo, Santa Cruz, Soquel, Selma, Fresno, Sunol, Watsonville, Woodland, all in California, and Fallon, Nevada.

Garment production is pledged by schools in Berkeley, Oakland, Selma, Lompoc and Los Angeles.

Rendered assistance at Mendocino State Hospital. Shipped 101 garments overseas. Juniors provided hot lunches to 200 children, scales to schools, helped support school nurse, supplied 200 toothbrushes.

Merced Chapter, Merced.—Administrative Health Center conducted. Post war work. Home Service extension to handicapped of community at large worked out in co-operation with county. General service in Contract and United States Public Health Service hospitals. Good Salvage and Shop work; chief feature: weaving of rugs and bags sold in shop. 32 Junior American Red Cross auxiliaries; Juniors contributed to salary of Dental Hygienist who toured county, and for materials used in schools; furnished 20 gallons of milk daily to undernourished children.

Modesto Chapter, Modesto.—Post war work. General service in Contract and United States Public Health Service hospitals; contributions of fruit, and money for clothing. Active Salvage and Shop; funds carried on nursing class, certificates being given 600 girls and women; supported Public Health nurse for whom chapter supplied automobile. 6 layettes, 552 miscellaneous garments and 29 used garments shipped overseas. 7 Junior American Red Cross auxiliaries.

Modoc County Chapter, Alturas.—Public Health nurse. 5 Home Hygiene classes. Stimulated County Supervisors in establishing educational Health Center. Restroom. General service in Contract and United States Public Health Service hospitals. Donated \$75 for foreign relief. 32 Junior American Red Cross auxiliaries; Juniors raised funds through "Junior Agricultural Club"; scholarship given to tubercular boy; nutritional classes.

Mojave River Valley Chapter, Barstow.—Post war work. Home Service extended to handicapped in community at large. Junior American Red Cross auxiliary. Box of miscellaneous clothing and 24 layettes shipped overseas, 12 being made by Juniors.

Monrovia Chapter, Monrovia.—Affiliated nurse. 2 Home Hygiene classes. Health Week and pageant successfully conducted. Special service at Pottengers Sanatorium. 30 layettes and 70 miscellaneous garments sent overseas.

Monterey-Pacific Grove Chapter, Pacific Grove.—Post war work. Home Service extended to handicapped of community at large. Disaster Preparedness Committee. Service in Contract and United States Public Health Service hospitals. Salvage and Shop active. Contributed for foreign relief 112 dresses for girls and 2 cases of used clothing. 2 Junior American Red Cross auxiliaries.

Napa County Chapter, Napa.—Public Health nurse; provided automobile. 5 Home Hygiene classes. Post war work. Home Service extended to handicapped in community at large. General service in Contract and United States Public Health Service hospitals, and at Napa State hospital; donation of money for clothing.

Needles Chapter, Needles.—Post war work. Home Service extended to handicapped in community at large. Disaster Preparedness Committee. 6 layettes made by 3 different women's organizations for foreign relief.

Newcastle Chapter, Newcastle.—Two Junior American Red Cross auxiliaries; National Children's Fund.

Oakland Chapter, Oakland.—Four subsidized nurses; automobile provided. 7 Home Hygiene classes. Post war work. Hayward and Livermore branches have Health Centers. General service in Contract and United States Public Health Service hospitals; money contributed for clothing. 60 Junior American Red Cross auxiliaries; National Children's Fund; production. \$14,260 Child Welfare program financed by Juniors through Shop and Christmas Bazaar. Livermore Juniors sponsored "Happiness Each Week" for children at Arroyo Sanitarium; made 30 garments for overseas relief; Centerville Juniors, 13 garments; Fruitvale auxiliary, 8 blankets and 6 nightgowns and Pleasanton branch, a box of clothing. Piedmont branch sent to Baby Hospital Christmas tree for which they made all decorations.

Ojai Chapter, Ojai.—Post war work. Disaster Preparedness Committee. Shipped 27 layettes, 1 quilt, box of 186 miscellaneous garments overseas.

Ontario Chapter, Ontario.—Affiliated nurse. Several Home Hygiene classes.

Supported other local agencies in conducting Health Center where infant and prenatal care and eye clinics were held. Post war work. Special service in United States Public Health Service hospital at Arrowhead. Case of garments shipped for foreign relief.

Palo Alto Chapter, Palo Alto.—Post war work. Home Service extended to handicapped in community at large. Disaster Preparedness Committee. Valuable service at Palo Alto Public Health Service hospital. Active Salvage and Shop. 401 garments prepared for foreign relief. Menlo Park auxiliary furnishing 12 dozen undershirts and 2 sweaters. Public Health nurse. Junior Red Cross auxiliary.

Pasadena Chapter, Pasadena.—Six Home Hygiene classes. Post war work. Home Service extension to handicapped in community at large. Disaster Preparedness Committee. Service in Contract hospitals in and around Pasadena, United States Public Health Service hospital at Arrowhead; donation of money for clothing. Sent overseas 84 layettes and 500 miscellaneous garments. Co-operated with orthodox Friends meeting in the shipment of 323 garments. Many workers doing Braille. 3 Junior American Red Cross auxiliaries; \$1100 sent ad "Valentine Gift of Love" to starving children of Europe.

Paso Robles Chapter, Paso Robles.—Home Hygiene class. Post war work. Service in Contract and United States Public Health Service hospitals; donated money for clothing. Shipped 3 boxes of clothing overseas. Junior American Red Cross auxiliary; garments collected, cleaned, mended and distributed to children unable to attend school.

Petaluma Chapter, Petaluma.—Public Health nurse; automobile provided. Health Center with active program. Post war work. Disaster Preparedness Committee. 20 layettes sent to Europe. Junior American Red Cross auxiliary.

Pittsburg Chapter, Pittsburg.—Post war work.

Plumas County Chapter, Quincy.—19 Junior American Red Cross auxiliaries; Juniors made handsome box to pack garments in for overseas.

Porterville Chapter, Porterville.—Informal clinics. Public Health nurse; automobile provided. 11 Home Hygiene classes. Money given for clothing, and service in Contract and United States Public Health Service hospitals. Adult and Juniors co-operated in making 500 garments for children overseas. Contributed to \$12,000 Health Center located at county seat. Junior American Red Cross auxiliary; contributed marmalade to military hospital at Thanksgiving.

Pomona Chapter, Pomona.—Post war work. Disaster Preparedness Committee. Gave money, and special service to United States Public Health Service hospital at Arrowhead.



Red Cross service reaches trainees families.



Red Cross health plan reaches all the kiddies.

Redlands Chapter, Redlands.—Post war work. Disaster Preparedness Committee. Special service at Arrowhead Public Health Service hospital. Shipped 184 layettes, 627 miscellaneous garments and bundle of clothing.

Redwood City Chapter, Redwood City.—Public Health; automobile provided. Post war work. Gave money for clothing, and service in Public Health Service hospital at Palo Alto.

Richmond Chapter, Richmond.—Stimulated community interest in Health Center about to be established by public authorities. Post war work. Home Service extended to handicapped in community at large through employment of trained social worker. Gave money for clothing, and general service to Medical Social Service. 9 Junior American Red Cross auxiliaries; carried on school correspondence; dental clinic; made 10 layettes.

Riverside Chapter, Riverside.—Eleven Home Hygiene classes. Post war work. Home Service extended to handicapped in branches. Gave money for clothing, and special service in Arrowhead Public Health Service hospital. Salvage and Shop aided in financing welfare of community. 62 layettes and 647 miscellaneous garments shipped overseas. 7 Junior American Red Cross auxiliaries; National Children's Fund; made 450 garments; 158 First Aid certificates.

Roseville Chapter, Roseville.—Public Health nurse. Post war work.

Sacramento Chapter, Sacramento.—Two Public Health nurses; provided automobile. 7 Home Hygiene classes. Mothers Educational Center conducted active Infant Welfare program. Post war work. General service in Contract and Public Health Service hospitals; gave money for clothing. Plans under way for resumption of Salvage and Shop. \$1000 for foreign relief. 92 Junior American Red Cross auxiliaries; foreign production; National Children's Fund.

Salinas Chapter, Salinas.—Public Health nurse; automobile provided. Community and Health Center in co-operation with Anti-Tuberculosis Association and other agencies. Post war work. Restroom. 4 Junior American Red Cross auxiliaries.

San Bernardino Chapter, San Bernardino.—Subsidized nurse. Aided Infant Welfare clinics to supplement work of other agencies. Post war work. Gave money for clothing, and special service at Arrowhead Public Health Service hospital. 10 Junior American Red Cross auxiliaries; National Children's Fund; supplied cakes to Arrowhead hospital at Christmas.

San Diego Chapter, San Diego.—Public Health nurse and subsidized nurse; provided automobile. 15 Home Hygiene classes. Post war work. Home Service extended to handicapped in branches. Disaster Preparedness Committee. Ramona

branch maintained restroom. Special service at Public Health Service hospital, Camp Kearny. Home Service work greatly alleviated through Salvage and Shop. 6 cases of used clothing for men and women and miscellaneous garments for children sent overseas. Chula Vista branch aided in support of Health Center. 111 Junior American Red Cross auxiliaries; supported county nurse; Health Betterment program; school correspondence.

San Francisco Chapter, San Francisco.—Twenty-nine Home Hygiene classes. Post war work. Disaster Preparedness Committee. General service in Contract and United States Public Health Service hospitals. Shipped 394 layettes and 3824 miscellaneous garments to Europe. 6 Junior American Red Cross auxiliaries.

San Joaquin County Chapter, Stockton.—Four Public Health nurses; provided automobile. 4 Home Hygiene classes. Conducted active health program. Post war work. Gave money for clothing, and special service at Stockton State Hospital. Donated \$500 for materials to be made up into garments by other chapters. Junior American Red Cross auxiliary; contributed cookies, candies, jams and jellies to military hospitals.

San Jose Chapter, San Jose.—Six Home Hygiene classes. Post war work. Special service at Public Health Service hospital at Palo Alto and Agnews State hospital; gave money for clothing. Mt. Hamilton branch shipped 6 layettes and 176 miscellaneous garments. 9 Junior American Red Cross auxiliaries; made 98 articles of clothing for overseas; provided entertainment for soldiers at Palo Alto base hospital, made 25 service boxes at Christmas for ex-service men in Agnews.

San Leandro Chapter, San Leandro.—Subsidized nurse; automobile provided. Home Hygiene class. Stimulated organization of Health Center. Post war work. General service in Contract and United States Public Health Service hospitals, and money given for clothing. 3 Junior American Red Cross auxiliaries; financed school nurse and upkeep of car; dental clinic; school lunches.

San Luis Obispo Chapter, San Luis Obispo.—Public Health nurse; automobile provided. Community Health Center made possible by co-operation of Junior American Red Cross and Anti-Tuberculosis Association. Post war work. Home Service extended to handicapped of community at large. 9 Junior American Red Cross auxiliaries; Juniors financed school nurse; dental clinic; shipped 4 layettes, 10 infants' dresses and 2 boxes of used clothing.

San Mateo County Chapter, Burlingame.—Two Public Health nurses, subsidized nurse. Half Moon branch pays salary of director of health work in Community Center. Restroom. Pescadero branch aided other agencies in providing worker for health phase of Community Center. Post war work. Gave money for clothing, and extensive service in United States Public Health Service hospital at Palo Alto and State hospital at Agnews.

San Pedro Chapter, San Pedro.—Seven Home Hygiene classes. Post war work. General service in Contract and United States Public Health Service hospitals and donated money for clothing. \$80 spent for layettes; 73 miscellaneous articles made for overseas. 2 Junior American Red Cross auxiliaries; National Children's Fund; production.

Santa Ana Chapter, Santa Ana.—Two Public Health nurses. Six Home Hygiene classes. Post war work. Gave money for clothing, and general service in Contract



Juniors play Santa Claus

and United States Public Health Service hospitals. Seal Beach branch shipped 190 garments overseas. In Orange county, 52 Junior American Red Cross auxiliaries; through tag sale cleared \$250 for disabled soldiers; held Penny march in schools for foreign relief; Health Betterment program; production; Americanization work in Mexican schools.

Santa Barbara Chapter, Santa Barbara.—Home Hygiene class. Post war work. General service in Contract and United States Public Health Service hospitals. Made 160 layettes and 9 dozen pairs of boys' pants. 2 Junior American Red Cross auxiliaries; National Children's Fund.

Santa Cruz Chapter, Santa Cruz.—Public Health nurse; automobile provided. 17 Home Hygiene classes. Educational Health Center. Post war work. Home Service extended to handicapped in community at large. Gave money for clothing, and special service in United States Public Health Service hospital at Palo Alto. Shipped 92 layettes and 353 miscellaneous garments, 24 layettes and 100 garments being contributed by the Juniors. 12 Junior American Red Cross auxiliaries; National Children's Fund; First Aid; made scrap books for Camp Service men.

Santa Maria Valley Chapter, Santa Maria.—Post war work. Home Service extended to handicapped in community at large. Salvage and Shop active; novel idea is tire-pole placed at intersection of two main streets for collection of old tires sold for benefit of Red Cross. 2 Junior American Red Cross auxiliaries; Red Cross courses in schools. Sent 49 bundles of clothing, 15 sacks of beans and \$15 for foreign relief.

Santa Monica Bay Cities Chapter, Santa Monica.—Public Health nurse who is assisted by volunteers. Post war work. Home Service extended to handicapped in community at large. Special service in St. Catherine's Contract hospital; co-operation at Soldiers' Home, Sawtelle, and donation of money for clothing. Shipment of 44 layettes and 1531 miscellaneous garments to Europe. 10 Junior American Red Cross auxiliaries; National Children's Fund; Child Welfare work.

Santa Rosa Chapter, Santa Rosa.—Three Public Health nurses; automobile provided. 2 Home Hygiene classes. Health Center; Infant Welfare, growth and psychological clinics held. Post war work. Disaster Preparedness Committee. Salvage and Shop funds used to support nurse. Co-operated with Church Society in furnishing 11 layettes. Fulton branch sent 1 bundle of clothing.

Selma Chapter, Selma.—Affiliated nurse; automobile provided. Post war work. Home Service extension to handicapped in community at large. Shipped 761 garments to Europe. 2 Junior American Red Cross auxiliaries.

Shasta County Chapter, Redding.—Public Health nurse; automobile provided. 3 Home Hygiene classes. Co-operated with local agencies in establishing Health Center. Post war work. Restroom. General Service in Contract and United States Public Health Service hospitals; gave money for clothing. Shipped one case of used clothing. 30 Junior American Red Cross auxiliaries; placed First Aid kits in all district schools.

Sierra Madre Chapter, Sierra Madre.—Post war work. Home Service extended to handicapped in community at large. General service in Contract and United States Public Health Service hospitals; donation of money for clothing. Made 36 layettes for foreign relief. Junior American Red Cross auxiliary; National Children's Fund.

Siskiyou Chapter, Yreka.—Post war work. Home Service extended to handicapped in community at large. Hilt branch made 24 garments. Sisson branch, 12 layettes for foreign relief.

Sonora Chapter, Sonora.—Public Health nurse supported by Salvage and Shop; automobile provided. Distributed health literature; nutritional classes and hot lunches demonstrated. Post war work. Home Service extended to handicapped in community at large. Salvage and Shop financed glasses for children, gave medical care and treatment in several instances. Junior funds used for hot lunches in schools.

Suisun Fairfield Chapter, Suisun.—Public Health nurse; automobile provided. Post war work. General service in Contract and United States Public Health Service hospitals.

Tehama County Chapter, Red Bluff.—Public Health nurse; provided automobile. Home Hygiene class. Health Center. Post war work. Special service at Palo Alto hospital; gave money for clothing. Junior American Red Cross auxiliary; made scrap books.

Tulare County Chapter, Tulare.—Elementary Health Center; Infant Welfare conferences. Post war work. Home Service extended to handicapped in community at large. General service in Contract and United States Public Health Service hospitals. Money raised by active Shop used for community welfare. Contributed to \$12,000 for Health Center at county seat. Junior Red Cross auxiliary.

Turlock Chapter, Turlock.—Post war work. Shipped overseas 295 garments. 18 Junior American Red Cross auxiliaries; sent \$100 for foreign relief; National Children's Fund; shipped 4 layettes and 36 miscellaneous garments; Christmas boxes to orphanages.

Upland Chapter, Upland.—Subsidized nurse. Home Service extended to handicapped in community at large. Special service in Arrowhead United States Public Health Service hospital. Shipped 54 garments overseas. Junior American Red Cross auxiliary; National Children's Fund; First Aid; production.

Vacaville Chapter, Vacaville.—Public Health nurse. Post war work. Home Service extended to handicapped in community at large. Churches collected garments for overseas. Junior American Red Cross auxiliary; production.

Vallejo Chapter, Vallejo.—Post war work. General service in Contract and United States Public Health Service hos-



Public health nurse on duty

pitals; gave money for clothing. Salvage and Shop. 150 layettes and 150 gertrudes sent overseas. Co-operated in Infant Welfare conferences.

Ventura County Chapter, Oxnard.—Public Health nurse; provided automobile. Home Hygiene class. Post war work. Home Service extended to handicapped in community at large. General service in Contract and United States Public Health Service hospitals; gave money for clothing. Furnished 8 layettes and 35 miscellaneous garments for overseas. 10 Junior American Red Cross auxiliaries; National Children's Fund; overseas production.

Visalia Chapter, Visalia.—Contributed to \$12,000 Health Center located at county seat. Dinuba branch had Red Cross Shop. Post war work. Home Service extended to handicapped in branches. Orisi branch, restroom. Junior American Red Cross auxiliary.

Walnut Creek Chapter, Walnut Creek.—Fourteen Junior American Red Cross auxiliaries; National Children's Fund. Shipped overseas, 120 layettes, 60 made by Danville branch.

Watsonville Chapter, Watsonville.—Public Health nurse; automobile provided. Health Center with Child Welfare and Dental Clinic. Post war work. Home Service extended to handicapped in community at large. Restroom. Special service in United States Public Health Service hospital at Palo Alto. Junior American Red Cross auxiliary; shipped 125 dresses overseas.

Westside Oil Fields Chapter, Taft.—Post war work. General service in Contract and United States Public Health Service hospitals; gave money for clothing. Paper and clothing drives. 40 layettes and case of used clothing shipped overseas. Junior American Red Cross auxiliary of 1250 members.

Whittier Chapter, Whittier.—Public Health nurse; subsidized nurse; automobile provided. Active program in Health

Center, including health club, classes and playground for children. Post war work. Special service in United States Public Health Service hospital at Arrowhead, gave money for clothing. Shipped overseas 67 layettes, 207 miscellaneous garments.

Yolo County Chapter, Woodland.—Public Health nurse; automobile provided. Home Hygiene class. Educational Health Center. Post war work. Disaster Preparedness Committee. Restroom. General Service in Contract and United States Public Health Service hospitals; gave money for clothing. Shipped 50 layettes overseas. 14 Junior American Red Cross auxiliaries; financed corrective equipment for thirty-two children.

Yuba-Sutter Chapter, Marysville.—Public Health nurse; automobile provided. Elementary Health Center. Post war work. Home Service extension to handicapped in community at large. Restroom. General service in Contract and United States Public Health Service hospitals; gave money for clothing. Successful Red Cross Shop with Health Center, money raised used for Home Service and Health Center work. Junior American Red Cross auxiliary; 77 schools enrolled through service; nutritional classes; made 40 garments for overseas.

ARIZONA

Apache Navajo Chapter, Winslow.—Three Home Hygiene classes. Post war work. Home Service extended to handicapped of community at large. General service in Contract and United States Public Health Service hospitals; gave money for clothing. 2 Junior American Red Cross auxiliaries; National Children's Fund; made garments for Mexicans; provided hot lunches in schools.

Central Arizona Chapter, Phoenix.—Three affiliated nurses and 1 subsidized. Post war work; Home Service extended to handicapped of branches only. Special service in Phoenix Contract hospital. Active Red Cross Shop, proceeds used for community welfare. 4 Junior American Red Cross auxiliaries; (Chandler Branch) National Children's Fund, service to military hospital. (Mesa) Production; donation for foreign relief. (Tempe) Made toys and scrap books; school correspondence.

Coconino County Chapter, Flagstaff.—Post war work. Special service in United States Public Health Service hospital at Whipple Barracks. 3 Home Hygiene classes. Junior American Red Cross auxiliary; hot lunches to undernourished children.

Douglas Chapter, Douglas.—Two affiliated nurses. Post war work. General Service in Contract and Public Health Service hospitals.

Globe Chapter, Globe.—Public Health nurse; Home Hygiene class; Health Center, in co-operation with all other agencies. Post war work to ex-service men and their dependents. Disaster Preparedness Committee. Special service to Medical Social Service in United States Public Health Service hospital at Whipple Barracks; gave money for clothing. Local production. Junior American Red Cross auxiliary; National Children's Fund.

Greenlee County Chapter, Clifton.—Public Health nurse; 6 Home Hygiene classes. Health Center, Infant Welfare and prenatal clinics. Post war work; Home Service extended to handicapped in community at large. General service in Contract and United States Public Health



Desert Blooms for Red Cross, Beatty, Nevada

Service hospitals; gave money for clothing. 5 Junior American Red Cross auxiliaries; Red Cross courses in schools.

Miami Chapter, Miami.—Public Health nurse. Post war work. Home Service extended to handicapped in community at large. General service in Contract and United States Public Health Service hospitals; gave money for clothing. Local production. Junior American Red Cross auxiliary of 1151 members.

Mohave County Chapter, Kingman.—Post war work. General service in Contract and United States Public Health Service hospitals; gave money for clothing.

Mt. Graham Chapter, Safford.—Two Home Hygiene classes. Post war work. **Nogales Chapter, Nogales.**—Public Health nurse. Junior American Red Cross auxiliary.

Tucson Chapter, Tucson.—Affiliated nurse. Home Hygiene class. Health Center. Post war work. Excellent co-operation with United States Public Health Service hospital at Tucson. Juniors made health posters, bought and dressed doll for demonstration work.

Verde Mining District Chapter, Jerome.—Two affiliated nurses. Home Hygiene class. Infant welfare work and classes conducted in population centers. Disaster Preparedness Committee. Special service in United States Public Health Service hospital at Whipple Barracks.

Warren Mining District Chapter, Bisbee.—Public Health nurse. 4 Home Hygiene classes. Active Health Center program. Post war work. Home Service extended to handicapped in community at large. Special service in United States Public Health Service hospital at Whipple Barracks. Foreign production. Junior American Red Cross auxiliary; production.

Williams Chapter, Williams.—Post war work. Home Service extended to handicapped in community at large. Junior American Red Cross auxiliary; production.

Yavapai County Chapter, Prescott.—Post war work. Home Service extended to handicapped in community at large. Special service in United States Public Health Service hospital at Whipple Barracks. Junior American Red Cross auxiliary; production.

Yuma Chapter, Yuma.—Post war work. 3 Junior American Red Cross auxiliaries; shipped 12 sweaters overseas.

NEVADA

Austin Chapter, Austin.—Gave money to Medical Social Service for clothing. Junior American Red Cross; production.

Carson City Chapter, Carson City.—

Post war work. Junior American Red Cross auxiliary.

Carson Valley Chapter, Minden.—Box of garments and box of supplies sent to Europe. 2 Junior American Red Cross auxiliaries; production.

Churchill County Chapter, Fallon.—Public Health nurse. Post war work. Home Service extended to handicapped in community at large. 10 Junior American Red Cross auxiliaries; made 20 dresses for overseas.

Elko Chapter, Elko.—Post war work. Gave money to Medical Social Service for clothing. 4 Junior American Red Cross auxiliaries; bought scales for schools.

Eureka County Chapter, Eureka.—Junior American Red Cross auxiliary made playground equipment.

Lander County Chapter, Battle Mountain.—National Children's Fund.

Lincoln County Chapter, Caliente.—Juniors made 135 garments; 10 layettes for overseas, in addition to the 105 garments shipped by chapter.

Lovelock Chapter, Lovelock.—Junior American Red Cross auxiliary.

Lyon County Chapter, Yerington.—Post war work. Junior American Red Cross auxiliary; National Children's Fund.

McGill Chapter, McGill.—Public Health nurse. Health Center. 2 Junior American Red Cross auxiliaries; served mid-day lunches to undernourished children; raised \$100, by tag-day.

Mineral County Chapter, Hawthorne.—Junior American Red Cross auxiliary.

Nye County Chapter, Tonopah.—Beatty branch conducted Health Center on volunteer basis, total funds available for work, \$28.

Reno Chapter, Reno.—Post war work. Disaster Preparedness Committee. Home Service extended to handicapped in community at large. Community Center. Active Shop which brings in good monthly income.

Sparks Chapter, Sparks.—Affiliated nurse.

White Pine County Chapter, Ely.—Post war work. Gave money to Medical Social Service for clothing. Donated \$75 to purchase materials to be made up by other chapters. Junior American Red Cross; made playground equipment; bought scales for schools and 3 First Aid kits.

Winnemucca Chapter, Winnemucca.—Public Health nurse. 5 Home Hygiene classes. Post war work. Junior American Red Cross auxiliary; bought scales for schools; made 30 garments for overseas.

UTAH

Beaver County Chapter, Beaver.—Post war work. 2 Junior American Red Cross auxiliaries.

Box Elder County Chapter, Brigham.—Post war work.

Cache County Chapter, Logan.—Public Health nurse. Post war work. Shipped overseas 12 layettes and 8 cases of clothing—girls', boys', and infants'; and 10



Salvage Helps Chapters



Red Cross Class Work

pounds of yarn. Junior American Red Cross auxiliary.

Carbon County Chapter, Price.—Post war work.

Davis County Chapter, Farmington.—Shipped 100 layettes overseas.

Duchesne County Chapter, Duchesne.—Public Health nurse. Post war work. Junior American Red Cross auxiliary.

East Millard County Chapter, Fillmore.—Post war work. Shipped 15 layettes and 93 nightgowns overseas. 2 Junior American Red Cross auxiliaries.

Emery County Chapter, Castle Dale.—Public Health nurse. Post war work. Junior American Red Cross auxiliary.

Garfield County Chapter, Panguitch.—Loan closet started. Post war work. 165 miscellaneous garments sent overseas. 4 Junior American Red Cross auxiliaries.

Grand County Chapter, Moab.—Post war work. 9 Junior American Red Cross auxiliaries.

Grantsville Chapter, Grantsville.—“Swat the Fly” Campaign. Contemplates having hot lunches in schools.

Green River Valley Chapter, Green River.—Junior American Red Cross auxiliary.

Iron County Chapter, Parowan.—Post war work. Shipped overseas case of children's clothing and layettes; Cedar City branch also shipped 9 layettes, box of children's new and box of reconstructed garments.

Milford Chapter, Milford.—Shipped 18 layettes overseas. Junior American Red Cross auxiliary.

Nephi Chapter, Nephi.—Post war work. Junior American Red Cross auxiliary; supported nurse; supplied scales for schools and also playground equipment.

Piute County Chapter, Marysville.—Made 70 dresses for overseas.

Rich County Chapter, Woodruff.—Post war work.

Salina Chapter, Salina.—Donated \$25 for materials to be made up into garments. Junior American Red Cross auxiliary.

Salt Lake County Chapter, Salt Lake City.—Post war work. Disaster Preparedness Committee. Made 220 dresses and 150 layettes from material purchased by Fresno chapter. 2 Junior American Red Cross auxiliaries.

San Juan County Chapter, Monticello.—Post war work. Shipped box of used clothing, 11 layettes and 11 knitted scarfs overseas.

San Pete County, Manti.—In co-operation with Stake Mormon Relief appropriated \$200 for materials. Junior American Red Cross auxiliary.

Sevier County Chapter, Richfield.—Junior American Red Cross auxiliary.

Summit County Chapter, Coalville.—

(Continued on Page Eight)

AMERICAN LEGION

FINE ALLY FOR RED
CROSS ROLL CALL

With the American Legion as one of the active allies of the American Red Cross in its Fifth Red Cross Roll Call plans chapter workers everywhere are strengthening association that commenced in the early days of the war when the Red Cross started its work for the service men.

National Commander John G. Emery issued a roll call proclamation given herewith and the Department Commanders of the four states in the Pacific Division have voiced their endorsement in letters that have gone into all American Legion posts in California, Nevada, Arizona and Utah.

National Commander's Proclamation

During the World War, the American Red Cross, in accordance with its Congressional charter, performed a herculean task in behalf of soldiers and sailors of the American forces, and their families. Since the armistice, it has provided a very necessary service for veterans of the conflict, particularly the disabled, assisting these men to obtain the rights and benefits provided by the government. During recent months it has been especially designated by Colonel C. R. Forbes, Director of the Veterans' Bureau, to co-operate with the Bureau and the American Legion, in the "clean-up" campaign, designed to discover every disabled ex-service man entitled to governmental compensation, medical attention or vocational training.

Beginning on Armistice Day, November 11, and continuing through



JOHN R. QUINN, Department Commander
California American Legion

Four Governors Endorse A. R. C.
Program and Roll Call Plans

The governors of the four states in the Pacific Division of the American Red Cross have confidence in the American Red Cross and its program. They bespeak its wholehearted support for the success of the Fifth Red Cross Roll Call, November 11-24.

Their statements follow as made to Division Manager George Filmer by Governor Wm. D. Stephens, California; Governor Emmet D. Boyle, Nevada; Governor Thomas E. Campbell, Arizona; and Governor Charles R. Mabey, Utah:

Utah.—"It has been my observation that the Red Cross is carrying on its post war work with the same zealous and exemplary spirit of good will and charity which so characterized it during the war.

"Every good American should look upon this splendid organization as an institution of which to be proud. We should not hesitate to subscribe to the cause. Its work locally has been of inestimable value in assisting disabled and distressed service men. A resumé of the cases handled discloses an increase of approximately fifty each month during the current year, the total number for the month of September, 1921, being 1202.

"My heartiest good wishes for the continued success of this truly American organization are extended to you upon the occasion of the annual Roll Call."—Charles R. Mabey, Governor of the State of Utah.

Nevada.—"The advent of the Fifth Annual Roll Call for the American Red Cross in the Pacific Division covering the period November 11 to November 24, 1921, moves me to express again, personally and officially, my esteem and admiration for your great organization.

"In times of war, as we have seen, the American Red Cross was a tower of strength to our country and with that service it lent the touch of tenderness indispensable to humanity.

"Again, in times of peace we have that body with us for instant response on occasions of catastrophe for constant assistance in the direction, organization and performance of functions of public health and hygiene.

"I can think of no association more worthy of the full support and co-operation of the American people than the American Red Cross."—Emmett D. Boyle, Governor, State of Nevada.

Arizona.—"The splendidly organized and efficient administration of mercy by the American Red Cross calls for the whole-hearted support of the American people and it is inconceivable that there should be any hampering of its beneficent activities through any failure to provide the necessary funds. We can never afford to dispense with its services. To support the Red Cross to the limit of our individual ability is, therefore the manifest duty of every American citizen."—Thomas E. Campbell, Governor, State of Arizona.

California.—"The American Red Cross is one of the strongest and most effective organizations in all the world. It has done immeasurable good for humanity in general and for the American people particularly.

"I strongly endorse the objects and the work of this great organization."—Wm. D. Stephens, Governor of the State of California.

Thanksgiving Day, November 24, the Red Cross, with which the American Legion since its organization has been in close contact and co-operation in matters affecting the welfare of veterans, will hold its annual membership Roll Call. It is peculiarly fitting and desirable that in every community where it is possible the Post of the American Legion should co-operate with the Chapter of the Red Cross in seeing to it that the membership campaign is successful in maintaining the strength of the Red Cross. The continuance of effective Red Cross service to veterans, which already involves an annual expense several millions in excess of receipts from the last Roll Call depends to no small extent upon public support of the society expressed in membership. Please make certain, therefore, that the members of your Post are all requested to co-operate so far as is in their power with the Red Cross in its task of enrolling members during the Roll Call period.

RED CROSS WORK

(Continued from Page Seven)

Post war work. Junior American Red Cross auxiliary.

Tintic Chapter, Eureka.—Public Health nurse. Home Hygiene class. Possibility of developing Elementary Health Center. Post war work.

Tooele County Chapter, Tooele.—Post war work. Shipped overseas 334 miscellaneous garments. 11 Junior American Red Cross auxiliaries.

Uintah County Chapter, Vernal.—Public Health nurse. 5 Home Hygiene classes. Post war work. 562 garments shipped overseas. 7 Junior American Red Cross auxiliaries.

Utah County Chapter, Provo.—Post war work. 4 Junior American Red Cross auxiliaries; school correspondence.

Wasatch County Chapter, Heber City.—Heber City branch made 46 layettes for foreign relief.

Washington County Chapter, St. George.—Post war work. St. George branch contributed 18 layettes for overseas shipment.

Weber County Chapter, Ogden.—Post war work. Junior American Red Cross auxiliary; National Children's Fund.

Western Millard County Chapter, Delta.—Post war work.

